

REGISTERED COMPANY NUMBER: 04243981
REGISTERED CHARITY NUMBER: 1089341

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2017
for
Action for ASD

KM
4/6 Grimshaw St
Burnley
Lancashire
BB11 2AZ

TUESDAY



A08 *A6DVB2TE* 29/08/2017 #369
COMPANIES HOUSE

Action for ASD

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for the Year Ended 31 March 2017

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Action for ASD

Reference and Administrative Details
for the Year Ended 31 March 2017

TRUSTEES

Trevor James
Bridget Collinge
Janet James
Julia Palmowski
Angela Robinson (resigned 3.10.16)
Elizabeth Paterson
David Preston
Alan Entwistle
Alfred Crolla (resigned 3.10.16)
Alan Waddington (appointed 21.11.16) (resigned 21.6.17)
Christine Waddington (appointed 21.11.16) (resigned 21.6.17)

COMPANY SECRETARY

Trevor James

REGISTERED OFFICE

Suite 7, Kings Mill
Queen St, Harle Syke
Burnley
Lancashire
BB10 2HX

REGISTERED COMPANY NUMBER 04243981

REGISTERED CHARITY NUMBER 1089341

INDEPENDENT EXAMINER

KM
4/6 Grimshaw St
Burnley
Lancashire
BB11 2AZ

BANKERS

Lloyds Bank PLC
7 Manchester Road
Burnley
Lancashire
BB11 1HT

Nationwide Building Society
80 St James Street
Burnley
Lancashire
BB11 1PH

Action for ASD

Report of the Trustees for the Year Ended 31 March 2017

The Trustees who are also Directors of the Charity for the purposes of the Companies Act 2006, present their report with the financial statements of the Charity for the year ended 31 March 2017. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

EXECUTIVE SUMMARY

The Annual Report for the year ended 31st March 2017 continues to show much good work undertaken by the Charity. The Financial Statements show an adequate level of reserves at 31st March 2017, and that reserves were well within the 3 month parameter set by Trustees.

However, due to a lower level of NHS CCG Children's funding due for 2017/18 and no further new funding secured yet for children's support sessions, the Children's part of the Charity again remains partially unfunded for 2017/18.

The Trustees have made the decision to continue to put on many unfunded respite sessions to support the children and provide respite to the children's parents, families and carers. By increasing charges for these sessions and reducing the number of sessions available, we have endeavoured to ensure that the staff costs incurred in running these sessions are covered by the income received. However, from these charges, there is no surplus remaining to contribute towards the overhead costs of our well-resourced Autism Resource Centre (ARC) nor management costs.

We expect the result of this to be Unrestricted and Designated Reserves falling from £59,017 at 31st March 2017 to around £30,000 at 31st March 2018.

The Project Director is constantly seeking new funding streams for Children's Services in particular, as well as funds to cover core costs such as rent and utilities. Several such funding bids are already being completed for 2017/18, and more potential applications are also being investigated.

The Trustees and Project Director continue to monitor and review the financial situation, and to oversee the maintenance of Children's Services and the expansion of Adult Services within the financial constraints of the budget.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Mission Statement

Action for ASD (Autistic Spectrum Disorders) exists to make a difference to the lives of those with Autism Spectrum Conditions (ASC) in East Lancashire and to support their families and carers.

The Charity's Objectives

- a) To relieve those persons who are diagnosed with autistic spectrum disorders by the provision of support, advice, information and assistance to those individuals with autistic spectrum conditions, their families and carers and associated professionals.
- b) To increase public awareness regarding the difficulties and circumstances of people with autistic spectrum disorders and their families and carers, and to encourage acceptance within the community.

Action for ASD

Report of the Trustees for the Year Ended 31 March 2017

OBJECTIVES AND ACTIVITIES

Significant Activities

What does Action for ASD do?

Our ARC is the only specialist provision in the East Lancashire and Blackburn with Darwen area offering support services, respite and leisure and recreational opportunities for children, young people and adults with an ASC.

Action for ASD (Autistic Spectrum Disorders) has been successful in developing a number of different services and projects and can offer a comprehensive support framework from pre diagnosis and beyond for both children and adults. The group has a strong membership from individuals with a diagnosis of ASC, their families, carers and members of the professional network in the East Lancashire and Blackburn with Darwen area.

The services we provide are:

Children's Services

Impact Project - a social and leisure project for young people aged 4 - 19 years. The project also offers advice and support to young people, families and professionals. Fun and Play sessions are held throughout the week and all day on a Saturday during term time. These sessions offer children a chance to play and meet other young people whilst giving their parents a well-deserved break.

Family Play Sessions - an opportunity for family members to relax and meet other families in a safe ASC environment.

Summer and Holiday Activity Programme - for children and young people of all ages (4-19 years) with a diagnosis of ASC. Activity sessions are held during the day in school holidays and we provide a wide range of fun, age appropriate activities in a structured programme.

Family Support Project - providing guidance and specialist advice on ASC to parents and carers who have a child on the Autism Spectrum.

Parent Training Courses - offering parents and professionals an opportunity to learn about ASC and strategies to help through our Cygnet and Healthy Minds training six week courses.

Parent and Carer Support Group - with guest speakers.

Volunteer Project - which aims to work to recruit volunteers working on the play sessions, mainly focusing on adults with a diagnosis of ASC.

Resource Library - including up to date and relevant books, DVDs and publications.

Adult Services

Adult Screening and Diagnostic Service - for adults with high functioning autism.

Drop-In Sessions - for adults with Asperger Syndrome to meet friends and socialise.

Adult Support Groups - meet every week and are for adults with a diagnosis of Asperger Syndrome.

Solution Focused Therapy - offers in-house therapy for adults to work on achieving daily life skills in a safe, understanding environment.

Counselling - Post Diagnosis and Specialist Counselling Service.

Referrals and Support for Social Care Assessments and Personal Independence Payments forms.

Action for ASD

Report of the Trustees
for the Year Ended 31 March 2017

OBJECTIVES AND ACTIVITIES

Public benefit

The Trustees confirm that we have paid due regard to the Charity Commission guidance on public benefit reporting in deciding what activities the charity should undertake.

