

REGISTERED COMPANY NUMBER: 04303166 (England and Wales)
REGISTERED CHARITY NUMBER: 1090133

COMPANIES
HOUSE

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2016
FOR
4 CANCER GROUP

WEDNESDAY



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COMPANIES HOUSE

Chariot House Limited
Chartered Accountants
44 Grand Parade
Brighton
East Sussex
BN2 9QA

4 CANCER GROUP

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2016

HOUSE
COMPANIES

	Page
Report of the Trustees	1 to 11
Independent Examiner's Report	12 to 13
Statement of Financial Activities	14
Balance Sheet	15 to 16
Notes to the Financial Statements	17 to 26

CONFIDENTIAL

CONFIDENTIAL

4 CANCER GROUP (REGISTERED NUMBER: 04303166)

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST DECEMBER 2016

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st December 2016. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

4 CANCER GROUP (REGISTERED NUMBER: 04303166)

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31ST DECEMBER 2016**

OBJECTIVES AND ACTIVITIES

Objectives and aims

4 CANCER GROUP STRUCTURE

The 4 Cancer Group is made up of five fundraising divisions: Sail 4 Cancer, Ski 4 Cancer, Run 4 Cancer, Bike 4 Cancer and The Neil Vines Trust. We continue to refine our structure so that we can support more families affected by cancer every year.

OUR MISSION

The 4 Cancer Group exists to help the whole 'family unit' manage the impact of living with cancer.

Why do we exist?

Cancer is the toughest fight most of us will ever face. Forty per cent (40%) of people in the UK will be diagnosed with cancer at some point in their lives. After diagnosis, life is taken over by hospital visits, uncertainty and often financial worries. Cancer patients will often need to stop working as a result of their diagnosis and it is also common for a family member to give up work to care for someone who is terminally ill. It is no surprise therefore that the incidence of clinical depression is up to five times higher in patients with cancer than the general population. (Source: European Journal of Cancer).

Importantly, we recognise that cancer has a profound impact on the whole family unit and not just the diagnosed individual. As a specialist respite charity, we provide relief from the difficulties of living with cancer. We believe in the 'here and now' and strive to help families deal with the emotional burden that a cancer diagnosis can bring.

What do we do?

Primary Objective

Our experience since 2001 shows that 'time out' with the family provides tangible benefits for both mental and physical health. Over the past sixteen years we have developed a diverse and flexible respite portfolio which is designed to fit in around treatment plans.

From family days out to longer respite breaks in both the UK and abroad, we give families living with cancer something to look forward to at the end of arduous treatment schedules. Our mantra is to 'create memories which last a lifetime'.

Given that a significant number of people we help are terminally ill, the creation of positive memories is of fundamental importance, especially for the family members left behind if the cancer patient later dies. Such trips also help the recently bereaved to come to terms with their loss and gives them a positive focus in the months after a loved one has died.

Designed with relaxation in mind, most of our respite activities also give people the opportunity to keep physically active. Keeping active could help to prevent more than 3,000 cases of cancer every year in the UK. (Source: Cancer Research UK).

Secondary Objectives

We have two secondary objectives:

(1) To make grants to UK based cancer care institutions. We recognise that good palliative care can make all the difference to both the cancer patient and their wider family. With a focus on 'end of life' care and support, we make grants to hospices and other care institutions to help people in the latter stages of their illness.

(2) As we have evolved and become a cancer respite charity with a sporting focus, we also aim to fund research which examines the positive effects of exercise and how it can (a) both prevent the onset of cancer and (b) help people with their recovery after diagnosis.

4 CANCER GROUP (REGISTERED NUMBER: 04303166)

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31ST DECEMBER 2016**

OBJECTIVES AND ACTIVITIES

Objectives and aims

We also aim to quantify the effects of our respite breaks and how these have helped our beneficiaries to lower their stress levels. Since stress is a huge aggravator of a wide range of medical conditions, including cancer, this research is an important part of our work.

NEW Medium Term Objective - 100 years of respite by 2024

During 2016, the Trustees agreed a series of medium and long term objectives.

Since our launch in 2001, we have delivered nearly half a century / 50 years of respite days if viewed as a whole (17,951 days or 49.2 years). In the same 16 year period, we have helped slightly over 4,000 people.

By the end of 2024, our aim is to double this impact, thereby delivering a century / 100 years of respite services to 8,000 people. In just eight years, we intend to deliver the same impact that the charity has delivered in the preceding sixteen years. In other words, the same impact but in half the time.

