

ABLE LIFE LIMITED

Company No. 04255976

CONTENTS OF THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31ST DECEMBER 2016

INDEX

	Page
Company Information	1
Balance Sheet	2

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COMPANY INFORMATION

FOR THE YEAR ENDED 31ST DECEMBER 2016

COMPANY NUMBER	04255976
DIRECTORS	R Mears J Mears Mrs.P.Watson-Jones
COMPANY SECRETARY	J Mears
REGISTERED OFFICE	589 London Road Westcliff-on-Sea Essex SS0 9PQ

BALANCE SHEET AS AT 31ST DECEMBER 2016

	<u>As at 31/12/2016</u>	<u>As at 31/12/2015</u>
FIXED ASSETS		
Tangible Assets at valuation	1,894,840	2,079,830
CURRENT ASSETS		
Debtors	56,808	27,566
Cash at Bank and in Hand	<u>335,170</u>	<u>127,735</u>
	391,978	155,300
CURRENT LIABILITIES		
Creditors	(84,160)	(88,252)
TOTAL ASSETS LESS CURRENT LIABILITIES	<u>307,818</u>	<u>67,049</u>
	2,202,658	2,146,878
Creditors: amounts falling due after more than one year	(210,462)	(219,243)
Deferred Taxation	(399)	(399)
	<u>1,991,797</u>	<u>1,878,514</u>
Capital & reserves		
Called up share capital	50	50
Revaluation Reserve	476,636	476,636
Profit and loss Account	1,515,111	1,450,550
	<u>1,991,797</u>	<u>1,878,514</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st December 2016


The members have not required the company to obtain an audit of its financial statements for the year ended 31st December 2016 in accordance with Section 476 of the Companies Act 2006

The director acknowledges his / her responsibilities for :

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the micro entity provisions and delivered in accordance with the provisions Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 23rd May 2017 and were signed by:


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R Mears Director