

REGISTERED COMPANY NUMBER: 04303166 (England and Wales)
REGISTERED CHARITY NUMBER: 1090133

COMPANIES
HOUSE

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2020
FOR
4 CANCER GROUP

F1 CRT Limited
Flat 24 Wellingtonia Court
Laine Close
Brighton
East Sussex
BN1 6TD

TUESDAY



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COMPANIES HOUSE

4 CANCER GROUP

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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2020

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2020

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our Mission

The 4 Cancer Group exists to help the whole 'family unit' manage the impact of living with cancer.

Why Do We Exist?

Cancer is the toughest fight most of us will ever face. Fifty per cent (50%) of people in the UK will be diagnosed with cancer at some point in their lives. After diagnosis, life is taken over by hospital visits, uncertainty and often financial worries. Cancer patients will often need to stop working as a result of their diagnosis and it is also common for a family member to give up work to care for someone who is terminally ill. It is no surprise therefore that the incidence of clinical depression is up to five times higher in patients with cancer than the general population. (Source: European Journal of Cancer).

Importantly, we recognise that cancer has a profound impact on the whole family unit and not just the diagnosed individual. As a specialist respite charity, we provide relief from the difficulties of living with cancer. We believe in the 'here and now' and strive to help the whole family unit deal with the emotional burden that a cancer diagnosis can bring.

What Do We Do?

Primary Objective:

Our experience since 2001 shows that 'time out' with the family provides tangible benefits for both mental and physical health. Over the past eighteen years we have developed a diverse and flexible respite portfolio which is designed to fit around treatment plans.

From family days out to longer respite breaks in both the UK and abroad, we give families living with cancer something to look forward to at the end of arduous treatment schedules. Our ultimate objective is to 'create memories which last a lifetime'.

Given that a significant number of people we help are terminally ill, the creation of positive memories is of fundamental importance, especially for the family members left behind if the cancer patient later dies. Such trips also help the recently bereaved to come to terms with their loss and gives them a positive focus in the months after a loved one has died.

Designed with relaxation in mind, most of our respite activities also give people the opportunity to keep physically active. Keeping active could help to prevent more than 3,000 cases of cancer every year in the UK. (Source: Cancer Research UK).

Secondary Objectives:

(1) To make grants to UK based cancer care institutions. We recognise that good palliative care can make all the difference to both the cancer patient and their wider family. With a focus on 'end of life' care and support, we make grants to hospices and other care institutions to help people in the latter stages of their illness.

(2) Given that we are committed to continuous improvement, research is a key component of our work. We constantly monitor the impact of our respite programmes to ensure that they are delivering maximum benefit. In addition to our own quantitative and qualitative research, we work closely with Loughborough University and the University of Brighton to ensure we properly understand the needs of the families we help. We are also very interested in the emerging research that both exercise and spending time in forests and at altitude can offer a range of health benefits to cancer patients and non-cancer patients alike. Given that elements of our respite programme encourage people to 'get active' and also to spend time in an alpine environment, these are also important areas of focus.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2020

OBJECTIVES AND ACTIVITIES

Significant activities 2020 Overview

The year of 2020 has been the most challenging year in the charity's twenty year history. The COVID-19 pandemic has greatly hindered our ability to both provide respite services and to raise funds.

Fundraising income for 2020 dropped significantly to £30,030 compared to an already low figure of £122,097 in 2019. By way of background, we raised well over £300,000 every year between 2013 and 2018 with £596,133 in 2017 alone.

Given the charity's reliance on sporting events to raise funds, the cancellation of all mass sporting events due to the pandemic has had a large impact. Similarly, our inability to provide respite days and holidays due to the 2020 lockdown has also impacted our ability to raise funds.

We operated at a deficit of £37,914 in 2020 despite an ambitious cost cutting exercise between 2019 and 2020 which saw us move offices twice and switch away from an employed / salaried staff model to a team of sub-contractors, thereby providing much greater flexibility.

Our respite target for 2020 was to deliver respite services to 2,000 respite days to 400 people. Due to the pandemic however, the vast majority of the charity's respite holidays programme for 2020 had to be cancelled.

We were only able to deliver 60 respite days in 2020, helping just 13 people over the course of the year. All respite trips took place in the first weeks of 2020. By comparison, we helped 545 people and provided 2,482 respite days in 2019.

The cancellation of the charity's 2020 respite programme created a significant workload for our already stretched internal team. Unfortunately several patients on our waiting went on to die before we were able re-commence operations.

The situation was further complicated by the fact that most of our cancer patients are classed as 'immunocompromised' (i.e. they have an impaired immune system as a result of their cancer treatment). Consequently, none of our beneficiary families were able to take a holiday in late 2020 as holiday companies became operational again. Our families could simply not take the risk of using shared holiday facilities at holiday parks, onboard cruise ships etc.