The following sections of this Annual Report explain the Charity's work during the year and how it has been carried out for the public benefit.

Action for ASD

Report of the Trustees for the Year Ended 31 March 2017

ACHIEVEMENT AND PERFORMANCE

Charitable Activities

Children's Services

This year saw Action for ASD Children's Services secure new funding from the CCGs for both East Lancashire and Blackburn with Darwen. We now have two Family Support Workers as well as the Children's Services Manager to provide family support. The Family Support Workers introduce parents and carers to the centre and our services, which include family sessions, social sessions, parent support groups and Cygnet courses.

Support Work

This year we have been lucky enough to receive funding from the CCG for two Family Support Workers to work with families of children pre & post diagnosis. As well as supporting the families, they have also created links with the local colleges to help signpost to the centre and the transition group. They have also provided sessions at the college to provide additional one to one support to young people who were interested in learning more about ASC.

Over the year we have received 183 new referrals from East Lancashire and Blackburn with Darwen. We aim to support each family with an initial introduction to the centre, registering the child or children into the family or social sessions.

Throughout the year we have delivered 310 support sessions and 81 home visits. Home visits are limited due to time constraints and travel expenses. However many of the families experience difficulties with childcare, travel and finance, which reduce their ability to enable them to access the centre.

Blackburn with Darwen Support Work

In the middle of the year we were approached by the CCG to provide a Family Support Worker for Blackburn with Darwen. Our new Support Worker, who started the project in January 2017, has worked hard to find her office and advertise Action for ASD's Children's Services in Blackburn with Darwen. The work is similar to the family support provided in Burnley and the new Family Support Worker is working towards delivering the Cygnet courses alongside the National Autistic Society and Parents in Partnership organisations. She has started providing support to families in the area and also taking part in events at the ARC linking the families together. This was a Pilot year where we built on and developed our knowledge and the support we can offer to the families.

One to One Support

Twelve children have accessed one to one support since January 2017 since the project began. The number of sessions has ranged from one to ten. These have been provided for children who are not able to access the social sessions at the ARC for a variety of reasons or have been at risk of exclusion from school. This work has included sessions on understanding autism, sibling support, managing anger, sensory difficulties and social skills. The feedback we have received through the Team around the Family meetings and consultants has been excellent. Parents have been grateful for this level of support and the children have been able to progress towards attending our social sessions.

School and College Support

We have had requests over the last 12 months from teachers within schools and colleges, mainly asking for help to understand how to manage behaviour at school. We have attended a new secondary school in Burnley to give a short training session to 10 teaching assistants around 'Understanding Autism'.

Cygnet Training Courses

We have run 5 Cygnet parent training courses and supported 37 parents and carers over the last 12 months through this programme. This has also included an additional three months follow-up session for participants who attended. The Cygnet Programme is a six week intensive course for parents run by the staff once a week for three hours. The course covers a wide range of topics to help parents and carers learn and develop skills to help their children post diagnosis. The group learns new information and strategies, but also families support each other and develop friendships and relationships.

Report of the Trustees
for the Year Ended 31 March 2017

ACHIEVEMENT AND PERFORMANCE

Charitable Activities

Parent Support Group

During the last twelve months we have had guests such as the SEND team for LCC, SENDIASS, Independent supporters, Barnardo's POWAR group & young inspectors, Carers Contact, Carers Service, ADHD northwest, Artisan cafe (fudge sales) and the Learning Disability Service.

We have also hosted a sleep workshop run by Scope, which was attended by eight families. This was very positively received and we hope to host a behaviour workshop as well as another sleep workshop in the near future.

Social Sessions and Events

The Christmas party was attended by 14 families and 28 children. We held a tombola and raffle. The families enjoyed a buffet and a disco and various games in the ARC. Our volunteers helped out during this event helping out with the tea, coffee and refreshments, the tombola, raffle and supervising the rooms.

For Autism Awareness week in March 2017 we held three events, which included a visit to Robinwood Activity Centre in Todmorden. The children had access to the full activity centre and could pick the activities they took part in. We tried climbing, trapeze, zip wire, the giant swing and caving amongst other things. All ten children attending had an excellent time.

Our Coffee Morning was attended by 16 parents, carers and professionals. We had a stall for information about the services and also the Children's Services team worked together to provide information on the Cygnet and Healthy Minds courses.

In Blackburn we held an 'Afternoon Tea for Autism.' Action for ASD also attended an event on Blackburn market alongside the National Autistic Society in support of autism awareness.

Alongside these events we went along to Burnley College with an information stand. Burnley College students very kindly raised much needed funds for our Children's Services.

Family Sessions

We have delivered 36 family sessions this year. The Sunday Family Session has welcomed 28 families accessing on a regular basis. These are always well attended and valued sessions. They are a chance for the whole family to access social and leisure activities and have fun in a safe and understanding environment. It can be hard for families who have children with an ASC to access mainstream activities together as the child with autism can find it hard to cope with busy play places and may have behavioural difficulties that prevent them from doing family activities together. These sessions give the siblings a chance to play together while their parents socialise and develop new relationships.

Sibling Sessions

We have supported 6 children and delivered 10 sessions over the year. The children have talked about autism, communication and sensory experiences. We have decided to relaunch these sessions and run them as one-off sessions which will see activities such as parties, disco and film evenings. We are currently putting a programme of activities together for the coming year.

Play and Social Sessions

This is a very popular part of Children's Services, as the sessions provide not only fun play activities for children, but also a short break for parents and carers. We have excellent facilities at the ARC including a large soft play structure, bouncy castle, music room, art and crafts room, sensory zone, games consoles zone, tuck shop and café area and a teenage area with Subbuteo, pool, snooker, table tennis and air hockey. These sessions are always in high demand as the children and young people have access to supportive and trained staff and the parents and carers know they are safe and well looked after.

We are currently providing Wednesday Senior Sessions, Saturday Junior Sessions and Saturday Senior Sessions on a weekly basis during term time.