In delivering this mission we will continue to make sure that we:

- Help the whole 'family unit' manage the impact of living with cancer
- Create memories for families which last a lifetime
- Promote an active lifestyle to help lower cancer incidence and assist in recovery
- Strive to improve the standards of 'end-of-life' care

Long Term Objective

Every day, nearly 1,000 people in the United Kingdom are told they have some form of cancer. Our longer term objective (after 2024) is to provide respite services for 1,000 people every year.

Who are our beneficiaries?

We continue to broaden the range of beneficiaries that we help as a Charity in terms of cancer type, geographical coverage (UK) and age. Our approach is 100% inclusive in that we provide respite for people of all ages, with any type of cancer, with any disability resulting from cancer and (where possible) at any stage of treatment. For example the youngest patient we have helped was 20 months and the oldest was 79. We have helped families as far South as Cornwall to Fife in Scotland.

Importantly, we recognise that cancer affects the whole family unit and not just the person who is diagnosed with the disease. Because cancer does not discriminate, neither do we. We help people from any background or socio-demographic group and we rely on our extensive network of medical professionals and partner organisations from across the UK to refer families who are most in need of our help.

2016 OBJECTIVES AND ACTIVITIES

There were a number of things that we set out to achieve in 2016, namely:

- **Objective 1** - Help at least 500 people in the UK affected by cancer.
 - **Objective 2** - Raise an income of £400k across all of our brands.
 - **Objective 3** - Recruit more Patrons from the world of sport to encourage people to 'get active'.
 - **Objective 4** - Add more people to the charity's fundraising team to enable us to do more in 2017.
 - **Objective 5** - Further our donors understanding of the physiological and psychological impact of our respite services
 - **Objective 6** - Deliver growth in terms of the charity's impact (year on year).
-

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST DECEMBER 2016

OBJECTIVES AND ACTIVITIES

Objectives and aims

So how did we do on these objectives in 2016?

Objective 1 & 6 - Delivery of Respite

477 people with 2,713 respite days delivered

In 2016, we delivered our biggest year ever in terms of the number of respite days with 2,713 days delivered to 477 individuals. This represents an increase of 18% compared to the previous year (2015). Despite the increase in respite days, the number of people we helped dropped from 539 to 477 in 2016 (down 12%).

Due to the political and economic uncertainty in Europe, the charity's trustees took the decision in mid-2016 to cut the number of overseas holidays being offered. This meant that fewer people benefitted from our programme in 2016. With the focus now more on UK based respite, we are better placed to meet our longer term growth objectives.

In terms of carrying out our charitable activities, we spent a total of £254K on delivering respite, a 17% increase on the previous year (£218K in 2015). We also invested £20K in our four year research partnership with the University of Brighton as detailed in Objective 5 - this represents half of our £40K contribution over the four year term. Consequently, our total spend in 2016 on charitable objects was £274K.

In 2016 we delivered services to 477 people at a cost of £534 per person, compared to £383 per person in 2015. This increase was due to the fact that the average duration of our short-breaks increased slightly in 2016.

When viewed on a 'per person per day' basis, we reduced our unit cost from £95 per person per day in 2015 to £93 per person per day in 2016.

Objective 6 - 50 Years of Respite delivered in 15 Years

Since 2001, we have delivered 17,951 respite days which is the equivalent of over 49 years! This has also meant that over 4,000 individuals affected by cancer have been given a much needed break to prepare for the battle ahead.

Year	People Benefitting	Respite Days
2002	2	2
2003	35	36
2004	57	91
2005	243	798
2006	195	891
2007	180	1,004
2008	246	755
2009	255	1,060
2010	305	1,648
2011	330	1,404
2012	390	1,764
2013	340	1,421
2014	468	2,078
2015	539	2,286
2016	477	2,713
Totals	4,062	17,951
Years of Respite Delivered		49.18

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST DECEMBER 2016

OBJECTIVES AND ACTIVITIES

Objectives and aims

At the end of 2016, we still had plenty of work to do with well over **300 people** on our waiting list. Sadly, the charity is seeing an increasing number of urgent cases where the patient has been given a terminal diagnosis, usually with a short life expectancy. Quite often, the person with the terminal prognosis also has a very young family. We are also seeing many families who are on very low (or no) income, often as a result of their illness. For these people any kind of short short-break would be completely unattainable without help from the 4 Cancer Group.

What we deliver to our beneficiaries

We are continually listening to our beneficiaries to see how we can develop respite services that really give them a break and a chance to feel 'normal' for a short while. Our respite providers work hard to ensure our patients remain anonymous so they can escape from the reality of their everyday lives at home. Whilst most of us take such things for granted, our beneficiaries constantly remind us how precious these factors can be.

Our family liaison team continues to develop bespoke respite programmes which accommodate delicate health needs, complex treatment plans and wider family circumstances.

