Registered number: 04176976 Charity number: 1091677

POSITIVE HEALTH (LINCOLNSHIRE)

(A Company Limited by Guarantee) .

UNAUDITED

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

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REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2021

Trustees

Mr C F White, Chair

Ms P J Calder

Mr J Winmill, Treasurer Mr C F Hinton, Vice Chair

Ms M Laurence

Company registered

number

04176976

Charity registered

number

1091677

Registered office

25 Newland Lincoln LN1 1XP

Company secretary

Mr J Winmill

Chief executive officer

J Burgwin

Independent examiner

Linda Lord FCA BSc TEP

Streets LLP Tower House Lucy Tower Street

Lincoln LN1 1XW

Bankers

National Westminster Bank

225 High Street

Lincoln

CHAIRMAN'S STATEMENT FOR THE YEAR ENDED 31 MARCH 2021

The chairman presents his statement for the year.

I do not normally write a forward to our report, but the past year has not been a 'normal' one in so many ways; also 2021 marks my 20th year as Chairman of Positive Health.

When I took on the role there were 30 clients there are now 187. However, despite this increase, the work of the organisation has gone from strength-to-strength. The work of all the departments is impressive. Year on year the staff and the organisation receive accolades from hosts of clients. These show very clearly that we make a real difference to the lives of those with whom we work, be they HIV+ clients and their partners, school students or visitors to Public Sex Environments. This work is completed amidst constant challenges, be they issues with funding, local sexual infection outbreaks or in this last year Covid 19. Leading the work in the office is Jo Burgwin. Jo took over as our Chief Officer in 2017. Her response to the Covid 19 challenge was exemplary. She was ahead of 'the game' in procuring all the necessary kit to enable our work to continue and ensuring the organisation could continue in its vital work supporting our clientele. In this she was supported by her excellent staff team which I would like to thank for their exceptional work on behalf of my fellow trustees.

Finally, I should like to offer my personal thanks to my fellow Trustees for their commitment to our Charity. Meeting via Zoom we have been able to continue our work in support of Jo and her staff team. I honestly believe without the support of my fellow Trustees and the wealth of skill and experience that they bring, our organisation would not be what it is widely recognised to be; the 'Premier Sexual Health charity in Lincolnshire'

Let us all hope that the Report prepared for 2021 to 2022 is done in far better circumstances for everyone.

Mr C F White

10 06 2021

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2021

The Trustees present their annual report together with the financial statements of the company for the year 1 April 2020 to 31 March 2021. The Annual Report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual Report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the company qualifies as small under section 382 of the Companies Act 2006, the Strategic Report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

Positive Health's objects and principal activities relate to the following statement, which is taken from our Memorandum of Articles of Association:

'The relief of poverty, sickness and social exclusion of persons living with and vulnerable to HIV/AIDS, and related infections, substance misuse and poor sexual health. To engage in any charitable activities which may lessen the suffering of such persons, their families, friends and carers.

In furtherance of our objectives but not otherwise the charity may exercise the following powers:

'To target the public with Information on sexual health, HIV and other STI's, through relevant campaigns and awareness events, to provide information or support around those issues to people living in Lincolnshire'

and

'To use appropriate methods to educate and inform the general public and specific target groups on the subjects of HIV/AIDS, HEP B & C, Sexual Health and the wider aims of Positive Health (Lincolnshire)

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

b. Strategies for achieving objectives

Our main objectives and activities for the year continued to focus on the support for our clients, enabling people living with HIV and their carers to gain the skills, knowledge and resources to overcome the social and economic disadvantages associated with the poor health and stigma of HIV, and the prevention of further infection via our health promotion/training and sexual health outreach work, to increase individual and collective knowledge of sexual health to reduce the incidence of HIV and other sexually transmitted infections within the county of Lincolnshire. We continued to offer our Point of Care Testing sessions in Lincolnshire and our commissioned Point of Care Testing sessions in Northern Lincolnshire. We have increased our social media presence with our Facebook Page and our presence on Grindr.

In addition to the work of our salaried staff the Trustees would also like to acknowledge the work of our volunteers, who give freely of their time and without whom our work would not be as effective as we would wish it to be.

We review our aims, objectives and activities each year, to look at the achievements of each key activity in the previous 12 months to ensure beneficial outcomes for our target groups. We have referred to the Charity Commission's guidance on public benefit when reviewing or planning future activities, and always consider how planned activities will contribute to the charity's objectives.

c. Achievements and Performance

Sexual Health Outreach HIV Prevention and Support Service (SHOHPS)

The SHOHPS contract is funded by Lincolnshire County Council Public Health Division.

