COMPANIES HOUSE

REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2018 FOR 4 CANCER GROUP

Chariot House Limited Chartered Accountants 44 Grand Parade Brighton East Sussex BN2 9QA



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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2018

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st December 2018. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2018

OBJECTIVES AND ACTIVITIES
Objectives and aims
Our Mission

The 4 Cancer Group exists to help the whole 'family unit' manage the impact of living with cancer.

Why Do We Exist?

Cancer is the toughest fight most of us will ever face. Forty per cent (40%) of people in the UK will be diagnosed with cancer at some point in their lives. After diagnosis, life is taken over by hospital visits, uncertainty and often financial worries. Cancer patients will often need to stop working as a result of their diagnosis and it is also common for a family member to give up work to care for someone who is terminally ill. It is no surprise therefore that the incidence of clinical depression is up to five times higher in patients with cancer than the general population. (Source: European Journal of Cancer).

Importantly, we recognise that cancer has a profound impact on the whole family unit and not just the diagnosed individual. As a specialist respite charity, we provide relief from the difficulties of living with cancer. We believe in the 'here and now' and strive to help families deal with the emotional burden that a cancer diagnosis can bring.

What Do We Do?

Primary Objective:

Our experience since 2001 shows that 'time out' with the family provides tangible benefits for both mental and physical health. Over the past eighteen years we have developed a diverse and flexible respite portfolio which is designed to fit in around treatment plans.

From family days out to longer respite breaks in both the UK and abroad, we give families living with cancer something to look forward to at the end of arduous treatment schedules. Our ultimate objective is to "create memories which last a lifetime".

Given that a significant number of people we help are terminally ill, the creation of positive memories is of fundamental importance, especially for the family members left behind if the cancer patient later dies. Such trips also help the recently bereaved to come to terms with their loss and gives them a positive focus in the months after a loved one has died.

Designed with relaxation in mind, most of our respite activities also give people the opportunity to keep physically active. Keeping active could help to prevent more than 3,000 cases of cancer every year in the UK. (Source: Cancer Research UK).

Secondary Objectives:

- (1) To make grants to UK based cancer care institutions. We recognise that good palliative care can make all the difference to both the cancer patient and their wider family. With a focus on 'end of life' care and support, we make grants to hospices and other care institutions to help people in the latter stages of their illness.
- (2) Given that we are committed to continuous improvement, research is a key component of our work. We constantly monitor the impact of our respite programmes to ensure that they are delivering maximum benefit. In addition to our own quantitative and qualitative research, we work closely with the University of Brighton to ensure we properly understand the needs of the families we help. We are also very interested in the emerging research that both exercise and spending time at altitude can offer a range of health benefits to cancer patients and non-cancer patients alike. Given that elements of our respite programme encourage people to 'get active' and also to spend time in an al-pine environment, these are also important areas of focus.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2018

OBJECTIVES AND ACTIVITIES Objectives and aims Targets

To meet our objectives, the Trustees agreed upon a series of medium and long-term targets in late 2016. These can be summarised as follows:

Medium Term Target - A Century Of Respite

By the end of 2016, we had provided 17,951 respite days to 4,062 people since the charity started in 2001. This represented the equivalent of just under 50 years (half a century) of respite days when viewed as a whole. Consequently, the Trustees decided in late 2016 to set a medium-term target to reach 100 years (a century) of respite days and to help a further 4,000 people.

Based on an average of the charity's output for the previous three years, we set a minimum annual target of 2,000 respite days to circa 400 people. By setting a baseline service level we set a target of the end of 2025 to achieve the 100 year target. Given the first 50 years had taken us nearly 16 years to achieve, the target would require us to deliver the same number of respite days in roughly half that time-frame (8-9 years).

When working towards this target we will continue to ensure that we:

- Help the whole 'family unit' manage the impact of living with cancer
- Create memories for families which last a lifetime
- Promote an active lifestyle to help lower cancer incidence and assist in recovery
- Strive to improve the standards of 'end-of-life' care

Target Update

Over the course of 2018 we helped 853 people and provided 3,914 respite days - the equivalent of 10.7 years. This means that for every day of the year there were 10 or more people away on some sort of respite break. On average, each person benefitted from just under five days of respite.

The 4 Cancer Group helped more people living with cancer and in 2018 and provided more respite days than in any previous year (the charity was set up in 2001). This improves upon last year's achievements (2017), which at that time represented the charity's best ever year in terms of impact.

Compared to 2017, we helped 34% more people in 2018 (853 people versus 635). We provided 39% more respite days in 2018 compared to 2017 (3,914 versus 2,813). In addition, we continue to improve the efficiency of our respite operation. Please see the 'Costs of Respite Delivery' section for more detail.

To hit our 100 year target, we needed to have delivered 22,250 days of respite (61 years) by the end of 2018. We are very pleased to report therefore that we have delivered over 67.5 years of respite days if viewed as a whole (24,678 days). We are over 2,000 respite days or one year ahead of schedule. In the same period, we have helped 5,550 people.

Year	Numbe r of People	Respite Days Provided	Cumulative Respite Days Provided	Cumulative Years of Respite Delivered
2001	0	0	0	0.00
2002	2	2	2	0.01
2003	35	36	38	0.10
2004	57	91	129	0.35
2005	243	798	927	2.54

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2018

OBJECTIVES AND A	ACTIVITIE	ES		
Objectives and aims				
2006	195	891	1,818	4.98
2007	180	1,004	2,822	7.73
2008	246	755	3,577	9.80
2009	255	1,060	4,637	12.70
2010	305	1,648	6,285	17.22
2011	330	1,404	7,689	21.07
2012	390	1,764	9,453	25.90
2013	340	1,421	10,874	29.79
2014	468	2,078	12,952	35.78
2015	539	2,286	15,238	41.75
2016	477	2,713	17,951	49.18
2017	635	2,813	20,764	56.89
2018	835	3,914	24,678	67.61
End of 2025 Target				

End of 2025 Target

Long Term Target (Post 2025) - Help 1,000 People Every Year

Every day, nearly 1,000 people in the United Kingdom are told they have some form of cancer (Source: Cancer Research UK). Our longer term objective (after 2025) is to provide respite services for 1,000 people every year.

