

REGISTERED COMPANY NUMBER: 04303166 (England and Wales)
REGISTERED CHARITY NUMBER: 1090133

COMPANIES
HOUSE

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2015
FOR
4 CANCER GROUP



Chariot House Limited
Chartered Accountants
44 Grand Parade
Brighton
East Sussex
BN2 9QA

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST DECEMBER 2015

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st December 2015. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (the FRSSE) (effective 1 January 2015).

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST DECEMBER 2015

OBJECTIVES AND ACTIVITIES

Objectives and aims

The 4 Cancer Group (with its now five divisions: Sail 4 Cancer, Ski 4 Cancer, Run 4 Cancer, Bike 4 Cancer and the The Neil Vines Trust) continues to refine its focus on supporting a wider range of families affected by cancer.

In 2015 we worked with The Neil Vines Trust, which was set up in memory of Neil Vines. By , incorporating into the 4 Cancer group, we are able to drive efficiencies for both organisations and maximise impact. Given we have similar objectives, we will be raising money together and then spending the monies on respite for families affected by cancer.

Why do we exist?

Cancer is the toughest fight most of us will ever face. Forty per cent (40%) of people in the UK will be diagnosed with cancer at some point in their lives. After diagnosis, life is taken over by hospital visits, uncertainty and often financial worries. The incidence of clinical depression is up to five times higher in patients with cancer than the general population. Furthermore, many cancer patients do not have the opportunity to find time to reflect and improve their outlook.

As a specialist respite charity, we provide relief from the difficulties of living with cancer. Put simply, we believe that families affected by cancer deserve a break. We believe in the 'here and now' and strive to help families deal with the emotional and financial burden that a cancer diagnosis can bring. Through different sports we help families to rebuild their confidence and stay active which in turn helps improve both cancer incidence and cancer survival rates.

Our Mission: What do we do?

Our primary objective is to provide a wide range of respite opportunities for British families living with cancer. From family days out to longer respite breaks in both the UK and abroad, we give families living with cancer something to look forward to at the end of arduous treatment schedules.

Our respite programmes also give families the chance to spend quality time together whilst providing valuable memories. A significant number of our beneficiaries are terminally ill, many of whom have young families. Others are still very young themselves, so the creation of positive memories is of fundamental importance. Such trips also help the recently bereaved come to terms with their loss and gives them a positive focus in the months after a loved one has died.

We have two secondary objectives:

(1) To make grants to UK based palliative care institutions. We recognise that good care can make all the difference to both the cancer patient and their wider family. With a focus on 'end of life' care and support, we make grants to hospices and other care institutions to help people in the latter stages of their illness.

(2) As we have evolved and become a cancer respite charity with a sporting focus, we also aim to fund research which examines the positive effects of exercise and how it can both prevent the onset of cancer and how it can help people with their recovery after diagnosis.

We also aim to quantify the effects of our respite breaks and how these have helped our beneficiaries to lower their stress levels. Since stress is a huge aggravator of a wide range of medical conditions, including cancer, this research is an important part of our work.

Who are our beneficiaries?

We continue to broaden the range of beneficiaries that we help as a charity in terms of cancer type, geographical coverage (UK) and age. We are extremely inclusive in that we provide respite for beneficiaries of all ages, with any type of cancer, with any disability resulting from cancer and (where possible) at any stage of treatment. For example the youngest patient we helped in 2015 was 20 months and the oldest was 79. We helped families as far South as Cornwall to Fife in Scotland.

Importantly, we recognise that cancer affects the whole family and not just the person who is diagnosed with the disease. Because cancer does not discriminate, neither do we. We help people from any background or socio-demographic group and we rely on our extensive network of medical professionals and partner organisations from across the UK to refer cases who are most in need.

There were a number of things that we set out to achieve in 2015, namely:

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST DECEMBER 2015

OBJECTIVES AND ACTIVITIES

Objectives and aims

- Provide respite for at least 500 people affected by cancer in the UK
- Raise an income of at least £400k
- Do this within an environment of being creative and driving down costs.
- Further people's understanding of both the physiological and psychological effects of a cancer diagnosis.

