



**Companies House**  
— for the record —

**AR01** (ef)

**Annual Return**



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**X1J986U3**

*Company Name:* **JOHN ADAMS FOODS LTD**

*Company Number:* **04302570**

*Date of this return:* **10/10/2012**

*SIC codes:* **47290**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **27 SOUTHDEAN GARDENS  
SOUTHFIELDS  
LONDON  
SW19 6NT**

**Officers of the company**

## *Company Secretary 1*

*Type:* **Person**  
*Full forename(s):* **MS MARIANNA**

*Surname:* **ADAMS**

*Former names:*

*Service Address:* **27 SOUTHDEAN GARDENS  
SOUTHFIELDS  
LONDON  
UNITED KINGDOM  
SW19 6NT**

*Company Director*    **1**

*Type:*                                **Person**

*Full forename(s):*                **MR. JOHN NICOLAS**

*Surname:*                                **ADAMS**

*Former names:*

*Service Address:*                        **27 SOUTHDEAN GARDENS  
LONDON  
SW19 6NT**

*Country/State Usually Resident:*   **ENGLAND**

*Date of Birth:*   **06/12/1959**                                *Nationality:*   **BRITISH**

*Occupation:*     **ORGANIC FOOD CONSULTANT**

## Statement of Capital (Share Capital)

<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>100</b>
		<i>Aggregate nominal value</i>	<b>100</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

**EACH SHARE IS ENTITLED TO VOTING RIGHTS, DIVIDEND DISTRIBUTIONS AND CAPITAL DISTRIBUTION IN THE EVENT OF WINDING UP.**

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>100</b>
		<i>Total aggregate nominal value</i>	<b>100</b>

## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 10/10/2012 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **92 ORDINARY shares held as at the date of this return**  
*Name:* **JOHN ADAMS**

*Shareholding 2* : **2 ORDINARY shares held as at the date of this return**  
*Name:* **HOLLIE ADAMS**

*Shareholding 3* : **2 ORDINARY shares held as at the date of this return**  
*Name:* **THEONIE ADAMS**

*Shareholding 4* : **2 ORDINARY shares held as at the date of this return**  
*Name:* **FINLAY ADAMS**

*Shareholding 5* : **2 ORDINARY shares held as at the date of this return**  
*Name:* **AURIEL ADAMS**

## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.