In 2016, our respite portfolio included:

- UK sailing days
- UK inland waterway breaks
- UK adventure sailing weekends for teenagers
- UK holiday park holidays
- Summer sunshine holidays
- Winter holidays in the mountains
- Summer holidays in the mountains
- Overseas cruises
- Isle of Wight holiday apartments

We are very grateful to a number of organisations who provide a great service to our beneficiaries. These include Center Parcs, Sunsail, Fred.Olsen Cruises, Haven Holidays, Butlins, Alpine Elements, Ocean Elements, Thomson Cruises, Monarch, Neilson, Britannia Corporate Events, Rona Sailing Project, the River Thames Boat Project and Blue Box Sailing.

What do our beneficiaries think of what we do?

We measure a number of things to understand our impact. Both quantitative and qualitative feedback is collected on the delivery of the respite service as well as the wellbeing of our beneficiaries post-delivery.

In 2016, our 477 beneficiaries told us that:

- 99.5% were satisfied with their respite experience (91% were very satisfied)
- 98% felt that their experience had a positive effect on their health and wellbeing
- 89% felt it had made a positive contribution to family life and / or friendships (A further 10% said this was not applicable as they had gone alone on a sailing day/weekend - all added they had made new friends on the trip).
- 97% said all their expectations and requirements were met

The vast majority of the people referred to us originated from our extensive network of healthcare / NHS professionals from across the UK.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST DECEMBER 2016

OBJECTIVES AND ACTIVITIES

Objectives and aims

What our beneficiaries said about our services in 2016.

Each respite day we deliver is designed to give families a break from the realities of living with cancer; whether they are on a boat or a bicycle, out on a lake, up a mountain or down by the sea. These are days of fresh air, fun and togetherness which create lasting memories. We aim to recharge batteries and give families the strength to carry on in the daily battle that is 'living with cancer'.

Below is a very small sample of the amazing feedback we have received from the people we have helped this year, showing what a difference we have made to their lives.

"A complete break, with no outside concerns, just so lovely to be together. Both children and grown-ups really enjoyed the break from the treadmill that is the horrible cancer journey." **Mother of Joseph (Age 8).**

"To be able to actually have a honeymoon with my new wife which was also our first holiday together was wonderful... to take us away from the continual treadmill of appointments, tests and treatment was such a welcome tonic." **Pete.**

"Being active and outdoors, cycling, walking, climbing etc has brought us closer together as a family and we forgot about everything negative and just had the best time." **Kayleigh.**

"For the first time in a few months both my daughter and husband smiled and laughed. To see them happy means the world. After all the cancer treatment my young daughter has been through, to see her relaxed and enjoying herself was so special." **Taylor.**

"It made me happy to have some fun time with my mummy as she has been so poorly." **Lily (Age 7).**

"It's not easy to carry on living when faced with a cancer diagnosis but our break enabled me to leave 'cancer' at home and enjoy what really matters... my gorgeous family. I'd like to say a huge thank you as I found my smile again." **Janine.**

"As a young mother to a two and a four year old, diagnosed with a terminal illness, this break was exactly what we needed to get connected as a family again and enjoy being together." **Gillian.**

"The day was really peaceful and gave us a moment to stop and take time away from the continuing hospital appointments we face week to week." **Father of Alfie (Age 1).**

"You make dreams possible." **Graham.**

"It felt nice to get a break from reality and to have a weekend to be a normal teenager again. It gave all of us a sense of freedom." **Eme (Age 15).**

"My confidence grew and I enjoyed the independence that I felt for the first time in a long while." **Kyle (Age 15).**

"I've never seen so many smiles from my children. Happy, happy, happy!" **Debbie.**

"I was told by my husband that I had a big grin on my face all day." **Jenny.**

"After a year of treatment for my daughter and a lot of overnight stays in hospital, it was lovely to spend some time together as a family. It was a break that we all needed and allowed us to do those normal things that we have sacrificed." **Mother of Molly (Age 10).**

"4 Cancer made us, as a family, feel like we mattered, that people understood what we were going through, we don't feel as alone." **Sue.**

"I feel alive again." **Chris.**

4 CANCER GROUP (REGISTERED NUMBER: 04303166)

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31ST DECEMBER 2016**

OBJECTIVES AND ACTIVITIES

Objectives and aims

Objective 2 - Raise an income of £400k across all of our Brands

Despite lots of economic and political uncertainty we brought in £379k worth of funding which is down from £428K in 2015 (-11.5%). We did not meet our income target set for the year. This means that to deliver our respite targets we needed to dig into our reserves in 2016 and made an £11K loss for the year.