So how did we do on these objectives?

Delivered - Record Breaking Respite

In 2015 we delivered yet another year of growth in terms of the people we helped. We helped 539 people affected by cancer this year compared to 469 in 2014 (+14% year on year). We strive to be the largest provider of cancer respite breaks in the UK.

In terms of 'respite days delivered' we delivered 2,286 days in 2015 compared to 2078 in 2014 (+10%). This means that for every day in 2015 we were delivering on average 6.26 days of respite for families affected by cancer.

We are proud of the fact that the 4 Cancer Group continues a steady growth in the number of people who benefit from our organisation every year. We believe that it's important that families affected by cancer are provided with a consistency of service from charities. Our aim is to increase our impact year-on-year.

Year No of people provided with respite Number of respite days provided

2002	2	2
2003	35	36
2004	57	91
2005	243	798
2006	195	891
2007	180	1,004
2008	246	755
2009	255	1,060
2010	305	1,648
2011	330	1,404
2012	390	1,764
2013	340	1,421
2014	468	2,078
2015	539	2,286
Totals	3,585	15,238

We have provided over 3,500 people with a respite break from cancer since we started the charity in 2001. The resulting 15,238 respite days is equivalent to 41 years of respite!

Our beneficiaries typically are referred to us through an extensive network of medical professionals (oncology units, hospices, GP surgeries and partner charities). Word of mouth and good service have enabled us to grow our network across the UK over the past fifteen years, with a growing number of health professionals now seeing 4 Cancer Group respite as a valuable opportunity for more vulnerable and traumatised cancer patients.

At the end of 2015, we still had plenty of work to do with well over 300 people on our waiting list. A very sad fact is that the charity is seeing an increasing number of urgent cases where the patient has been given a terminal diagnosis, often with a short life expectancy. Particularly distressing is the number of terminal patients who have very young families. We are also seeing many families who are on very low (or no) income, often as a result of their illness. For these people, any kind of break is completely unattainable without help from the 4 Cancer Group.

What do we deliver to our beneficiaries?

We are continually listening to our beneficiaries to see how we can develop respite services that really give them a break and a chance to be unlabelled and "normal" for a short while. Our respite providers work hard to ensure our patients remain anonymous so they can escape from the reality of their everyday lives at home. Whilst most of us take such things for granted, we are constantly reminded how precious these factors can be.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST DECEMBER 2015

OBJECTIVES AND ACTIVITIES

Objectives and aims

We delivered respite to 539 beneficiaries in 2015; our biggest year to date in terms of impact. Our family liaison team continues to develop bespoke respite programmes which accommodate delicate health needs, complex treatment plans and wider family circumstances.

In 2015, our respite portfolio included:

- UK sailing days
- UK inland waterway breaks
- UK adventure sailing weekends for youngsters
- UK holiday park holidays
- Summer sunshine holidays
- Winter holidays in the mountains
- Summer holidays in the mountains
- Overseas cruises
- Isle of Wight Holiday apartments

We are very grateful to a number of organisations who provide great service to our beneficiaries. These include Center Parcs, Sunsail, Fred.Olsen Cruises, Britannia Corporate Events, Rona Sailing Project, the River Thames Boat Project, Blue Box Sailing, Cosmos Holidays, Alpine Elements, Ocean Elements, Thomson Cruises, Salty Holidays and Sandy Balls.

What do our beneficiaries think of what we do?

We measure a number of things to understand our impact. Both quantitative and qualitative feedback is collected on the delivery of the respite service as well as the wellbeing of our beneficiaries' post-delivery.

Of the 539 people we helped in 2015:

- 99.5% were satisfied with their respite experience (91% were very satisfied).
- 98% felt that their experience had a positive effect on their health and wellbeing.
- 99% felt it had made a positive contribution to family life and / or friendships
- 97% said all their expectations and requirements were met

What our beneficiaries say

The qualitative feedback we receive from beneficiaries continues to show that we positively impact their lives. Furthermore, the provision of respite services plays an important role in cancer treatment and recovery.