Are We On Target?

In 2018 we provided respite services to 853 people. Although our 'help 1,000 people a year' target is meant to become effective in 2025, we are very encouraged by our 2018 achievements. If we can secure the right level of funding after 2025, this target should be sustainable.

Costs of Respite Delivery

To carry out our charitable activities in 2018, we spent a total of £311K compared to £248K in 2017 and £221K in 2016. This represents a 41% increase over the three year term.

We are also very pleased to report that the direct cost of helping each person was £331 in 2018 compared to £377 in 2017 and £505 in 2016. This represents a 34% improvement over the three year term.

In 2018 the direct cost to deliver a respite day was £72 compared to £88 in 2017 and £93 in 2016. This represents a 23% improvement over the three year term.

In order to help more people in 2018, we reduced the number of days per person. In addition, we have been able to negotiate better rates with our respite partners thereby reducing the daily cost to provide respite.

The charity has been working increasingly with terminally ill people who are unable to travel abroad. Consequently, we are delivering more short breaks within the UK than ever before.

In 2018 we withdrew £5,965 from our hardship fund which was set up to help the poorest of families who are in very difficult financial circumstances as a direct result of a cancer diagnosis. This fund is used to pay subsistence costs such as train fares, food etc. so that families can enjoy their respite break without worrying about spending money they don't have.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2018

OBJECTIVES AND ACTIVITIES Objectives and aims Who Are Our Beneficiaries?

We continue to broaden the range of beneficiaries that we help as a charity in terms of cancer type, geographical coverage (UK) and age. Our approach is 100% inclusive in that we provide respite for people of all ages, with any type of cancer, with any disability resulting from cancer (where possible) and at any stage of treatment. For example, the youngest patient we have helped was 20 months and the oldest was 79. We have helped families as far South as Cornwall to Fife in Scot-land.

Importantly, we recognise that cancer affects the whole family unit and not just the person who is diagnosed with the disease. Because cancer does not discriminate, neither do we. We help people from any background or socio-demographic group and we rely on our extensive network of medical professionals and partner organisations from across the UK to refer families who are most in need of our help.

What We Deliver

For the majority of our beneficiary families, their lives have been totally taken over by cancer. As a consequence of all the hospital appointments, complex treatment plans and assessments, families spend much less time with one another. Holidays and short breaks, traditionally the main time of the year when families spend quality time together, are usually the first casualty. And aside from the time constraints, few families can afford to spend time away from home with one another due to the financial impact of a cancer diagnosis. It is very common for one or both parents to give up work to act as a carer.

Our Family Liaison team continue to develop bespoke respite programmes which accommodate delicate health needs, complex treatment schedules, depleted finances and wider family circumstances. The end result is a respite break tailored to each family where all they need to do is turn up and en-joy some special time with one another. For those families who are truly struggling financially, we add spending vouchers or a dining plan to their break so that they can enjoy their time together without worrying about extra costs.

We also experience the tragedy and unpredictability of working with families who are dealing with a terminal diagnosis. It is becoming more common for the patient's health to worsen suddenly and they die before their holiday is taken. In this instance, some families still choose to take their break as a chance to reflect and remember their loved one away from the continual reminders at home.

2018 Respite Portfolio:

- UK sailing days
- UK inland waterway breaks
- UK adventure sailing weekends for teenagers
- UK park holidays
- UK caravan holidays
- Summer sunshine holidays abroad
- Winter mountain holidays
- Overseas cruises

We are very grateful to a number of organisations who provide a very sympathetic service to our beneficiaries. These include Alpine Elements, Blue Box Sailing, Britannia Corporate Events, Butlins, Center Parcs, Fred. Olsen Cruises, Haven Holidays, Horizon Watersports, Medway Lodge, Neilson, Ocean Elements, River Thames Boat Project, Salty Holidays, Sunsail and TUI Marella Cruises.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2018

OBJECTIVES AND ACTIVITIES Objectives and aims Feedback From People We Have Helped

We measure a number of factors to understand our impact. Both quantitative and qualitative feed-back is collected in addition to evaluating the wellbeing of our beneficiaries post-delivery. Of key significance is our research partnership with the University of Brighton who is helping us to continuously improve what we do.

In 2018 our beneficiaries told us that:

- 99% were very satisfied / satisfied with their respite experience 90% were very satisfied
- 97% felt that their experience had had a positive effect on their health and wellbeing
- 98% said that all their expectations and requirements had been met
- Whilst satisfaction and well-being rates have remained constant, the level of expectations being met rose by 5% in 2018 based on last year's feedback

What Our Beneficiaries Said In 2018

Each respite day we deliver is designed to give families a break from the trauma of living with cancer; whether they are on a boat, in the middle of a forest, up a mountain or down by the sea. Our respite days are full of fresh air, fun and togetherness and are specifically designed to create lasting memories. We aim to recharge batteries, to re-strengthen bonds and to give families the energy to carry on the daily battle that is 'living with cancer'.

Below is a very small sample of the amazing and moving feedback that we have received from the people we helped in 2018. The difference we have made to their lives is clear:

"It was nice to wake up in a morning and not be surrounded by what you would see on a hospital ward. It was great because I could take things at my own speed and rest when I needed to. And in the evenings, we would go to the restaurants and have a lovely meal together as a couple or a family." **Karys**

"One of my regular patients returned today for a routine scan. She has been on two sailing trips to Cowes with Sail 4 Cancer and was full of praise. She is now planning a flotilla holiday! Thanks again for the wonderful trips you provide which bring hope to so many people at a time of great stress."

