

REGISTERED COMPANY NUMBER: 04303166 (England and Wales)
REGISTERED CHARITY NUMBER: 1090133

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021
FOR
4 CANCER GROUP



F1 CRT Limited
Flat 24 Wellingtonia Court
Laine Close
Brighton
East Sussex
BN1 6TD

4 CANCER GROUP

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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2021

OBJECTIVES AND ACTIVITIES

Objectives And Aims

Our Mission

The 4 Cancer Group exists to help the whole 'family unit' manage the impact of living with cancer.

Why Do We Exist?

Cancer is the toughest fight most of us will ever face. Fifty per cent (50%) of people born in the UK after 1960 will be diagnosed with some form of cancer at some point in their lives. After diagnosis, life is taken over by hospital visits, uncertainty and often financial worries. Cancer patients will often need to stop working as a result of their diagnosis and it is also common for a family member to give up work to care for someone who is terminally ill. It is no surprise therefore that the incidence of clinical depression is up to five times higher in patients with cancer than the general population. (Source: European Journal of Cancer).

Importantly, we recognise that cancer has a profound impact on the whole family unit and not just the diagnosed individual; the 4 Cancer Group's focus on the whole family unit sets us apart. As a specialist respite charity, we provide the whole family with relief from the difficulties of living with cancer. We believe in the 'here and now' and strive to help the whole family unit deal with the emotional burden that a cancer diagnosis can bring.

What Do We Do?

Primary Objective:

Our experience since 2001 shows that 'time out' with the family provides tangible benefits for both mental and physical health. Over the past twenty one years we have developed a diverse and flexible respite portfolio which is designed to fit around complex treatment plans.

From family days out to longer respite breaks in both the UK and abroad, we give families living with cancer something to look forward to at the end of arduous treatment schedules. Our ultimate objective is to 'create memories which last a lifetime'.

Given that a significant number of people we help are terminally ill, the creation of positive memories is of fundamental importance, especially for the family members left behind if the cancer patient later dies. Such trips also help the recently bereaved come to terms with their loss and gives them a positive focus in the months after a loved one has died.

Designed with relaxation in mind, most of our respite activities also give people the opportunity to keep physically active. Keeping active could help to prevent more than 3,000 cases of cancer every year in the UK. (Source: Cancer Research UK).

Secondary Objectives:

(1) To make grants to UK based cancer care institutions. We recognise that good palliative care can make all the difference to both the cancer patient and their wider family. With a focus on 'end of life' care and support, we make grants to hospices and other care institutions to help people in the latter stages of their illness.

(2) Given that we are committed to continuous improvement, research is a key component of our work. We constantly monitor the impact of our respite programmes to ensure that they are delivering maximum benefit. In addition to our own quantitative and qualitative research, we work closely with Loughborough University and the University of Brighton to ensure we properly understand the needs of the families we help. We are also very interested in the emerging research that both exercise and spending time at altitude can offer a range of health benefits to cancer patients and non-cancer patients alike. Given that elements of our respite programme encourage people to 'get active' and also to spend time in an alpine environment, these are also important areas of focus.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2021

OBJECTIVES AND ACTIVITIES

2021 Summary

The past two years (2020 and 2021) have been the most challenging years in the charity's twenty one year history. The COVID-19 pandemic greatly hindered the charity's ability to both provide respite services and to raise funds.

Fundraising income for 2021 grew to £85,241 compared to £30,030 last year (2020). Income levels in 2021 and 2020 were significantly less than pre-pandemic levels however. By comparison, for the five years preceding the pandemic the charity raised an average annual income of £400,000.

This drastic reduction in income has meant that the charity has had to undergo a far reaching cost cutting exercise. This has seen us move offices twice and switch away from an employed / salaried staff structure to a sub-contractor model.

Despite the marked reduction in income and the loss of some highly trusted employees, the charity was still able to provide 583 respite days in 2021 to 150 people. This is a significant achievement as we were only able to operate for five months in 2021 (August to December) due to lockdown.

Whilst this marks a significant improvement over 2020 levels, when we were able to provide just 60 respite days before the pandemic struck, this is still much lower than pre-pandemic levels. By comparison we delivered an average of 2,841 respite days every year in the five years preceding the pandemic. We helped an average of 610 people every year over the same five year term.