Despite these very significant setbacks, the charity remains on track to hit its 'Century Of Respite' target by the end of 2025. This is to deliver 36,500 respite days by the end of 2025. Given we exceeded our annual respite targets in the five years preceding 2020, we are still on track to deliver on this ambitious objective.

Since 2001, we have helped 6,106 people and provided 27,220 respite days. When viewed as whole, this represents 74.58 years of respite.

4 CANCER GROUP (REGISTERED NUMBER: 04303166)

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2020

OBJECTIVES AND ACTIVITIES

Public benefit, Charitable Cooperation and Fiscal Sponsorship

The activities detailed in this report are a targeted effort to bring families closer together, to help them forget about the cancer that has been dictating their lives and to help them fight on whilst a cure for cancer is found.

We continue to have significant public benefit according to feedback from beneficiary families - as verified by the University of Brighton. Our jointly funded PhD programme with the university was focused on shaping future services to ensure that we are helping families in the best possible way.

The Trustees confirm they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Charity's aims and objectives and in the planning of future activities.

As part of our fiscal sponsorship programme, the 'Neil Vines Trust' continues as a subsidiary of the wider '4 Cancer Group' whereby we provide shared insurance, financial management etc. to enable them to continue operating in the most efficient way.

We also continue to work collaboratively alongside other charitable organisations such as NHS Trusts, Macmillan, Sailing Heals, National Community Boats Association, Caring Cancer Trust, CLIC Sargeant, Youth Cancer Trust and The Teenage Cancer Trust in the delivery of quality respite.

During 2020, we continued our work to find like-minded organisations in line with our objective to help more people living with cancer. We have continued to work alongside 'Something to look Forward To' to broaden the geographical area where our services were being advertised.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2020

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Targets

To meet our objectives, the Trustees agreed upon a series of medium and long-term targets in late 2016. These can be summarised as follows:

Medium Term Target - A Century Of Respite

By the end of 2016, we had provided 17,951 respite days to 4,062 people since the charity started in 2001. This represented the equivalent of just under 50 years (half a century) of respite days when viewed as a whole. Consequently, the Trustees decided in late 2016 to set a medium-term target to reach 100 years (a century) of respite days and to help a further 4,000 people.

Based on an average of the charity's output for the previous three years, we set an ambitious minimum target to provide 2,000 respite days to circa 400 people every year. By setting a baseline service level we set a target of the end of 2025 to achieve the 100 year target. Given the first 50 years had taken us nearly 16 years to achieve, the target would require us to deliver the same number of respite days in roughly half that time-frame (8-9 years).

When working towards this target we will continue to ensure that we:

- Help the whole 'family unit' manage the impact of living with cancer
- Create memories for families which last a lifetime
- Promote an active lifestyle to help lower cancer incidence and assist in recovery
- Strive to improve the standards of 'end-of-life' care

Target Update

Over the course of 2020 we helped just 13 people and provided 60 respite days, the equivalent of 0.18 years of respite days.

To hit our 100 year target by the end of 2025, we needed to have delivered 26,500 days of respite (72.6 years) by the end of 2020.

We are very pleased to report therefore that we had delivered 27,220 respite days by the end of 2020. At typical operating capacity, we are circa 9 months ahead of schedule (720 days).

Year	Number of People	Respite Days Covered	Cumulative Respite Days Provided	Cumulative Years of Respite Delivered
2001	0	0	0	0.00
2002	2	2	2	0.01
2003	35	36	38	0.10
2004	57	91	129	0.35
2005	243	798	927	2.54
2006	195	891	1,818	4.98
2007	180	1,004	2,822	7.73
2008	246	755	3,577	9.80
2009	255	1,060	4,637	12.70
2010	305	1,648	6,285	17.22
2011	330	1,404	7,689	21.07
2012	390	1,764	9,453	25.90
2013	340	1,421	10,874	29.79
2014	468	2,078	12,952	35.48
2015	539	2,286	15,238	41.75
2016	477	2,713	17,951	49.18
2017	635	2,813	20,764	56.89
2018	835	3,914	24,678	67.61

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REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 DECEMBER 2020**

2019	545	2,482	27,160	74.41
2020	13	60	27,220	74.58
End of 2025 Target	8,000	36,500	36,500	100 Years

Long Term Target (Post 2025) - 10,000 People / 1,000 People Every Year

When we hit our '100 Years Of Respite' target (hopefully by the close of 2025), we forecast that we will have helped in the region of 8,000 people. The next logical target thereafter is to reach the obvious milestone of helping 10,000 people in total.

