



Companies House

AR01 (ef)

Annual Return



Received for filing in Electronic Format on the: **05/02/2015**

X40LREQ

Company Name: **The Really Useful Health Company Limited**

Company Number: **04330832**

Date of this return: **16/11/2014**

SIC codes: **86900**

Company Type: **Private company limited by shares**

Situation of Registered Office: **1 DUKE'S PASSAGE
BRIGHTON
EAST SUSSEX
UNITED KINGDOM
BN1 1BS**

Officers of the company

Company Director **1**

Type: **Person**

Full forename(s): **MARYON LYNNE**

Surname: **STEWART**

Former names:

Service Address: **162 WARREN ROAD
BRIGHTON
UNITED KINGDOM
BN2 6DD**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **17/08/1953** *Nationality:* **BRITISH**

Occupation: **NUTRITIONAL ADVISOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY A	<i>Number allotted</i>	500
		<i>Aggregate nominal value</i>	500
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
FULL RIGHTS AS SET OUT IN THE ARTICLES OF ASSOCIATION			

Class of shares	ORDINARY B	<i>Number allotted</i>	250
		<i>Aggregate nominal value</i>	250
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
FULL RIGHTS AS SET OUT IN THE ARTICLES OF ASSOCIATION			

Class of shares	ORDINARY C	<i>Number allotted</i>	250
		<i>Aggregate nominal value</i>	250
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
NON VOTING.			

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1000
		<i>Total aggregate nominal value</i>	1000

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 16/11/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **500 ORDINARY A shares held as at the date of this return**
Name: **MARYON LYNNE STEWART**

Shareholding 2 : **250 ORDINARY B shares held as at the date of this return**
Name: **MARYON LYNNE STEWART**

Shareholding 3 : **250 ORDINARY C shares held as at the date of this return**
Name: **MARYON LYNNE STEWART**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.