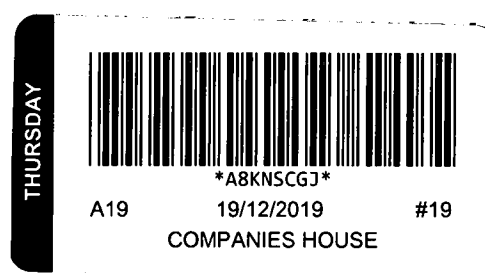


Registered number: 04332473
Charity number: 1090628

THE DHARMA TRUST
(A company limited by guarantee)
REGISTERED NUMBER: 04332473
UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019



THE DHARMA TRUST
(A company limited by guarantee)
REGISTERED NUMBER: 04332473

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THE DHARMA TRUST
(A company limited by guarantee)
REGISTERED NUMBER: 04332473

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2019**

Trustees

Nicholas Barter
Gudrun Schmitt
Keith Howell
Mollie Crawford, Treasurer
Joan Mitchell
Louise Kuka, Chair
Tansy Miller
Christopher Sladdin
Roger Britton

Company registered number

04332473

Charity registered number

1090628

Registered office

Marpa House
Rectory Lane
Ashdon
Saffron Walden
Essex
CB10 2HN

Company secretary

Roger Britton

Accountants

MHA Larking Gowen
Chartered Accountants
1 Claydon Business Park
Great Blakenham
Ipswich
IP6 0NL

THE DHARMA TRUST
(A company limited by guarantee)
REGISTERED NUMBER: 04332473

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2019

The trustees (who are also directors of the charity for the purposes of the Companies Act) present their annual report together with the financial statements of The Dharma Trust (the Trust) for the year ended 31 March 2019. The trustees confirm that the annual report and financial statements of the company comply with the current statutory requirements, the requirements of the company's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) as amended by Update Bulletin 1 (effective 1 January 2015).

Since the company qualifies as small under section 383, the strategic report required of medium and large companies under The Companies Act 2006 (Strategic Report and Director's Report) Regulations 2013 is not required.

Structure, governance and management

The Trust is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association on 27/11/2001.

None of the trustees have any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £10 in the event of a winding up.

During the year Louise Kuka took a sabbatical from 1 January 2019 to 30 April 2019 which was agreed by all other trustees. Tansy Miller took on the role of Acting Chair during this period.

New trustees are nominated by the trustees, there being consultation with members of the centre at the Annual Members' Meeting. At the meeting the trustees report on the year's activities, and invite discussion from Members, who also elect new Committee members.

The Management Committee who served during for part or all of the year were:

Gail Oliver (Secretary)
Anne-Maria Bojko (Secretary)
Dominique Simpson (Temporary Secretary)
John Howard (Temporary Secretary)
Vicki Tofts
William Giddings
Iwona Kanclerz
Imogen Hayman
Astrid Jackson
Barbara Wolter

The trustees delegate the day to day affairs of the centre to the Management Committee and House Secretary.

The centre is staffed by resident volunteers who receive an honorarium intended to reimburse personal expenses, and aided by a paid non-resident House Administrator (resigned May 2018).

Investment powers are governed by the rules of the Trust which permit funds to be invested in stock, shares, funds and securities or other investments or property.

Amrita Dzong, a London centre with the same aims and objectives (but its own Trustees), has links with The Dharma Trust. Teachers may visit and teach at both centres, expenses are then shared.

The trustees have reviewed last year's activity against the Trust's policies and have in place strategies to comply with those policies.

THE DHARMA TRUST
(A company limited by guarantee)
REGISTERED NUMBER: 04332473

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2019

Objectives and Activities

The objects for which the Trust was established are:

- the advancement of the Tibetan Buddhist religion
- the advancement of education according to Tibetan Buddhist principles
- the conduct of study and research into the principles and practice of Tibetan Buddhist medicine and to publish the results of all such research for the benefit of the public at large both in the United Kingdom and elsewhere.

The trustees confirm that they have complied with the duty in Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'.

The trust promotes Buddhism to the general public in a number of ways. The Centre is open to the public, and at no charge when no events are scheduled. All interested are able to visit for free as day visitors (local organisations, eg schools, often take up this offer). For those who wish to stay overnight, our charges are fixed at the lowest level economically possible. Course fees are fixed as low as possible. Student led courses are either by donation or a small charge and Student led meditation days are free. Young Sangha and Family weekends are provided at heavily subsidised rates. Those attending Volunteer Weekends have free board and participation in the House routine. Those who wish to take practice further are encouraged to (and do) come 'on staff' and live within the community, receiving full board, free admission to all courses and a small honorarium to cover their expenses.

Achievements and performance

This was another successful year for Marpa House with many students offering a range of courses alongside our larger teaching weekends. The May bank holiday weekend was quite exceptional this year and we welcomed teachings from Khabje Chime Rinpoche, Tulku Pasang Rinpoche and Lama Sean Price. Later in the year we were delighted to welcome back Lama Samten who gave weekend teachings in September and November.