By the end of 2020, we had helped 6,108 people. We are on track to help 8,000 people by the end of 2025.

Every day, nearly 1,000 people in the United Kingdom are told they have some form of cancer (Source: Cancer Research UK). Our longer term objective is therefore to provide respite services for 1,000 people every year. However, we are fully aware that this is a very ambitious target.

Costs of Respite Delivery

Our respite target for 2020 was to deliver respite services to 2,000 respite days to 400 people. However, due to the COVID-19 pandemic respite operations at the charity were terminated in early February 2020. Consequently, we were only able to provide respite services for 13 people during the whole year with a total of 60 respite days.

The charity's respite cost data for 2020 is highly skewed due to the fact that we were only able to provide respite services for 6 weeks out of 52. Booking holidays for people with complex medical needs is always challenging, especially where treatment plans are likely to change at a moment's notice. However, the administrative challenge and associated cost of managing cancellations and re-bookings due to COVID-19 has further complicated this.

Despite an extensive cost cutting campaign which has seen us move offices twice in two years and move from seven employed people down to zero between 2019 and 2020, we operated at a deficit in 2020 of £37,914.

Who Are Our Beneficiaries?

We continue to broaden the range of beneficiaries that we help as a charity in terms of cancer type, geographical coverage (UK) and age. Our approach is 100% inclusive in that we provide respite for people of all ages, with any type of cancer, with any disability resulting from cancer (where possible) and at any stage of treatment. For example, the youngest patient we have helped was 20 months and the oldest was 79. We have helped families as far South as Cornwall to Fife in Scotland.

Importantly, we recognise that cancer affects the whole family unit and not just the person who is diagnosed with the disease. Because cancer does not discriminate, neither do we. We help people from any background or socio-demographic group and we rely on our extensive network of medical professionals and partner organisations from across the UK to refer families who are most in need of our help.

What We Deliver

For the majority of our beneficiary families, their lives have been totally taken over by cancer. As a consequence of all the hospital appointments, complex treatment plans and assessments, families spend much less time with one another. Holidays and short breaks, traditionally the main time of the year when families spend quality time together, are usually the first casualty. And aside from the time constraints, few families can afford to spend time away from home with one another due to the financial impact of a cancer diagnosis. It is very common for one or both parents to give up work to act as a carer.

Our Family Liaison team continue to develop bespoke respite programmes which accommodate delicate health needs, complex treatment schedules, depleted finances and wider family circumstances. The end result is a respite break tailored to each family where all they need to do is turn up and enjoy some special time with one another. For those families who are truly struggling financially, we add spending vouchers or a dining plan to their break so that they can enjoy their time together without worrying about extra costs.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2020

We also experience the tragedy and unpredictability of working with families who are dealing with a terminal diagnosis. It is becoming more common for the patient's health to worsen suddenly and they die before their holiday is taken. In this instance, some families still choose to take their break as a chance to reflect and remember their loved one away from the continual reminders at home.

2020 Respite Portfolio:

Due to the pandemic, our 2020 operations were limited to:

- UK park holidays
- Winter mountain holidays

Feedback From People We Have Helped

We measure a number of factors to understand our impact. Both quantitative and qualitative feed-back is collected in addition to evaluating the wellbeing of our beneficiaries post-delivery. Of key significance is our research partnership with the University of Brighton who is helping us to continuously improve what we do.

What Our Beneficiaries Said In 2020

Each respite day we deliver is designed to give families a break from the trauma of living with cancer. Whether on a boat, in the middle of a forest, up a mountain or down by the sea, our respite days are full of fresh air, fun and togetherness.

Each break is specifically designed to create lasting memories. We aim to recharge batteries, to re-strengthen bonds and to give families the energy to carry on the daily battle that is 'living with cancer'.

The comments that follow are a very small sample of the amazing and moving feedback that we received from the small number of people we have helped this year.

"The children absolutely loved it and it's been one of their fondest memories to date. In fact they keep asking to go back and do it all over again. It came at the perfect time for us and it was just wonderful having quality time together as a family.

The fresh air did my husband the world of good and he felt really refreshed after the trip. We wished we could have stayed longer and we are hoping to have another trip there next year after our time shielding during the pandemic.

It was superb for me too, being able to let the kids play and explore without being stressed and rushing everywhere between hospital appointments and school etc. We just had the best family time.

