



Companies House
— for the record —

AR01 (ef)

Annual Return



X69PXYRN

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Company Name: **JOHN ADAMS FOODS LTD**

Company Number: **04302570**

Date of this return: **10/10/2011**

SIC codes: **47290**

Company Type: **Private company limited by shares**

Situation of Registered Office: **27 SOUTHDEAN GARDENS
SOUTHFIELDS
LONDON
SW19 6NT**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MS MARIANNA**

Surname: **ADAMS**

Former names:

Service Address: **27 SOUTHDEAN GARDENS
SOUTHFIELDS
LONDON
UNITED KINGDOM
SW19 6NT**

Company Director **1**

Type: **Person**

Full forename(s): **MR. JOHN NICOLAS**

Surname: **ADAMS**

Former names:

Service Address: **27 SOUTHDEAN GARDENS
LONDON
SW19 6NT**

Country/State Usually Resident: **ENGLAND**

Date of Birth: **06/12/1959** *Nationality:* **BRITISH**

Occupation: **ORGANIC FOOD CONSULTANT**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

EACH SHARE IS ENTITLED TO VOTING RIGHTS, DIVIDEND DISTRIBUTIONS AND CAPITAL DISTRIBUTION IN THE EVENT OF WINDING UP.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 10/10/2011 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : 0 ORDINARY shares held as at the date of this return
Name: JOHN ADAMS

Shareholding 2 : 92 ORDINARY shares held as at the date of this return
Name: JOHN ADAMS

Shareholding 3 : 2 ORDINARY shares held as at the date of this return
Name: HOLLIE ADAMS

Shareholding 4 : 2 ORDINARY shares held as at the date of this return
Name: THEONIE ADAMS

Shareholding 5 : 2 ORDINARY shares held as at the date of this return
Name: FINLAY ADAMS

Shareholding 6 : 2 ORDINARY shares held as at the date of this return
Name: AURIEL ADAMS

Shareholding 7 : 0 ORDINARY shares held as at the date of this return

Name: JOHN ADAMS

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.