Action for ASD

Report of the Trustees for the Year Ended 31 March 2017

ACHIEVEMENT AND PERFORMANCE

Charitable Activities

We also provide Play and Social sessions during school holidays, although this has been more difficult since our funding was further cut in 2016. We have provided sessions in the Easter holidays, June, October and February half terms and the summer holidays. Due to the reduced funding, during the summer holidays we ran 2 senior sessions and 2 junior sessions per week instead of the 5 full days provided in recent years. We found that this worked quite well. The summer junior holiday sessions had 29 children attend throughout the 12 sessions and the summer senior holiday sessions saw 24 children attend throughout the 11 sessions delivered.

Youth Panel

Our Youth Panel is a chance for the children to give feedback about the centre. This meeting takes place on the first Saturday session of the month. The children sit together as a group and discuss changes they would like to make and what they enjoy about the centre. This helps to give the children a voice and helps them to develop social skills and confidence. We have also introduced a feedback activity on sessions, so that the groups can ask questions which the staff team can answer to help empower the children to have their say and influence the support and sessions they access. As part of the Youth Panel, Barnardo's POWAR group young inspectors came along and provided us with a report that they completed alongside the children.

Transition Groups

We have had 26 young people accessing the group over the year. We have also have had several members of this group move into the adult social sessions this year. The Transition group is for young people aged 16-25 years who are in between Children's and Adult Services. The group meets on a Thursday night and socialise together using the centre facilities, having discussion groups and accessing various planned seasonal activities over the year.

Lego Sessions

We trialled 2 Lego sessions comprising of 3 x 1 hour sessions for children aged 4-11 years and 11-18 years. These sessions focused on developing social skills and turn taking and we received position feedback from these sessions from parents and carers. In the future we hope to run a series of these sessions again and expand and develop what we have learnt from the first set of workshops.

Fabric Sessions for Children and Adults

In partnership with Gawthorpe Textile Museum we hosted a series of 8 workshops for people with ASC and their carers. The sessions provided a safe, creative environment for families affected by ASC to take time out and make use of the textile collection from the museum. Nine children and young people benefitted from this experience as well as their parents. The children learnt new sewing and craft techniques and parents chatted and created their own fabric pieces.

Adult Services

This project is funded by East Lancashire and Blackburn with Darwen CCGs and it is extremely in demand with referrals increasing each year. There are three full-time and two part-time members of staff employed on the project to work with adults with Asperger Syndrome from aged 16 years upwards.

The various services within the project are:

Low Level Support

This part of the service we provide is very much in demand and we have provided 1691 support sessions and enquiries over the year. We have accepted 242 new referrals for the service this year. Many of our clients require support after diagnosis as they want to learn more about the condition. They require support on strategies, social skills or daily living skills or may need help with benefits including the completion of Personal Independence Payment forms. We offer a wide range of support as the needs of the clients are very varied. Support is often on-going as the issues faced tend not to be short term, which places a lot of pressure on the service.

As part of the low level support we also offer Solution Focused Therapy for clients. This helps individuals to identify their problems and work out solutions to improve and develop, so they can overcome their difficulties.

Action for ASD

Report of the Trustees for the Year Ended 31 March 2017

ACHIEVEMENT AND PERFORMANCE

Charitable Activities

Social and Leisure Sessions and Drop-In Sessions

These sessions are provided for adults in two venues, the ARC in Burnley and the Ivy Street Day Centre in Blackburn. They are on different days and different times so they are accessible for more clients to attend.

The main purpose of the sessions is to provide social events for adults with Asperger Syndrome where they can practise their social skills, build their confidence, make new friends and develop relationships with other group members. The sessions also help to prevent anxiety and depression by helping to relieve feelings of social isolation and exclusion.

Activities during the social groups and drop-in sessions have included:

- pizza night
- discussion sessions /nights
- arts and crafts
- Pancake Day treats
- Valentines quiz night
- painting with watercolours
- arts and crafts - making a Mother's Day card
- sweet making - how to make your own coconut ice
- table top games night - bring along your favourite game to play with other members and staff
- wind sock activity
- origami
- adult colouring
- prize bingo
- team-building tasks

Upcoming plans include:

- canal boat trip
- Picnic in the Park at Towneley Hall
- Orienteering Challenge at Towneley Hall Woods/Park
- mini golfing
- bowling

Home Visits

Home visits continue to be limited in order that we can provide more support sessions for individuals at the ARC, because of the sheer volume of individuals requesting support from us at this time. This continues to be problematic, as individuals with extreme levels of anxiety are unable to access our services unless we visit them in their own home. Every effort is being made in order to identify these individuals and provide support for these people where they feel safe.

Action for ASD

Report of the Trustees for the Year Ended 31 March 2017

ACHIEVEMENT AND PERFORMANCE **Charitable Activities**

Benefit Support

The number of individuals requesting support to complete applications for benefits continues to increase. However, wherever possible, we advise them to contact other agencies such as Welfare Rights, in order that their claims are supported and followed up in good time. The changes in the benefit system continue to be an issue for many of the individuals contacting Action for ASD. Without swift and appropriate support in this area many become extremely distressed and may go into crisis, requiring further assistance from Mental Health Teams. Unless support is put in place as early on as possible in this area, many individuals anxious about their financial situation and benefits are unable to move forward with counselling or Solution Focused Therapy and so, wherever possible, this area has been prioritised for many individuals. The benefits applied for predominantly continue to be Personal Independence Payment or Employment and Support Allowance, but our staff also provide assistance in claiming other benefits such as Now (travel) Cards or Motability awards wherever necessary. The majority of individuals that come to us for support with benefit applications meet the criteria for the benefit they have applied for, though it may be necessary for us to request an appeal on their behalf before they receive it. The few individuals that do not meet the criteria for the benefits applied for are advised to this effect by our staff as soon as possible and every effort is made to help them into employment, either by signposting to other agencies such as The Employment Support group or Bootstrap.

Social Care Needs Assessments

There continues to be a steady number of requests for social care needs assessments. This has been helped by support from the local authorities in their provision of current referral documentation and a breakdown of criteria specifications. Though many of the individuals we come into contact with meet the criteria for a social care needs assessment and subsequently a support package, the majority of them will not complete the application until the mental health teams have become involved and they are no longer able to cope.