The COVID-19 pandemic has had a significant impact on all our services, the Positive Health team have risen to all the challenges the pandemic has put in the way of our daily service provision. Our aim over the last twelve months has been to keep our staff and all our clients safe and well, whilst delivering services to our most vulnerable service users. As Chief Officer, I would like to congratulate and thank every member of the staff team for their continued patience, support, and hard work during these unprecedented times.

Sexual Health Outreach Service

The aims and objectives of this service are: firstly, to provide an Outreach service to public sex environments (PSE), where site users commonly include men who have sex with men (MSM), and at other venues and events where people are more vulnerable or at risk of sexual ill health. Secondly, to reduce 'risky' sexual behaviours and finally, to provide sexual health information which increases the awareness of HIV, other sexually transmitted infections and routes of transmission whilst encouraging the uptake of testing. This latter service is offered free of charge to service users and is limited by the funding to MSM at PSE sites and at other venues and events where people are more vulnerable or at risk of sexual ill health within the county of Lincolnshire. Public Sex Environments (PSE sites) can include woods, car parks, parks, beaches, toilets and local beauty spots. They are usually found through local networks, local press or the Internet or word of mouth from other PSE users. Our experience of Men who have sex with men (MSM) shows they often prefer the anonymity of sex where there's little risk of being identified and they don't need to talk. Having multiple sexual partners is common amongst MSM. Yet many men engaging in casual sex still do not use condoms consistently. Our sexual health Outreach team encourage the men on PSE sites to always use condoms during sexual activity.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

The service delivery target for PSE work is for the provision of 350 Outreach sessions per annum covering the 28 Public Sex Environments (PSE sites) in Lincolnshire. During 2020-21 the Outreach team were still able to cover 63% of the sessions with 219 visits to PSE sites. The three official 'lockdowns' severely hampered the work we were able to do. Whilst the Governments message was to "Stay at Home" even when 'lockdowns' were lifted the Outreach team reported 866 men on PSE sites. They were able to have engage with 46% of these site users. The Outreach workers have been provided full PPE to carry out PSE visits safely.

Condoms remain the most effective way to prevent HIV and other STI's, this year our sexual health Outreach team have increased their online presence to ensure that service users are able to get condoms, resources and information on PrEp sent out via the post.

- 262 MSM targeted social media sessions
- 1186 Positive Health (Lincolnshire) Facebook Posts

The increase in social media resulted in reaching 11,818 of our targeted group. We also had 84 new contacts via our presence on Grindr. During the autumn our chairman with the support of Positive Health staff completed a full review of our Outreach Service. A copy of this report can be found as an appendix to this report. I am pleased that this has been well received by our commissioner and will be the basis of our work going forward when circumstances allow.

Drop - IN Service and Point of Care HIV Testing

Due to Covid 19 this service has been suspended during the last twelve months.

Sexual Health Promotion/Training and HIV Prevention Services

The aims and objectives of the services are to promote positive sexual health and well – being, to raise awareness of HIV, STI's, reduce stigma, encourage the uptake of testing and sign post to sexual health services, through events, 210 free to establishment training workshops/courses.

Sexual Health Promotion Events

Due to Covid-19 the team have been unable to take part in any sexual health promotion events. During the last twelve months all sexual health promotion has been online, including Sexual health week, Mental Health Awareness, Cervical Cancer Awareness, Men's Health, World Aids Day, THT "Can't Pass It On", National HIV Testing week February 2021, along with many other awareness days and the Government and Public Health England Coronavirus updates.

Sexual Health Promotion/Training

During the year, when the Government restrictions have allowed, the sexual health trainers delivered 99 sessions free of charge sessions to a total of 25 organisations/schools. The sessions are offered free to a variety of schools/ organisations and youth groups, to ensure the information reaches as wide an audience as possible. The sexual health training team have worked closely with schools to offer either virtual or face to face sessions during the year. Due to Covid-19 and the closure of schools the team were unable to meet the 210 free to provider sessions commissioned within our SHOHPS contract. However, a total 2388 young people attended the workshops that were delivered. The free to provider sessions included:

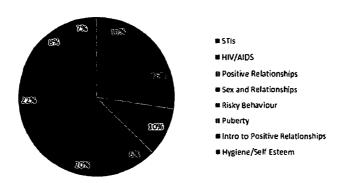
Sexual Transmitted Infections (STIs)

HIV/AIDS Awareness
Positive Relationships
Sex and Relationships
Risky Behaviour
Introduction to Positive Relationships
Self Esteem/Hygiene/Puberty

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

Free Workshops



Feedback from all the sessions was consistently good from both the staff and the pupils.