In addition, several silent retreats were led by Lama Klaus, Lama Alasdair led a practice weekend and the Tibetan New Year prayers and celebrations. Various practice days were led by students: David Crawford, Craig Boulton, Vicki Tofts, Brian Richardson, Paul Wootton and Ben Henriques, with other students leading the monthly Meditation Days. The Tibetan Language group have been meeting regularly, and a workshop on Tibetan calligraphy was held. A volunteer weekend, and a family weekend also took place.

Going Concern

The trustees have a reasonable expectation that the trust has adequate resources to continue in operational existence for the foreseeable future. Expenditure is closely monitored by regular reviews by the Trustees.

Financial review

Charitable expenditure and the cost of administration was £75,444 (2018: £116,017) which includes depreciation of £3,724 (2018: £4,815). Gross income during the year was £80,606 (2018: £99,581).

Reserves Policy

The Trustees review the level of Free reserves (net current assets) at each Trustee meeting. Trustees' aim to hold as free and uncommitted reserve of £35,000, equivalent to 6 months annual trading costs. The purpose of such reserves is to insulate Marpa House from the financial risk of unexpected expenditure, or temporary cessation of income.

THE DHARMA TRUST
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2019

This financial year end sees a trading surplus of £5,162, free reserves amounted to £62,192, being £27,192 in excess of the £35,000 minimum target. The excess will go towards new statues for the shrine and the continuing refurbishment and update of the House.

Trustees' responsibilities statement


The Trustees (who are also directors of The Dharma Trust for the purpose of company law) are responsible for preparing the Trustee's report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Trustees, and signed on their behalf by:


.....
Louise Kuka
Trustee
Date: 7/12/19

THE DHARMA TRUST
(A company limited by guarantee)
REGISTERED NUMBER: 04332473

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2019

Independent examiner's report to the Trustees of The Dharma Trust ('the company')

I report to the charity Trustees on my examination of the accounts of the company for the year ended 31 March 2019.

Responsibilities and basis of report

As the Trustees of the company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the company's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the company's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the company and the company's Trustees as a body, for my work or for this report.

THE DHARMA TRUST
(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2019

Signed:



Dated:

18 December 2019

Giles Kerkham FCA DChA

Larking Gowen LLP
Chartered Accountants
1 Claydon Business Park
Great Blakenham
Ipswich
IP6 0NL

THE DHARMA TRUST
(A company limited by guarantee)
REGISTERED NUMBER: 04332473

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2019

		Restricted funds 2019 £	Unrestricted funds 2019 £	Total funds 2019 £	Total funds 2018 £
Income from:					
Donations and legacies	2	-	25,160	25,160	39,601
Charitable activities	3	-	55,384	55,384	59,952
Investments	4	-	62	62	28
Total income		-	80,606	80,606	99,581
Expenditure on:					
Charitable activities	5	-	75,444	75,444	116,017
Total expenditure		-	75,444	75,444	116,017
Net movement in funds		-	5,162	5,162	(16,436)
Reconciliation of funds:					
Total funds brought forward		180	435,282	435,462	451,898
Net movement in funds		-	5,162	5,162	(16,436)
Total funds carried forward		180	440,444	440,624	435,462

The notes on pages 9 to 16 form part of these financial statements.

THE DHARMA TRUST
(A company limited by guarantee)
REGISTERED NUMBER: 04332473

BALANCE SHEET
FOR THE YEAR ENDED 31 MARCH 2019

	Note	2019 £	2018 £
Fixed assets			
Tangible assets	8	378,252	366,110
Current assets			
Debtors	9	3,147	5,199
Cash at bank and in hand		61,626	74,012
		<u>64,773</u>	<u>79,211</u>
Creditors: amounts falling due within one year	10	(2,401)	(9,859)
Net current assets		<u>62,372</u>	<u>69,352</u>
Total assets less current liabilities		<u>440,624</u>	<u>435,462</u>
 Charity funds			
Restricted funds	11	180	180
Unrestricted funds	11	440,444	435,282
Total funds		<u>440,624</u>	<u>435,462</u>

The company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:



Louise Kuka
Trustee

Date: 7 December 2019

The notes on pages 9 to 16 form part of these financial statements.

THE DHARMA TRUST
(A company limited by guarantee)
REGISTERED NUMBER: 04332473

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019

1. Accounting policies

1.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Dharma Trust meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

1.2 Income

All income is recognised once the company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

1.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Charitable activities costs are costs that are incurred on the company's educational operation, including support costs and costs relating to governance of the company apportioned to charitable activities.

All expenditure is inclusive of irrecoverable VAT.

1.4 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

THE DHARMA TRUST
(A company limited by guarantee)
REGISTERED NUMBER: 04332473

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019

1. Accounting policies (continued)

1.5 Tangible fixed assets and depreciation

Tangible fixed assets costing more than £250 are capitalised.

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of financial activities incorporating income and expenditure account.