We are so grateful and honestly it was an amazing family break. It gave us the opportunity to get back in sync as a family and spend time making new memories." Colette

"Ski trips can be very expensive but Alex really wanted to go, so we are grateful for the financial support from Ski 4 Cancer. Alex was a little nervous at the start, but by the end of the week she was on a chairlift! Ski 4 Cancer is a fantastic little charity who help families during very difficult times. They gave us something to focus on and look forward to when Alex was finishing her treatment. Five days in the mountains was exactly what we needed - we cannot thank you enough." Paul

"My diagnosis has obviously been very difficult for my children who have coped in very different ways. This holiday definitely repaired some damage that has happened due to my illness and the stress they were under to help me ... We laughed and cried together and I know for the first time that they will be a family unit and support each other in the future when I am gone which means so much to me." Eleanor

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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2020

FINANCIAL REVIEW

Financial position

Total incoming resources for the year were £30,030 (£122,097 in 2019) and resources expended £67,944 (£326,595 in 2019).

There was a retained deficit for the year on unrestricted activities of £(37,914) (2019 deficit £160,735) and this has been deducted from the reserves brought forward of £11,487 to leave £(26,426) which will be carried forward.

Reserves policy

In 2020 we have three specific designations in the accounts:

- 1) Given we have a 6 to 18 month waiting list for respite services, the 4 Cancer Group has a policy of holding at least 18 months of respite. £250,000 has been designated for this purpose.
- 2) IT Investment of £12,585 for 2020 website developments to provide a better respite process and improve our digital fundraising capabilities.
- 3) Building fund of £80k to purchase land/buildings to offer a baseline of respite places directly through our own respite facility.

The completely unrestricted reserves are therefore £(26,426) after subtracting the designated funds. Unrestricted expenditure during the year was £67,944 and the charity aims to hold the equivalent of 6 months in reserve. This is to enable the charity to provide a cushion against unexpected events, losses of income, large unbudgeted expenses and to take advantage of future investing opportunities.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2020

FUTURE PLANS

2021: Looking Forward

The Trustees set a number of focus areas for 2021:

Cost Reduction:

The COVID-19 pandemic placed the charity under a huge financial strain. The cancellation of mass sporting events has meant that this important fundraising channel completely dried up in 2020. Similarly, extremely low interest rates have meant that many grant and trust making bodies have not been in a position to make grants to charities as their funds have not grown over the past year.

Of those grant making bodies that have been able to make disbursements, many have directed all available funds to COVID-19 relief projects and understandably so. Lastly, the travel industry has been immeasurably impacted by the pandemic. The industry as a whole has been an important source of fundraising for the charity in recent years.

To combat these challenges, we instigated an ambitious cost cutting programme which resulted in a 65% reduction in administration costs. At the start of 2019 the charity employed seven people but by the end of 2020 we had moved to an entirely outsourced staff model. In 2019 staff and contractor costs stood at £133,172 but in 2020 we managed to reduce this to £43,709. Similarly, over the same period we have moved offices twice, reducing office space expenditure from £13,069 to £3,000 per annum.

Post COVID-19 Respite:

The needs of our beneficiary families have changed as a result of the pandemic. Most of our cancer patients are classed as 'immunocompromised' (i.e. they have an impaired immune system as a result of their cancer treatment) and consequently they were not able to stay with holiday providers that we have worked with for many years. Some of our families did simply not want to take the risk of using shared holiday facilities at holiday parks, onboard cruise ships etc.

Whilst enhanced cleaning can help to mitigate some of the risk of COVID infection from a group staying in accommodation prior to our families arriving, we need to manage this very carefully. The cost of accommodation could increase as a result and we may need to introduce a 24 hour or 48 hour 'spacer' period between guests checking out and checking in.

Similarly, the increased demand for UK based holiday accommodation as a result of the pandemic has meant that demand and prices have increased. This could increase the daily cost of sourcing accommodation in the short to medium term.

Website Project:

We instructed a website development company to build the charity six new websites in 2019. Two of the six websites were launched in 2020 but due to a string of technical issues, progress has been painfully slow. At the time of writing (October 2021) we have parted company with the company after an unpleasant legal process. We have been forced to write off £18,000 of charity funds as a result. A significant amount of time from within the charity was invested in this project. We are looking at our options for a redesign and change of supplier.

Respite Lodge Fund:

In 2017, we announced the need to purchase land and/or buildings so that we could start to supply respite breaks directly to beneficiary families, thereby removing our reliance on third party holiday providers. This was in direct response to the charity's growing inability to source holidays at discounted rates, especially during school holidays.

Similarly, the weak Pound (due to Brexit) had meant that our ability to source overseas holidays had also weakened. By owning our own respite facility, we will be able to fix a large percentage of our respite costs whilst also providing availability throughout the year. We launched this new initiative in 2017 with a designation of £80K from our own reserves.

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REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 DECEMBER 2020**

Since then we have been working with various external funding partners to grow the size of the fund in preparation for direct investment. We had received pledges of an additional £47K by the end of 2018 but this figure has now dropped to £33K.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 11 October 2001 (Company Number 4303166) and registered as a Charity on 17 January 202 (Charity Number 1090133).