We are continuing to innovate our fundraising and expect some significant fundraising contracts to be signed in 2017 to boost our annual income. We are also finding that event fundraisers increasingly wanting to raise monies for more than one charity. As per Charity Commission guidelines, we continue to facilitate the growth of the charitable sector where possible and work hard to provide fundraising platforms which event fundraisers can use to raise funds for more than one charity.

The 'Cost of Fundraising' was 36% in 2016 (£379k raised at a cost of £140k). In 2015 this ratio stood at 24%. This increase is partly due to the fact we invested in an additional person to grow the Bike 4 Cancer and Run 4 Cancer fundraising channels. We expect to see a return on this investment within three years.

Objective 3 - Recruit more Patrons & Ambassadors

In 2016, we were pleased to recruit a number of high profile patrons and ambassadors to help us to raise funds and make introductions. These included former ski jumper Eddie 'The Eagle' Edwards and cycling guru Andrew Cook.

Objective 4 - Increasing Capacity to Deliver

In 2016, we recruited an additional person to assist with fundraising but also to help us deliver a more demanding sailing day programme in the summer months.

Objective 5 - New research partnership with the University of Brighton.

In 2016, The University of Brighton and the 4 Cancer Group signed a four year agreement to jointly commission a primary research study into the effects of the charity's respite programme. In an innovative partnership, the programme will be jointly funded by the charity and the University, each contributing 50% of the costs.

Our respite programmes involve three basic elements, namely: relaxation, exercise and sometimes altitude. Because stress is a huge aggravator for many different medical conditions, including cancer, our respite days and short-breaks are 100% focused on relaxation.

Given the emerging evidence that exercise also plays its part in cancer prevention and recovery, we also want to better understand how our sporting programmes can have a positive impact.

Lastly, there is new research which suggests that spending time at altitude can have a positive effect on both cancer incidence and recovery post diagnosis. The study will focus on exactly what people need to do to improve their chances of keeping cancer at bay.

A full time PhD student will be recruited to undertake research to quantify the benefits obtained from the 4 Cancer Group's respite services. The research will be used to better define the health benefits for both cancer patients and their families.

This four year study will build on the secondary research work we have recently completed with Loughborough University which examined the positive effect of exercise in both preventing the onset of cancer and assisting in recovery post diagnosis. Given that the 'group' is made up of four sporting subsidiaries focused on running, cycling, sailing and skiing, this part of the wider research study is particularly important.

4 CANCER GROUP (REGISTERED NUMBER: 04303166)

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31ST DECEMBER 2016**

OBJECTIVES AND ACTIVITIES

Public benefit

The activities detailed in this report are a targeted effort to bring families closer together, to help them forget about the cancer that has been dictating their lives and to help them fight on.

The Trustees confirm they have had due regard to the guidance provided by the Charity Commission and duties set out in Section 17 (5) of the Charity Act 2011 in respect of public benefit. We also continue to work collaboratively alongside other charitable organisations such as NHS Trusts, Macmillan, Sailing Heals, National Community Boats Association, Caring Cancer Trust, CLIC Sargeant, Youth Cancer Trust and The Teenage Cancer Trust in the raising of funds and delivery of quality respite.

We also believe that by assisting The Neil Vines Trust in 2016 we have fulfilled our obligations as Trustees to make the charity sector more efficient. In doing so we have negated the need for another/separate charity with very similar charitable aims to ourselves.

FINANCIAL REVIEW

Financial position

Total incoming resources for the year were £379,904 (£428,994 in 2015) and resources expended £386,237 (£325,914 in 2015).

There was a deficit for the year on unrestricted activities of £11,832 and this has been deducted from the reserves brought forward of £418,200 to leave £406,368 which will be carried forward.

We are pleased to report that spend on providing respite and research was up 18% 2016 versus 2015 from £204k to £241k. This reflects our research partnership with the University of Brighton to further develop our impact and respite services and an increase of 18% on respite days delivered 2016 versus 2015. We delivered our highest year ever for respite days in 2016).

Reserves Policy

In 2016 we have three specific designations in the accounts:

- 1) Given we have a 6 to 18 month waiting list for respite services, the 4 Cancer Group has a policy of holding at least 18 months of respite. £200,000 has been designated for this purpose.
- 2) £20k costs in 2017 and 2018 to provide final funding for our University of Brighton research contract.
- 3) IT Investment of £50k for 2017 website developments to provide a better respite process and improve our digital fundraising capabilities.

FUTURE PLANS

Our Mission in 2017 is to develop the infrastructure to enable us to deliver the equivalent of one hundred years of respite days by the end of 2024. For example, if a family of four people went sailing for a day, this would count as four respite days. Since our inception in 2001, we have delivered nearly 50 years' worth of respite services (17,951 days or 49.2 years).