Tony

"2018 has been a roller coaster year; to go from being a normal healthy very active 34 year old to being diagnosed with leukemia. Your help has made it possible for my family to get together again and just have fun at the sea side. The kids missed out on loads of things due to me having chemotherapy so it was nice for them to go wild and just be kids and have fun. Words can't describe how happy you made me and my family. Thank you is not enough. Awesome charity, awesome people."

Matt

"When I spent a lot of time in the hospital with my daughter, I felt very upset, moody, and tired. The hospital was very boring; you know when you spend a lot of time in the hospital, you are surrounded by a lot of sad things. It was a very good time for us on the trip. Had I of known about these types of trips during the treatment, it would've been very helpful for us as the treatment was very tough. It was good to see my daughter enjoying herself. I saw the group as being similar to a group relaxation therapy. I spoke with all of the families, but it wasn't just about cancer. It was interesting and important for me to see my daughters doing something by themselves, especially driving the boat, learning the ropes and having fun."

Yasna's Mother

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2018

OBJECTIVES AND ACTIVITIES

Objectives and aims

"Sebastian has been on continuous treatment for leukaemia since he was three and is STILL under-going treatment even though he is now nearly seven. Since his diagnosis with Acute Lymphoblastic Leukaemia at Christmas time three years ago, they have had to miss so many things due to his treatment and unexpected admissions to hospital. They have had to put their lives on hold. The family rarely ask for anything, and after all they have been through, this is something that they can all enjoy together, away from the hospital, and home, giving them time to relax, have fun and switch off." **Janet (Cancer Nurse)**

Significant activities 2018 Headlines

Our primary objective at the 4 Cancer Group is to provide days out and short-breaks for families affected by cancer. This is what we call "respite".

In 2018, the 4 Cancer Group helped more people living with cancer and provided more respite days than in any previous year (the charity was set up in 2001). This improves upon last year's achievements (2017), which at that time represented the charity's best ever year in terms of impact.

Over the course of 2018 we helped 853 people and provided 3,914 respite days. This means that for every day of the year there were 10 or more people away on some sort of respite break. On average, each person benefitted from just under five days of respite.

We achieved this despite seeing a 25% drop in income for the year compared to 2017. Prior to 2017, which was an extraordinary year in terms of income due to a one year 'Charity Of The Year' agreement with a large travel company, income has returned to pre-2017 levels where we have been operating at circa £400K since 2014. We raised £446K in 2018.

Despite having our best year ever in terms of the amount of people we helped, there has never been more demand for our services. As NHS and other healthcare professionals become more aware of our work, the frequency of requests for help is increasing. The urgency of requests is also changing with an increasing number of referrals now involving a terminally ill family member. Without significantly more funding, we will not be able to keep in touch with demand going forward.

2018: Key Achievements

- We helped more people and provided more respite days in 2018 than in any previous year.
- Spend on respite services grew 14% in 2018 compared to 2017 (£282K from £248K).
- We helped 853 people in 2018, a 34% increase compared to 2017.
- We provided 3,014 respite days in 2018, a 39% increase compared to 2017.
- We continue to improve the efficiency of our respite operation whilst improving on our level of service.
- 99% of the people we helped were 'very satisfied' or 'satisfied' with our services in 2018. 98% reported that all their needs were met. 97% said their respite trip made a positive difference to their health and well-being.
- In 2018 the direct cost of helping each person was £331 compared to £377 in 2017 and £505 in 2016. This represents a 34% improvement over the three year term.
- In 2018 the direct cost to deliver a respite day was £72 compared to £88 in 2017 and £93 in 2016. This represents a 23% improvement over the three year term.
- Since 2001 we have delivered 24,678 days of respite the equivalent of 67.5 years.
- We are on track to meet our long term target of delivering 100 years of respite days by the end of 2025.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2018

OBJECTIVES AND ACTIVITIES

Public benefit, Charitable Cooperation and Fiscal Sponsorship

The activities detailed in this report are a targeted effort to bring families closer together, to help them forget about the cancer that has been dictating their lives and to help them fight on whilst a cure for cancer is found.

We continue to have significant public benefit according to feedback from beneficiary families - as verified by the University of Brighton. Our jointly funded PhD programme with the university is focused on shaping future services to ensure that we are helping families in the best possible way.

The Trustees confirm they have had due regard to the guidance provided by the Charity Commission and duties set out in Section 17 (5) of the Charity Act 2011 in respect of public benefit.

As part of our fiscal sponsorship programme we welcomed two other organisations into the 4 Cancer Group, namely the 'Neil Vines Trust' and 'From Me To You'.

We also continue to work collaboratively alongside other charitable organisations such as NHS Trusts, Macmillan, Sailing Heals, National Community Boats Association, Caring Cancer Trust, CLIC Sargeant, Youth Cancer Trust and The Teenage Cancer Trust in the delivery of quality respite.

During 2018, we continued our work to find like-minded organisations in line with our objective to help more people living with cancer. We have continued to work alongside 'Something to look Forward To' to broaden the geographical area where our services were being advertised.

FINANCIAL REVIEW

Financial position

Total incoming resources for the year were £446,068 (£596,133 in 2017) and resources expended £481,529 (£ in 20410,52917).

There was a retained deficit for the year on unrestricted activities of £30,337 (2017 surplus £8,776) and this has been deducted from the reserves brought forward of £145,144 to leave £114,807 which will be carried forward.

Reserves Policy

In 2018 we have three specific designations in the accounts:

- 1) Given we have a 6 to 18 month waiting list for respite services, the 4 Cancer Group has a policy of holding at least 18 months of respite. £250,000 has been designated for this purpose.
- 2) IT Investment of £12,585 for 2018 website developments to provide a better respite process and improve our digital fundraising capabilities.
- 3) Building fund of £80k to purchase land/buildings to offer a baseline of respite places directly through our own respite facility.

