



*Companies House*  
— for the record —

**AR01** (ef)

**Annual Return**



Received for filing in Electronic Format on the: **12/06/2013**

**X2AE9TU2**

*Company Name:* **HEALTH CONSULTANTS INCORPORATED LTD**

*Company Number:* **04242155**

*Date of this return:* **12/06/2013**

*SIC codes:* **86220**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **317 HORN LANE  
ACTON  
LONDON  
W3 0BU**

**Officers of the company**

## *Company Secretary 1*

*Type:* **Person**

*Full forename(s):* **SIMON**

*Surname:* **GILCHRIST**

*Former names:*

*Service Address:* **79B HURON ROAD  
LONDON  
SW17 8RG**

*Company Director*    ***1***

*Type:*                                **Person**

*Full forename(s):*                **CATHERINE FRANCESCA ANA**

*Surname:*                                **AINSLIE**

*Former names:*

*Service Address:*                **61 CALLCOTT ROAD  
KILBURN  
LONDON  
NW6 7EE**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **11/05/1968**

*Nationality:*    **BRITISH**

*Occupation:*    **DIRECTOR**

*Company Director*    **2**

*Type:*                                **Person**  
*Full forename(s):*                **CHRISTOPHER**

*Surname:*                            **MCLEAN**

*Former names:*

*Service Address:*                **61 CALLCOTT ROAD**  
                                             **LONDON**  
                                             **NW6 7EE**

*Country/State Usually Resident:*   **ENGLAND**

*Date of Birth:*   **01/10/1971**                                *Nationality:*   **AUSTRALIAN**

*Occupation:*    **HEALTH AND FITNESS**  
                             **CONSULTANT**

## Statement of Capital (Share Capital)

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|                        |                 |                                |          |
|------------------------|-----------------|--------------------------------|----------|
| <b>Class of shares</b> | <b>ORDINARY</b> | <i>Number allotted</i>         | <b>1</b> |
|                        |                 | <i>Aggregate nominal value</i> | <b>1</b> |
| <i>Currency</i>        | <b>GBP</b>      | <i>Amount paid per share</i>   | <b>1</b> |
|                        |                 | <i>Amount unpaid per share</i> | <b>0</b> |

*Prescribed particulars*

**PARTICULARS OF ANY RIGHTS, AS RESPECTS CAPITAL, TO PARTICIPATE IN A DISTRIBUTION**

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## Statement of Capital (Totals)

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|                 |            |                                      |          |
|-----------------|------------|--------------------------------------|----------|
| <i>Currency</i> | <b>GBP</b> | <i>Total number of shares</i>        | <b>1</b> |
|                 |            | <i>Total aggregate nominal value</i> | <b>1</b> |

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### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 12/06/2013 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **1 ORDINARY shares held as at the date of this return**  
*Name:* **MCLEAN CHRISTOPHER**

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### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.