The return to respite operations has not been straightforward however. Unfortunately, many patients on our waiting at the start of the pandemic went on to die before we were able re-commence operations. Similarly, since most of our cancer patients are classed as 'immunocomprised' (i.e. they have an impaired immune system as a result of their cancer diagnosis), many families could simply not take the risk of using shared holiday facilities (for example at holiday parks) in late 2021.

Although now behind schedule, the charity still hopes to hit its 'Century Of Respite' target (36,500 respite days) by the end of 2025. We were trailing the target by 697 days at the end of 2021 which was only made possible because we exceeded our annual respite day target every year in the five years preceding the pandemic.

Since 2001, we have helped 6,258 people and provided 27,803 respite days. When viewed as whole, this represents just over 76 years of respite (76.17 years).

Public Benefit, Charitable Cooperation And Fiscal Sponsorship

The activities detailed in this report are a targeted effort to bring families closer together, to help them forget about the cancer that has been dictating their lives and to help them fight on whilst a cure for cancer is found.

We continue to have significant public benefit according to feedback from beneficiary families - as verified by the University of Brighton. Our jointly funded PhD programme with the university is focused on shaping future services to ensure that we are helping families in the best possible way.

The Trustees confirm they have had due regard to the guidance provided by the Charity Commission and duties set out in Section 17 (5) of the Charity Act 2011 in respect of public benefit.

As part of our fiscal sponsorship programme we welcomed two other organisations into the 4 Cancer Group, namely the 'Neil Vines Trust' and 'From Me To You'. From Me To You has since become independent thanks to the helping hand we gave them in their early years.

We also continue to work collaboratively alongside other charitable organisations such as NHS Trusts, Macmillan, Sailing Heals, National Community Boats Association, Caring Cancer Trust, CLIC Sargeant, Youth Cancer Trust, Something To Look Forward To and The Teenage Cancer Trust in the delivery of quality respite.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2021

ACHIEVEMENT AND PERFORMANCE

Charitable Activities

Targets

To meet our objectives, the Trustees agreed upon a series of medium and long-term targets in late 2016. These can be summarised as follows:

Medium Term Target - A Century Of Respite

By the end of 2016, we had provided 17,951 respite days to 4,062 people since the charity started in 2001. This represented the equivalent of just under 50 years (half a century) of respite days when viewed as a whole. Consequently, the Trustees decided in late 2016 to set a medium-term target to reach 100 years (a century) of respite days and to help a further 4,000 people.

Based on an average of the charity's output for the previous three years, we set an ambitious mini-mum target to provide 2,000 respite days to circa 400 people every year. By setting a baseline service level we set a target of the end of 2025 to achieve the 100 year target. Given the first 50 years had taken us nearly 16 years to achieve, the target would require us to deliver the same number of respite days in roughly half that time-frame (8 years).

When working towards this target we continue to ensure that we:

- Help the whole 'family unit' manage the impact of living with cancer
- Create memories for families which last a lifetime
- Promote an active lifestyle to help lower cancer incidence and assist in recovery
- Strive to improve the standards of 'end-of-life' care

Target Update

Due to COVID-19 lockdown restrictions, we were only able to operate for 5 months in 2021 (between August and December). Despite this we managed to help 150 people and provide 583 respite days, the equivalent of 1.60 years of respite days.

To be on schedule to meet our '100 years of respite' target by the end of 2025, we needed to have delivered 28,500 days of respite (equivalent of 72.6 years) by the end of 2021. Despite our best efforts, we are now trailing our 2025 target schedule by 697 respite days.

Year	Number of People	Respite Days Provided	Cumulative Respite Days Provided	Cumulative Years of Respite Delivered
2001	0	0	0	0.00
2002	2	2	2	0.01
2003	35	36	38	0.10
2004	57	91	129	0.35
2005	243	798	927	2.54
2006	195	891	1,818	4.98
2007	180	1,004	2,822	7.73
2008	246	755	3,577	9.80
2009	255	1,060	4,637	12.70
2010	305	1,648	6,285	17.22
2011	330	1,404	7,689	21.07
2012	390	1,764	9,453	25.90
2013	340	1,421	10,874	29.79
2014	468	2,078	12,952	35.48
2015	539	2,286	15,238	41.75
2016	477	2,713	17,951	49.18
2017	635	2,813	20,764	56.89
2018	853	3,914	24,678	67.61
2019	545	2,482	27,160	74.41
2020	13	60	27,220	75.58

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REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 DECEMBER 2021**

2021	150	583	27,803	76.17
End of 2025 Target	8,000	36,500	36,500	100 Years

Long Term Target (Post 2025) - 10,000 People / 1,000 People Every Year

When we hit our '100 Years Of Respite' target (hopefully by the close of 2025), we forecast that we will have helped in the region of 8,000 people. The next logical target thereafter is to reach the obvious milestone of helping 10,000 people in total. By the end of 2021, we had helped 6,258 people.