"The family spent a lovely week together. There was something for everybody. Tobias was very active indeed during this week. At home he would usually tire easily but he was able to do a lot more and come home looking refreshed and healthy." Mum of Tobias (age 4)

"You have truly put a smile on my lovely son's face when I wasn't able to, and to me (his mum), that is just priceless." Mum of Tom, age 19

"Sail 4 Cancer is a fantastic charity that boosted my confidence and allowed me to discover the world of sailing. Being able to make new friends, be independent and to forget about the struggle of our illness for even for those few days makes a big difference." Imogen age 14

"We cannot thank Sail 4 Cancer enough for giving us this fantastic opportunity to spend real quality time together. Isobel has had such a traumatic year following her diagnosis of a brain tumour but has remained brave, stoical and dignified despite her terminal prognosis. Breaks and opportunities like this are an absolute godsend. By making you feel better, it empowers you to keep going, keep searching for options and to never give up hope." Mum of Isobel

"Keeping positive as a family and moving forward has helped my young daughter to realise its ok following my breast cancer treatment. There have been so many dark days, so it was great to have the time to learn new skills and spend time as a family in a positive environment surrounded with those that have followed a similar path. Sail 4 Cancer enabled us to do just that." Delyth

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST DECEMBER 2015

OBJECTIVES AND ACTIVITIES

Objectives and aims

"Having cancer is very frightening for both the patient and their family. Responding to the invitation from Sail 4 Cancer I really didn't know what to expect. What a day, it was fantastic. Equally as wonderful was the contact with other families who in the space of one day became sufficiently close as to hug one another as we left for home. Although it was just one day in time it was worth much, much more." Ron

"My grandson Regan laughed and screamed as the yacht rocked on the swell of the waves. What a lovely sound, to hear him enjoying himself after being so ill with cancer and having to endure so much treatment and spend so much time in hospital." Grandma of Regan age 11

"The break was just what we all needed. Life on treatment is tough not just for our daughter who is undergoing the treatment but for our family as a whole, especially her baby brother. Our weekend was filled with fun and laughter and we came home feeling happy and relaxed." Mum of Alice age 4

"My kids are 6 and 5, they've had so much to take in with my diagnosis of incurable cancer. Having an opportunity to spend time with them and make some memories together is just so vital and precious." Mark

"Me and my family would like to thank Sail 4 Cancer for giving us this break. The children really enjoyed it; after our loss it really brought us back together as a family. It will make us stronger as a unit for the future." Ralph

"Quality time away and beautiful happy memories for my family to remember when I'm not here." Fran

"I would like to say a huge THANKYOU for inviting me on these trips, it has made such a difference to my confidence which hasn't been great. Thank you once again." Mae age 14

"The canal boat trip was amazing. The kids are trusted to behave but kept an eye on enough so that it's safe. They get to participate if they want to and it builds their confidence. It's good for them to do something completely different and take their minds off of their illness. Thank you to everyone who donates to this fantastic cause." Mum of Joseph age 11

"After a year of treatment for Acute Myeloid Leukaemia it was fantastic to have some fun with other children who have gone through something similar. I didn't think I would ever be able to do 'normal' stuff again and be away from all hospitals and tests Thank you!" Zara age 12

Delivered - Generating Income to fund respite growth

On income generation, we continued to deliver a diverse range of fundraising events which inspired our donors to support us.

Overall, our supporters increased their financial support by 16% in 2015 compared to 2014 helping us to raise an income of £428k (up from £366k in 2014). Our brands and events are inspiring sailors, cyclists, runners and skiers/snowboarders to do it "4 Cancer".

We are seeing an increasing number of donors who are multi-disciplined in terms of the sports that they enjoy. Consequently, an increasing number of donors are fundraising for multiple brands thereby making fundraising more efficient.

