Registered number: 04332473 Charity number: 1090628

#### THE DHARMA TRUST

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(A company limited by guarantee)
UNAUDITED

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2018

TUESDAY

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11/12/2018 COMPANIES HOUSE

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## REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2018

#### **Trustees**

Nicholas Barter Gudrun Schmitt Keith Howell Mollie Crawford, Treasurer Joan Mitchell Louise Kuka, Chair Tansy Miller Christopher Sladdin Roger Britton

#### Company registered number

04332473

#### Charity registered number

1090628

#### Registered office

Marpa House Rectory Lane Ashdon Saffron Walden Essex CB10 2HN

#### Company secretary

Louise Kuka

#### **Accountants**

Larking Gowen LLP
Chartered Accountants
1 Claydon Business Park
Great Blakenham
Ipswich
IP6 0NL

#### TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2018

The trustees (who are also directors of the charity for the purposes of the Companies Act) present their annual report together with the financial statements of The Dharma Trust (the Trust) for the year ended 31 March 2018. The trustees confirm that the annual report and financial statements of the company comply with the current statutory requirements, the requirements of the company's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005.

Since the company qualifies as small under section 383, the strategic report required of medium and large companies under The Companies Act 2006 (Strategic Report and Director's Report) Regulations 2013 is not required.

#### Structure, governance and management

The Trust is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association on 27/11/2001.

None of the trustees have any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £10 in the event of a winding up.

During the year Roger Britton requested to extend his sabbatical from 6 months to 1 year which was agreed by all other trustees. Roger returned from sabbatical on 20 November 2017, whereas it was agreed by all that Louise Kuka would remain as Chair and Mollie Crawford would take over the Treasurer role.

New trustees are nominated by the trustees, there being consultation with members of the centre at the Annual Members' Meeting. At the meeting the trustees report on the year's activities, and invite discussion from Members, who also elect new Committee members.

The Management Committee who served during for part or all of the year were:

John Prince (Secretary)
Ian Pearse (Temporary Secretary)
Gail Oliver (Secretary)
Janet Scott
Vicki Tofts
William Giddings
Iwona Kanclerz
Imogen Hayman
Gabrielle McCarthy

The trustees delegate the day to day affairs of the centre to the Management Committee and House Secretary.

The centre is staffed by resident volunteers who receive an honorarium intended to reimburse personal expenses, and aided by a paid non-resident House Administrator.

Investment powers are governed by the rules of the Trust which permit funds to be invested in stock, shares, funds and securities or other investments or property.

Amrita Dzong, a London centre with the same aims and objectives (but its own Trustees), has links with The Dharma Trust. Teachers may visit and teach at both centres, expenses are then shared.

The trustees have reviewed last year's activity against the Trust's policies and have in place strategies to comply with those policies.

The company is constituted under a Memorandum of Association dated 27/11/2001 and is a registered charity

### TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2018

number 1090628.

#### **Objectives and Activities**

#### a. Policies and objectives

The objects for which the Trust was established are:

- the advancement of the Tibetan Buddhist religion
- the advancement of education according to Tibetan Buddhist principles
- the conduct of study and research into the principles and practice of Tibetan Buddhist medicine and to publish the results of all such research for the benefit of the public at large both in the United Kingdom and elsewhere.

The trustees confirm that they have complied with the duty in Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'.

The trust promotes Buddhism to the general public in a number of ways. The Centre is open to the public, and at no charge when no events are scheduled. All interested are able to visit for free as day visitors (local organisations, eg schools, often take up this offer). For those who wish to stay overnight, our charges are fixed at the lowest level economically possible. Course fees are fixed as low as possible. Student led courses are either by donation or a small charge and Student led meditation days are free. Young Sangha and Family weekends are provided at heavily subsidised rates. Those attending Volunteer Weekends have free board and participation in the House routine. Those who wish to take practice further are encouraged to (and do) come 'on staff' and live within the community, receiving full board, free admission to all courses and a small honorarium to cover their expenses.

#### Achievements and performance

This was an eventful year for Marpa House, which started with Lama Chime Rinpoche generously giving teachings over the Easter weekend. May was a busy month; a commissioned portable shrine was painted, along with a newly built throne, the House and garden made ready in preparation for the visit of HH 42nd Sakya Trizin, Ratna Vajra. In early June he gave a special empowerment to 180 people, this was the largest event Marpa House had ever held, and was a very auspicious occasion. In the midst of this, the head of our lineage HH 17th Karmapa, Orgyen Trinley Dorje visited the UK for the first time. Lama Chime Rinpoche and 80 of his students were fortunate to gather for an audience with HH Karmapa in London. We also had the pleasure of Ato Rinpoche teaching for a day in November.

After several years of discussions and planning, January and February saw the Shrine room (our main mediation room) refurbished and a beautiful bespoke handcrafted oak shrine was fitted. This was celebrated and blessed by Lama Chime Rinpoche and students at Losar, Tibetan New Year.