Every day, nearly 1,000 people in the United Kingdom are told they have some form of cancer (Source: Cancer Research UK). Our longer term objective is therefore to provide respite services for 1,000 people every year. However, we are fully aware that this is a very ambitious target.

Costs Of Respite Delivery

Due to the COVID-19 pandemic respite operations at the charity were terminated in early February 2020 and did not recommence until early August 2021.

The charity's respite cost data for 2021 is skewed due to the fact that we were only able to provide respite services for 20 weeks out of 52 due to lockdown etc. Also, the administrative challenge and associated cost of managing multiple cancellations and re-bookings due to COVID-19 has been significant.

Despite this, the direct cost of delivering a respite day was £71.14 which is comparable to our 2018 levels (£70.48).

Who Are Our Beneficiaries?

We continue to broaden the group of people whom we help (our beneficiaries) in terms of cancer type, geographical coverage (UK) and age. Our approach is 100% inclusive in that we provide respite for people of all ages, with any type of cancer, with any disability resulting from cancer (where possible) and at any stage of treatment. For example, the youngest patient we have helped was 20 months and the oldest was 79. We have helped families as far South as Cornwall to Fife in Scotland.

Importantly, we recognise that cancer affects the whole family unit and not just the person who is diagnosed with the disease. Because cancer does not discriminate, neither do we. We help people from any background or socio-demographic group and we rely on our extensive network of medical professionals and partner organisations from across the UK to refer families who are most in need of our help.

What We Deliver

For the majority of our beneficiary families, their lives have been totally taken over by cancer. As a consequence of all the hospital appointments, complex treatment plans and assessments, families spend much less time with one another. Holidays and short breaks, traditionally the main time of the year when families spend quality time together, are usually the first casualty. And aside from the time constraints, few families can afford to spend time away from home with one another due to the financial impact of a cancer diagnosis. It is very common for one or both parents to give up work to act as a carer.

We continue to develop bespoke respite programmes which accommodate delicate health needs, complex treatment schedules, depleted finances and wider family circumstances. The end result is a respite break tailored to each family where all they need to do is turn up and enjoy some special time with one another. For those families who are truly struggling financially, we add spending vouchers or a dining plan to their break so that they can enjoy their time together without worrying about extra costs.

We also experience the tragedy and unpredictability of working with families who are dealing with a terminal diagnosis. It is becoming more common for the patient's health to worsen suddenly and they die before their holiday is taken. In this instance, some families still choose to take their break as a chance to reflect and remember their loved one away from the continual reminders at home.

2021 Respite Portfolio:

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REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 DECEMBER 2021**

Due to the pandemic, our 2021 operations were limited to:

- UK park holidays (Nationwide)
- Sailing days on Lake Windermere (Lake District)
- Isle of Wight breaks (South Coast)

We continue to be very grateful to a number of organisations who provide a very sympathetic service to our beneficiaries. These include Haven, Butlins, Center Parcs, Wightlink and Windermere Lake Cruises.

Feedback From People We Have Helped

We measure a number of factors to understand our impact. Both quantitative and qualitative feedback is collected in addition to evaluating the wellbeing of our beneficiaries post-delivery. Of key significance are our research partnerships with Loughborough University with the University of Brighton who are helping us to continuously improve what we do.

What Our Beneficiaries Said In 2021

Each respite day we deliver is designed to give families a break from the trauma of living with cancer. Whether on a boat, in the middle of a forest, up a mountain or down by the sea, our respite days are full of fresh air, fun and togetherness.

Each break is specifically designed to create lasting memories. We aim to recharge batteries, to strengthen bonds and to give families the energy to carry on the daily battle that is 'living with cancer'.