There are a number of reasons for this, one being that some individuals are oblivious to their problems and find it difficult to come to terms with them. For many of our members the process is extremely difficult for them to deal with. There has to be a great deal of sensitivity and awareness on the part of the staff supporting the individuals at the time.

Most of our staff supporting individuals in this area have some level of training in counselling. As many of our clients have difficulties in processing information and communicating their needs or problems, the total time taken to complete one benefit application or Social Care Assessment document can range from three to ten hours. For some people the whole process is simply too distressing and they withdraw their application or refrain from completing the application process when in actual fact they are quite often the people that need the support the most.

Adult Screening and Diagnostic Service

This service is in its third year and is funded by the CCG for East Lancashire and Blackburn with Darwen. All referrals for diagnosis for these areas through GPs, health professionals or self referrals are made to Action for ASD through our referral process.

The Diagnostic Team consists of the Screening Assessor who sees all people referred within a month. At this meeting the client completes an AAA questionnaire and the results of this determine whether the clients will be referred to the next stage for full diagnosis. If they are to be referred for a full diagnosis the client will commence the diagnostic process and will see the Clinical Psychologist for further assessment.

During 2016-17 we received 244 referrals, of which 147 were from men and 97 from women. A total of 228 people (132 men and 96 women), including 34 referrals from the previous year were seen. Of these 183 people (109 men and 74 women) were referred for a clinical assessment. There have been 137 clinical assessments (84 male and 53 female), of which 109 (70 men and 39 women) were diagnosed with an ASC.

We have had a few changes throughout the year, which has had an effect on our service. Firstly we have employed our own clinical psychologist for the first time. Our new Clinical Psychologist, Dr Jackie Gorman, started working for Action for ASD in April 2016 but unfortunately had to leave in October 2016 for personal reasons. It took a while to find the best suitable candidate and in March 2017 Dr Becky Hull started work for Action for ASD.

Action for ASD

Report of the Trustees for the Year Ended 31 March 2017

ACHIEVEMENT AND PERFORMANCE

Charitable Activities

Since then, we have changed the way we allocate our appointments and the diagnostic assessment used. We now allocate appointments in 6 week blocks; this is to ensure those clients who require a follow-up appointment do not have to wait too long to see Dr Hull. Dr Hull uses the DISCO assessment, which is more in depth than the AAA that was used by previous psychologists. We have also included a sensory profile questionnaire as part of the screening assessment. This is in order to gather more information to provide a thorough and in-depth assessment process.

Volunteer Project

This project is funded by Awards for All and commenced in December 2016. The main purpose of this project is to provide volunteer opportunities for young people aged 16 years and above, with the focus being providing opportunities for adults with an ASC. This project is part of Children's and Adult Services as there is a cross over between volunteer opportunities within both services.

Transition Group 16-25 years

One of the aims of the project is to welcome people aged 16 and over to volunteer to support Action for ASD and gain a better understanding of ASC. Over the years we have had many young people transition through Children's Services and into Adult Services.

However they have expressed the desire to give something back to the organisation and still remain a part of Children's Services. This funding has given Action for ASD the chance to focus the project on these young people who have received a diagnosis of ASC. Many of these young people have also accessed the transition group.

Currently we have 3 adults with an ASC who are actively volunteering on our Saturday sessions and any events e.g. the Christmas parties or Robinwood Activity Centre visits.

Adult Drop In

Adults who have entered the service have expressed an interest in volunteering to help out with specific jobs in the centre. We currently have someone who is organising the books in the reading corner/library. She is working hard to sort out the books so that other adults in the centre can use this space. Whilst volunteering she is gaining experience to add to her CV and also developing new skills and improving her social skills, self-esteem and confidence.

Parent Support Groups

Some of our parents and carers have expressed interest in volunteering on our Thursday morning support groups. Over the last few months we have worked towards establishing a group of parents who would like to give a few hours a month to welcome new members to the support group and even offer support to anyone thinking about accessing our Cygnet training sessions, as during session six of the course, previous course participants are encouraged to share experiences.

Sibling Session

Life can be difficult for siblings of children who have a diagnosis of ASC. One volunteer has first-hand experience of this, and over the last few months has given her time to attending the sibling session and supporting other siblings who need to speak to other young people who have experienced similar struggles.

Saturday and Holiday Social Sessions

Children's Services social sessions have a need for more volunteer helpers. This makes the sessions safer and provides a better standard of support to the children accessing the centre. Many of the young people wanting to volunteer leave school at 16 and can find it difficult to find understanding and accessible volunteer placements. Through spending time volunteering in the centre they develop worthwhile social situations, gain experience and mentoring from the staff team and also act as role models themselves. They are the people who have experienced accessing the ARC in previous years and can be a voice for the children and young people currently accessing the sessions. By volunteering at the ARC they gain more transferable skills that they can take into future job roles.

Action for ASD

Report of the Trustees
for the Year Ended 31 March 2017

ACHIEVEMENT AND PERFORMANCE

Charitable Activities

Training

The volunteers are currently accessing our online training and induction packs so that they gain experience, skills and qualifications. Each volunteer will have access to an Action for ASD Goals and Awards booklet which will incorporate targets to work towards and specific tasks to complete, for example running the tuck shop, console room, art and crafts activities, showing new members around on an induction session, restocking the cards for sale stand, tidying, cleaning and completing the health and safety checklists before and after sessions.

Action for ASD

Report of the Trustees for the Year Ended 31 March 2017

FINANCIAL REVIEW

Fundraising

The 2016/17 year began with major financial concerns, as the level of our funding for Children's Services in the form of respite session funding was due to drop still further than the reduced levels of 2015/16. This income from Lancashire Break Time has indeed fallen from £123,000 in 2014-15 to £42,213 in 2016/17 and now to £20,540 in 2016/17.

As we still want to support our children and their parents with respite activities, as well as needing to fund our organisation overheads, we have therefore had to significantly increase charges.