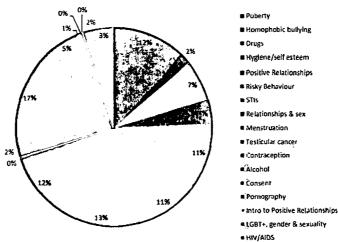
- The sessions yesterday were absolutely fantastic and led very professional. What I particularly liked was how the trainers put the children at ease with lots of humour and being very approachable and open in their delivery.
- Really pleased and a very informative workshop will definitely book in every year.
- Thank you so much for delivering to our year 11 via teams. The teachers have fed back and said they
 were very happy with the delivery and realise how much the students need these workshops.
- I would like to pass on my thanks to the trainer who delivered two brilliant sessions at our school yesterday – they were very informative, and the students engaged well.
- I was somewhat shocked by the excellent feedback that I had from our staff, as they are all health professionals! I was pleased that they all felt they had both learned something and had something to take back into their working practice.
- Thank you for the very valuable talk as it has had a really good impact on those who attended.

In addition to the free to provider sessions listed, we also delivered 47 sessions to 20 venues. These sessions are subsidised by the Charity and are offered at a charge to schools/organisations of £60.00 per tutor group. While these sessions are not a requirement of the SHOHPS contract it is important to acknowledge that an additional 1840 young people in the county received sexual health information to raise their awareness of HIV and STI's, risky behaviour, consent and the means to protect their sexual wellbeing and avoid unplanned pregnancies.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

Paid Workshops



Unfortunately, as of the 16th March 2020 all schools closed until September 2020. Schools began tentatively re-booking either face to face or virtual sessions from September 2020, once again due to Covid-19 schools were closed from December 2020 and re-opened on 8th March 2021.

HIV Support Services

Our objectives and funding limit the service we provide to people with HIV and their carers resident in the county or accessing Sexual Health Services in Lincolnshire. The integrated health, social care and floating housing related support is free to clients, who need to provide proof of diagnosis to access the service. Support is prioritised by the assessed needs of clients and support plans agreed to focus the services in promoting independence and supporting clients to make the most of their economic and social potential.

The aims and objectives are the provision of integrated health, social care and floating housing related support to people infected or affected by HIV/AIDS, which will affirm and enhance the dignity and integrity of the individuals' concerned whilst also taking into account the needs and views of carers. A Terrance Higgins Strategic report 2019 states that 103,800 people are living with HIV in the UK, with 7,500 unaware of their HIV status. HIV diagnoses continue to decline, but progress is slowing.

Due to Covid-19 all of the Positive Health (Lincolnshire) staff team were deployed to our HIV support services in order to step up our support services for our most vulnerable clients.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

Service Users

We received 13 new referrals during the year, and closed 7 cases, 5 clients died during the year and 2 moved out of area. We are supporting 187 HIV positive clients as at the end of the March 2021.

Service Provision

The client profile data shows that the service is accessed by a diverse range of people, with a wide range of needs, from social, emotional, financial, health and sexual. The Social Care Workers continue to provide a wide range of specialist support. They deal with a vast range of issues, and often support people with complex needs and/or dual diagnosis, working in partnership with colleagues from Social Services, Mental Health, Substance Misuse, TB Nursing team, P3, Framework, Housing, CAB, Immigration, Maternity Prison or Probation to provide effective support to the client.

The pandemic has exposed opportunities for innovation and ways to maximise our service provision, the social care team have encouraged clients to engage with virtual home visits, and virtual support groups, to reduce isolation. The social care team have collected and delivered medication and shopping to clients who have been shielding, they have ensured all clients have been able to participate in virtual or telephone medical and benefit appointments. The team have supported clients to access suitable housing and food banks during the pandemic.