Delivered - Keeping things efficient

Efficiency and agility are important metrics for the Trustee Board.

In 2015, we achieved a 24% cost of fundraising which equates to a 24 pence cost for every £1 raised. Consequently, 76 pence of every Pound raised will help someone living with cancer. This is in line with our 4:1 expectations when investing in people to generate the funds. By way of reference, the 2014 figure was 22%

In terms of carrying out our charitable activities, we spent a total of £217,949 in 2015 on delivering respite compared to £190,705 in 2014, an increase of 14%.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST DECEMBER 2015

OBJECTIVES AND ACTIVITIES

Objectives and aims

We are getting better and more efficient at delivering respite. In 2015 we delivered services to 539 people at a cost of £403 per person compared to the 469 people in 2014 at a cost of £406 per person.

On a per person per day basis, we went from £92 per person per day in 2014 to £95 per person per day which represents a slight increase from 2014.

When assessing the beneficiaries who are referred to us, we see two main trends:

- 1) A lack of money because of the financial impacts of cancer.
- 2) An increase in urgent requests for UK respite breaks from healthcare professionals. These 'last holiday' requests are mainly to provide family members with valuable memories where someone is terminally ill.

Last minute breaks are making respite slightly more expensive. We continue to work hard with our respite providers from the travel and leisure industries to renegotiate bulk rates to get the best value for our beneficiaries.

Carried Forward - Research

In 2014, we funded some secondary research, investing £1,800 on a review of the existing primary research from across the World. Working with Loughborough University, the work focused on (a) the impact of both respite breaks on wellbeing and (b) the impact of exercise and how it can help prevent the onset of cancer and assist in recovery post diagnosis. We did this because we believe it is important to understand both the human and scientific impact of what we do.

At the 4 Cancer Group we are keen to 'do our bit' and have an ambitious research agenda for the coming five years. Now that we are providing respite to families affected by cancer at sea level through Sail 4 Cancer and at altitude via Ski 4 Cancer, we are keen to better understand both the physiological impact which our programmes are making. Watch this space!

In 2015, we have had a number of further conversations (without spending money) with medical research specialists and with a number of institutions including both Loughborough and Stirling Universities. We strive to better understand the links between:

- Exercise and cancer prevention / recovery
- Cancer recovery at altitude

Our priority in 2015 has been to provide respite. Therefore our planned designated spend of £15k on research will be carried forward to 2016/17.

Public benefit

The activities detailed in this report are a targeted effort to bring families closer together, to help them forget about the cancer that has been dictating their lives and to help them fight on.

The Trustees confirm they have had due regard to the guidance provided by the Charity Commission and duties set out in Section 17 (5) of the Charity Act 2011 in respect of public benefit. We also continue to work collaboratively alongside other charitable organisations such as NHS Trusts, Macmillan, Sailing Heals, National Community Boats Association, Caring Cancer Trust, CLIC Sargeant, Youth Cancer Trust and The Teenage Cancer Trust in the raising of funds and delivery of quality respite.

We also believe that by assisting The Neil Vines Trust in 2015 we have fulfilled our obligations as Trustees to make the charity sector more efficient. In doing so we have negated the need for another/separate charity with very similar charitable aims to ourselves.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST DECEMBER 2015

FINANCIAL REVIEW

Reserves Policy

Given we have a 6 to 12 month waiting list for respite services, the 4 Cancer Group has a policy of holding funds to deliver at least 6 months of respite

In 2015 we have two specific designations in the accounts:

1) £200k for providing respite to families affected by cancer who we are already talking to but are not ready to travel yet to get is to 750 people benefitting from our work.

2) £15k in 2016 to provide funding for further secondary and primary research into the effects of altitude and exercise on cancer prognosis and recovery which we will carry forward to 2016.

