

COMPANY NO. 4255976

ABLE LIFE LIMITED

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REPORT OF THE DIRECTORS

FOR THE YEAR ENDED 31ST DECEMBER 2013

The Directors present their Report together with the Financial Statements for the year ended 31st December 2013

PRINCIPAL ACTIVITIES

The principal activities of the Company continued to be that of property and other investment.

DIRECTORS

The Director, and their interest in the Company were Unchanged during the year and were as follows :-

R Mears  
J Mears  
Mrs. P Watson-Jones

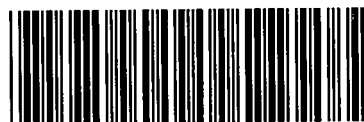
For the year ending 31st December 2013 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

ON BEHALF OF THE BOARD



Mrs P Watson-Jones  
Director  
12th September 2014

FRIDAY



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COMPANIES HOUSE

BALANCE SHEET CONTINUED

In approving these financial statements as director of the company  
I hereby confirm:

- a) that for the year in question the company was entitled to the exemption conferred by section 477 of the Companies Act 2006;
- b) that no notice has been deposited at the registered office of the company pursuant to section 476 requesting that an audit be conducted for the year ended 31st December 2013 and that we acknowledge our responsibilities for;
  - (i) ensuring that the company keeps accounting records which comply with section 386 of the Companies Act 2006 and
  - (ii) preparing accounts which gave a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit for the year then ended and which otherwise comply with the provisions of the Companies Act relating to accounts, so far as applicable to the company.

The accounts were approved by the board of directors on 12th September 2014

  
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MRS. P. WATSON-JONES  
Director

BALANCE SHEET AS AT 31ST DECEMBER 2013

	As at 31/12/2013	As at 31/12/2012
<b>FIXED ASSETS</b>		
Tangible Assets	2,116,565	2,117,099
<b>CURRENT ASSETS</b>		
Debtors	23,459	18,167
Cash at Bank and in Hand	162,751	156,598
	<u>186,210</u>	<u>174,766</u>
<b>CURRENT LIABILITIES</b>		
Creditors	(106,241)	(97,162)
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	<u>79,969</u>	<u>77,604</u>
	2,196,534	2,194,702
Creditors: amounts falling due after more than one year	(106,292)	(135,301)
Provisions for liabilities	(399)	(399)
	<u>2,089,843</u>	<u>2,059,002</u>
<b>Capital &amp; reserves</b>		
Called up share capital	50	50
Revaluation Reserve	700,974	700,974
Profit and loss Account	1,388,819	1,357,978
	<u>2,089,843</u>	<u>2,059,002</u>

The Directors have relied on the exemption for individual statements under the Companies Act 2006 and has done so on the grounds that the Company is entitled to the benefit of these exemptions as a small company.

The Director's Statement on the continued Balance Sheet, on the next page forms an integral part of this Balance sheet.



MRS. P. WATSON-JONES

Approved by the Board 12th September 2014