The completely unrestricted reserves are therefore £172,222 after subtracting the designated funds. Unrestricted expenditure during the year was £342,918 and the charity aims to hold the equivalent of 6 months in reserve. This is to enable the charity to provide a cushion against unexpected events, losses of income, large unbudgeted expenses and to take advantage of future investing opportunities.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2018

FUTURE PLANS

2019: Looking Forward

The Trustees have set a number of focus areas for 2019:

- Grow Our Impact: Despite helping more people in 2018 than in any previous year (853 people), we ended the year with a significant waiting list (over 400 people). Consequently, we created a fund from our reserves (the equivalent of 12 months of respite activity) to specifically meet our legacy commitments from 2018. The charity is becoming increasingly known in medical circles with NHS, Macmillan, CLIC Sargent and other health workers re-ferring more and more families who are struggling the most psychologically and financially. This has led to an increasing number of terminal nominations. Similarly, this has meant that we have had to adapt our respite offering to be more UK focused as many families are unable to travel far from home due to the complexity of the patient's illness. We continue to work towards our 'Century of Respite' target as detailed in the Targets section.
- -Respite Lodge Fund: In 2017 we announced the need to purchase land and or buildings so that we could start to supply respite breaks directly to beneficiary families, thereby removing our reliance on third party holiday providers. This was in direct response to the charity's growing inability to source holidays at discounted rates, especially during school holidays. Similarly, the weak Pound (due to Brexit) had meant that our ability to source overseas holidays had also weakened. By owning our own respite facility, we will be able to fix a large percentage of our respite costs whilst also providing availability throughout the year. We launched this new initiative in 2017 with a designation of £80K from our own reserves. Since then we have been working with various external funding partners to grow the size of the fund in preparation for direct investment. We have raised an additional £47K on top of the original £80 from our reserves for this purpose.
- Revised Structure: In 2018 we started a re-structuring process which saw us recruit a new full-time General Manager and a new member for our respite liaison team. We are developing our fundraising through grant making trusts and foundations, wealthy individuals, corporates and community activity to grow new streams of income. The decision was taken to open a new office in Southwick (Shore-ham) to serve as a place of work for the new team. Investment will also be made in a range of new websites built with a new Content Management System (CMS) and also to invest in a new database structure using Salesforce. This has impacted our cost base in 2018 (costs of fundraising were 38% in 2018 versus 27% in 2017). This also includes the cost of to develop six new websites. We expect to see a strong return on these investments within the next three years.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 11 October 2001 (Company Number 4303166) and registered as a Charity on 17 January 202 (Charity Number 1090133).

The Charity initiated its operations on 25 April 2001.

The Company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. Under those Articles, the members of the Board of Directors/Trustees are re-elected at each AGM.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2018

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The 4 Cancer Group is made up of six fundraising divisions: Sail 4 Cancer, Ski 4 Cancer, Run 4 Cancer, Bike 4 Cancer, From Me to You and The Neil Vines Trust. We continue to refine our structure so that we can support more families affected by cancer every year.

We have a team of five volunteer Trustees and a number of volunteer ambassadors and patrons for each sporting division. Looking forward to 2019, we aim to widen our skills set to include more expertise from the NHS, the travel industry and social media sectors.

From Me to You (FMTY)

From Me To You' became part of the 4 Cancer Group in 2017 under a fiscal sponsorship model because of their innovative set of complimentary services. Their aim is to show that something as simple as receiving a letter can make the world of difference to a friend or family member suffering from cancer. We all too often hear that emotional support disappears as patients embark on surgery and treatment, as those close to them just don't know what to say or how to communicate. These services will help the 4 Cancer Group better connect its support services.

In the last reporting period, the team at FMTY team delivered the following outputs as part of their role as a subsidiary of the 4 Cancer Group:

- Distributed 250-400 donated letters a month to cancer patients
- Increased letter outlets (hospitals and cancer centres) by 50%
- Distributed 339 letter writing kits along with 148 emailed kits to writers overseas
- Hosted 28 workshops and events

Neil Vines Trust

The Neil Vines Trust was established in 2016 to give young people living with cancer the opportunity to enjoy a special escape with their families. Neil's family aim to purchase a lodge in the Cots-wolds which will give young people living with cancer and their families the chance to have a special weekend away. This escape from the harsh realities of cancer will give them the opportunity to laugh, relax, explore and create precious memories together. The Neil Vines Trust joined the 4 Cancer Group in 2016 under our fiscal sponsorship model. As at 31 December 2018, the Trust had a restricted fund to the value of £14,753.

People

Our management approach is to employ a small and efficient team and to bring in experts on a contracted and temporary basis where needed e.g. event management, IT etc. At the start of every year, everyone is set personal objectives in line with the charity's overall aims for the year.

In 2018, the charity employed seven people on both a part-time and full time basis with a Full Time Equivalent (FTE) of 4.5 people.

Viewed as a whole, 58% of salaries were focused on delivering charitable (respite) services with 39% being focused on fundraising. The remaining 3% was classified as 'support costs'. We have one trustee who is paid part-time to manage fundraising, marketing and our respite partners. We also fund 50% of a full time PhD research study at the University of Brighton.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2018

STRUCTURE, GOVERNANCE AND MANAGEMENT Organisational structure

PhD Research Study

On 5 October 2017, Oliver Thurlow joined the '4 Cancer Group' as its chief researcher. Oliver's primary focus was to quantify the impact of the charity's various respite programmes which range from days out to longer short-breaks for families affected by cancer.

The research project will be led by the University of Brighton in partnership with the 4 Cancer Group as part of a jointly funded PhD programme. The four-year study was initiated in late 2017.