FUTURE PLANS

Our aim is to provide respite for 1000 people a year affected by cancer. To build towards this for 2016 we have set ourselves a number of objectives for the charity which include:

- Provide at least 750 people in the UK affected by cancer with respite.
- Raise an income of £400k across all of our brands.
- Recruit more Patrons from the world of sport to encourage people to 'get active'
- Bring more employees on to the charity's fundraising team to enable us to do more in 2017
- Further our donors understanding of the physiological and psychological effects of respite upon people affected by cancer
- Deliver growth in terms of the charity's impact year on year.

We continue to look to for like-minded individuals to come and join us to be part of becoming the UK's biggest respite providers for families affected by cancer.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 11 October 2001 (Company Number 4303166) and registered as a Charity on 17 January 2002 (Charity Number 1090133).

The Charity initiated its operations on 25 April 2001.

The Company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. Under those Articles, the members of the Board of Directors/Trustees are re-elected at each AGM.

Risk management

The Board constantly review a number of principal risks and uncertainties:

- The need for fundraising technology to better serve the lifetime of our donors
 - The need to improve our people practices and policies as we grow
 - The need to balance income and expenditure to grow year on year the charity's impact
- To mitigate these risks, the Board ensures appropriate controls are in place to provide reasonable assurance against fraud and error.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04303166 (England and Wales)

Registered Charity number

1090133

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST DECEMBER 2015

REFERENCE AND ADMINISTRATIVE DETAILS

Registered office

Suite 1
24 Swan Street
Kingsclere
Berkshire
RG20 5PJ

Trustees

Sean Donovan
Graham Precey
Chris Stone

Company Secretary

Andrew Hayward

Independent examiner

Christopher Robert Tyler FCA DChA FCIE
Chartered Accountant
Chariot House Limited
Chartered Accountants
44 Grand Parade
Brighton
East Sussex
BN2 9QA

Bankers

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4JQ

The Team

The 4 Cancer Group incorporating Sail 4 Cancer, Ski 4 Cancer, Bike 4 Cancer and Run 4 Cancer is run by a mixture of volunteers and a small salaried team who are responsible for fundraising, finance and the provision of respite services. The Neil Vines Trust also became part of the 4 Cancer Group in 2015 and is run entirely voluntary basis.

Our approach is to keep a small and efficient team in place and to bring in experts on a contracted and temporary basis where needed e.g fundraising and event management. Everyone has targets in line with the charity's overall objectives for both fundraising and respite. In 2015, the charity had the following remunerated positions:

- We had one full-time Fundraising Manager (Sail 4 Cancer).
- We had two part-time Family Liaison Managers.
- We had one part-time Finance Manager.
- One trustee was paid for three days a week to manage fundraising, marketing and the day-to-day management of the charity.
- In addition, we employed the services of another part-time fundraising manager to help manage running and cycling events.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST DECEMBER 2015

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of 4 Cancer Group for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 6/6/16 and signed on its behalf by:



Graham Precey - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
4 CANCER GROUP (REGISTERED NUMBER: 04303166)

I report on the accounts for the year ended 31st December 2015 set out on pages twelve to twenty two.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of Chartered Accountant.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (the FRSSE) (effective 1 January 2015)

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
4 CANCER GROUP (REGISTERED NUMBER: 04303166)



Christopher Robert Tyler FCA DChA FCIE
Chartered Accountant
Chariot House Limited
Chartered Accountants
44 Grand Parade
Brighton
East Sussex
BN2 9QA

Date: 14 June 2016

4 CANCER GROUP**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST DECEMBER 2015**

	Notes	Unrestricted funds £	Restricted funds £	2015 Total funds £	2014 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	28,810	-	28,810	44,039
Charitable activities	5				
Sailing Trips and Holidays for Beneficiaries		-	25,839	25,839	35,000
Other trading activities	3	374,276	-	374,276	287,848
Investment income	4	68	-	68	74
Total		403,154	25,839	428,993	366,961
EXPENDITURE ON					
Raising funds	6	105,731	-	105,731	78,208
Charitable activities	7				
Sailing Trips and Holidays for Beneficiaries		195,449	22,500	217,949	188,887
Relief and Research funding		-	-	-	1,818
Support costs		2,233	-	2,233	2,500
Total		303,413	22,500	325,913	271,413
NET INCOME		99,741	3,339	103,080	95,548
RECONCILIATION OF FUNDS					
Total funds brought forward		318,459	3,600	322,059	226,511
TOTAL FUNDS CARRIED FORWARD		418,200	6,939	425,139	322,059