The Charity initiated its operations on 25 April 2001.

The Company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. Under those Articles, the members of the Board of Directors/Trustees are re-elected at each AGM.

Organisational structure

The 4 Cancer Group is made up of six fundraising divisions: Sail 4 Cancer, Ski 4 Cancer, Run 4 Cancer, Bike 4 Cancer, From Me to You and The Neil Vines Trust. We continue to refine our structure so that we can support more families affected by cancer every year.

We started 2020 with three voluntary trustees and finished the year with the same team of three. The current team consists of a commercial lawyer, a marketing consultant and a senior manager from within the travel industry.

Over the past two years the charity has drastically changed its staffing model, moving from a salaried team of seven people in 2019 to no employees in 2020. Where needed the charity now brings in the services of specialists at lowered commercial rates to perform specific activities. These include, financial management, book keeping, respite holiday booking, marketing and fundraising.

We also have a number of volunteer patrons and ambassadors and for each sporting division. These include Admiral Of The Fleet Lord Boyce KG GCB OBE KStJ DL, Sir Ben Ainslie OBE, Andrew Pindar OBE DL, Dee Caffari MBE, Franz Klammer, Graham Bell and Eddie 'The Eagle' Edwards.

Neil Vines Trust

The Neil Vines Trust was established in 2016 to give young people living with cancer the opportunity to enjoy a special escape with their families. Neil's family aim to purchase a lodge in the Cotswolds which will give young people living with cancer and their families the chance to have a special weekend away.

This escape from the harsh realities of cancer will give them the opportunity to laugh, relax, explore and create precious memories together. The Neil Vines Trust joined the '4 Cancer Group' in 2016 under our fiscal sponsorship model. As at 31 December 2020, the Trust had a restricted fund to the value of £14,658.02.

People

Between 2019 and 2020 we moved away from an employed / salaried staff model to a team of sub-contractors, thereby providing much greater flexibility. During 2020 we had three sub-contractors including one trustee who is paid part-time to manage fundraising and marketing. By way of comparison, we had seven employed people at the charity at the beginning of 2019. As a result, expenditure on salaries and sub-contractors reduced from £133,172 to £43,709 in 2020 (a reduction of 67%).

4 CANCER GROUP (REGISTERED NUMBER: 04303166)

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 DECEMBER 2020**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The Trustee board reviewed a number of principal risks and uncertainties during 2020, namely:

- The emergence of COVID-19 and its impact on our ability to both provide respite services and raise funds
- The increasing cost of UK holidays (increased demand due to the pandemic / suspension of over-seas travel)
- The increased risk of beneficiary families using shared holiday facilities
- Dependence on event income (e.g. London Marathon) and the impact of this on fundraising
- Dependence on the travel industry as a source of income during the pandemic
- The ongoing need for better technology (websites) to raise funds
- The diminishing income from Grant & Trust bodies due to lowered interest rates

The Board has strategies and controls in place to mitigate the operational risks highlighted above.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04303166 (England and Wales)

Registered Charity number

1090133

Registered office

Unit 9
The Old Town Hall
Albion Street, Southwick
Brighton
East Sussex
BN42 4AX

Trustees

C I Stone (resigned 31.3.20)
A J Hayward
A J B Nicholson (appointed 28.5.21)
P Tyler
A S Wilkinson

Company Secretary

A J Hayward

Independent Examiner

Christopher Robert Tyler FCA DChA FCIE
Institute of Chartered Accountants in England and Wales
F1 CRT Limited
Flat 24 Wellingtonia Court
Laine Close
Brighton
East Sussex
BN1 6TD

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of 4 Cancer Group for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2020

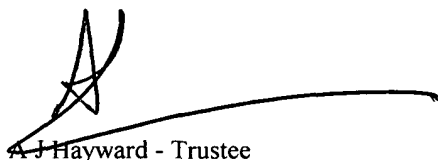
STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 1 November 2021 and signed on its behalf by:

A handwritten signature in black ink, appearing to be 'A. J. Hayward', written over a horizontal line.