Given the 4 Cancer Group's sporting focus, with subsidiaries focused on sailing, skiing, running and cycling, Oliver is also tasked with quantifying the physical health benefits of the charity's various fundraising and respite activities.

Risk management

The Trustee board reviewed a number of principal risks and uncertainties during 2018, namely:

- The increasing focus upon events as a form of income and the associated impact upon cash flows, efficiency and resources.
- The need to be clearer on the purpose of generated surpluses to serve our mission.
- The ability to achieve bulk deals from travel providers compared to direct ownership and control of respite venues.
- The need for fundraising technology to better serve the lifetime of our donors.
- The impact that Brexit may have on (a) the costs of overseas holidays, (b) the increasing cost of UK breaks as a consequence of (a), and (c) the diminishing income from Grant & Trust bodies due to lowered interest rates.
- The ongoing need to measure the psychological and physiological impact of the charity's services through our PhD partnership.
- The opportunities and risks that GDPR and Vulnerable Adults / Child Protection policies will bring to us in 2018 and beyond.
- The need to balance income and expenditure to grow the charity's impact year on year.

The Board has strategies and controls in place to mitigate the operational risks highlighted above.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04303166 (England and Wales)

Registered Charity number

1090133

Registered office

Suite 1 24 Swan Street Kingsclere Berkshire RG20 5PJ

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2018

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

Sean Donovan

- resigned 25/3/2019

Graham Precey Chris Stone

Andrew Wilkinson

Rachel Melsom Peter Tyler

- appointed 8/12/2018

- appointed 8/12/2018

Company Secretary

Andrew Hayward

Independent examiner

Christopher Robert Tyler FCA DChA FCIE

Chartered Accountant Chariot House Limited Chartered Accountants 44 Grand Parade

Brighton

East Sussex

BN2 9QA

Bankers

CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of 4 Cancer Group for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2018

Approved by order of the board of trustees on 2510012019 and signed on its behalf by:

Graham Precey - Trustee

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INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF 4 CANCER GROUP (REGISTERED NUMBER: 04303166)

Independent examiner's report to the trustees of 4 Cancer Group ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st December 2018.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Chartered Accountant which is one of the listed bodies

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Christopher Robert Tyler FCA DChA FCIE

Chartered Accountant Chariot House Limited Chartered Accountants 44 Grand Parade Brighton East Sussex

BN2 9OA

Date: 274 September 2019

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31ST DECEMBER 2018

INCOME AND	Notes	Unrestricted fund £	Designated £	Restricted funds £	2018 Total funds £	2017 Total funds £
ENDOWMENTS FROM Donations and legacies	2	111,583			111,583	27,094
Charitable activities	5	111,565	-	-	111,565	27,094
Sailing Trips and Holidays for Beneficiaries		19,145	-	117,875	137,020	88,563
Other trading activities	3	181,783	-	15,612	197,395	480,440
Investment income	4					36
Total		312,581	-	133,487	446,068	596,133
EXPENDITURE ON Raising funds Charitable activities Sailing Trips and Holidays for	6 7	98,348	-	71,661	170,009	162,925
Beneficiaries		209,108	-	66,750	275,858	239,857
Relief and Research funding Support costs		28,864 6,598	-	-	28,864 6,598	- 7,747
						
Total		342,918	-	138,411	481,329	410,529
NET INCOME/(EXPENDITURE)		(30,337)		(4,924)	(35,261)	185,604
Transfers between funds	18	57,415	(57,415)	<u>-</u>		
Net movement in funds		27,078	(57,415)	(4,924)	(35,261)	185,604
RECONCILIATION OF FUNDS					•	•
Total funds brought forward		145,144	400,000	59,166	604,310	418,706
TOTAL FUNDS CARRIED FORWARD		172,222	342,585	54,242	569,049	604,310

BALANCE SHEET AT 31ST DECEMBER 2018

FIXED ASSETS Tangible assets	Notes	Unrestricted fund £ 2,164	Designated £	Restricted funds £	2018 Total funds £ 2,164	2017 Total funds £
CURRENT ASSETS Debtors Cash at bank	16	72,278 154,559 226,837	342,585 342,585	54,242	72,278 551,386 ————————————————————————————————————	222,048 400,456 622,504
CREDITORS Amounts falling due within one year NET CURRENT ASSETS	17	(56,779) ———— 170,058	- 	- 54,242	(56,779) ———————————————————————————————————	(18,194)
TOTAL ASSETS LESS CURRENT LIABILITIES		172,222	342,585	54,242	569,049	604,310
NET ASSETS FUNDS	18	172,222	342,585	54,242	569,049	604,310
Unrestricted funds Restricted funds TOTAL FUNDS	10				514,807 54,242 569,049	545,144 59,166 604,310

BALANCE SHEET - CONTINUED AT 31ST DECEMBER 2018

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st December 2018.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st December 2018 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 25/09/2019 and were signed on its behalf by:

Graham Precey -Trustee

<u>CASH FLOW STATEMENT</u> <u>FOR THE YEAR ENDED 31ST DECEMBER 2018</u>

·	Notes	201 8 £	2017 £
Cash flows from operating activities: Cash generated from operations	1	154,258	40,767
Net cash provided by (used in) operating ac	tivities	154,258	40,767
Cash flows from investing activities: Purchase of tangible fixed assets Interest received		(3,398) 70	36
Net cash provided by (used in) investing act	ivities	(3,328)	36
Change in cash and cash equivalents in the reporting period Cash and cash equivalents at the beginning	of the	150,930	40,803
reporting period		400,456	359,653
Cash and cash equivalents at the end of the reporting period		551,386	400,456

NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31ST DECEMBER 2018

1.	RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH I ACTIVITIES	FLOW FROM	OPERATING
		2018	2017
		£	£.
	Net income/(expenditure) for the reporting period (as per the statement of		
	financial activities)	(35,261)	185,604
	Adjustments for:		
	Depreciation charges	1,234	-
	Interest received	(70)	(36)
	Decrease/(increase) in debtors	149,770	(151,817)
	Increase in creditors	38,585	7,016
	Net cash provided by (used in) operating activities	154,258	40,767

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2018

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015)', Financial Reporting Standard FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest \pounds .

