

Company Registration No. 04255976 (England and Wales)

ABLE LIFE LIMITED
ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2011

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28/09/2012

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COMPANIES HOUSE

ABLE LIFE LIMITED

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ABLE LIFE LIMITED

ABBREVIATED BALANCE SHEET

AS AT 31 DECEMBER 2011

| | Notes | 2011 £ | £ | 2010 £ | £ |
|--|-------|-----------|-----------|-----------|-----------|
| Fixed assets | | | | | |
| Tangible assets | 2 | | 2,181,376 | | 2,181,970 |
| Current assets | | | | | |
| Debtors | | 9,415 | | 13,362 | |
| Cash at bank and in hand | | 29,826 | | 36,089 | |
| | | 39,241 | | 49,451 | |
| Creditors amounts falling due within one year | | (69,573) | | (54,305) | |
| Net current liabilities | | | (30,332) | | (4,854) |
| Total assets less current liabilities | | | 2,151,044 | | 2,177,116 |
| Creditors: amounts falling due after more than one year | | | (163,365) | | (191,965) |
| Provisions for liabilities | | | (399) | | (433) |
| | | | 1,987,280 | | 1,984,718 |
| Capital and reserves | | | | | |
| Called up share capital | 3 | | 50 | | 50 |
| Revaluation reserve | | | 700,974 | | 700,974 |
| Profit and loss account | | | 1,286,256 | | 1,283,694 |
| Shareholders' funds | | | 1,987,280 | | 1,984,718 |

ABLE LIFE LIMITED

ABBREVIATED BALANCE SHEET (CONTINUED)

AS AT 31 DECEMBER 2011

For the financial year ended 31 December 2011 the company was entitled to exemption from audit under section 477 Companies Act 2006. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements under the requirements of the Companies Act 2006.

The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

Approved by the Board for issue on 27-9-12



Mrs P Watson-Jones
Director

Company Registration No 04255976

NOTES TO THE ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2011

11 Accounting convention

12 Compliance with accounting standards

13 Turnover

1.4 Tangible fixed assets and depreciation

| | |
|--------------------------------|------------------------------|
| Fixtures, fittings & equipment | 15% and 33% reducing balance |
|--------------------------------|------------------------------|

2 Fixed assets

| | Tangible assets £ |
|--------------------------|-------------------------|
| Cost or valuation | |
| At 1 January 2011 | 2,200,974 |
| Additions | 167 |
| | <hr/> |
| At 31 December 2011 | 2,201,141 |
| | <hr/> |
| Depreciation | |
| At 1 January 2011 | 19,004 |
| Charge for the year | 761 |
| | <hr/> |
| At 31 December 2011 | 19,765 |
| | <hr/> |
| Net book value | |
| At 31 December 2011 | 2,181,376 |
| | <hr/> |
| At 31 December 2010 | 2,181,970 |

ABLE LIFE LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2011

| 3 | Share capital | 2011 £ | 2010 £ |
|---|------------------------------------|-----------|-----------|
| | Allotted, called up and fully paid | | |
| | 100 Ordinary shares of 50p each | 50 | 50 |
| | | <u>50</u> | <u>50</u> |