Below is a testimonial from just one of the 150 people we helped in 2021. The difference we continue to make to peoples' lives is clear:

My name is Caroline and I am 37 years old. I am married with a 3-year-old daughter and I was diagnosed with cancer in June 2020.

Since my diagnosis I have felt miserable and lonely. I have had 16 months of non-stop medical appointments and I regularly feel ill and weak. I am also anxious about the future and feeling guilty for not spending enough quality time with my family.

Receiving this gift was like a breath of fresh air! You gave me an opportunity to appreciate all the beautiful scenery around and spend quality time with my family. I felt a lot lighter and brighter afterwards. This gave us wonderful activities to do as a family and take our minds off cancer and all the negative stuff for a while.

Thank you so much. I am so touched that there are people out there who care enough for others who are experiencing hard times. Thanks for allowing myself and my family to just be ourselves and have fun. We all thoroughly enjoyed the experience and the opportunity to get out and about in nature. I am so grateful.

Caroline

FINANCIAL REVIEW

Financial Position

Total incoming resources for the year were £85,241 (£30,030 in 2020) and resources expended £84,978 (£67,944 in 2020).

There was a retained deficit for the year on unrestricted activities of £21,027 (2020 deficit £37,914) and this has been deducted from the reserves brought forward of £(26,426), and after transfer from designated reserves of £150,000, to leave £102,547 which will be carried forward.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2021

FINANCIAL REVIEW

Reserves Policy

In 2021 we have three specific designations in the accounts:

- 1) Given we have a 6 to 18 month waiting list for respite services, the 4 Cancer Group has a policy of holding at least 18 months of respite. £100,000 has been designated for this purpose.
- 2) IT Investment of £12,585 for 2021 website developments to provide a better respite process and improve our digital fundraising capabilities.
- 3) Building fund of £80k to purchase land/buildings to offer a baseline of respite places directly through our own respite facility.

The completely unrestricted reserves are therefore £102,547 after subtracting the designated funds. Unrestricted expenditure during the year was £83,978 and the charity aims to hold the equivalent of 6 months in reserve. This is to enable the charity to provide a cushion against unexpected events, losses of income, large unbudgeted expenses and to take advantage of future investing opportunities.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2021

FUTURE PLANS

2022: Looking Forward

The Trustees set a number of focus areas for 2022:

Cost Reduction:

The COVID-19 pandemic placed the charity under huge financial strain. The cancellation of mass participation sporting events such as marathons and other endurance events, meant that this important fundraising channel completely dried up in 2020 and recovery in 2021 was very slow in-deed.

Similarly, continued low interest rates in 2021 meant that many grant and trust making bodies were not in a position to make grants to charities as their funds did not grow over the previous 12 months. Of the grant making bodies that were able to make disbursements, many directed all avail-able funds to COVID-19 related relief projects and understandably so.

Lastly, the travel industry was immeasurably impacted by both Brexit and the pandemic. The cost of holidays has increased markedly as travel companies have tried to recoup some of their losses from 2020 and 2021. Consequently, our ability to buy in holidays at discounted rates has been severely impinged.

Similarly, many travel companies have been unable to raise funds for us due to the change in focus. The industry as a whole was an important source of fundraising for the charity before the pandemic so this represents another loss. Several of our travel industry partners went bankrupt in 2020 and 2021 and several promised donations never materialized.

To combat these challenges, we completed an ambitious cost cutting programme in 2020 which continued into 2021. This resulted in a 65% reduction in administration costs. At the start of 2019 the charity employed seven people but by the end of 2020 we had moved to an entirely outsourced staff model. Similarly, over the same period we have moved offices twice, reducing office expenditure considerably. We now just have a small storage unit for charity related merchandise.

Post COVID-19 Respite:

The needs of our beneficiary families have changed as a result of the pandemic. Most of our cancer patients are classed as 'immunocomprised' (i.e. they have an impaired immune system as a result of their cancer treatment) and consequently they may not be able to stay with holiday providers that we have worked with for many years. With the lingering threat of COVID, some of our families will simply not want to take the risk of using shared holiday facilities at holiday parks, onboard cruise ships etc.

Whilst enhanced cleaning can help to mitigate much of the risk of COVID infection from a group staying in accommodation prior to our families arriving, we need to manage this very carefully. The cost of accommodation is likely to increase as a result and we may need to introduce a 24 hour or 48 hour 'spacer' periods between guests checking out and checking in.