The notes form part of these financial statements

4 CANCER GROUP (REGISTERED NUMBER: 04303166)**BALANCE SHEET**
AT 31ST DECEMBER 2015

	Notes	Unrestricted funds £	Restricted funds £	2015 Total funds £	2014 Total funds £
FIXED ASSETS					
Tangible assets	15	-	-	-	440
Investments	16	-	-	-	1
		<u>-</u>	<u>-</u>	<u>-</u>	<u>441</u>
CURRENT ASSETS					
Debtors	17	45,789	-	45,789	66,950
Cash at bank		385,368	6,939	392,307	274,046
		<u>431,157</u>	<u>6,939</u>	<u>438,096</u>	<u>340,996</u>
CREDITORS					
Amounts falling due within one year	18	(12,957)	-	(12,957)	(19,378)
NET CURRENT ASSETS		<u>418,200</u>	<u>6,939</u>	<u>425,139</u>	<u>321,618</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>418,200</u>	<u>6,939</u>	<u>425,139</u>	<u>322,059</u>
NET ASSETS		<u>418,200</u>	<u>6,939</u>	<u>425,139</u>	<u>322,059</u>
FUNDS	19				
Unrestricted funds				418,200	318,459
Restricted funds				6,939	3,600
TOTAL FUNDS				<u>425,139</u>	<u>322,059</u>

The notes form part of these financial statements

4 CANCER GROUP (REGISTERED NUMBER: 04303166)

BALANCE SHEET - CONTINUED
AT 31ST DECEMBER 2015

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st December 2015.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31st December 2015 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective January 2015).

The financial statements were approved by the Board of Trustees on 6/6/16 and were signed on its behalf by:



Graham Precey -Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2015

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company have been prepared in accordance with the Charities SORP (FRSSE) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (the FRSSE) (effective 1 January 2015)', the Financial Reporting Standard for Smaller Entities (effective January 2015) and the Companies Act 2006. The financial statements have been prepared under the historical cost convention with the exception of investments which are included at market value.

Exemption from preparing a cash flow statement

Exemption has been taken from preparing a cash flow statement in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds

Raising funds includes all expenditure incurred by the charity to raise funds for its charitable purposes and includes costs of all fundraising activities, events and non-charitable trading.

Charitable activities

Costs of charitable activities are incurred on the charity's educational operations, including support costs and costs relating to the governance of the charity apportioned to charitable activities.

Support costs

Support costs include those costs, such as independent examiners' fees, associated with constitutional and statutory requirements.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 20% on cost
Computer equipment	- 50% on cost

Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK Corporation Tax purposes. Accordingly the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED **FOR THE YEAR ENDED 31ST DECEMBER 2015**

1. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Consolidated financial statements

The financial statements contain information about 4 Cancer Group as an individual company and do not contain consolidated financial information as the parent of a group. The company has taken the option under Section 398 of the Companies Act 2006 not to prepare consolidated financial statements.

