REGISTERED NUMBER: 04302570 (England and Wales)

Abbreviated Accounts for the Year Ended 31 October 2013

for

John Adams Foods Ltd

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### John Adams Foods Ltd

### Company Information for the Year Ended 31 October 2013

DIRECTOR:	J Adams
SECRETARY:	Mrs M Adams
REGISTERED OFFICE:	27 Southdean Gardens Southfields London SW19 6NT
REGISTERED NUMBER:	04302570 (England and Wales)
ACCOUNTANTS:	Griffin & Associates Limited Chartered Accountants 312 Uxbridge Road Rickmansworth Hertfordshire WD3 8YL

## Abbreviated Balance Sheet 31 October 2013

		2013		2012	
	Notes	£	£	£	£
FIXED ASSETS					
Intangible assets	2		291		314
Tangible assets	3		6,463		5,955
			6,754		6,269
CURRENT ASSETS					
Stocks		12,320		8,750	
Debtors		32,323		35,997	
Cash at bank		15,965		9,600	
		60,608		54,347	
CREDITORS					
Amounts falling due within one year		92,307		86,492	
NET CURRENT LIABILITIES			(31,699)		(32,145)
TOTAL ASSETS LESS CURRENT			,		,
LIABILITIES			(24,945)		(25,876)
PROVISIONS FOR LIABILITIES			1,245		1,304
NET LIABILITIES			(26,190)		(27,180)
CAPITAL AND RESERVES					
Called up share capital	4		100		100
Other reserves			110,000		110,000
Profit and loss account			(136,290)		(137,280)
SHAREHOLDERS' FUNDS			(26,190)		(27,180)

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2013.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2013 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections
- (b) 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

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# Abbreviated Balance Sheet - continued 31 October 2013

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 28 July 2014 and were signed by:

J Adams - Director

## Notes to the Abbreviated Accounts for the Year Ended 31 October 2013

#### 1. ACCOUNTING POLICIES

#### Basis of preparing the financial statements

These financial statements have been prepared on a going concern basis. Mr J Adams, the director, has indicated that he will provide working capital support, if necessary.

#### Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

#### Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

#### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant & machinery - 15% on reducing balance Computer equipment - 20% on reducing balance

#### Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

#### Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

#### 2. INTANGIBLE FIXED ASSETS

	Total £
COST	₩
At 1 November 2012	
and 31 October 2013	450
AMORTISATION	
At 1 November 2012	136
Amortisation for year	23
At 31 October 2013	159
NET BOOK VALUE	
At 31 October 2013	291
At 31 October 2012	314

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# Notes to the Abbreviated Accounts - continued for the Year Ended 31 October 2013

### 3. TANGIBLE FIXED ASSETS

4.

TAR (GIDEE	IMBD ASSETS		Total £
COST			
At I Novemb	er 2012		12,847
Additions			1,607
At 31 Octobe	г 2013		14,454
DEPRECIA	ΓΙΟΝ		
At 1 Novemb	er 2012		6,892
Charge for ye	ear		1,099
At 31 Octobe	r 2013		7,991
NET BOOK	VALUE		
At 31 Octobe	r 2013		6,463
At 31 Octobe	r 2012		5,955
CALLED U	P SHARE CAPITAL		
Allotted, issue	ed and fully paid:		
Number:	Class:	Nominal 2	013 2012
		value:	£
100	Ordinary	£1	<u>100</u> <u>100</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.