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Freehold property	- 1% on cost
Freehold land	- Is not depreciated
Fixtures and fittings	- 33% on cost

1.6 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.7 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.8 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

1.9 Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

THE DHARMA TRUST
(A company limited by guarantee)
REGISTERED NUMBER: 04332473

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019

1. Accounting policies (continued)

1.10 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the company and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

2. Income from donations and legacies

	Unrestricted funds 2019 £	Total funds 2019 £	Total funds 2018 £
Donations and gifts	25,160	25,160	39,601

In 2018, £39,601 was allocated to unrestricted funds and £Nil to restricted funds.

3. Income from charitable activities

	Unrestricted funds 2019 £	Total funds 2019 £	Total funds 2018 £
House and retreat income	20,659	20,659	18,593
Courses and teaching	31,299	31,299	38,202
Sale of tapes and CDs	778	778	1,429
Rental income	1,680	1,680	1,680
Miscellaneous income	968	968	48
	55,384	55,384	59,952

In 2018, £59,952 was allocated to unrestricted funds and £Nil to restricted funds.

THE DHARMA TRUST
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019

4. Investment income

	Unrestricted funds 2019 £	Total funds 2019 £	<i>Total funds 2018 £</i>
Investment income	62	62	28

In 2018, £28 was allocated to unrestricted funds and £Nil to restricted funds.

5. Charitable activities

	Running Marpa House £	Courses and teaching £	Total funds £	<i>Total funds 2018 £</i>
Staff costs	9,903	-	9,903	11,312
Depreciation	3,724	-	3,724	4,815
Other costs	46,158	13,739	59,897	98,270
Governance costs	1,920	-	1,920	1,620
Total 2019	61,705	13,739	75,444	116,017
<i>Total 2018</i>	<i>88,767</i>	<i>27,250</i>	<i>116,017</i>	

Staff costs related to the employed Administrator and volunteers.

THE DHARMA TRUST
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019

6. Net income/ (expenditure)

This is stated after charging:

	2019	2018
	£	£
Depreciation of tangible fixed assets:		
- owned by the charity	3,724	4,815
	<u>3,724</u>	<u>4,815</u>

Staff costs include £3,400 paid to Louise Kuka (trustee) for covering the house administrator role between May and December 2018. The payments were approved by the other trustees.

There was no other remuneration paid to trustees.

During the year, no Trustees received any benefits in kind (2018 - £NIL).

During the year, trustee expenses totalled £423 (2018 - £1,355).

7. Governance costs

	2019	2018
	£	£
Fees payable to the company's Independent examiner for the independent examination of the company's annual accounts	<u>1,920</u>	<u>1,620</u>

THE DHARMA TRUST
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019

8. Tangible fixed assets

	Freehold property £	Fixtures and fittings £	Total £
Cost or valuation			
At 1 April 2018	406,668	7,529	414,197
Additions	14,856	1,010	15,866
At 31 March 2019	<u>421,524</u>	<u>8,539</u>	<u>430,063</u>
Depreciation			
At 1 April 2018	43,276	4,811	48,087
Charge for the year	2,277	1,447	3,724
At 31 March 2019	<u>45,553</u>	<u>6,258</u>	<u>51,811</u>
Net book value			
At 31 March 2019	<u>375,971</u>	<u>2,281</u>	<u>378,252</u>
At 31 March 2018	<u>363,392</u>	<u>2,718</u>	<u>366,110</u>

9. Debtors

	2019 £	2018 £
Other debtors	<u>3,147</u>	<u>5,199</u>

10. Creditors: Amounts falling due within one year

	2019 £	2018 £
Other creditors	<u>2,401</u>	<u>9,859</u>

THE DHARMA TRUST
(A company limited by guarantee)
REGISTERED NUMBER: 04332473

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019

11. Statement of funds

Statement of funds - current year

	Balance at 1 April 2018 £	Income £	Expenditure £	Balance at 31 March 2019 £
Unrestricted funds				
General Funds	435,282	80,606	(75,444)	440,444
Restricted funds				
Bursary fund	180	-	-	180
Total of funds	435,462	80,606	(75,444)	440,624

Statement of funds - prior year

	Balance at 1 April 2017 £	Income £	Expenditure £	Balance at 31 March 2018 £
Unrestricted funds				
General Funds	451,686	99,581	(115,985)	435,282
Restricted funds				
Golden Rosary	32	-	(32)	-
Bursary fund	180	-	-	180
	212	-	(32)	180
Total of funds	451,898	99,581	(116,017)	435,462

THE DHARMA TRUST
(A company limited by guarantee)
REGISTERED NUMBER: 04332473

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019

12. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Restricted funds 2019 £	Unrestricted funds 2019 £	Total funds 2019 £
Tangible fixed assets	-	378,252	378,252
Current assets	180	64,593	64,773
Creditors due within one year	-	(2,401)	(2,401)
Total	180	440,444	440,624

Analysis of net assets between funds - prior year

	<i>Restricted funds 2018 £</i>	<i>Unrestricted funds 2018 £</i>	<i>Total funds 2018 £</i>
Tangible fixed assets	-	366,110	366,110
Current assets	180	79,031	79,211
Creditors due within one year	-	(9,859)	(9,859)
Total	180	435,282	435,462