Similarly, the increased demand for UK based holiday accommodation generally (as a result of the pandemic) has meant that demand and prices have soared. This will only serve to increase the daily cost of sourcing UK accommodation in the short to medium term. The need to own our own holiday accommodation is therefore growing in importance.

Respite Lodge Fund:

In 2017, we announced the need to purchase land and or buildings so that we could start to supply respite breaks directly to beneficiary families, thereby removing our reliance on third party holiday providers. This was in direct response to the charity's growing inability to source holidays at dis-counted rates, especially during school holiday periods. Similarly, the weak Pound (due to Brexit) had meant that our ability to source overseas holidays had also weakened.

By owning our own respite facility, we will be able to fix a large percentage of our respite costs whilst also providing availability throughout the year at a constant cost. We can also ensure that cleaning standards are kept at the highest level to protect vulnerable families where a family member is immunocompromised.

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REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 DECEMBER 2021**

We launched this new initiative in 2017 with a designation of £80K from our own reserves. Since then we have been focused on growing the size of the fund in preparation for direct investment. By the end of 2018 we had received pledges for an additional £47K but this figure dropped to £26K as a consequence of the pandemic. Understandably, several trusts redirected funds elsewhere to help combat the COVID-19 pandemic. However, we are happy to report that the fund had grown to £33K by the end of 2021.

Website Project:

We instructed a website development company to build the charity six new websites in late 2019. Two of the six websites were launched in 2020 but due to a string of technical issues progress has been painfully slow. At the time of writing (August 2022) three websites have been migrated into WordPress but more work is needed to complete the project.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 11 October 2001 (Company Number 4303166) and registered as a Charity on 17 January 202 (Charity Number 1090133).

The Charity initiated its operations on 25 April 2001.

The Company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. Under those Articles, the members of the Board of Directors/Trustees are re-elected at each AGM.

Organisational Structure

The 4 Cancer Group is made up of five fundraising divisions: Sail 4 Cancer, Ski 4 Cancer, Run 4 Cancer, Bike 4 Cancer and The Neil Vines Trust. We continue to refine our structure so that we can support more families affected by cancer every year.

We started 2021 with three voluntary trustees and finished the year with the same number. We said farewell to Andrew Wilkinson this year and we thank him for his five years of service. We also welcomed Andrew Nicholson on to the team. The current trustee team consists of a shipping materials specialist, a marketing consultant and a senior manager from within the travel industry.

Over the past two years the charity has drastically changed its staffing model, moving from a salaried team of seven people in 2019 to no employees in 2020. Where needed the charity now brings in the services of specialists at lowered commercial rates to perform specific activities. These include, financial management, book keeping, respite holiday booking, marketing and fundraising.

We also have a number of volunteer patrons and ambassadors. These include Admiral Of The Fleet Lord Boyce KG GCB OBE KStJ DL, Sir Ben Ainslie OBE, Andrew Pindar OBE DL, Dee Caffari MBE, Franz Klammer, Graham Bell and Eddie 'The Eagle' Edwards.

People

Our management approach is to employ a small and efficient team and to bring in experts on a contracted and temporary basis where needed e.g. marketing, event management, IT etc. At the start of every year, everyone is set personal objectives in line with the charity's overall aims for the year. In 2021, the charity employed four people on a part-time basis, one of whom is a trustee.

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REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 DECEMBER 2021**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk Management

The Trustee board reviewed a number of principal risks and uncertainties during 2021, namely:

- The continuation of COVID-19 and its impact on our ability to both provide respite services and raise funds
- The increasing cost of UK holidays due to overseas travel being banned / made difficult
- The increased risk of beneficiary families using shared holiday facilities
- The increased need for enhanced cleaning of holiday accommodation before check-in
- Dependence on event income (e.g. London Marathon) and the impact of this on fundraising
- Dependence on the travel industry as a source of income during the pandemic
- The ongoing need for better technology (websites) to raise funds
- The impact that Brexit is having on (a) the costs of overseas holidays, (b) the increasing cost of UK breaks as a consequence of (a), and (c) the diminishing income from Grant & Trust bodies due to lowered interest rates
- The ongoing need to measure the psychological and physiological impact of the charity's services
- The opportunities and risks that GDPR and Vulnerable Adults / Child Protection policies will bring to us in 2021 and beyond

