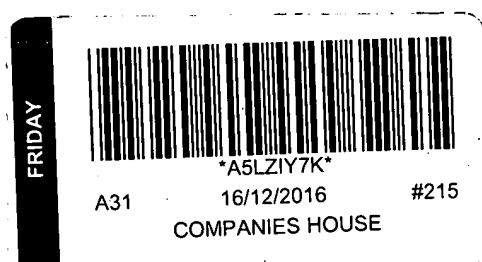


REGISTERED NUMBER: 04322299 (England and Wales)

ABBREVIATED UNAUDITED ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2016

FOR

SPORTS MESSAGE ASSOCIATION LTD



SPORTS MESSAGE ASSOCIATION LTD (REGISTERED NUMBER: 04322299)

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FOR THE YEAR ENDED 31 MARCH 2016**

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SPORTS MASSAGE ASSOCIATION LTD

**COMPANY INFORMATION
FOR THE YEAR ENDED 31 MARCH 2016**

DIRECTORS:

Ms L Booth
Mrs P Clayton
Mr C B Chesterman
Mr J R Davis
Mr P A Medicott
Mr N W Mooney
Mrs C P Salvary
Ms K Breslin
Mrs Y Blake

REGISTERED OFFICE:

Providence House
Providence Place
Islington
London
N1 0NT

REGISTERED NUMBER:

04322299 (England and Wales)

SPORTS MASSAGE ASSOCIATION LTD (REGISTERED NUMBER: 04322299)

ABBREVIATED BALANCE SHEET
31 MARCH 2016

	Notes	2016 £	2015 £
FIXED ASSETS			
Intangible assets	2	708	1,420
Tangible assets	3	2,002	-
		<u>2,710</u>	<u>1,420</u>
CURRENT ASSETS			
Stocks		1,000	1,000
Cash in hand		75,798	71,054
		<u>76,798</u>	<u>72,054</u>
CREDITORS			
Amounts falling due within one year		8,170	13,063
		<u>68,628</u>	<u>58,991</u>
NET CURRENT ASSETS			
		<u>71,338</u>	<u>60,411</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			
		<u>71,338</u>	<u>60,411</u>
RESERVES			
Income and expenditure account		71,338	60,411
		<u>71,338</u>	<u>60,411</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2016 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 15-12-16 and were signed on its behalf by:


Mr P A Medicott - Director


Mr J R Davis - Director

The notes form part of these abbreviated accounts

**NOTES TO THE ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2016**

1. ACCOUNTING POLICIES**Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents amounts receivable for goods and services net of VAT and trade discounts.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 25% on cost

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Deferred tax

Deferred tax is recognised in respect of all material timing differences that have originated but not reversed at the balance sheet date.

Amortisation

Amortisation is calculated so as to write off the cost of an asset, net of anticipated disposal proceeds, over the estimated useful economic life of that asset as follows:

Patents - Over 10 years

2. INTANGIBLE FIXED ASSETS

	Total £
COST	
At 1 April 2015	
and 31 March 2016	7,115
AMORTISATION	
At 1 April 2015	5,695
Amortisation for year	712
At 31 March 2016	6,407
NET BOOK VALUE	
At 31 March 2016	708
At 31 March 2015	1,420

NOTES TO THE ABBREVIATED ACCOUNTS - continued
FOR THE YEAR ENDED 31 MARCH 2016

3. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 April 2015	3,801
Additions	<u>2,670</u>
At 31 March 2016	<u>6,471</u>
DEPRECIATION	
At 1 April 2015	3,801
Charge for year	<u>668</u>
At 31 March 2016	<u>4,469</u>
NET BOOK VALUE	
At 31 March 2016	<u><u>2,002</u></u>
At 31 March 2015	<u><u>-</u></u>