- I would like to take the time to say thank you to my social care worker for their help and support with my
 application form, which was time consuming, and I know you have many other clients, but I appreciate
 the time and expertise you have given me.
- I will never be able to put into words how thankful I am for all the help and support you have provided to help me pick me up at my lowest point and helped guide me to a better place, I will be forever grateful.
- I was having a melt-down, thank you so much for your support, I couldn't have got into this position without the support from you guys.
- I would never have contemplated I would be in work this time last year thank you.
- I would like to say a big thank you to Positive Health staff for the support you have continued to offer during this last year.
- Thank you for your unequalled assistance over this last year. I appreciate it all.
- I do appreciate all you have done and continue to do to ensure that I'm well looked after.

The Covid 19 pandemic has given our clients many challenges and in some cases caused their physical health, mental wellbeing, and confidence to decline. The last twelve months have also been very emotional and challenging for the Positive Health (Lincolnshire) team. As Chief Officer, I am proud to say that every member of the team has shown dedication, commitment, and passion in achieving our aims to ensure that we meet the needs of every client and all of our service users. The case studies below offer an insight to the work we have been involved in during the last year.

Sadly, during March 2020, a client was diagnosed with a late-stage aggressive cancer, fortunately consultants advised that the cancer could be treated with an option for surgery, the client was positive and ready to fight the cancer. During the first lockdown, they were admitted to hospital with an infection, this delayed cancer

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

treatment, once the infection was under control and the client had been discharged, a comprehensive cancer treatment plan was started. The social care team liaised with the GP, Macmillan team, Oncology and HIV specialist to ensure that the client was getting the best treatment possible. All the necessary parties were kept up to date with the progress of the treatment plan. Medication was collected and delivered to the client as they were shielding. Daily telephone calls were made to the client and their partner to give emotional support and advice to both. Unfortunately, toward the end of the year the client's health deteriorated and they were unable to attend the last chemotherapy session, they were admitted to hospital with another infection, the social care team again liaised with all relevant parties to ensure that all different treatment options were being considered, the client failed to respond to any treatments and working with the hospital staff the social care team arranged for the client to spend time with their partner during their final days, the client passed away in November 2020. We continue to support the partner.

A client who had been living with hip pain for many months had been referred for an urgent hip replacement operation in January 2020, however due to Covid-19 the surgery did not go ahead as planned. The client's mental well-being and physical health deteriorated, they were in immense pain and their mobility became extremely poor. The social care team gave regular support to both the client and carer, and chased up the hospital consultant regarding surgery, they were advised no surgeries were taking place due to Covid 19. After several months, the client's mental and physical health further deteriorated, and they asked the social care worker to investigate private options. A referral was made for a private consultation, however the surgeon advised due to the complexity of the client's health the surgery could not take place in a private setting. The social care worked continuously to investigate options and within two weeks had managed to secure a pre-op assessment, a Covid test and a date for surgery at Lincoln County Hospital. The client and carer were delighted, the surgery was a success, and the client continues to recover well. Both the client and carer have stated that without the input from Positive Health (Lincolnshire) they would still be waiting for a surgery date. Both have now had their Covid vaccinations.

A homeless client had been offered a hostel by the council during the Covid-19 outbreak, however they felt very unsafe and chose to sleep rough. On finding out this information the social care worker put in an application to our Chris Cinclair benevolent fund, and we were able support the client to obtain suitable safe housing. The social care worker assisted the client with Personal Independent Payment application, this was originally turned down due to the miscommunication during a telephone assessment between the client and the assessor, however the social care worker applied for a mandatory reconsideration and was able to get the decision overturned and the client is now receiving PIP. The social care team continue to support the client with hospital appointments as they are currently awaiting surgery on their wrists. Positive Health (Lincolnshire) have used the emergency hardship grant to ensure the client has food and has referred them to receive regular food banks: The client has contacted the office to say how grateful they are for the continued support we offer.

A client who has suffered complex mental health needs, has been accessing our services for a number of years, lives alone and has no support from family or friends, prior to lockdown they were accessing our HIV counsellor, weekly support with shopping and benefits and medical appointments. Lockdown resulted in the client being very isolated, the client did not want visitors to their home, refused to use the telephone or online services, support became very difficult, we wrote to the client on a weekly basis to keep in touch and advise to contact us for support. In June the client became very destressed due to an upcoming ESA assessment and they telephoned the office for support. The social care team contacted the DWP to explain the client was isolated and did not cope well using the telephone, it was agreed to delay the assessment until restrictions are lifted and a face-to-face assessment can take place. The client is now engaging with telephone support from the social care team and the team do a monthly shop and ensure they have medications. The social care team arranged the client's vaccination appointment and arranged for transport for the appointment, the client is extremely happy to have received their first dose of the vaccine. Once restrictions are lifted, we hope to encourage the client to continue with their HIV counselling sessions.

