



Companies House
— for the record —

AR01 (ef)

Annual Return



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Received for filing in Electronic Format on the: **12/11/2010**

Company Name: **ABSOLUTION GYMS LIMITED**

Company Number: **04316829**

Date of this return: **05/11/2010**

SIC codes: **9272**

Company Type: **Private company limited by shares**

Situation of Registered Office: **46 BURLINGTON ARCADE
PICCADILLY
LONDON
UNITED KINGDOM
W1B 9AE**

Single Alternative Inspection Location (SAIL)

The address for an alternative location to the company's registered office for the inspection of registers is:

EDELMAN HOUSE 1238 HIGH ROAD
WHETSTONE
LONDON
UNITED KINGDOM
N20 0LH

There are no records kept at the above address

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MR JAMES EDWARD**

Surname: **BERK**

Former names:

Service Address: **51 CUMBERLAND TERRACE
LONDON
UNITED KINGDOM
NW1 4HJ**

Company Director ***I***

Type: **Person**
Full forename(s): **MR JAMES EDWARD**

Surname: **BERK**

Former names:

Service Address: **51 CUMBERLAND TERRACE
LONDON
UNITED KINGDOM
NW1 4HJ**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **10/04/1977** *Nationality:* **BRITISH**
Occupation: **COMPANY DIRECTOR**

Company Director 2

Type: **Person**
Full forename(s): **MR JOHN ANTHONY**

Surname: **BERK**

Former names:

Service Address: **51 CUMBERLAND TERRACE
LONDON
UNITED KINGDOM
NW1 4HJ**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **05/12/1947** *Nationality:* **BRITISH**
Occupation: **COMPANY DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS; THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 05/11/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1 : 100 ORDINARY shares held as at 2010-11-05
Name: JOHN BERK LIMITED

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.