The Board has strategies and controls in place to mitigate the operational risks highlighted above.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company Number

04303166 (England and Wales)

Registered Charity Number

1090133

Registered Office

35 Lavant Street
Petersfield
GU32 3EL

Trustees

A J Hayward
A J B Nicholson (appointed 28.5.21)
P Tyler
A S Wilkinson

Company Secretary

A J Hayward

Independent Examiner

Christopher Robert Tyler FCA DChA FCIE
Institute of Chartered Accountants in England and Wales
F1 CRT Limited
Flat 24 Wellingtonia Court
Laine Close
Brighton
East Sussex
BN1 6TD

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of 4 Cancer Group for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

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REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 DECEMBER 2021**

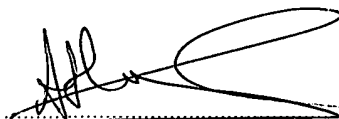
STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 22/9/22 and signed on its behalf by:



A J Hayward - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
4 CANCER GROUP**

Independent examiner's report to the trustees of 4 Cancer Group ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Christopher Robert Tyler FCA DChA FCIE
Institute of Chartered Accountants in England and Wales
F1 CRT Limited
Flat 24 Wellingtonia Court
Laine Close
Brighton
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BN1 6TD

Date: 23rd September 2022

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STATEMENT OF FINANCIAL ACTIVITIES **FOR THE YEAR ENDED 31 DECEMBER 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	62,934	22,290	85,224	29,912
Investment income	3	17	-	17	118
Total		62,951	22,290	85,241	30,030
EXPENDITURE ON					
Raising funds	4	37,851	-	37,851	18,588
Charitable activities	5				
Sailing Trips and Holidays for Beneficiaries		40,472	1,000	41,472	40,556
Support costs		5,655	-	5,655	8,800
Total		83,978	1,000	84,978	67,944
NET INCOME/(EXPENDITURE)		(21,027)	21,290	263	(37,914)
RECONCILIATION OF FUNDS					
Total funds brought forward		316,159	10,478	326,637	364,551
TOTAL FUNDS CARRIED FORWARD		295,132	31,768	326,900	326,637

The notes form part of these financial statements

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BALANCE SHEET **31 DECEMBER 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	12	310	-	310	620
CURRENT ASSETS					
Debtors	13	6,800	-	6,800	5,998
Cash at bank		329,950	31,768	361,718	369,902
		<u>336,750</u>	<u>31,768</u>	<u>368,518</u>	<u>375,900</u>
CREDITORS					
Amounts falling due within one year	14	(41,928)	-	(41,928)	(49,883)
NET CURRENT ASSETS		<u>294,822</u>	<u>31,768</u>	<u>326,590</u>	<u>326,017</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>295,132</u>	<u>31,768</u>	<u>326,900</u>	<u>326,637</u>
NET ASSETS		<u>295,132</u>	<u>31,768</u>	<u>326,900</u>	<u>326,637</u>
FUNDS	15				
Unrestricted funds				295,132	316,159
Restricted funds				<u>31,768</u>	<u>10,478</u>
TOTAL FUNDS				<u>326,900</u>	<u>326,637</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2021.

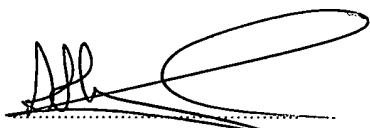
The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 22/9/22 and were signed on its behalf by:


A J Hayward - Trustee

The notes form part of these financial statements

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS **FOR THE YEAR ENDED 31 DECEMBER 2021**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015)', Financial Reporting Standard FRS102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The trustees/directors consider that there are no material uncertainties about the company's ability to continue as a going concern. The trustees have taken advantage of the various sources of Government support during the COVID-19 pandemic and consider that it will not have a significant impact on the company's ability to continue trading. Income from trading activities is expected to reduce due to the lockdown conditions and steps are being taken to make cost savings. The trustees regard any impact to be short term rather than affecting the company's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts

Income

All income is recognised in the Statement of Financial Activities (SOFA) once the charity has legal entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income from donations is accounted for as received by the charity. The income from fundraising ventures is shown gross, with the associated costs included in fundraising costs. The value of voluntary work is not included in the financial statements.