A client with a cancer diagnosis was being supported with regular home visits, due to Covid-19 the client was

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

shielding with their partner, so the social care team supported both with separate weekly virtual and telephone calls. The social care team liaised with the HIV consultant so that the client had access to their HIV medication and high calorie drinks during the lockdown, these were delivered regularly by Positive Health staff along with an outside social distanced home visit. The client's health began to deteriorate, although they remained positive and tried any treatments offered, unfortunately passed away in September 2020. The social care team continue to support the carer and have helped with benefits, council tax and finances, along with much needed emotional support.

A client who has a history of substance misuse and recently lost their spouse, has been supported by Positive Health (Lincolnshire) for many years since their release from prison. Before the pandemic the social care worker supported with weekly home visits (sometimes twice a week if needed) accompanied to medical appointments, supported with weekly shopping and emotional support. The client became very anxious during the pandemic and did not leave the house as they were classed as clinical vulnerable due to complex medical issues. The social care team supported the client with twice weekly virtual home visits and telephone calls, collected and delivered medication and shopping weekly. The social care team have now registered the client for online shopping to be delivered weekly and have supported the client to book their Covid vaccine. Since having their first dose of the vaccine the client is gaining some independence and confidence back, they have started taking the dog out for a walk, ensuring they keep away from other people. The client is very thankful for the continued support from their social care worker.

Chris Cinclair Benevolent Fund

The fund adds value to the SHOHPS contract and is administered by the Trustees of the Charity. Applications for grants or loans are open to people with HIV living in the county who are experiencing financial crisis or hardship. The fund also pays for the services of an HIV experienced counsellor for clients' needing additional specialist support. The fund assisted 30 clients' during the last year.

Partnership Organisations

We continue to build strong working relationships with staff at the sexual health services in the county and those in neighbouring counties, Public Health, Social Services, Occupational Therapists, Social Workers, CAB, Mental Health Crisis Teams, Housing Associations, District and County Councils, We are with you, Framework, Edan, Lincolnshire Action Trust, Stay Safe Partnership, Lincolnshire Police, Community Safety Priority Team, TB Nursing team, Hep C Trust, Probation Services, GP Practices, Pharmacies and Maternity and Midwifery Services. This list is not exhaustive as we work with too many organisations to mention here.

Virgin Care Limited Sexual Health Outreach and Point of Care Contract. (December 2019 – November 2020)

The Sexual Health Outreach service and Point of Care Testing services are commissioned by Virgin Care Services Ltd and offer sexual health information, advice, signposting, and resources to men who have sex with men. The Sexual Health Outreach service is provided for 18 hours each week, to include, 4 hours travel and 14 hours direct Outreach work on public sex environments (PSE) in the Northern Lincolnshire area. The Sexual Health Outreach work of the charity provides support to men who have sex with men who are vulnerable to poor sexual health. The Point of Care Testing (POCT) service is provided 2 twice a month, one session delivered at Open-door in Grimsby and one session delivered at Anvil House in Scunthorpe. The services are offered free of charge to service users. The contract commenced on 1st December 2017 and was awarded for 3 years with an option to extend yearly for the following 4 years. This contract has been extended until November 2021.

The Sexual Health Outreach team continue to target vulnerable and hard to reach groups of men who have sex with men, who are at risk of poor sexual health and HIV. During this last year we have exposed opportunities to maximise our online service and have continued to challenge stigma, 'bust myths', offer emotional support, give

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

sexual health advice and information, provide condoms and signpost to sexual health services. Taken together these actions empower this hard-to-reach group to access sexual health services, HIV testing and treatments.

Due to the Government restrictions in place during the Covid-19 outbreak we have continued our sexual health Outreach provision online and when appropriate face to face on PSE sites throughout Northern Lincolnshire, we have ensured that condoms have been made available to MSM who have continued to use the PSE sites during the last twelve months.

From December 2019 to November 2020 our sexual health Outreach team made 128 site visits to Grimsby and Scunthorpe areas and reported 224 MSM using the PSE sites, new contacts were made with 39% of the men using the sites. Due to the Covid restrictions in place and Northern Lincolnshire being placed in a higher tier throughout the lockdown, many visits to the areas PSE sites were surveillance purposes and to make sure condoms were accessible for MSM.