The funding secured from the CCGs to support our family and children's work from February 2016 ran at its full level until the end of January 2017, and since then has been secured until March 2018, but at a lower level. The amount received in 2016/17 was £96,320. In addition we have received £10,000 from the Garfield Weston Foundation towards our Children's Services for 12 months from November 2016.

Throughout the year, several other grant applications were made by the Project Director with the support of the Fundraising Volunteer. The Three Guineas Trust have supported us yet again, with £5,000 towards the cost of the Project Director's salary. Awards for All granted us £9,850 for a Volunteer Project, to enable our service users to gain valuable volunteering experience. A number of county councillors supported us with their Local Member Grants, enabling us to cover the full £1,500 cost of a stair lift. Bailey Thomas kindly granted us £10,000 towards overheads, and Studio 3 gave us a training grant of £3,216.

The East Lancashire and Blackburn with Darwen NHS CCGs granted £152,368 for 2016/17 for the continuation of the on-going project for the benefit of adults with autism. The same authorities also granted us £57,298 for the Clinical Psychology project.

Parents contributed £15,905 towards the costs of unfunded respite sessions. These charges were under constant review during the year. We have regretfully had to substantially reduce the length and number of sessions held and increase the hourly charges.

We received £2,376 in donations this year, from a range of individuals and organisations. In addition, the General Fund was credited with £761 building society interest and a small amount of fundraising income and donations from the use of the ARC.

The total of our income in 2016/17 was £387,879.

Resources Expended

2016/17 resources expended of £377,348 shows a rise of over £52,000 from the £325,514 of 2015/16.

The main factor here is a £41,000 increase in staff costs, caused by the introduction of the Clinical Psychology project (£19,000), Children's Services staffing (£20,000) and the Volunteer project (£2,000).

Overhead expenditure, by necessity of the difficult funding situation, was tightly controlled again this year. However items such as utilities and consumables have been the subject of rising costs, due to our larger number of full time staff and meetings with individuals seeking assessments. Overheads have risen by £4,000 to £78,000 after being held almost constant in recent years.

New one-off direct project costs of Diagnostic Assessments (£6,000) from the Clinical Psychology project were incurred during a gap in our employment of a clinical psychologist.

Action for ASD

Report of the Trustees for the Year Ended 31 March 2017

FINANCIAL REVIEW

Reserves policy

At the close of the year the reserves of the Charity were as follows:

1) Unrestricted £43,161 (2015/16 £44,272)

Major items of core expenditure are mainly funded by contributions from project grants. However the Trustees recognise that an unrestricted reserve is required for expenditure where this is not the case. Equally, if the receipt of on-going project grants is delayed beyond the start of the project, the cash available in unrestricted funds avoids the need for the Charity to require a temporary loan. This issue is particularly pertinent at present, when the vast majority of the funding for 2017/18 is for the year commencing 1st April 2017. Due to these factors, the Trustees' aim is for up to three months' total expenditure of the Charity to be held in reserves. Reserves (unrestricted, designated and restricted) held at 31st March 2017 are within this parameter.

2) Designated £15,856 (2015/16 £26,037)

Designated funds are held in reserve for the continuation of our Adults' activities in the event of funding for these activities no longer being received. This reserve fell by £1,264 during 2016/17.

At 31/3/16, there was also a Children's Reserve of £8,917. Unfortunately this has all had to be used in 2016/17 as a result of unfunded Children's Services' staffing and the need to cover the Children's share of the organisation's overheads.

3) Restricted £43,831 (2015/16 £22,008)

These balances will all be spent in the new financial year. The main element of this balance is £19,015 from the Clinical Psychology fund. This fund remained in credit at 31/3/17 due to the resignation of our psychologist midway through the year and the subsequent time it took to get a new one recruited, but it will be spent in 2017/18.

Summary

Income for the year comprised grants totalling £366,092 (2015/16 £265,887) to fund specific projects, and a further £15,905 charges for Children's sessions (2015/16 £15,124) and £5,882 (2015/16 £10,615) from smaller donations and other fundraising activity.

Expenditure for the year totalled £377,348 (2015/16 £325,514). Net incoming resources were £10,531 (2015/16 £33,889 net outgoing). Without the £19,015 incoming resource from the Clinical Psychology project, which has already been explained, the net outgoing resource would have been £8,484 in 2016/17.

Action for ASD

Report of the Trustees for the Year Ended 31 March 2017

FUTURE PLANS **Children's Services**

Blackburn with Darwen

We intend to develop the support in the Blackburn with Darwen area and offer more advice, support and Drop Ins to parents and carers who have a child with an ASC. The Support Worker will work alongside the National Autistic Society (NAS), which already has some smaller support groups. She will work side by side with the NAS to develop better services for families in this area.

The Team will also develop the Cygnet course in the Blackburn with Darwen area. The member of staff is currently undergoing training to enable her to deliver the course in the area as this course is very much in demand. Running the course allows us to provide more support to more families as we have several families attending the course at a time and they can learn about the condition and develop relationships and help and support each other. We are an accredited and licensed agency through Barnardos to deliver this training, which is free to parents and carers. There is some cost to Action for ASD that is currently unfunded but we try to keep the costs low by using our own building and facilities.

Burnley

We will strive to offer five Cygnet courses at the ARC over the course of the year. This will enable us to offer a rolling programme of training for parents and carers and offer a good package of support for the families.

In addition to the usual six sessions on the current Cygnet course we would like to introduce two further courses run as one-off sessions for the parents and carers. These courses will be the Cygnet Sibling and the Cygnet Puberty and Adolescence courses.

The Children's team will also develop the Healthy Minds course. A pilot programme has already been run once and we hope to develop this over the year. This course is for parents and carers to help them develop skills to identify mental health problems and stop these problems from developing.

The Children's Services Manager also wants to develop a series of weekly practical workshops for parents and carers. The topics for these would be visual timetables/schedules, sleep, behaviour, social stories/comic book conversations and restrictive eating. We will hold these at the ARC and use the training facilities we already have and if necessary provide childcare for the parents and carers so they can attend the workshops.