A. J. Hayward - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
4 CANCER GROUP

Independent examiner's report to the trustees of 4 Cancer Group ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2020.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Christopher Robert Tyler FCA DChA FCIE
Institute of Chartered Accountants in England and Wales
F1 CRT Limited
Flat 24 Wellingtonia Court
Laine Close
Brighton
East Sussex
BN1 6TD

1 November 2021

4 CANCER GROUP

STATEMENT OF FINANCIAL ACTIVITIES **FOR THE YEAR ENDED 31 DECEMBER 2020**

	Notes	Unrestricted funds £	Restricted funds £	2020 Total funds £	2019 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	29,912	-	29,912	93,763
Charitable activities	4				
Sailing Trips and Holidays for Beneficiaries		-	-	-	28,150
Investment income	3	118	-	118	184
Total		<u>30,030</u>	<u>-</u>	<u>30,030</u>	<u>122,097</u>
EXPENDITURE ON					
Raising funds	5	18,588	-	18,588	59,062
Charitable activities	6				
Sailing Trips and Holidays for Beneficiaries		40,556	-	40,556	262,586
Support costs		8,800	-	8,800	4,947
Total		<u>67,944</u>	<u>-</u>	<u>67,944</u>	<u>326,595</u>
NET INCOME/(EXPENDITURE)		<u>(37,914)</u>	<u>-</u>	<u>(37,914)</u>	<u>(204,498)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		354,073	10,478	364,551	569,049
TOTAL FUNDS CARRIED FORWARD		<u>316,159</u>	<u>10,478</u>	<u>326,637</u>	<u>364,551</u>

The notes form part of these financial statements

4 CANCER GROUP (REGISTERED NUMBER: 04303166)**BALANCE SHEET**
31 DECEMBER 2020

	Notes	Unrestricted funds £	Restricted funds £	2020 Total funds £	2019 Total funds £
FIXED ASSETS					
Tangible assets	13	620	-	620	930
CURRENT ASSETS					
Debtors	14	5,998	-	5,998	5,403
Cash at bank		359,424	10,478	369,902	413,181
		<u>365,422</u>	<u>10,478</u>	<u>375,900</u>	<u>418,584</u>
CREDITORS					
Amounts falling due within one year	15	(49,883)	-	(49,883)	(54,963)
NET CURRENT ASSETS		<u>315,539</u>	<u>10,478</u>	<u>326,017</u>	<u>363,621</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>316,159</u>	<u>10,478</u>	<u>326,637</u>	<u>364,551</u>
NET ASSETS		<u>316,159</u>	<u>10,478</u>	<u>326,637</u>	<u>364,551</u>
FUNDS	16				
Unrestricted funds				316,159	354,073
Restricted funds				<u>10,478</u>	<u>10,478</u>
TOTAL FUNDS				<u>326,637</u>	<u>364,551</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 1 November 2021 and were signed on its behalf by:



A J Hayward - Trustee

The notes form part of these financial statements

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS **FOR THE YEAR ENDED 31 DECEMBER 2020**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015)', Financial Reporting Standard FRS102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The trustees/directors consider that there are no material uncertainties about the company's ability to continue as a going concern. The trustees have taken advantage of the various sources of Government support during the COVID-19 pandemic and consider that it will not have a significant impact on the company's ability to continue trading. Income from trading activities is expected to reduce due to the lockdown conditions and steps are being taken to make cost savings. The trustees regard any impact to be short term rather than affecting the company's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts

Income

All income is recognised in the Statement of Financial Activities (SOFA) once the charity has legal entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income from donations is accounted for as received by the charity. The income from fundraising ventures is shown gross, with the associated costs included in fundraising costs. The value of voluntary work is not included in the financial statements.

Grants are recognised in full in the SOFA in the year in which they are receivable. Grants for the purchase of fixed assets are credited to restricted income when they are receivable. Where the use of the asset is restricted, depreciation is charged against the restricted fund. Where the use of the asset is not restricted it is transferred to the general fund.

Other income, including investment income and commissions, is recorded on an accruals basis.

For legacies, entitlement is taken on a case by case basis as the earlier on the date on which: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. If the legacy is in the form of an asset other than cash or an asset listed on a recognised stock exchange, recognition is subject to the value of the asset being able to be reliably measured and title to the asset has passed to the charity. Where legacies have been notified to the charity or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure, including irrecoverable VAT, is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds

Costs of generating voluntary income includes relevant fundraising and publicity costs.

Charitable activities

Costs of charitable activities comprise direct expenditure. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 DECEMBER 2020**

1. ACCOUNTING POLICIES - continued

Expenditure

Support costs

Support costs include those costs, such as independent examiners' fees, associated with constitutional and statutory requirements.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life :

Fixtures and fittings - 20% on cost
Computer equipment - 50% on cost

Assets costing less than £500 are written off to the Statement of Financial Activities.

Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK Corporation Tax purposes. Accordingly the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements

2. DONATIONS AND LEGACIES

	2020	2019
	£	£
Donations	29,912	93,763

3. INVESTMENT INCOME

	2020	2019
	£	£
Deposit account interest	118	184

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 DECEMBER 2020**

4. INCOME FROM CHARITABLE ACTIVITIES

		2020	2019
	Activity	£	£
Grants	Sailing Trips and Holidays for Beneficiaries	-	28,150

Grants received, included in the above, are as follows:

	2020	2019
	£	£
The Lynn Foundation	-	500
Souter Charitable Trust	-	3,000
29th May 1961 Charitable Trust	-	2,000
The Harapan Trust	-	300
Marston Charitable Trust	-	100
Moto in Community Trust	-	500
The Edward & Dorothy Cadbury Trust	-	1,000
Cala Homes Community Bursary	-	1,600
The Dumbreck Charity	-	500
Payne-Gallwey Charitable Trust	-	3,000
G J Ward Charitable Trust	-	500
Ammco Charitable Trust	-	500
Ada Oliver Charitable Trust	-	500
J P Jacobs Charitable Trust	-	50
Douglas Heath	-	500
Hudson Charitable Trust	-	1,000
Marjorie and Geoffrey Jones Charitable Trust	-	1,500
Alan Jenkins Stokes Charitable Trust	-	500
Jones 1986 Charitable Trust	-	1,600
Doris Field Charitable Trust	-	1,000
Hope Market Charity	-	3,200
Frognal Trust	-	2,000
Sir John and Lady Amory's Charitable Trust	-	300
Florence Turner Trust	-	500
St Michael and All Saints Churches	-	2,000
	-	28,150

The following amounts have been carried forward and included within creditors due within one year:

Amounts raised in respect to the Lodge £43,200 (2019: £42,200).

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 DECEMBER 2020**

5. RAISING FUNDS

Raising donations and legacies

	2020	2019
	£	£
Costs of Generating Funds	4,338	16,789
Consultancy fees	14,250	10,425
Wages	-	31,848
	<u>18,588</u>	<u>59,062</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 7) £	Support costs (see note 8) £	Totals £
Sailing Trips and Holidays for Beneficiaries	40,556	-	40,556
Support costs	-	8,800	8,800
	<u>40,556</u>	<u>8,800</u>	<u>49,356</u>

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2020	2019
	£	£
Staff costs	-	52,015
Consultancy fees	22,959	17,305
Sailing Trips and Holidays for Beneficiaries	1,496	139,214
Premises costs	8,417	12,770
Telephone and Internet	1,366	2,556
Postage and Stationery	417	2,333
Travel and Subsistence	(33)	4,500
Insurance	1,504	1,277
Computer costs	5,573	4,459
General Expenses	-	744
Bank Charges	144	562
Accountancy and Taxation	(1,597)	4,644
Depreciation	310	1,234
	<u>40,556</u>	<u>243,613</u>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 DECEMBER 2020**

8. SUPPORT COSTS

	Management	Governance	Totals
	£	costs	£
Support costs	6,500	2,300	8,800

Support costs, included in the above, are as follows:

	2020	2019
	Support	Total
	costs	activities
	£	£
Wages	-	11,740
Consultancy fees	6,500	9,840
Independent Examination	2,300	2,340
	8,800	23,920

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2020	2019
	£	£
Depreciation - owned assets	310	1,234

10. TRUSTEES' REMUNERATION AND BENEFITS

One Trustee, Andrew Hayward, received remuneration of £22,000 (2019 : £12,250) in connection with his role as fundraising and marketing consultant. Much of his time was spent managing key relationship and directing the website rebuild project that has been fraught with technical problems.

Trustees' expenses

There were no reimbursed expenses paid to the trustees in the year ended 31st December 2020 (£472 : 2 Trustees 2019).

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted	Restricted	Total
	funds	funds	funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	93,763	-	93,763
Charitable activities			
Sailing Trips and Holidays for Beneficiaries	11,950	16,200	28,150
Investment income	184	-	184
Total	105,897	16,200	122,097
EXPENDITURE ON			
Raising funds	59,062	-	59,062
Charitable activities			
Sailing Trips and Holidays for Beneficiaries	202,623	59,963	262,586

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 DECEMBER 2020**

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
Support costs	4,947	-	4,947
Total	266,632	59,963	326,595
NET INCOME/(EXPENDITURE)	(160,735)	(43,763)	(204,498)

RECONCILIATION OF FUNDS

Total funds brought forward	514,807	54,242	569,049
TOTAL FUNDS CARRIED FORWARD	354,072	10,479	364,551

12. INTANGIBLE FIXED ASSETS

	Computer software £
COST	
At 1 January 2020 and 31 December 2020	1,021
AMORTISATION	
At 1 January 2020 and 31 December 2020	1,021
NET BOOK VALUE	
At 31 December 2020	-
At 31 December 2019	-

13. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 January 2020 and 31 December 2020	1,892	8,791	10,683
DEPRECIATION			
At 1 January 2020	962	8,791	9,753
Charge for year	310	-	310
At 31 December 2020	1,272	8,791	10,063
NET BOOK VALUE			
At 31 December 2020	620	-	620
At 31 December 2019	930	-	930

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 DECEMBER 2020**

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020	2019
	£	£
Other debtors	1,055	2,000
Prepayments and accrued income	4,943	3,403
	<u>5,998</u>	<u>5,403</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020	2019
	£	£
Trade creditors	692	4,627
Social security and other taxes	437	437
Other creditors	-	1,347
Accrued expenses	5,554	6,352
Funding in advance	43,200	42,200
	<u>49,883</u>	<u>54,963</u>

16. MOVEMENT IN FUNDS

	At 1.1.20	Net movement	At
	£	in funds	31.12.20
		£	£
Unrestricted funds			
General fund	11,488	(37,914)	(26,426)
Respite - providing respite to families affected by cancer who are already talking to but are not ready to travel yet.	250,000	-	250,000
Respite - monies set aside for website development to provide a better respite process and improve our digital fundraising capabilities.	12,585	-	12,585
Building - monies set aside to purchase land/buildings to offer a baseline of respite places directly through our own respite facility.	80,000	-	80,000
	<u>354,073</u>	<u>(37,914)</u>	<u>316,159</u>
Restricted funds			
Young Carers	2,000	-	2,000
Families living in Devon.	300	-	300
Families living in Nottinghamshire.	1,600	-	1,600
Families living in Oxfordshire.	3,921	-	3,921
Families living in Worcester.	2,457	-	2,457
Families living in Leicestershire.	200	-	200
	<u>10,478</u>	<u>-</u>	<u>10,478</u>
TOTAL FUNDS	<u>364,551</u>	<u>(37,914)</u>	<u>326,637</u>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 DECEMBER 2020

16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	30,030	(67,944)	(37,914)
TOTAL FUNDS	<u>30,030</u>	<u>(67,944)</u>	<u>(37,914)</u>

Comparatives for movement in funds

	At 1.1.19 £	Net movement in funds £	At 31.12.19 £
Unrestricted funds			
General fund	172,222	(160,734)	11,488
Respite - providing respite to families affected by cancer who are already talking to but are not ready to travel yet.	250,000	-	250,000
Respite - monies set aside for website development to provide a better respite process and improve our digital fundraising capabilities.	12,585	-	12,585
Building - monies set aside to purchase land/buildings to offer a baseline of respite places directly through our own respite facility.	80,000	-	80,000
	514,807	(160,734)	354,073
Restricted funds			
The Neil Vines Trust	14,753	(14,753)	-
Groundwork UK - Sailing for the Community.	11,000	(11,000)	-
From Me to You	17,989	(17,989)	-
Young Carers	-	2,000	2,000
Teen weekends for those living in the South or South East England.	7,000	(7,000)	-
Families living in Devon.	-	300	300
Families living in Nottinghamshire.	-	1,600	1,600
The Terry Hunt Fund.	3,500	(3,500)	-
Families living in Oxfordshire.	-	3,921	3,921
Families living in Worcester.	-	2,457	2,457
Families living in Leicestershire.	-	200	200
	54,242	(43,764)	10,478
TOTAL FUNDS	<u>569,049</u>	<u>(204,498)</u>	<u>364,551</u>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 DECEMBER 2020**

16. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	105,897	(266,631)	(160,734)
Restricted funds			
The Neil Vines Trust	-	(14,753)	(14,753)
Groundwork UK - Sailing for the Community.	-	(11,000)	(11,000)
From Me to You	-	(17,989)	(17,989)
Those living in West Midlands.	1,000	(1,000)	-
Young Carers	2,000	-	2,000
Teen weekends for those living in the South or South East England.	-	(7,000)	(7,000)
Families living in Devon.	300	-	300
Families living in Nottinghamshire.	1,600	-	1,600
The Terry Hunt Fund.	-	(3,500)	(3,500)
Families living in Oxfordshire.	4,600	(679)	3,921
Families living in Worcester.	3,200	(743)	2,457
Respite care.	3,000	(3,000)	-
Families living in Leicestershire.	500	(300)	200
	<u>16,200</u>	<u>(59,964)</u>	<u>(43,764)</u>
TOTAL FUNDS	<u>122,097</u>	<u>(326,595)</u>	<u>(204,498)</u>

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2020.

18. STATUTORY INFORMATION

4 Cancer Group is a Charitable Company, limited by guarantee, registered in England and Wales and has no share capital. No one member has overall control of the Charity.

The Company's registered number and registered office address can be found in the Legal and Administrative Information section of the accounts.