The Point of Care Testing sessions usually run monthly, one session at Grimsby on the second Thursday of each month from 1pm to 5pm and one session at Scunthorpe on the third Wednesday of each month. Due to Covid -19 restrictions we were unable to offer these services at the above venues from March 2020. Working in partnership with Virgin care and the Venues we are hoping to restart these services in May 2021.

From December 2019 up until March 2020 when Covid restrictions were firstly introduced, the team saw 14 people for Point of Care Testing, offering both HIV and HIV/Syphilis Tests, all the attendees received a non-reactive test result

Whilst it has been difficult to offer our face-to-face services, we have continued to explore digital and online opportunities to continue to challenge stigma and to encourage regular HIV testing and to target our work to reach those a risk of poor sexual health and HIV so they are able to access home testing and early treatments. We have also supported Public Health England and the Governments Coronavirus updates and messages.

- 84 MSM targeted posts
- 874 page views
- 7256 Reached
- 6 Direct Messages

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

(continued)

a. Main achievements of the company

Appendix to 2020-2021 Annual Report

A report on the Outreach Work undertaken in Public Sex Environments (PSE sites) by Positive Health (Lincolnshire) 2016-20.

During the autumn of 2020 I prepared this report as requested by our Chief Officer Jo Burgwin and my fellow Trustees. Prior to the Covid 19 Pandemic we had discussed reviewing our Outreach Work as an integral part of the preparations for our next Contract management meeting and our two-year contract extension starting in April 2021. The lockdowns prevented the staff from completing the work as their priorities had to change. To complete the report, I researched all 28 sites that are listed on our current contract, I did so as a voluntary 'Outreach Worker' for the Charity, some sites were visited others I monitored via social media. I also spoke with members of staff at Positive Health engaged in Outreach Work and my fellow Trustees.

As a result of this work a number of things (not prioritised) have become clear:

- 1. It is important to review the PSE sites on the contract list.
- 2. To look afresh at how & where the Outreach service is delivered.
- 3. More use should be made of Social Media to both inform our service delivery and monitoring of PSE sites
- 4. Our Outreach work should be more visible.

1.1 The Context

Public Sex Environments (PSE Sites) where men meet others to engage in sexual activity have existed across the county, country and indeed many parts of the world for centuries. Prior to the internet age knowledge of such places would spread by word-of-mouth or by people stumbling across them.

Historically many of these places have been public toilets, areas of wasteland or road lay-bys usually beside some woodland. Until very recently these areas were often 'Policed' very heavily. One of our first Outreach workers recalls the use of Police Argent Provocateurs only 20 years ago. Men could be arrested and charged not only for sexual activity but also for behaviour deemed to be searching for this; soliciting for an immoral purpose. Once charged the men faced heavy sentences by the courts and public humiliation. Our experience since the 2003 Sexual Offences Act that brought homosexual and heterosexual behaviour into line has been that the Police now appear to take a more pragmatic approach and only seem to intervene if laws regarding sexual behaviour are being openly flouted. E.g. People are engaged in sexual activity in public view, are involved in indecent exposure or are approaching members of the public who are oblivious to what may happen on the site. It should be noted that Sexual Activity in Public Toilets is still an offence.

A more recent development has been the emergence of so called 'Dogging sites' these are places where heterosexual activity predominately but not exclusively takes place.

Whilst the risk of contracting an STI was always present the emergence and rapid spread of the HIV virus in the 1980s put an additional very serious health risk onto the users of PSE sites. As many of the users were married men an urgent need arose to warn them of the risks associated with PSE use. This is the context which led to our Outreach Work. The concept is a simple one; workers visit known PSE sites and engage with the visitors there offering both sexual health advice and condoms. More recently we have worked in partnership with Lincolnshire Integrated Sexual Health (LiSH) to offer occasional Point of Care on-site testing for HIV and or Syphilis.

Our work can best be illustrated by our most recent Sexual Health Outreach Service Report, extracted from our 2019-20 Annual Report.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

(continued)

'The aims and objectives are to provide an Outreach service to public sex environments (PSE), where site users commonly include men who have sex with men (MSM), and at other venues and events where people are more vulnerable or at risk of sexual ill health, to reduce sexual risk behaviours and to provide sexual health information to increase awareness of HIV, other sexually transmitted infections, routes of transmission and encourage the uptake of testing. The service is offered free of charge to service users and is limited by the funding to MSM at PSE sites and at other venues and events where people are more vulnerable or at risk of sexual ill health within the county of Lincolnshire.