We will also be looking at relaunching the sibling sessions as they were recently stopped due to the numbers of children attending. It may be necessary to look at 2 different age groups and alternate between them every other month. The age groups would be ages 4-11 and 12-16 years. This change is due to feedback from parents who have had children that have been previously too young to attend and the differing needs of the children in terms of activities.

There will also be Lego clubs one evening a week for junior and senior aged children after school. These sessions are fun sessions for children to make Lego constructions, but they also teach social skills, turn taking and working as a team.

We intend to relaunch the parent support group by looking at having more of an informal coffee morning or parent/carer get together. Parents often feedback to Children's Services that they struggle to access the Thursday morning support, so we may also potentially change the time of the group so we can alternate evening and daytime, and make it available to working parents also.

Adult Services

The Adult Services will mainly focus on developing the services that we already provide and attempt to streamline the process and structure of the support services we offer around diagnosis.

The number of people that are being referred for support has trebled in the three years since the full service was started, yet the CCG has not increased the funding to compensate for this. The Project Director, Adult Services Manager and the Clinical Psychologist will work together to look at systems, internal referrals and "signposting".

The support groups and "Drop Ins" will continue and we will try and increase the number of people attending by introducing more activities and discussion groups. These groups will continue to run at the ARC, BB1 4Life, Your Support Your Choice and Ivy Street Community Centre on a weekly basis.

Action for ASD

Report of the Trustees

for the Year Ended 31 March 2017

We are going to work alongside and in partnership with organisations and agencies to improve their knowledge of autism. This should help with us being able to "signpost" adults to other services and organisations such as housing, benefits and social care. Knowledge within these organisations appears to be very limited so we have a lot of difficulty signposting clients as they tend to come back to us wanting us to help them with the clients as they need the autism support. By improving knowledge with professionals we hope to be able to refer clients to them for specialist support which will help us to reduce our waiting times.

We will be applying for funding to develop training and support courses for adults when they have been diagnosed so they can access group support at the centre. We would like to develop two courses that last for 6-8 weeks which will be around diagnosis and understanding what autism means to them. By providing group therapy we hope to work with a larger number of people at any one time as our waiting lists for support are ever increasing.

Adult Screening and Diagnostic Service

We expect this service to continue to grow and develop over the next year. We have just signed another 2 year contract from April 2017 with East Lancashire and Blackburn with Darwen CCG for us to continue to deliver this service. This will enable us to continue diagnosis. The number of diagnoses has doubled since the service started and this is meaning that our waiting lists are increasing also. We have a waiting time of five to six months and we hope to reduce this to three months by 2018. By 2018 we are hoping the new psychologist will have reduced the waiting times and therefore dedicate some time to providing more group work after diagnosis.

If numbers of referrals for diagnosis increase then we will have to approach the CCG to provide funding for a part time or full time clinical psychologist or assistant psychologist for a year to bring down the numbers waiting for a diagnosis.

The Pre Diagnostic Screening Assessment will continue to take and accept referrals for diagnosis and will be responsible for completing the AAA diagnostic tool to help determine if the clients should be referred on for further diagnosis.

General Charity Business

We will also be fundraising for extra office and meeting space over the next year and focusing on this as a priority. As we are receiving more and more diagnosis referrals and have children, young people, adults and parents and carers needing and wanting support and services we are finding we need more and more space for meeting and confidential consultations. We have a very large space at the ARC, but this in the main consists of large open spaces. We need to secure funding to build a series of small private meeting rooms within the larger space.

The main priority of the year will continue be to raise fund- raising for the Charity to ensure the security and future of all the Charity and build on all we have achieved to make sure that Action for ASD continues to provide the quality professional services to children, adults and their families in the East Lancashire and Blackburn with Darwen area.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is controlled by its governing document and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Action for ASD

Report of the Trustees

for the Year Ended 31 March 2017

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

Organisation

The Charity is governed by an Executive Committee of Trustees who are appointed by the Charity's members, and who act as Directors of the Company. Its core activities and projects are managed by a non-trustee Project Director, with a staff team of 7 full time, 5 part time, 6 sessional staff and 5 volunteers, reporting to the Executive Committee

Appointment of Trustees

The Charity's governing document is its Memorandum and Articles of Association. The Charity's members are the subscribers to the Memorandum, and any persons subsequently admitted as members, and they are allowed a vote at an Annual General Meeting subject to the provisions of Articles 20 to 28.

A Trustee may be appointed by ordinary resolution by the Trustees' Executive Committee in accordance with Articles 39 and 40, and may hold office until the next Annual General Meeting. A Trustee may be appointed at an Annual General Meeting of the Charity's Trustee and non-trustee members, either by recommendation of the existing Trustees or by nomination by a member in accordance with Articles 36 to 38.

At each Annual General Meeting, one-third of the Trustees retire from office by rotation, and may be reappointed, in accordance with Articles 33 to 35. The powers of the Trustees are described in Articles 31, 32 and 65."

History of the Charity

The Charity began life in 1996 when a group of parents who attended Holly House Child Development Centre in Rishton formed a self-help group which they subsequently established as a registered charity called CASSEL (Children with Aspergers Syndrome Support in East Lancashire). In 2000 the charity changed its name to Action for ASD to reflect its extended scope, and in 2001 it was fortunate enough to win funding from the Big Lottery. A new incorporated charity (i.e.: charitable company) was then formed, also called Action for ASD, to take on the role of employing a small team of staff, to develop the project and offer more help to families whose lives were affected by Autistic Spectrum Disorders.

This funding helped to put Action for ASD on the map and it has grown steadily over the years. From humble beginnings in a small office with a staff team of 4, it has grown and is now based at the ARC at Kings Mill, Harle Syke, Burnley.

The Charity began its life supporting parents who had children with a high-functioning autism or Asperger Syndrome. The major functions of the Charity at this stage were to support parents, provide training, raise awareness and provide family social events so families could develop relationships and support each other.