To achieve this target by 2024, we will need to increase the number of days provided year-on-year. Over the next eight years we will need to deliver a further 18,615 days or 2,282 days per annum. We forecast that over this twenty-four year term, over 8,000 people will have benefitted. At the close of 2016, we had provided services for 4,062 people.

To achieve this growth, significant investment will be needed in our processes and systems which have remained largely unchanged since 2001. As such we will be investing in new websites, CRM tools and IT infrastructure to facilitate the growth required in respite and in the ability to raise funds. We intend to recruit an Operations Manager to unlock efficiencies and enable us to achieve more with our current resources.

4 CANCER GROUP (REGISTERED NUMBER: 04303166)

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31ST DECEMBER 2016**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 11 October 2001 (Company Number 4303166) and registered as a Charity on 17 January 2012 (Charity Number 1090133).

The Charity initiated its operations on 25 April 2001.

The Company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. Under those Articles, the members of the Board of Directors/Trustees are re-elected at each AGM.

Organisational structure

The 4 Cancer Group (incorporating Sail 4 Cancer, Ski 4 Cancer, Bike 4 Cancer, Run 4 Cancer and the Neil Vines Trust) is run by a mixture of volunteers and salaried personnel. Our remunerated team is responsible for fundraising, finance and, most importantly, the provision of respite services for cancer patients and their families (UK wide).

We have a team of five volunteer Trustees and a number of volunteer ambassadors / patrons for each subsidiary. In 2016, the charity employed six paid people on both a part-time and full time basis with a Full Time Equivalent (FTE) of four people.

Viewed as a whole, 54% of salaries are focused on delivering services with 44% being fundraising. The remaining 2% are classified as support costs.

We have one trustee who is paid part-time to manage fundraising, marketing and our respite partners.

Our management approach is to keep a small and efficient team in place and to bring in experts on a contracted and temporary basis where needed e.g. event management, IT etc. At the start of every year, everyone is set personal objectives in line with the charity's overall aims for the year.

Risk management

The Trustee board reviewed a number of principal risks and uncertainties during 2016, namely:

- The increasing focus upon events as a form of income and the associated impact upon cash flows, efficiency and resources.
- The need for fundraising technology to better serve the lifetime of our donors.
- The impact that Brexit may have on (a) the costs of overseas holidays, (b) the increasing cost of UK breaks as a consequence of (a), and (c) the diminishing income from Grant & Trust bodies due to lowered interest rates.
- The ongoing need to measure the physiological impact of the charity's services.
- The need to balance income and expenditure to grow the charity's impact year on year.

The Board has strategies and controls in place to mitigate the operational risks highlighted above.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04303166 (England and Wales)

Registered Charity number

1090133

4 CANCER GROUP (REGISTERED NUMBER: 04303166)

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST DECEMBER 2016

REFERENCE AND ADMINISTRATIVE DETAILS

Registered office

Suite 1
24 Swan Street
Kingsclere
Berkshire
RG20 5PJ

Trustees

Sean Donovan
Graham Precey
Chris Stone
Andrew Wilkinson - appointed 1/6/2016

Company Secretary

Andrew Hayward

Independent examiner

Christopher Robert Tyler FCA DChA FCIE
Chartered Accountant
Chariot House Limited
Chartered Accountants
44 Grand Parade
Brighton
East Sussex
BN2 9QA

Bankers

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4JQ

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of 4 Cancer Group for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

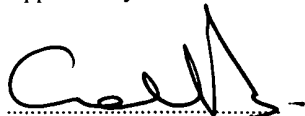
The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

4 CANCER GROUP (REGISTERED NUMBER: 04303166)

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST DECEMBER 2016

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 24/7/17 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'Graham', written over a dotted line.

Graham Precey - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
4 CANCER GROUP (REGISTERED NUMBER: 04303166)

I report on the accounts for the year ended 31st December 2016 set out on pages fourteen to twenty six.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of Chartered Accountant.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement


In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
4 CANCER GROUP (REGISTERED NUMBER: 04303166)



Christopher Robert Tyler FCA DChA FCIE
Chartered Accountant
Chariot House Limited
Chartered Accountants
44 Grand Parade
Brighton
East Sussex
BN2 9QA