The service delivery target is for the provision of 350 Outreach sessions per annum covering the 28 Public Sex Environments (PSE sites) in Lincolnshire. Public Sex Environments (PSE sites) can include woods, car parks, parks, beaches, toilets and local beauty spots, they are usually found through local networks, local press, the Internet, and word of mouth from other PSE users. Men who have sex with men (MSM) often prefer the anonymity of sex where there's little risk of being identified and they don't need to talk. Having multiple sexual partners is common amongst MSM, yet many men engaging in casual sex do not use condoms consistently, our sexual health Outreach team encourage the men on PSE sites to use a condom during sexual activity. Condoms remain the most effective way to prevent HIV and other STI's. Our sexual health Outreach team carry a variety of condoms, providing non latex, regular, large, flavoured condoms to meet the need of the individual site user. Our condom packaging includes local hard hitting sexual health messages, the packs contain two condoms, lube, instructions on how to use properly and our contact details. This year the workers gave out in excess of 2500 condoms packs to MSM.

During this year the sexual health Outreach team exceeded the targets set within the SHOHPS contract, they completed 396 visits to PSE sites in Lincolnshire. The Outreach team recorded 1478 men present on PSE sites in the County, and made contact with 33% of the total site users. They identified:

- 43% of the interventions were with new contacts, site users that the team had not previously spoken to.
- 62% of the contacts were aged over 50
- · 38% of the contacts as married men

Many MSM using the PSE sites in Lincolnshire often frequent PSE sites in other Countries or Countries. Conversely, MSM from outside the County will travel to use the PSE sites in Lincolnshire. Feedback from men using the sites includes:

- I am really grateful that there is someone to talk to
- If HIV testing was available here on site, I would consider having a test, I am not comfortable going to the clinic or to your office
- Thank you for talking to me about HIV, I understand the transmission and will use condoms in future'
- Spread the word to encourage others to use condoms too. Thank you for providing condoms
- I have seen your advert on Grindr for testing and will call into the next drop-in session, it's good to see you on social media
- It's great to see your organisation encouraging people to have regular tests
- I don't carry condoms with me for obvious reasons, but getting them to use at site when you are here is brilliant, thanks
- I really appreciated the time you have taken to chat with me; I have no one else to talk to about my sexuality

In addition to condoms, the workers offer a wide range of sexual health support, information and resources. They discussed the transmission routes of HIV, the impact of late diagnosis and encouraged regular HIV testing. They also provided information about local sexual health risks, including the risks associated with unprotected oral sex. They also provided information on:

- Sexually Transmitted infections
- To support national campaigns, raising awareness of HIV for World Aids Day, and

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

(continued)

- HIV testing during National Testing Week in November.
- PREP
- Signposting and encouraged MSM to attend Positive Health (Lincolnshire)'s drop-in service for HIV testing and sexual health screening.
- Signposted MSM to LiSH (Lincolnshire's integrated sexual health services) and other relevant services
- Using MECC.

We have increased our social media presence aimed at MSM who prefer to remain anonymous when it comes to accessing sexual health information or condoms. We have seen a significant increase in requests for condoms and sexual health information to be sent by post to the MSM community. In October 2019 we launched our profile on the social media app Grindr to encourage MSM to access support and advice via social media. Since the service began we have received 70 contacts via the app all accessing emotional support and sexual health advice.

The team also delivered sexual health Outreach sessions at our city centre based drop in to 178 members of the public who attended our drop-in sessions, giving out 210 condoms packs, sexual health information and advice to raise awareness of HIV and other sexually transmitted infections. The team have an excellent working relationship with the Lincolnshire integrated Sexual Health service (LiSH) and sign-posted 132 people to LiSH for sexual health screening/testing.

The widespread use of the Internet has led to many dedicated dating sites for Men who have sex with Men (MSM); some of these e.g., Squirt also list PSE sites or Cruising Sites as they refer to them. They list their exact location and details of when MSM are most likely to be there. However, whilst as stated above many sites have existed for many years there have been major changes to these over the past 20 years or so. These include the closing and demolition of public toilets both in the countryside and in towns/cities. Many that do remain open now have a payment charge together with camera surveillance or attendants to discourage sexual activity. In Lincoln city centre two sets of public toilets that were used for sexual activity for decades have both been closed. As a result, there are now no public toilets in the city of Lincoln that have any reputation for sexual activity.