As often happens when an organisation becomes successful and grows, the remit of the Charity widened and we began to provide some respite through social and leisure opportunities for young people with Asperger Syndrome. As we did not have the facilities or resources at this stage, the charity hired a Learning Disability Day Service to provide youth clubs and Saturday clubs for children aged 8 - 19 years. We then found that parents and carers were asking for a wider range of activities, which was impossible to provide at the Day Centre as it was used during the day by Lancashire County Council.

The Project Director then began the mission to raise funding and to search for a suitable building, so that Action for ASD could have its own one stop shop Resource Centre with play facilities for the children, but one which could also house services to support parents and carers. By February 2007 this was accomplished and the Charity moved into Kings Mill, Queen Street, Burnley, Lancashire. Since February 2007 the Charity has gone from strength to strength and we now have our fully functioning ARC in around 10,000 sq. ft. of space.

Action for ASD now provides Children's Services and Adult Services from the ARC and is funded by East Lancashire NHS, Blackburn with Darwen NHS, Lancashire County Council, Children in Need and Three Guineas, charity fundraising events and kind donations from members of Action for ASD and the public.

Action for ASD

Report of the Trustees
for the Year Ended 31 March 2017

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The facilities Action for ASD now available at the ARC are Offices, Resource Library, Games Console Zone, Soft Play structure, Bouncy Castle, Toddler Area, Subbuteo Table, Air Hockey, Table Tennis, Snooker/Pool, Kitchen and Tuck Shop, Café area, Sensory Room, Music Room, Arts and Crafts, Cinema Facilities, Internet Café, Water and Sand Play, Parents' Meeting Place and Adult Services Resource Room and many other resources for the children and adults to access at the play sessions..

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 7 August 2017 and signed on its behalf by:

David Preston - Chairman of Trustees

A handwritten signature in black ink, consisting of a large, stylized loop followed by a long horizontal stroke.

Action for ASD

Statement of Trustees' Responsibilities for the Year Ended 31 March 2017

The Trustees (who are also the directors of Action for ASD for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charitable Company and of the incoming resources and application of resources, including the income and expenditure, of the Charitable Company for that period. In preparing those financial statements, the Trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charitable Company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner's Report to the Trustees of
Action for ASD

I report on the accounts for the year ended 31 March 2017 set out on pages twenty to twenty seven.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of Association of Charity Independent Examiners.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



M R Heaton FCCA FCIE DChA
Association of Charity Independent Examiners
KM
4/6 Grimshaw St
Burnley
Lancashire
BB11 2AZ

7 August 2017

Action for ASD

Statement of Financial Activities
for the Year Ended 31 March 2017

		Unrestricted funds £	Restricted funds £	31.3.17 Total funds £	31.3.16 Total funds £
	Notes				
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	3,570	-	3,570	9,023
Charitable activities	4				
Support for people affected by ASD		-	366,092	366,092	265,887
Investment income	3	761	-	761	612
Other income		<u>17,456</u>	<u>-</u>	<u>17,456</u>	<u>16,103</u>
Total		21,787	366,092	387,879	291,625
EXPENDITURE ON					
Charitable activities					
Support for people affected by ASD		<u>33,079</u>	<u>344,269</u>	<u>377,348</u>	<u>325,514</u>
NET INCOME/(EXPENDITURE)		(11,292)	21,823	10,531	(33,889)
RECONCILIATION OF FUNDS					
Total funds brought forward		70,309	22,008	92,317	126,206
TOTAL FUNDS CARRIED FORWARD		<u>59,017</u>	<u>43,831</u>	<u>102,848</u>	<u>92,317</u>

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

The notes form part of these financial statements

Action for ASD

Balance Sheet
At 31 March 2017

		Unrestricted funds £	Restricted funds £	31.3.17 Total funds £	31.3.16 Total funds £
	Notes				
CURRENT ASSETS					
Debtors	9	6,911	-	6,911	18,877
Investments	10	42,666	43,831	86,497	75,890
Cash at bank and in hand		<u>21,354</u>	<u>-</u>	<u>21,354</u>	<u>14,506</u>
		70,931	43,831	114,762	109,273
CREDITORS					
Amounts falling due within one year	11	(11,914)	-	(11,914)	(16,956)
		<u>59,017</u>	<u>43,831</u>	<u>102,848</u>	<u>92,317</u>
NET CURRENT ASSETS					
		<u>59,017</u>	<u>43,831</u>	<u>102,848</u>	<u>92,317</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>59,017</u>	<u>43,831</u>	<u>102,848</u>	<u>92,317</u>
NET ASSETS					
		<u><u>59,017</u></u>	<u><u>43,831</u></u>	<u><u>102,848</u></u>	<u><u>92,317</u></u>
FUNDS					
Unrestricted funds	13			59,017	70,309
Restricted funds				<u>43,831</u>	<u>22,008</u>
TOTAL FUNDS					
				<u><u>102,848</u></u>	<u><u>92,317</u></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2017.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2017 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees on 7 August 2017 and were signed on its behalf by:

David Preston –Chairman of Trustees



The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

From 1 April 2011 all items of a capital nature are written off as equipment in the year of purchase.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	31.3.17	31.3.16
	£	£
Donations, subscriptions and similar income	<u>3,570</u>	<u>9,023</u>

3. INVESTMENT INCOME

	31.3.17	31.3.16
	£	£
Interest on cash deposits	<u>761</u>	<u>612</u>

Action for ASD

Notes to the Financial Statements - continued
for the Year Ended 31 March 2017

4. INCOME FROM CHARITABLE ACTIVITIES

		31.3.17	31.3.16
	Activity	£	£
Grants	Support for people affected by ASD	<u>366,092</u>	<u>265,887</u>

Grants received, included in the above, are as follows:

	31.3.17	31.3.16
	£	£
Three Guineas Trust - Salaries	5,000	10,000
NHS CCG - Adult Project	152,368	154,390
LCC Lancashire Break Time	20,540	42,213
NHS CCG - Children's Project	96,320	12,784
Three Guineas Trust - Overheads	-	36,500
NHS East Lancashire CCG - Social Prescribing Grant	-	10,000
Garfield Weston	10,000	-
NHS CCG -Clinical Psychology	57,298	-
Awards for All -Volunteer Project	9,850	-
Stairlift Fund	1,500	-
Bailey Thomas -Overheads	10,000	-
Studio 3 Training	<u>3,216</u>	<u>-</u>
	<u>366,092</u>	<u>265,887</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

Other than the disclosure in Trustees' expenses below, there were no trustees' remuneration or other benefits for the year ended 31 March 2017 nor for the year ended 31 March 2016.