Date: 26th July 2017

4 CANCER GROUP

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31ST DECEMBER 2016

	Notes	Unrestricted funds £	Restricted funds £	2016 Total funds £	2015 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	29,915	-	29,915	28,811
Charitable activities	5				
Sailing Trips and Holidays for Beneficiaries		-	28,967	28,967	25,839
Other trading activities	3	320,830	-	320,830	374,276
Investment income	4	92	-	92	68
Total		<u>350,837</u>	<u>28,967</u>	<u>379,804</u>	<u>428,994</u>
EXPENDITURE ON					
Raising funds	6	140,424	-	140,424	117,216
Charitable activities	7				
Sailing Trips and Holidays for Beneficiaries		197,704	23,568	221,272	204,074
Relief and Research funding		20,000	-	20,000	-
Support costs		4,541	-	4,541	4,624
Total		<u>362,669</u>	<u>23,568</u>	<u>386,237</u>	<u>325,914</u>
NET INCOME/(EXPENDITURE)		<u>(11,832)</u>	<u>5,399</u>	<u>(6,433)</u>	<u>103,080</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>418,200</u>	<u>6,939</u>	<u>425,139</u>	<u>322,059</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>406,368</u></u>	<u><u>12,338</u></u>	<u><u>418,706</u></u>	<u><u>425,139</u></u>

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

The notes form part of these financial statements

4 CANCER GROUP (REGISTERED NUMBER: 04303166)**BALANCE SHEET**
AT 31ST DECEMBER 2016

	Notes	Unrestricted funds £	Restricted funds £	2016 Total funds £	2015 Total funds £
CURRENT ASSETS					
Debtors	17	70,231	-	70,231	45,789
Cash at bank		347,315	12,338	359,653	392,307
		<u>417,546</u>	<u>12,338</u>	<u>429,884</u>	<u>438,096</u>
CREDITORS					
Amounts falling due within one year	18	(11,178)	-	(11,178)	(12,957)
NET CURRENT ASSETS		<u>406,368</u>	<u>12,338</u>	<u>418,706</u>	<u>425,139</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>406,368</u>	<u>12,338</u>	<u>418,706</u>	<u>425,139</u>
NET ASSETS		<u>406,368</u>	<u>12,338</u>	<u>418,706</u>	<u>425,139</u>
FUNDS	19				
Unrestricted funds				406,368	418,200
Restricted funds				12,338	6,939
TOTAL FUNDS				<u>418,706</u>	<u>425,139</u>

The notes form part of these financial statements

4 CANCER GROUP (REGISTERED NUMBER: 04303166)

BALANCE SHEET - CONTINUED
AT 31ST DECEMBER 2016

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st December 2016.

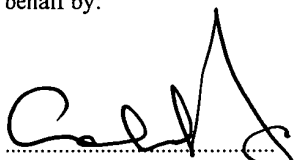
The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31st December 2016 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Board of Trustees on24/7/17..... and were signed on its behalf by:


.....
Graham Precey -Trustee

The notes form part of these financial statements

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS **FOR THE YEAR ENDED 31ST DECEMBER 2016**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015)', Financial Reporting Standard FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future and on that basis the charity is considered to be a going concern.

Reconciliation with previous generally accepted accounting principles

In preparing the accounts the trustees have considered whether in applying the accounting policies required by FRS102 and the Charities SORP FRS102 the restatement of comparative items was required. No restatement of comparative items was required.

Income

All income is recognised in the Statement of Financial Activities (SOFA) once the charity has legal entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income from donations is accounted for as received by the charity. The income from fundraising ventures is shown gross, with the associated costs included in fundraising costs. The value of voluntary work is not included in the financial statements.

Grants are recognised in full in the SOFA in the year in which they are receivable. Grants for the purchase of fixed assets are credited to restricted income when they are receivable. Where the use of the asset is restricted, depreciation is charged against the restricted fund. Where the use of the asset is not restricted it is transferred to the general fund.

Other income, including investment income and commissions, is recorded on an accruals basis.

For legacies, entitlement is taken on a case by case basis as the earlier on the date on which: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. If the legacy is in the form of an asset other than cash or an asset listed on a recognised stock exchange, recognition is subject to the value of the asset being able to be reliably measured and title to the asset has passed to the charity. Where legacies have been notified to the charity or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED **FOR THE YEAR ENDED 31ST DECEMBER 2016**

1. ACCOUNTING POLICIES - continued

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure, including irrecoverable VAT, is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Raising funds

Raising funds includes all expenditure incurred by the charity to raise funds for its charitable purposes and includes costs of all fundraising activities, events and non-charitable trading.

Charitable activities

Costs of charitable activities comprise direct expenditure. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Support costs

Support costs include those costs, such as independent examiners' fees, associated with constitutional and statutory requirements.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life :

Fixtures and fittings - 20% on cost

Computer equipment - 50% on cost

Assets costing less than £500 are written off to the Statement of Financial Activities.

Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK Corporation Tax purposes. Accordingly the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED **FOR THE YEAR ENDED 31ST DECEMBER 2016**

2. DONATIONS AND LEGACIES

	2016	2015
	£	£
Donations	28,915	27,811
Grants	1,000	1,000
	<u>29,915</u>	<u>28,811</u>

Grants received, included in the above, are as follows:

	2016	2015
	£	£
Mageni Trust	1,000	-
Enterprise Rent-a-Car (Foundation Fund)	-	1,000
	<u>1,000</u>	<u>1,000</u>

3. OTHER TRADING ACTIVITIES

	2016	2015
	£	£
Fundraising events	<u>320,830</u>	<u>374,276</u>

4. INVESTMENT INCOME

	2016	2015
	£	£
Deposit account interest	<u>92</u>	<u>68</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	2016	2015
	£	£
Grants		
Activity		
Sailing Trips and Holidays for		
Beneficiaries	<u>28,967</u>	<u>25,839</u>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST DECEMBER 2016

5. INCOME FROM CHARITABLE ACTIVITIES - continued

Grants received, included in the above, are as follows:

	2016 £	2015 £
CHK Charities Limited	-	5,000
Hampshire County Council	999	-
Hampshire & IOW Community Foundation	-	1,800
The February Foundation	-	5,000
Joan Braithwaite Sailing Trust	5,000	500
The D'Oyly Carte Charitable Trust	5,000	-
The Shipwrights	500	-
The Dixie Rose Findlay Charitable Trust	-	1,000
The Goldsmith's Company Charity	-	3,000
The Lynn Foundation	500	500
The Albert Hunt Trust	-	1,000
The Alchemy Foundation	500	500
BP Shipping Ltd	-	1,000
The Neil Vines Trust	5,268	6,539
The Hedley Foundation	3,000	-
Souter Charitable Trust	3,000	-
Kingsclere Parish Church	200	-
The Rothschild Foundation	5,000	-
	<u>28,967</u>	<u>25,839</u>

6. RAISING FUNDS

Raising donations and legacies

	2016 £	2015 £
Costs of Generating Funds	81,325	75,731
Consultancy fees	15,000	15,000
Wages	44,099	26,485
	<u>140,424</u>	<u>117,216</u>

7. CHARITABLE ACTIVITIES COSTS

	Direct costs (See note 8) £	Grant funding of activities (See note 9) £	Support costs (See note 10) £	Totals £
Sailing Trips and Holidays for Beneficiaries	221,272	-	-	221,272
Relief and Research funding	-	20,000	-	20,000
Support costs	-	-	4,541	4,541
	<u>221,272</u>	<u>20,000</u>	<u>4,541</u>	<u>245,813</u>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED **FOR THE YEAR ENDED 31ST DECEMBER 2016**

8. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2016	2015
	£	£
Staff costs	57,521	40,638
Consultancy fees	15,000	15,000
Sailing Trips and Holidays for Beneficiaries	126,787	118,310
Premises costs	4,525	5,316
Telephone and Internet	436	505
Postage and Stationery	940	956
Travel and Subsistence	6,522	4,847
Insurance	1,418	1,062
Computer Costs	1,585	2,823
General Expenses	107	137
Bank Charges	5,815	7,319
Accountancy and Taxation	616	2,836
Depreciation	-	440
Loss on sale of assets	-	3,885
	<u>221,272</u>	<u>204,074</u>

9. GRANTS PAYABLE

	2016	2015
	£	£
Relief and Research funding	<u>20,000</u>	<u>-</u>

The total grants paid to institutions during the year was as follows:

	2016	2015
	£	£
Ubridge	<u>20,000</u>	<u>-</u>

10. SUPPORT COSTS

	Management	Governance costs	Totals
	£	£	£
Support costs	<u>2,261</u>	<u>2,280</u>	<u>4,541</u>

Support costs, included in the above, are as follows:

Management

	2016	2015
	Support costs	Total activities
	£	£
Wages	<u>2,261</u>	<u>2,391</u>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED **FOR THE YEAR ENDED 31ST DECEMBER 2016**

10. SUPPORT COSTS - continued

Governance costs

	2016	2015
	Support costs	Total activities
	£	£
Independent Examination	2,280	2,233
	<u>2,280</u>	<u>2,233</u>

11. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2016	2015
	£	£
Depreciation - owned assets	-	440
Deficit on disposal of fixed asset	-	3,885
	<u>-</u>	<u>3,885</u>

12. TRUSTEES' REMUNERATION AND BENEFITS

One Trustee, Andrew Hayward receives remuneration of £30,000 in connection with his role as Head of Fundraising and General Manager.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st December 2016 nor for the year ended 31st December 2015 .