During the year there were a couple of silent retreats, a week led by Lama Klaus, and a New Year retreat led by John Howard, various practice days were led by students: David Crawford, Vicki Tofts, Karrim Rabi-Laleh, Brian Richardson, Paul Wootton and Dan Bradley, with other students leading the monthly Meditation Practice Days. A weekend cooking course with Iris Treibl was held for the first time, and the Tibetan Language group have been meeting monthly.

## TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2018

#### a. Going concern

The trustees have a reasonable expectation that the trust has adequate resources to continue in operational existence for the foreseeable future. Expenditure is closely monitored by regular reviews by the Trustees. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

#### Financial review

Charitable expenditure and the cost of administrating was £116,017 (2017: £135,892) which includes depreciation of £4,815 (2017: £4,023). Gross income during the year was £99,581 (2017: £156,451).

#### **Reserves Policy**

The Trustees review the level of Free reserves (net current liquid assets) at each Trustee meeting. The Trustees aim is to hold as free and uncommitted reserve of £35,000, equivalent to 6 months annual trading costs. The purpose of such reserves is to insulate Marpa House from the financial risk of unexpected expenditure, or temporary cessation of income.

The commissioning of a handcrafted portable shrine and shrine, in addition to the complete refurbishment of the shrine room, as well as a large event in June saw some of last year's surplus reinvested into the House.

This financial year end whilst sees a trading deficit of £16,436, sees free reserves of £69,172. This comfortably provides us with 6 months trading reserves, as well as funds to purchase new statues for the Shrine and continue the refurbishment and update of the House.

#### Trustees' responsibilities statement

The Trustees (who are also directors of The Dharma Trust for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

### TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2018

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Trustees, and signed on their behalf by:

Louise Kuka

Trustee

Date: 11.1118

#### INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2018

#### Independent examiner's report to the Trustees of The Dharma Trust (the 'company')

I report to the charity Trustees on my examination of the accounts of the company for the year ended 31 March 2018.

This report is made solely to the company's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the company's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the company and the company's Trustees as a body, for my work or for this report.

#### Responsibilities and basis of report

As the Trustees of the company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination. I report in respect of my examination of the company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

I have completed my examination. I can confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act:
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Giles Kerkham FCA DChA

Dated 3.12.2018

Larking Gowen LLP **Chartered Accountants** 

1 Claydon Business Park

Great Blakenham

**Ipswich** 

IP6 0NL

## STATEMENT OF FINANCIAL ACTIVITIES INCORPORATING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2018

	Note	Restricted funds 2018 £	Unrestricted funds 2018 £	Total funds 2018 £	Total funds 2017 £
Income from:					
Donations and legacies Charitable activities Investments	2 3 4	- -	39,601 59,952 28	39,601 59,952 28	118,357 38,027 67
Total income		_	99,581	99,581	156,451
Expenditure on:					
Charitable activities	6	32	115,985	116,017	135,892
Total expenditure		32	115,985	116,017	135,892
Net income/(expenditure) before other recognised gains and losses		(32)	• •	(16,436)	20,559
Net movement in funds		(32)	(16,404)	(16,436)	20,559
Reconciliation of funds:					
Total funds brought forward Prior year adjustment (Note 11)		212	451,686 - -	451,898 - 	478,636 (47,297)
Total funds carried forward		180	435,282	435,462	451,898

The notes on pages 9 to 15 form part of these financial statements.

#### THE DHARMA TRUST

### (A company limited by guarantee) REGISTERED NUMBER: 04332473

#### BALANCE SHEET AS AT 31 MARCH 2018

•	Note	£	2018 £	£	2017 £
Fixed assets					
Tangible assets	8		366,110		360,433
Current assets					
Debtors	9	5,199		2,082	
Cash at bank and in hand		74,012		91,813	
	<del>-</del>	79,211	_	93,895	
<b>Creditors:</b> amounts falling due within one year	10	(9,859)		(2,430)	
Net current assets	_		69,352		91,465
Net assets		•	435,462	- -	451,898
Charity Funds					_
Restricted funds	12		180		212
Unrestricted funds	12		435,282		451,686
Total funds			435,462	_	451,898
			<del></del>	=	

The company's financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The Trustees consider that the company is entitled to exemption from the requirement to have an audit under the provisions of section 477 of the Companies Act 2006 ("the Act") and members have not required the company to obtain an audit for the year in question in accordance with section 476 of the Act.

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf, by:

Louise Kuka Trustee

Date: 21.11.18

The notes on pages 9 to 15 form part of these financial statements.

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2018

#### 1. Accounting policies

#### 1.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Dharma Trust meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

#### 1.2 Income

All income is recognised once the company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

#### 1.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Governance costs are those incurred in connection with administration of the company and compliance with constitutional and statutory requirements.

Charitable activities and Governance costs are costs incurred on the company's educational operations, including support costs and costs relating to the governance of the company apportioned to charitable activities.

All expenditure is inclusive of irrecoverable VAT.

#### 1.4 Tangible fixed assets and depreciation

All assets costing more than £250 are capitalised.

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of financial activities incorporating income and expenditure account.