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future and on that basis the charity is considered to be a going concern.

Income

All income is recognised in the Statement of Financial Activities (SOFA) once the charity has legal entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income from donations is accounted for as received by the charity. The income from fundraising ventures is shown gross, with the associated costs included in fundraising costs. The value of voluntary work is not included in the financial statements.

Grants are recognised in full in the SOFA in the year in which they are receivable. Grants for the purchase of fixed assets are credited to restricted income when they are receivable. Where the use of the asset is restricted, depreciation is charged against the restricted fund. Where the use of the asset is not restricted it is transferred to the general fund.

Other income, including investment income and commissions, is recorded on an accruals basis.

For legacies, entitlement is taken on a case by case basis as the earlier on the date on which: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. If the legacy is in the form of an asset other than cash or an asset listed on a recognised stock exchange, recognition is subject to the value of the asset being able to be reliably measured and title to the asset has passed to the charity. Where legacies have been notified to the charity or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST DECEMBER 2018

1. ACCOUNTING POLICIES - continued

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure, including irrecoverable VAT, is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds

Raising funds includes all expenditure incurred by the charity to raise funds for its charitable purposes and includes costs of all fundraising activities, events and non-charitable trading.

Charitable activities

Costs of charitable activities comprise direct expenditure. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Support cots

Support costs include those costs, such as independent examiners' fees, associated with constitutional and statutory requirements.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings - 20% on cost Computer equipment - 50% on cost

Assets costing less than £500 are written off to the Statement of Financial Activities.

Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK Corporation Tax purposes. Accordingly the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the . trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	2018	2017
	£	£
Donations	111,583	27,094

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST DECEMBER 2018

3.	OTHER TRADING ACTIVIT	TIES		
	Fundraising events		2018 £ 197,395	2017 £ 480,440
4.	INVESTMENT INCOME			
	Deposit account interest		2018 £ 70	2017 £ 36
5.	INCOME FROM CHARITAI	BLE ACTIVITIES		
	Grants	Activity Sailing Trips and Holidays for Beneficiaries	2018 £ 137,020	2017 £ 88,563

5.

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST DECEMBER 2018

Grants received, included in the above, are as follows:		
	2018	201
	£	£
CHK Charities Limited	-	10,00
The February Foundation	5,000	5,00
Drapers Charitable Fund	500	
Joan Braithwaite Sailing Trust	10,000	10,00
The D'Oyly Carte Charitable Trust	-	3,00
Englefield Charitable Trust	1,000	
The Shipwrights	-	1,00
The Dixie Rose Findlay Charitable Trust	2,000	,
The Alchemy Foundation	, <u>-</u>	50
The Hedley Foundation	3,000	
The Hobson Charity	-	10,00
Duchy of Lancaster Benevolent Fund	_	4,00
lliffe Family Charitable Trust	-	5,00
Peter & Virginia Bottmley	-	20
Sir John Garnier	-	6
Fishburn Family Trust	_	25
29th May 1961 Charitable Trust	_	2,00
Woodroffe Benton Foundation	_	75
Charles David Brims	_	5
The Britford Bridge Trust	_	5,00
Hall Charitable Trust	_	1,00
The Bourne-May Charitable Trust	_	50
The Federated Foundation	_	25
Tesco	-	30,00
Lord Stewartby	250	30,00
Mrs Kathleen Laurence	750	
Blakemore Foundation	100	
The Hintze Family Charitable Foundation		
Ine Hintze Failing Charitable Foundation Ian Askew Charitable Trust	1,000 500	
Stevenson Family Charitable Trust	250	
The J T H Charitable Trust	500	
The Swire Charitable Trust	5,000	
The Harapan Trust	200	
High Sheriff of Berkshire - Graham Barker	500	
Gladys Wightwick Trust	1,000	
Brigadier D V Phelps 1966 Trust	1,000	
Marston Charitable Trust	250	
Enid Slater Charitable Trust	500	
Moto in Community Trust	1,520	
The Bergman Lehane Trust	250	
Hubert Blake Charitable Trust	1,000	
Miss Pamela Marie Victoria Charman	1,500	
The Majorie and Arnold Ziff Charitable Foundation	250	
C. P. Chavitalla Tours	25	
S & R Charitable Trust	23	

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST DECEMBER 2018

5. INCOME FROM CHARITABLE ACTIVITIES - continued

	2018	2017
	£	£
Brought forward	37,845	88,563
Michael Cornish Charitable Trust	1,000	-
M J Hindley Charitable Trust	300	-
Christopher Laing Foundation	500	-
The Edward & Dorothy Cadbury Trust	1,000	-
The Jim Cousins Trust	1,000	-
The W M Mann Foundation	1,500	-
Cala Homes Community Bursary	1,500	_
Baron Davenport	500	-
Santander Charitable Giving	5,000	-
Leicestershire & Rutland Masonic Charity	1,500	-
The Michael & Anna Wix Charitable Trust	100	-
The Childwick Trust	12,500	-
The Henhurst Charitable Trust	1,000	-
May Hearnshaws Charity	3,000	_
Awards for All	10,000	-
The David Gibbons Foundation	1,600	-
The R S Brownless Charitable Trust	200	-
Sir John Eastwood Foundation	1,000	-
W O Street Charitable Foundation	3,000	-
Joan Wilkinson Charitable Trust	3,000	-
The Dumbreck Charity	500	_
Groundwork UK - Tesco	37,475	-
The Terry Hunt Fund	12,000	
	137,020	88,563
•		

The following amounts have been carried forward and included within creditors due within one year:

Amounts raised in respect to the Lodge £25,500.