Grants are recognised in full in the SOFA in the year in which they are receivable. Grants for the purchase of fixed assets are credited to restricted income when they are receivable. Where the use of the asset is restricted, depreciation is charged against the restricted fund. Where the use of the asset is not restricted it is transferred to the general fund.

Other income, including investment income and commissions, is recorded on an accruals basis.

For legacies, entitlement is taken on a case by case basis as the earlier on the date on which the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. If the legacy is in the form of an asset other than cash or an asset listed on a recognised stock exchange, recognition is subject to the value of the asset being able to be reliably measured and title to the asset has passed to the charity. Where legacies have been notified to the charity or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure, including irrecoverable VAT, is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds

Costs of generating voluntary income includes relevant fundraising and publicity costs.

Charitable activities

Costs of charitable activities comprise direct expenditure. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 DECEMBER 2021**

1. ACCOUNTING POLICIES - continued

Expenditure

Support costs

Support costs include those costs, such as independent examiners' fees, associated with constitutional and statutory requirements.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life :

Fixtures and fittings - 20% on cost

Computer equipment - 50% on cost

Assets costing less than £500 are written off to the Statement of Financial Activities.

Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK Corporation Tax purposes. Accordingly the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements

2. DONATIONS AND LEGACIES

	2021	2020
	£	£
Donations	85,224	29,912

3. INVESTMENT INCOME

	2021	2020
	£	£
Deposit account interest	17	118

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 DECEMBER 2021**

4. RAISING FUNDS

Raising donations and legacies

	2021	2020
	£	£
Costs of Generating Funds	23,113	4,338
Consultancy fees	14,738	14,250
	<u>37,851</u>	<u>18,588</u>

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 6) £	Support costs (see note 7) £	Totals £
Sailing Trips and Holidays for Beneficiaries	41,472	-	41,472
Support costs	-	5,655	5,655
	<u>41,472</u>	<u>5,655</u>	<u>47,127</u>

6. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2021	2020
	£	£
Consultancy fees	24,238	22,959
Sailing Trips and Holidays for Beneficiaries	7,225	1,496
Premises costs	2,639	8,417
Telephone and Internet	294	1,366
Postage and Stationery	386	417
Travel and Subsistence	141	(33)
Insurance	1,488	1,504
Computer costs	3,010	5,573
General Expenses	194	-
Bank Charges	951	144
Accountancy and Taxation	596	(1,597)
Depreciation	310	310
	<u>41,472</u>	<u>40,556</u>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 DECEMBER 2021

7. SUPPORT COSTS

	Management £	Governance costs £	Totals £
Support costs	5,975	(320)	5,655

Support costs, included in the above, are as follows:

	2021 Support costs £	2020 Total activities £
Consultancy fees	5,975	6,500
Independent Examination	(320)	2,300
	5,655	8,800

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021 £	2020 £
Depreciation - owned assets	310	310
Independent Examination	1,200	2,300
Independent Examination - overprovision in previous year	(1,520)	-

9. TRUSTEES' REMUNERATION AND BENEFITS

One Trustee, Andrew Hayward, received remuneration of £23,500 (2020: £22,000) in connection with his role as fundraising and marketing consultant. Much of his time was spent managing key relationship and directing the website rebuild project that has been fraught with technical problems.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2021 nor for the year ended 31 December 2020.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	29,912	-	29,912
Investment income	118	-	118
Total	30,030	-	30,030
EXPENDITURE ON			
Raising funds	18,588	-	18,588
Charitable activities			
Sailing Trips and Holidays for Beneficiaries	40,556	-	40,556
Support costs	8,800	-	8,800

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 DECEMBER 2021

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
Total	67,944	-	67,944
NET INCOME/(EXPENDITURE)	(37,914)	-	(37,914)
RECONCILIATION OF FUNDS			
Total funds brought forward	354,073	10,478	364,551
TOTAL FUNDS CARRIED FORWARD	316,159	10,478	326,637