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2018

#### 1. Accounting policies (continued)

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Freehold property

1% on cost

Freehold land

Is not depreciated

Fixtures and fittings

33% on cost

#### 1.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the Bank.

#### 1.6 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

#### 1.7 Cash at Bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

#### 1.8 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

#### 1.9 Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

#### 1.10 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the company and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2018

2.	Income from donations and legacies				
		Restricted funds	Unrestricted funds	Total funds	Total funds
		2018		2018	2017
	•	£		£	£
	Donations and gifts		39,601 ————	39,601 ====================================	118,357 ————
	Total 2017	48,859	69,498	118,357	
3.	Income from charitable activities				
		Restricted U		Total	Total
		funds 2018	funds 2018	funds 2018	funds 2017
		2018 £	2018 £	2018 £	2017 £
	House and retreat income		18,593	18,593	20,164
	Course and teaching	-	38,202	38,202	14,969
	Sale of tapes and CDs		1,429	1,429	1,067
	Rental income Miscellaneous income	- -	1,680 48	1,680 48	1,640 187
			59,952	59,952	38,027
	Total 2017	-	38,027	38,027	
4.	Investment income				
••		Restricted U	Inrestricted	Total	Total
		funds	funds	funds	funds
	•	2018	2018	2018	2017
		£	£	£	£
٠	Investment income	• 	=		67
	Total 2017		67	<del></del>	

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2018

<b>5</b> .	Charitable activities				
		Running Marpa House £	Courses and teaching £	Total 2018 £	Total 2017 £
	Staff costs	11,312	-	11,312	10,779
	Depreciation Other costs	4,815 71,020	27,2 <b>5</b> 0	4,815 98,270	4,023 119,530
		87,147	27,250	114,397	134,332
	Total 2017	128,820	5,512	134,332	
6.	Governance costs		·		
		Restricted Unifunds 2018	restricted funds 2018 £	Total funds 2018 £	Total funds 2017 £
	Independent examination and accounts fees	-	1,620	1,620	1,560
7.	Net income/(expenditure)	•			
	This is stated after charging:				
				2018 £	2017 £
	Depreciation of tangible fixed assets: - owned by the charity			4,815	4,023
	During the year no Trustees received any	remuneration (2017	- FNIL)		

During the year, no Trustees received any remuneration (2017 - £NIL). During the year, no Trustees received any benefits in kind (2017 - £NIL). During the year, trustee expenses totalled £1,355 (2017 - £340).

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2018

8.	Tangible fixed assets			
		Freehold property £	Fixtures and fittings	Total £
	Cost	_	_	~
	At 1 April 2017 Additions	399,768 6,900	3,937 3,592	403,705 10,492
	At 31 March 2018	406,668	7,529	414,197
	Depreciation			
	At 1 April 2017 Charge for the year	40,618 2,658	2,654 2,157	43,272 4,815
	At 31 March 2018	43,276	4,811	48,087
	Net book value			
	At 31 March 2018	363,392	2,718	366,110
	At 31 March 2017	359,150	1,283	360,433
9.	Debtors			
	·		2018	2017
	Other debtors		£ 5,199	2,082
				<del></del>
10.	Creditors: Amounts falling due within one year			
			2018	2017
	Other creditors		£ 9,859	£ 2,430
		<del></del>		<del></del>

#### 11. Prior year adjustment

In the accounts for the year ended 31 March 2016 income included donations of £47,297 which related to the 50th celebration, an event that took place in May 2016. Given the charity did not have entitlement to spend these donations until the event, the amounts were recognised in the year ended 31 March 2017, and removed from 2016 income.

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2018

12.	Statement of Junus	

#### Statement of funds - current year

Statement of funds - current year					
		Balance at 1 April 2017 £	Income £	Expenditure £	Balance at 31 March 2018 £
Unrestricted funds					
General Funds		451,686	99,581	(115,985)	435,282
Restricted funds					
Golden Rosary Bursary fund		32 180	-	(32)	- 180
÷		212	-	(32)	180
Total of funds		451,898	99,581	(116,017)	435,462
Statement of funds - prior year					
	Balance at 1 April 2016 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2017 £
General Funds	431,127	107,592	(94, 148)	7,115	451,686
Restricted funds	<del></del>				
Golden Rosary Bursary fund 50th celebration	32 180 -	- - 48,859	- - (41,744)	- - (7,115)	32 180 -
	212	48,859	(41,744)	(7,115)	212

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2018

#### 13. Analysis of net assets between funds

#### Analysis of net assets between funds - current year

	Restricted funds 2018	Unrestricted funds 2018 £	Total funds 2018 £
Tangible fixed assets Current assets Creditors due within one year	- 180 -	366,110 79,031 (9,859)	366,110 79,211 (9,859)
	180	435,282	435,462 Ç
Analysis of net assets between funds - prior year (as restated)			
	Restricted	Unrestricted	<sup>*</sup> Total
	funds	funds	funds
•	2017	2017	2017
	£	£	£
Tangible fixed assets	-	360,433	360,433
Current assets	212	93,683	93,895
Creditors due within one year	-	(2,430)	(2,430)
	212	451,686	451,898