6. RAISING FUNDS

Raising donations and legacies

	2018	- 2017
	£	£
Costs of Generating Funds	96,515	102,370
Consultancy fees	12,750	15,577
Wages	60,744	44,978
	170,000	162.025
	170,009	162,925

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST DECEMBER 2018

7.	CHARITABLE ACTIVITIES COSTS			
		Direct costs (See note 8)	Support costs (See note 9)	Totals
		£	£	£
	Sailing Trips and Holidays for Beneficiaries	275,858	-	275,858
	Relief and Research funding	28,864	-	28,864
	Support costs		6,598	6,598
		304,722	6,598	<u>311,320</u>
8.	DIRECT COSTS OF CHARITABLE ACTIVITIES			
			2018	2017
			£	£
	Staff costs		89,545	72,090
	Consultancy fees		12,750	15,903
	Sailing Trips and Holidays for Beneficiaries		137,479	113,805
	Premises costs		11,572	9,707
	Telephone and Internet		1,948	910
	Postage and Stationery		1,582	1,496
	Travel and Subsistence		6,193	8,948
	Insurance		1,476	2,349
	Computer Costs		7,322	6,390
	General Expenses		117	115
	Bank Charges		3,552	7,030
	Accountancy and Taxation		1,088	1,114
	Relief and Research Funding		20,000	-
	Grants		8,864	-
	Depreciation		1,234	-
			304,722	239,857
9.	SUPPORT COSTS			
			Governance	
		Management	costs	Totals
		£	£	£
	Support costs	4,131	2,467	6,598
	Support costs, included in the above, are as follows:			
	Management			
	Managoment		2018	2017
			Support costs	Total activities
			£	£
	Wages		4,131	5,454
			====	===

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST DECEMBER 2018

9. SUPPORT COSTS - continued

Gov	ern:	ance	costs
-----	------	------	-------

	2018	2017
	Support costs	Total activities
	£	£
Independent Examination	2,280	2,293
Legal fees	187	-
	2,467	2,293

10. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2018	2017
	£	£
Depreciation - owned assets	1,234	-
	====	

11. TRUSTEES' REMUNERATION AND BENEFITS

One Trustee, Andrew Hayward receives remuneration of £25,500 in connection with his role as Head of Fundraising and General Manager in 2018.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st December 2018 nor for the year ended 31st December 2017.

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST DECEMBER 2018

12. STAFF COSTS

Staff costs during the year were as follows:

	2018	2017
	£	£
Wages and salaries	141,495	113,483
Social security costs	9,249	6,606
Pension cost	<u>3,676</u>	<u>2,433</u>
	<u>154,420</u>	122,522
The average monthly number of employees during the year was as follows:		
	2018	2017
Fundraising marketing and management	1	1
Family liaison managers (2 part time)	2	2
Finance manager (1 part time)	1	1
Fundraising manager (1 full time)	<u>1</u>	<u>1</u>
	<u>5</u>	<u>5</u>

The charity considers its key management personnel to comprise the trustees with David Smith (Charity Manager) being the conduit between the trustees and the small team that we have. Total employment benefits to key management personnel including pension contributions were £3,676.

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Designated £	Restricted funds	Total funds
INCOME AND				
ENDOWMENTS FROM		•		
Donations and legacies	10,049	-	17,045	27,094
Charitable activities				
Sailing Trips and Holidays for Beneficiaries	15,563	-	73,000	88,563
Other trading activities	480,439	·	1	480,440
Investment income	36	-		36
Total	506,087	<u>-</u>	90,046	596,133
EXPENDITURE ON				
Raising funds	162,925	_	_	162,925
Charitable activities	102,720			102,525
Sailing Trips and Holidays for Beneficiaries	196,639	_	43,218	239,857
Support costs	7,747	-	-	7,747
Total	367,311		43,218	410,529
NET INCOME/(EXPENDITURE)	138,776		46,828	185,604

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST DECEMBER 2018

		Unrestricted		Restricted	Total
		fund	Designated	funds	funds
		£	£	£	£
	Transfers between funds	(130,000)	130,000	_	-
	Net movement in funds	8,776	130,000	46,828	185,604
	RECONCILIATION OF FUNDS				
	Total funds brought forward	136,368	270,000	12,338	418,706
	TOTAL FUNDS CARRIED FORWARD	145,144	400,000	59,166	604,310
14.	INTANGIBLE FIXED ASSETS				Computer
					software £
	COST				£
	At 1st January 2018 and 31st December 2018				1,021
	AMORTISATION At 1st January 2018 and 31st December 2018				1,021
	NET BOOK VALUE At 31st December 2018				
	At 31st December 2017				

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST DECEMBER 2018

15.	TANGIBLE FIXED ASSETS			
2.21	1.1.1012221.112210	Fixtures and	Computer	
		fittings £	equipment £	Totals £
	COST	ı.	.	ı.
	At 1st January 2018	342	6,943	7,285
	Additions	1,550	1,848	3,398
	At 31st December 2018	1,892	8,791	10,683
	DEPRECIATION	2.42		5 005
	At 1st January 2018 Charge for year	342 310	6,943 924	7,285
	Charge for year			1,234
	At 31st December 2018	652	7,867	8,519
	NET BOOK VALUE At 31st December 2018	1 240	024	2 164
	At 31st December 2018	1,240 ———	<u>924</u>	2,164
	At 31st December 2017			-
16.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR			
			2018	2017
			£	£
	Other debtors		44,344	205,451
	Prepayments and accrued income		27,934	16,597
	•		72,278	222,048
15		4.70		
17.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	AK		
			2018	2017
			£	£
	Trade creditors		8,422	-
	Social security and other taxes		4,170	2,896
	Accrued expenses Funding in advance		18,687	15,298
	runding in advance		25,500	
			56,779	18,194
				====

