



*Companies House*  
— for the record —

**AR01** (ef)

**Annual Return**



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*Company Name:* **ABLE LIFE LIMITED**

*Company Number:* **04255976**

*Date of this return:* **20/07/2011**

*SIC codes:* **7487**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **HAMLET HOUSE  
366-368 LONDON ROAD  
WESTCLIFF ON SEA  
ESSEX  
SS0 7HZ**

**Officers of the company**

## *Company Secretary 1*

*Type:* **Person**  
*Full forename(s):* **JOSEPHINE**

*Surname:* **MEARS**

*Former names:*

*Service Address:* **12 BROOK ROAD  
RAYLEIGH  
ESSEX  
UNITED KINGDOM  
SS6 7UR**

*Company Director*    **1**

*Type:*                                **Person**  
*Full forename(s):*                **JOSEPHINE**

*Surname:*                            **MEARS**

*Former names:*

*Service Address:*                **GREENSWARD HOUSE 12  
BROOK ROAD  
RAYLEIGH  
ESSEX  
SS6 7UR**

*Country/State Usually Resident:*    **ENGLAND**

*Date of Birth:*    **27/09/1964**                                *Nationality:*    **BRITISH**  
*Occupation:*    **COMPANY DIRECTOR**

*Company Director* 2

*Type:* **Person**  
*Full forename(s):* **ROBERT**

*Surname:* **MEARS**

*Former names:*

*Service Address:* **GREENSWARD HOUSE 12  
BROOK ROAD  
RAYLEIGH  
ESSEX  
SS6 7UR**

*Country/State Usually Resident:* **ENGLAND**

*Date of Birth:* **26/07/1971** *Nationality:* **BRITISH**

*Occupation:* **COMPANY DIRECTOR**

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*Company Director*    **3**

*Type:*                                **Person**  
*Full forename(s):*                **PAMELA ANN**

*Surname:*                           **WATSON JONES**

*Former names:*

*Service Address:*                **GREENSWARD HOUSE 12**  
   **BROOK ROAD**  
   **RAYLEIGH**  
   **ESSEX**  
   **SS6 7UR**

*Country/State Usually Resident:*   **ENGLAND**

*Date of Birth:*   **02/07/1945**                                *Nationality:*   **BRITISH**  
*Occupation:*    **DIRECTOR**

## Statement of Capital (Share Capital)

<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>100</b>
		<i>Aggregate nominal value</i>	<b>50</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>0.5</b>
		<i>Amount unpaid per share</i>	<b>0</b>
<i>Prescribed particulars</i>			
<b>AS PER MEM AND ARTS</b>			

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>100</b>
		<i>Total aggregate nominal value</i>	<b>50</b>

### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 20/07/2011 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for a private or non-traded public company are shown below*

*Shareholding 1* : 40 ORDINARY shares held as at 2011-07-20  
*Name:* JOSEPHINE MEARS

*Shareholding 2* : 30 ORDINARY shares held as at 2011-07-20  
*Name:* ROBERT MEARS

*Shareholding 3* : 17 ORDINARY shares held as at 2011-07-20  
*Name:* ANTHONY MEARS

*Shareholding 4* : 13 ORDINARY shares held as at 2011-07-20  
*Name:* PAMELA ANN WATSON JONES

### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.