11. INTANGIBLE FIXED ASSETS

COST

At 1 January 2021 and 31 December 2021

Computer
software
£
1,021

AMORTISATION

At 1 January 2021 and 31 December 2021

1,021

NET BOOK VALUE

At 31 December 2021

-

At 31 December 2020

-

12. TANGIBLE FIXED ASSETS

COST

At 1 January 2021 and 31 December 2021

Fixtures and fittings £	Computer equipment £	Totals £
1,892	8,791	10,683

DEPRECIATION

At 1 January 2021

1,272 8,791 10,063

Charge for year

310 - 310

At 31 December 2021

1,582 8,791 10,373

NET BOOK VALUE

At 31 December 2021

310 - 310

At 31 December 2020

620 - 620

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 DECEMBER 2021

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Other debtors	-	1,055
Prepayments and accrued income	6,800	4,943
	<u>6,800</u>	<u>5,998</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade creditors	5,636	692
Social security and other taxes	468	437
Accrued expenses	2,624	5,554
Funding in advance	33,200	43,200
	<u>41,928</u>	<u>49,883</u>

15. MOVEMENT IN FUNDS

	At 1.1.21	Net movement in funds	Transfers between funds	At 31.12.21
	£	£	£	£
Unrestricted funds				
General fund	(26,426)	(21,027)	150,000	102,547
Respite - providing respite to families affected by cancer who are already talking to but are not ready to travel yet.	250,000	-	(150,000)	100,000
Respite - monies set aside for website development to provide a better respite process and improve our digital fundraising capabilities.	12,585	-	-	12,585
Building - monies set aside to purchase land/buildings to offer a baseline of respite places directly through our own respite facility.	80,000	-	-	80,000
	<u>316,159</u>	<u>(21,027)</u>	<u>-</u>	<u>295,132</u>
Restricted funds				
Young Carers	2,000	-	-	2,000
Families living in Devon.	300	-	-	300
Families living in Nottinghamshire.	1,600	500	-	2,100
Families living in Oxfordshire.	3,921	-	-	3,921
Families living in Worcester.	2,457	-	-	2,457
Families living in Leicestershire.	200	250	-	450
Families living in the South of England	-	12,500	-	12,500
Families living in Hull and East Yorkshire	-	5,000	-	5,000
Families living in Berkshire	-	3,000	-	3,000
Families living in Kent	-	40	-	40
	<u>10,478</u>	<u>21,290</u>	<u>-</u>	<u>31,768</u>
TOTAL FUNDS	<u>326,637</u>	<u>263</u>	<u>-</u>	<u>326,900</u>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 DECEMBER 2021

15. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	62,951	(83,978)	(21,027)
Restricted funds			
Families living in Nottinghamshire.	500	-	500
Families living in Leicestershire.	250	-	250
Families living in the South of England	12,500	-	12,500
Families living in Hull and East Yorkshire	5,000	-	5,000
Families living in Berkshire	3,000	-	3,000
Families living in Kent	1,040	(1,000)	40
	<u>22,290</u>	<u>(1,000)</u>	<u>21,290</u>
TOTAL FUNDS	<u>85,241</u>	<u>(84,978)</u>	<u>263</u>

Comparatives for movement in funds

	At 1.1.20 £	Net movement in funds £	At 31.12.20 £
Unrestricted funds			
General fund	11,488	(37,914)	(26,426)
Respite - providing respite to families affected by cancer who are already talking to but are not ready to travel yet.	250,000	-	250,000
Respite - monies set aside for website development to provide a better respite process and improve our digital fundraising capabilities.	12,585	-	12,585
Building - monies set aside to purchase land/buildings to offer a baseline of respite places directly through our own respite facility.	80,000	-	80,000
	<u>354,073</u>	<u>(37,914)</u>	<u>316,159</u>
Restricted funds			
Young Carers	2,000	-	2,000
Families living in Devon.	300	-	300
Families living in Nottinghamshire.	1,600	-	1,600
Families living in Oxfordshire.	3,921	-	3,921
Families living in Worcester.	2,457	-	2,457
Families living in Leicestershire.	200	-	200
	<u>10,478</u>	<u>-</u>	<u>10,478</u>
TOTAL FUNDS	<u>364,551</u>	<u>(37,914)</u>	<u>326,637</u>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 DECEMBER 2021.**

15. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	30,030	(67,944)	(37,914)
TOTAL FUNDS	<u>30,030</u>	<u>(67,944)</u>	<u>(37,914)</u>

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2021.

17. STATUTORY INFORMATION

4 Cancer Group is a Charitable Company, limited by guarantee, registered in England and Wales and has no share capital. No one member has overall control of the Charity.

The Company's registered number and registered office address can be found in the Legal and Administrative Information section of the accounts.