2. DONATIONS AND LEGACIES

	2015	2014
	£	£
Donations	27,810	41,539
Grants	1,000	2,500
	<u>28,810</u>	<u>44,039</u>

Grants received, included in the above, are as follows:

	2015	2014
	£	£
Mageni Trust	-	1,000
Englefield Charitable Trust	-	1,000
The Shipwrights	-	500
Enterprise Rent-a-Car (Foundation Fund)	1,000	-
	<u>1,000</u>	<u>2,500</u>

3. OTHER TRADING ACTIVITIES

	2015	2014
	£	£
Fundraising events	<u>374,276</u>	<u>287,848</u>

4. INVESTMENT INCOME

	2015	2014
	£	£
Deposit account interest	<u>68</u>	<u>74</u>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED **FOR THE YEAR ENDED 31ST DECEMBER 2015**

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2015 £	2014 £
Grants	Sailing Trips and Holidays for Beneficiaries	25,839	35,000

Grants received, included in the above, are as follows:

	2015 £	2014 £
CHK Charities Limited	5,000	3,000
Hampshire County Council	-	4,000
Hampshire & IOW Community Foundation	1,800	1,500
The February Foundation	5,000	5,000
Drapers Charitable Fund	-	1,000
Joan Braithwaite Sailing Trust	500	5,000
Haven Knox-Johnson	-	5,000
The D'Oyly Carte Charitable Trust	-	5,000
St James's Place Foundation	-	2,500
The Will Charitable Trust	-	3,000
The Dixie Rose Findlay Charitable Trust	1,000	-
The Goldsmith's Company Charity	3,000	-
The Lynn Foundation	500	-
The Albert Hunt Trust	1,000	-
The Alchemy Foundation	500	-
BP Shipping Ltd	1,000	-
The Neil Vines Trust	6,539	-
	25,839	35,000

6. RAISING FUNDS

Raising donations and legacies

	2015 £	2014 £
Costs of Generating Funds	105,731	78,208

7. CHARITABLE ACTIVITIES COSTS

	Direct costs (See note 8) £	Support costs (See note 9) £	Totals £
Sailing Trips and Holidays for Beneficiaries	217,949	-	217,949
Support costs	-	2,233	2,233
	217,949	2,233	220,182

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED **FOR THE YEAR ENDED 31ST DECEMBER 2015**

8. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2015	2014
	£	£
Staff costs	69,513	69,268
Sailing Trips and Holidays for Beneficiaries	118,310	90,650
Rent and Rates	5,316	5,333
Telephone and Internet	505	778
Postage and Stationery	956	3,019
Travel and Subsistence	4,847	7,765
Insurance	1,062	1,088
Computer Costs	2,823	3,061
General Expenses	137	110
Bank Charges	7,319	5,809
Accountancy and Taxation	2,836	1,346
Relief and Research Funding	-	1,818
Depreciation	440	660
Loss on sale of assets	3,885	-
	<u>217,949</u>	<u>190,705</u>

9. SUPPORT COSTS

	Governance costs
	£
Support costs	<u>2,233</u>

Support costs, included in the above, are as follows:

Governance costs

	2015	2014
	Support costs	Total activities
	£	£
Independent Examination	<u>2,233</u>	<u>2,500</u>

10. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2015	2014
	£	£
Depreciation - owned assets	440	660
Deficit on disposal of fixed asset	<u>3,885</u>	<u>-</u>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED **FOR THE YEAR ENDED 31ST DECEMBER 2015**

11. TRUSTEES' REMUNERATION AND BENEFITS

One Trustee, Andrew Hayward is remunerated at the level of one day a week for the charity and volunteers 3 days a week in a fundraising role.

Trustees' expenses

Expenses reimbursed to Andrew Hayward in line with the fundraising role, detailed in the previous note, amounted to £4,834 during the year.

12. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2015	2014
Fundraising marketing and management	1	1
Family liaison managers (2 part time)	1	1
Finance manager (1 part time)	1	1
Fundraising manager (1 full time)	1	1
	<u>4</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	44,039	-	44,039
Charitable activities			
Sailing Trips and Holidays for Beneficiaries	-	35,000	35,000
Other trading activities	287,848	-	287,848
Investment income	74	-	74
Total	<u>331,961</u>	<u>35,000</u>	<u>366,961</u>
EXPENDITURE ON			
Raising funds	78,208	-	78,208
Charitable activities			
Sailing Trips and Holidays for Beneficiaries	154,267	34,620	188,887
Relief and Research funding	1,818	-	1,818
Support costs	2,500	-	2,500
Total	<u>236,793</u>	<u>34,620</u>	<u>271,413</u>
NET INCOME	<u>95,168</u>	<u>380</u>	<u>95,548</u>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED **FOR THE YEAR ENDED 31ST DECEMBER 2015**