Trustees' expenses

No trustees received any expenses during the current or prior years.

One trustee received remuneration amounting to £2,950 (2016: £2,530).

6. STAFF COSTS

	31.3.17	31.3.16
	£	£
Wages and salaries	238,810	203,406
Social security costs	17,364	12,954
Other pension costs	<u>4,860</u>	<u>3,189</u>
	<u>261,034</u>	<u>219,549</u>

The average monthly number of employees during the year was as follows:

	31.3.17	31.3.16
Administration	3	3
Project	<u>10</u>	<u>9</u>
	<u>13</u>	<u>12</u>

No employees received emoluments in excess of £60,000.

Action for ASD

Notes to the Financial Statements - continued
for the Year Ended 31 March 2017

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	9,023	-	9,023
Charitable activities			
Support for people affected by ASD	-	265,887	265,887
Investment income	612	-	612
Other income	<u>16,103</u>	<u>-</u>	<u>16,103</u>
Total	25,738	265,887	291,625
 EXPENDITURE ON			
Charitable activities			
Support for people affected by ASD	<u>35,107</u>	<u>290,407</u>	<u>325,514</u>
Total	<u>35,107</u>	<u>290,407</u>	<u>325,514</u>
 NET INCOME/(EXPENDITURE)	(9,369)	(24,520)	(33,889)
 RECONCILIATION OF FUNDS			
Total funds brought forward	<u>79,678</u>	<u>46,528</u>	<u>126,206</u>
 TOTAL FUNDS CARRIED FORWARD	<u><u>70,309</u></u>	<u><u>22,008</u></u>	<u><u>92,317</u></u>

8. TANGIBLE FIXED ASSETS

	Office equipment £
COST	
At 1 April 2016 and 31 March 2017	<u>37,030</u>
 DEPRECIATION	
At 1 April 2016 and 31 March 2017	<u>37,030</u>
 NET BOOK VALUE	
At 31 March 2017	<u>-</u>
At 31 March 2016	<u>-</u>

Action for ASD

Notes to the Financial Statements - continued
for the Year Ended 31 March 2017

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.17	31.3.16
	£	£
Trade debtors	-	14,806
Prepayments	<u>6,911</u>	<u>4,071</u>
	<u>6,911</u>	<u>18,877</u>

10. CURRENT ASSET INVESTMENTS

	31.3.17	31.3.16
	£	£
Nationwide	85,996	75,387
Scottish Widows Bank	<u>501</u>	<u>503</u>
	<u>86,497</u>	<u>75,890</u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.17	31.3.16
	£	£
Social security and other taxes	-	1,953
Accrued expenses	<u>11,914</u>	<u>15,003</u>
	<u>11,914</u>	<u>16,956</u>

12. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.17	31.3.16
	£	£
Within one year	25,873	-
Between one and five years	<u>821</u>	<u>25,827</u>
	<u>26,694</u>	<u>25,827</u>

Action for ASD

Notes to the Financial Statements - continued for the Year Ended 31 March 2017

13. MOVEMENT IN FUNDS

	At 1.4.16 £	Net movement in funds £	At 31.3.17 £
Unrestricted funds			
General fund	44,272	(1,111)	43,161
Reserve Fund for Children's Activities	8,917	(8,917)	-
Reserve Fund for Adult Activities	17,120	(1,264)	15,856
	<u>70,309</u>	<u>(11,292)</u>	<u>59,017</u>
Restricted funds			
Three Guineas Trust - Salaries	2,503	(1,256)	1,247
NHS CCG - Adult Project	11,882	(11,882)	-
Blackburn with Darwen Think Autism Project	500	(500)	-
NHS CCG - Children's Project	563	6,718	7,281
Three Guineas Trust- Overheads	6,560	(6,560)	-
Garfield Weston	-	7,963	7,963
NHS CCG -Clinical Psychology	-	19,015	19,015
Awards for All- Volunteer Project	-	7,575	7,575
Stairlift Fund	-	750	750
	<u>22,008</u>	<u>21,823</u>	<u>43,831</u>
TOTAL FUNDS	<u>92,317</u>	<u>10,531</u>	<u>102,848</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	7,546	(8,657)	(1,111)
Reserve Fund for Children's Activities	14,241	(23,158)	(8,917)
Reserve Fund for Adult Activities	-	(1,264)	(1,264)
	<u>21,787</u>	<u>(33,079)</u>	<u>(11,292)</u>
Restricted funds			
Three Guineas Trust - Salaries	5,000	(6,256)	(1,256)
NHS CCG - Adult Project	152,368	(164,250)	(11,882)
LCC - Lancashire Break Time	20,540	(20,540)	-
NHS CCG - Children's Project	96,320	(89,602)	6,718
Three Guineas Trust- Overheads	-	(6,560)	(6,560)
Garfield Weston	10,000	(2,037)	7,963
NHS CCG -Clinical Psychology	57,298	(38,283)	19,015
Awards for All- Volunteer Project	9,850	(2,275)	7,575
Stairlift Fund	1,500	(750)	750
Bailey Thomas- Overheads	10,000	(10,000)	-
Studio 3 Training	3,216	(3,216)	-
Blackburn with Darwen Think Autism Project	-	(500)	(500)
	<u>366,092</u>	<u>(344,269)</u>	<u>21,823</u>
TOTAL FUNDS	<u>387,879</u>	<u>(377,348)</u>	<u>10,531</u>

Action for ASD

Notes to the Financial Statements - continued
for the Year Ended 31 March 2017

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2017, except those as detailed in Note 5.

INDEPENDENT EXAMINERS FEES amounted to £1920 (2016: £2000)