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST DECEMBER 2018

18. MOVEMENT IN FUNDS

	At 1/1/18	Net movement in funds	Transfers between funds £	At 31/12/18 £
Unrestricted funds		(
General fund	145,144	(30,337)	57,415	172,222
Respite - providing respite to families affected				
by cancer who are already talking to but are not				
ready to travel yet.	250,000	-	-	250,000
Research - providing funding for further				
secondary and primary research at University of				
Brighton into the effects of attitude and exercise	20.000		(20.000)	
on cancer prognosis and recovery.	20,000	-	(20,000)	-
Website - monies set aside for website				
development to provide a better respite process	50.000		(27.415)	10 505
and improve our digital fundraising capabilities. Building - monies set aside to purchase	50,000	-	(37,415)	12,585
land/buildings to offer a baseline of respite	*			
places directly through our own respite facility.	80,000			90,000
places directly unough our own respite facility.	80,000			80,000
	545,144	(30,337)	-	514,807
Restricted funds				
The Neil Vines Trust	15,368	(615)	-	14,753
Equipment	329	(329)	-	,
Those living in Greater Manchester area	3,000	(3,000)	_	-
Teenage breaks and must live in Lancashire	1,000	(1,000)	-	_
Groundwork UK - Sailing for the Community	30,000	(19,000)	-	11,000
From Me to You	9,469	8,520	-	17,989
Teen weekends for those living in the South or	·	•		,
South East England	-	7,000	-	7,000
The Terry Hunt Fund	-	3,500	-	3,500
				
	59,166	(4,924)	-	54,242
TOTAL FUNDS	604,310	(35,261)		569,049
TOTAL PUNDS		(33,201)		309,049

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST DECEMBER 2018

18. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	312,581	(342,918)	(30,337)
Restricted funds			
The Neil Vines Trust	46	(661)	(615)
Those living in Greater Manchester area	-	(3,000)	(3,000)
Teenage breaks and must live in Lancashire	-	(1,000)	(1,000)
Groundwork UK - Sailing for the Community	37,475	(56,475)	(19,000)
From Me to You	15,566	(7,046)	8,520
Those living in Hertfordshire or Oxon	500	(500)	· -
Those living in West Midlands	1,000	(1,000)	-
Young people living in Witney	1,000	(1,000)	-
Families living in Scotland	1,500	(1,500)	· <u>-</u>
Families living in Reading	1,500	(1,500)	-
Young people under 25 living in Birminham and West Midlands	500	(500)	-
18 year old DH, friend and their mothers	1,500	(1,500)	-
Young carers	13,000	(13,000)	-
Families with Cancer	3,800	(3,800)	-
Teen weekends for those living in the South or South East			
England	12,500	(5,500)	7,000
Families living in North West England	3,000	(3,000)	-
Families living in Devon	1,600	(1,600)	-
Families living in Nottinghamshire	1,000	(1,000)	-
Families living in Lancashire	3,000	(3,000)	-
Young carers in Lancashire	3,000	(3,000)	-
Young Carers Family Break Project	15,000	(15,000)	-
The Terry Hunt Fund	12,000	(8,500)	3,500
Teanage Sailing Breaks	5,000	(5,000)	-
Equipment		(329)	(329)
	133,487	(138,411)	(4,924)
TOTAL FUNDS	446,068	(481,329)	(35,261)

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST DECEMBER 2018

18. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds				
	At 1/1/17	Net movement in funds	Transfers between funds £	At 31/12/17
Unrestricted Funds				
General fund	136,368	138,776	(130,000)	145,144
Respite - providing respite to families affected				
by cancer who are already talking to but are not ready to travel yet.	200,000	_	50,000	250,000
Research - providing funding for further	200,000		50,000	250,000
secondary and primary research at Univeristy of				
Brighton into the effects of attitude and exercise				
on cancer prognosis and recovery. Website - monies set aside for website	20,000	-	-	20,000
development to provide a better respite process				
and improve our digital fundraising capabilities.	50,000	-	-	50,000
Building - monies set aside to purchase	,			·
land/buildings to offer a baseline of respite			22.222	00.000
places directly through our own respite facility.	-		80,000	80,000
	406,368	138,776	-	545,144
Restricted Funds				
Teenage Sailing Weekends	547	(547)	-	-
The Neil Vines Trust	10,920	4,448	-	15,368
Equipment Those living in Greater Manchester area	871	(542) 3,000	-	329 3,000
Teenage breaks and must live in Lancashire	-	1,000	-	1,000
Groundwork UK - Sailing for the Community	_	30,000	-	30,000
From Me to You	-	9,469	-	9,469
	12,338	46,828		59,166
	12,338	40,020	-	39,100
TOTAL FUNDS	418,706	185,604		604,310

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST DECEMBER 2018

18. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds €
Unrestricted funds			•
General fund	506,087	(367,311)	138,776
Restricted funds		•	
Teenage Sailing Weekends	1,000	(1,547)	(547)
The Neil Vines Trust	33,507	(29,059)	4,448
Equipment	-	(542)	(542)
Family Breaks	10,000	(10,000)	•
Those living in Greater Manchester area	3,000	-	3,000
Teenage breaks and must live in Lancashire	1,000	-	1,000
Groundwork UK - Sailing for the Community	30,000	-	30,000
From Me to You	11,539	(2,070)	9,469
	90,046	(43,218)	46,828
TOTAL FUNDS	596,133	(410,529)	185,604
•			

19. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st December 2018.

20. STATUTORY INFORMATION

4 Cancer Group is a Charitable Company, limited by guarantee, registered in England and Wales and has no share capital. No one member has overall control of the Charity.

The Company's registered number and registered office address can be found in the Legal and Administrative Information section of the accounts.