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	223,291	3,220	226,511
TOTAL FUNDS CARRIED FORWARD	<u>318,459</u>	<u>3,600</u>	<u>322,059</u>

14. INTANGIBLE FIXED ASSETS

	Computer software £
COST	
At 1st January 2015 and 31st December 2015	<u>1,021</u>
AMORTISATION	
At 1st January 2015 and 31st December 2015	<u>1,021</u>
NET BOOK VALUE	
At 31st December 2015	<u>-</u>
At 31st December 2014	<u>-</u>

15. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1st January 2015 and 31st December 2015	<u>342</u>	<u>6,943</u>	<u>7,285</u>
DEPRECIATION			
At 1st January 2015	342	6,503	6,845
Charge for year	-	440	440
At 31st December 2015	<u>342</u>	<u>6,943</u>	<u>7,285</u>
NET BOOK VALUE			
At 31st December 2015	<u>-</u>	<u>-</u>	<u>-</u>
At 31st December 2014	<u>-</u>	<u>440</u>	<u>440</u>

4 CANCER GROUP

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST DECEMBER 2015**

16. FIXED ASSET INVESTMENTS

	Unlisted investments £
MARKET VALUE	
At 1st January 2015	1
Disposals	(1)
	<hr/>
At 31st December 2015	-
	<hr/>
NET BOOK VALUE	
At 31st December 2015	-
	<hr/>
At 31st December 2014	1
	<hr/>

There were no investment assets outside the UK.

The company's investments at the balance sheet date in the share capital of companies include the following:

4 Cancer Limited

:

Nature of business: The company is dormant and being struck off

Class of share:	% holding
Ordinary	100

	2015 £	2014 £
Aggregate capital and reserves	-	(3,327)
Profit for the year	-	65
	<hr/>	<hr/>

During 2008, the Charity lent £10,990 to 4 Cancer Limited to enable it to purchase stock in its first period of trading.

At 31 December 2015 a balance of £1,691 (2014: £5,575) was due to 4 Cancer Group from its wholly owned subsidiary 4 Cancer Limited.

17. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2015 £	2014 £
Trade debtors	-	2,600
Amounts owed by group undertakings	1,691	5,575
Other debtors	26,232	44,860
Prepayments and accrued income	17,866	13,915
	<hr/>	<hr/>
	45,789	66,950
	<hr/>	<hr/>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED **FOR THE YEAR ENDED 31ST DECEMBER 2015**

18. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2015	2014
	£	£
Trade creditors	4,189	3,181
Social security and other taxes	1,513	2,231
Other creditors	-	3,590
Accrued expenses	7,255	10,376
	<u>12,957</u>	<u>19,378</u>

19. MOVEMENT IN FUNDS

	At 1/1/15	Net movement in funds	At 31/12/15
	£	£	£
Unrestricted funds			
General fund	318,459	99,741	418,200
Restricted funds			
Teenage Sailing Weekends	3,600	(3,200)	400
Young Carer Family Break Project	-	6,539	6,539
	<u>3,600</u>	<u>3,339</u>	<u>6,939</u>
TOTAL FUNDS	<u>322,059</u>	<u>103,080</u>	<u>425,139</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	403,154	(303,413)	99,741
Restricted funds			
Teenage Sailing Weekends	1,500	(4,700)	(3,200)
Young Carer Family Break Project	22,539	(16,000)	6,539
Family Sailing Days	1,800	(1,800)	-
	<u>25,839</u>	<u>(22,500)</u>	<u>3,339</u>
TOTAL FUNDS	<u>428,993</u>	<u>(325,913)</u>	<u>103,080</u>

20. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st December 2015.