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED **FOR THE YEAR ENDED 31ST DECEMBER 2016**

13. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2016	2015
Fundraising marketing and management	1	1
Family liaison managers (2 part time)	2	2
Finance manager (1 part time)	1	1
Fundraising manager (1 full time)	1	1
	<u>5</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

Staff costs during the year were as follows:

	2016	2015
	£	£
Wages and salaries	96,353	65,454
Social security costs	5,240	3,059
Pension cost	<u>2,288</u>	<u>1,000</u>
	<u>103,881</u>	<u>69,513</u>

The charity considers its key management personnel comprises the trustees with Andy Hayward, Head of Fundraising and General Manager, being the conduit between the trustees and the small team that we have. Total employment benefits to its key management personnel including pension contributions was £30,000. In 2017 we plan to hire a Head of Services whose role will be to run our respite offices and research work.

14. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	28,811	-	28,811
Charitable activities			
Sailing Trips and Holidays for Beneficiaries	-	25,839	25,839
Other trading activities	374,276	-	374,276
Investment income	68	-	68
Total	<u>403,155</u>	<u>25,839</u>	<u>428,994</u>
EXPENDITURE ON			
Raising funds	117,216	-	117,216
Charitable activities			
Sailing Trips and Holidays for Beneficiaries	181,574	22,500	204,074
Support costs	4,624	-	4,624
Total	<u>303,414</u>	<u>22,500</u>	<u>325,914</u>
NET INCOME/(EXPENDITURE)	<u>99,741</u>	<u>3,339</u>	<u>103,080</u>

4 CANCER GROUP**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST DECEMBER 2016****14. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted funds £	Restricted funds £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	318,459	3,600	322,059
TOTAL FUNDS CARRIED FORWARD	<u>418,200</u>	<u>6,939</u>	<u>425,139</u>

15. INTANGIBLE FIXED ASSETS

	Computer software £
COST	
At 1st January 2016 and 31st December 2016	<u>1,021</u>
AMORTISATION	
At 1st January 2016 and 31st December 2016	<u>1,021</u>
NET BOOK VALUE	
At 31st December 2016	<u>-</u>
At 31st December 2015	<u>-</u>

16. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1st January 2016 and 31st December 2016	<u>342</u>	<u>6,943</u>	<u>7,285</u>
DEPRECIATION			
At 1st January 2016 and 31st December 2016	<u>342</u>	<u>6,943</u>	<u>7,285</u>
NET BOOK VALUE			
At 31st December 2016	<u>-</u>	<u>-</u>	<u>-</u>
At 31st December 2015	<u>-</u>	<u>-</u>	<u>-</u>

4 CANCER GROUP**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST DECEMBER 2016****17. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2016 £	2015 £
Amounts owed by group undertakings	-	1,691
Other debtors	44,213	26,232
Prepayments and accrued income	26,018	17,866
	<u>70,231</u>	<u>45,789</u>

18. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2016 £	2015 £
Trade creditors	2,067	4,189
Social security and other taxes	2,425	1,513
Accrued expenses	6,686	7,255
	<u>11,178</u>	<u>12,957</u>

19. MOVEMENT IN FUNDS

	At 1/1/16 £	Net movement in funds £	Transfers between funds £	At 31/12/16 £
Unrestricted funds				
General fund	418,200	(11,832)	(270,000)	136,368
Respite - providing respite to families affected by cancer who are already talking to but are not ready to travel yet.	-	-	200,000	200,000
Research - providing funding for further secondary and primary research at University of Brighton into the effects of attitude and exercise on cancer prognosis and recovery.	-	-	20,000	20,000
Website - monies set aside for website development to provide a better respite process and improve our digital fundraising capabilities.	-	-	50,000	50,000
	<u>418,200</u>	<u>(11,832)</u>	<u>-</u>	<u>406,368</u>
Restricted funds				
Teenage Sailing Weekends	400	147	-	547
Young Carer Family Break Project	6,539	4,381	-	10,920
Equipment	-	871	-	871
	<u>6,939</u>	<u>5,399</u>	<u>-</u>	<u>12,338</u>
TOTAL FUNDS	<u>425,139</u>	<u>(6,433)</u>	<u>-</u>	<u>418,706</u>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST DECEMBER 2016

19. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	350,837	(362,669)	(11,832)
Restricted funds			
Teenage Sailing Weekends	6,000	(5,853)	147
Young Carer Family Break Project	21,267	(16,886)	4,381
Family Sailing Days	500	(500)	-
Equipment	1,200	(329)	871
	<u>28,967</u>	<u>(23,568)</u>	<u>5,399</u>
TOTAL FUNDS	<u><u>379,804</u></u>	<u><u>(386,237)</u></u>	<u><u>(6,433)</u></u>

20. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st December 2016.

21. STATUTORY INFORMATION

4 Cancer Group is a Charitable Company, limited by guarantee, registered in England and Wales and has no share capital. No one member has overall control of the Charity.

The Company's registered number and registered office address can be found in the Legal and Administrative Information section of the accounts.