287

Please complete in typescript or in bold black capitals
CHFP080

Change in situation or address of Registered Office

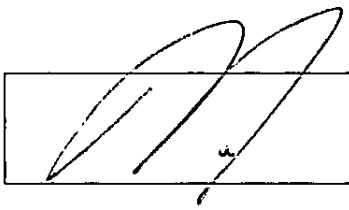
Company Number 04292768

Company Name in full ABSOLUTE HEALTH AND FITNESS LIMITED

New situation of registered office

NOTE:
The change in the situation of the registered office does not take effect until the Registrar has registered this notice.
For 14 days beginning with the date that a change of registered office is registered, a person may validly serve any document on the company at its previous registered office.
PO Box numbers only are not acceptable

Address
IAN FRANSES ASSOCIATES
24 CONDUIT PLACE
LONDON
W2 1EP

Signed  **Date** 23-3-09

* Please delete as appropriate

*a ~~director/secretary/~~administrator/~~administrative receiver/liquidator/receiver manager/receiver~~

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

IAN FRANSES ASSOCIATES
24 CONDUIT PLACE
LONDON
W2 1EP

THURSDAY

ADE5W8HR
A31 26/03/2009 34
COMPANIES HOUSE

:ode

When you have completed and signed the form please send it to the Registrar of Companies at:-
Companies House, Crown Way, Cardiff CF14 3UZ DX33050 Cardiff
for companies registered in England and Wales
or Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland **DX 235 Edinburgh**