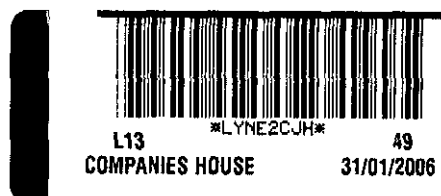


Company Registration No. 4316829 (England and Wales)



**ABSOLUTION GYMS LIMITED**  
**ABBREVIATED ACCOUNTS**  
**FOR THE YEAR ENDED 31 MARCH 2005**



**GERALD EDELMAN**  
CHARTERED ACCOUNTANTS

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47

# ABSOLUTION GYMS LIMITED

## CONTENTS

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	Page
Independent auditors' report	1
Abbreviated balance sheet	2
Notes to the abbreviated accounts	3 - 4

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# **ABSOLUTION GYMS LIMITED**

## **INDEPENDENT AUDITORS' REPORT TO ABSOLUTION GYMS LIMITED UNDER SECTION 247B OF THE COMPANIES ACT 1985**

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We have examined the abbreviated accounts set out on pages 2 to 4, together with the financial statements of the company for the year ended 31 March 2005 prepared under section 226 of the Companies Act 1985.

This report is made solely to the company in accordance with Section 247B of the Companies Act 1985. Our audit work has been undertaken so that we might state to the company those matters we are required to state to them in an auditor's report on abbreviated accounts and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company, for our audit work, for this report, or for the opinions we have formed.

### **Respective responsibilities of directors and auditors**

The directors are responsible for preparing the abbreviated accounts in accordance with section 246 of the Companies Act 1985. It is our responsibility to form an independent opinion as to whether the company is entitled to deliver abbreviated accounts prepared in accordance with sections 246(5) and (6) of the Act to the Registrar of Companies and whether the accounts to be delivered are properly prepared in accordance with those provisions and to report our opinion to you.

### **Basis of audit opinion**

We have carried out the procedures we considered necessary to confirm, by reference to the financial statements, that the company is entitled to deliver abbreviated accounts and that the abbreviated accounts to be delivered are properly prepared. The scope of our work for the purpose of this report did not include examining or dealing with events after the date of our report on the financial statements.

### **Opinion**

In our opinion the company is entitled to deliver abbreviated accounts prepared in accordance with sections 246(5) and (6) of the Companies Act 1985, and the abbreviated accounts on pages 2 to 4 are properly prepared in accordance with those provisions.



**Gerald Edelman**

24 January 2006

Chartered Accountants  
**Registered Auditor**

25 Harley Street  
London  
W1G 9BR


# ABSOLUTION GYMS LIMITED

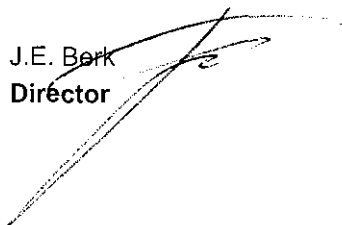
## ABBREVIATED BALANCE SHEET AS AT 31 MARCH 2005

	Notes	2005 £	2004 £
<b>Fixed assets</b>			
Tangible assets	2	558,310	352,630
<b>Current assets</b>			
Debtors		39,701	19,329
Cash at bank and in hand		66	140
		<u>39,767</u>	<u>19,469</u>
<b>Creditors: amounts falling due within one year</b>		<u>(1,089,785)</u>	<u>(735,810)</u>
<b>Net current liabilities</b>		(1,050,018)	(716,341)
<b>Total assets less current liabilities</b>		<u>(491,708)</u>	<u>(363,711)</u>
<b>Capital and reserves</b>			
Called up share capital	3	100	100
Profit and loss account		<u>(491,808)</u>	<u>(363,811)</u>
<b>Shareholders' funds - equity interests</b>		<u>(491,708)</u>	<u>(363,711)</u>

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

The financial statements were approved by the Board on 24 January 2006

  
J.A. Berk  
Director

  
J.E. Berk  
Director

# ABSOLUTION GYMS LIMITED

## NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2005

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### 1 Accounting policies

#### 1.1 Accounting convention

The financial statements are prepared under the historical cost convention.

The financial statements have been prepared on a going concern basis which assumes that the company will continue in operational existence for the foreseeable future.

The validity of this assumption depends on the company's ability to generate the necessary level of income to meet operational requirements and the continued financial support from the directors and shareholders.

The financial statements do not include any adjustments that would result if the company did not generate the necessary level of income to meet operational requirements and continued financial support was not forthcoming from the directors and shareholders.

The company has taken advantage of the exemption in Financial Reporting Standard No 1 from the requirement to produce a cash flow statement on the grounds that it is a small company.

#### 1.2 Compliance with accounting standards

The financial statements are prepared in accordance with applicable accounting standards, which have been applied consistently (except as otherwise stated).

#### 1.3 Turnover

Turnover represents amounts receivable for goods and services net of VAT and trade discounts.

#### 1.4 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Land and buildings Leasehold	Over the life of the lease
Plant and machinery	25% per annum on a reducing balance basis
Fixtures, fittings & equipment	15% per annum on a reducing balance basis

#### 1.5 Leasing

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

In accordance with abstract 28 of the Urgent Issues Task Force, rent incentives on leasehold properties are spread on a straight line basis to the first rent review to market value.

#### 1.6 Deferred taxation

Deferred tax is provided in full in respect of taxation deferred by timing differences between the treatment of certain items for taxation and accounting purposes. The deferred tax balance has not been discounted.

# ABSOLUTION GYMS LIMITED

## NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2005

### 2 Fixed assets

	Tangible assets £
<b>Cost</b>	
At 1 April 2004	410,011
Additions	271,994
	<hr/>
At 31 March 2005	682,005
	<hr/>
<b>Depreciation</b>	
At 1 April 2004	57,381
Charge for the year	66,314
	<hr/>
At 31 March 2005	123,695
	<hr/>
<b>Net book value</b>	
At 31 March 2005	558,310
	<hr/>
At 31 March 2004	352,630
	<hr/>

### 3 Share capital

	2005 £	2004 £
<b>Authorised</b>		
1,000 Ordinary shares of £1 each	1,000	1,000
	<hr/>	<hr/>
<b>Allotted, called up and fully paid</b>		
100 Ordinary shares of £1 each	100	100
	<hr/>	<hr/>

### 4 Related party transactions

The immediate and ultimate parent company is John Berk Limited.