Similarly other rural facilities that attracted historically attracted PSE users have been removed these include toilet facilities at Langworth, Leverton and Stickney. Experience shows that the removal of the facilities at these sites has led to an end of PSE activity. As a result, in Lincolnshire the overwhelming majority of PSE sites are now lay-bys/ picnic areas. Of these the majority are well away from residential areas. However, this has not stopped any local residents lobbying for enforcement action to curb the PSE use if they became aware what is going on albeit some distance from their homes. However, despite actions by the Police via frequent visits or local councils who cut back vegetation often little changes. A good example of this is the lay-by at Harmston south of Lincoln. This is a mile from the village and can only be accessed by road, there is no footpath. A campaign by villagers to end the PSE use led to a costly exercise that removed all the roadside vegetation. However, users have simply taken to walking along a nearby green lane. In fact, our monitoring via visits and social media posts suggests that this site is busier than ever.

Our work on the Outreach work on the sites shows the overwhelming majority of users were men. Our analysis for 2019-2020 showed that of the 1478 men we engaged with 38% were married and 62% were aged 50+

1.2 Our Current Contract

Our current contact with Lincolnshire County Council requires us to visit/monitor 28 sites in the county. (Appendix 1) However, since out current contract began in 2016 some of the sites no longer exist, others have fallen out of use whilst others have become so popular that they are often busy 24/7. The Social Media site Squirt advertises what it believes to be a complete listing of PSE sites (Cruising Sites) in the county. My monitoring shows that the overall majority are very rarely used. Two good examples are Sites 5 and 10. Whilst it

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

(continued)

would be possible to arrange a rendezvous at either site a person who causally 'dropped-in' on the expectation of a sexual encounter would most likely be disappointed.

The principal aims of our Outreach work have remained basically the same for many years. They are:

- a. To engage with PSE site users, (these are predominately Men who have sex with Men) to try to ensure that they do not engage in any risky behaviours which could lead to the transmission of an STI in particular HIV but also Syphilis and anti-biotic resistant Gonorrhoea. As an integral part of this work, we offer free condoms to PSE site users.
- b. To signpost PSE site users to Sexual Health Services if they disclose, they have concerns regarding their sexual health.
- c. To offer information/education regarding new developments in sexual health. Recently we have explored the availability of PreP with PSE users.

This work takes place primarily on PSE sites but not exclusively. It can also be done in 'Gay Friendly' venues and via Social Media dating Apps and our own Positive Health Website.

Working on PSE sites presents a number of issues for our workers. Firstly, we must acknowledge that whilst some may feel that our presence on the sites may encourage sexual activity to take place this is not borne out by the evidence. Rather this shows that many sites have been used for decades, whilst others emerge as a result of posts on Social Media dating apps. Secondly, whilst our presence may not be welcomed by some PSE users it is often the only interaction many users have with a sexual health worker. This is particularly true for married men in heterosexual relationships. Our workers are able to offer condoms, advice and signpost to relevant organisations. We realise that we will not be able to change everyone's behaviours or engage with all users but everyone we do engage with we hope is one fewer who may acquire an STI. We would also encourage that these MSM will in turn disseminate information to other PSE site users.

We monitor our work very carefully. An evaluation form is completed for every site visit (Appendix 2) these forms are completely anonymous. They provide vital information that informs both our planning and feedback for our commissioners

This Outreach remit is definitely the most challenging work that our Charity is engaged in. The main reasons for this are:

- a. The Geographical size of Lincolnshire. From our office in Lincoln it can take an hour to reach certain sites
- b. The remote location of some of the sites we work on.
- c. The difficulty of engaging with many of the PSE users. When approached by our Outreach workers many men are in denial as to why they are there despite clear evidence that they are keen to engage in sexual activity. Some tell us our presence 'puts-off' users from engaging in sexual activity.
- d. The problem of interacting with some users. Some clearly say that if we are present on the site we must be interested in potential sexual activity.
- e. The problem of recruiting suitable Outreach workers

Since our current contract was negotiated in 2016 some sites no longer physically exist others have fallen out of use but others have emerged/grown in use; indeed, at Site 6 (the layby at Cranwell on the A17) users can now often be found 24/7 especially March to October when the site is covered in dense vegetation.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

(continued)

2.0 A way forward. 'Making every session and every contact count.'

Going forward it is important to ensure that we try to continue to engage with PSE users during every Outreach session, I would also hope that each contact will also count. This should be in the broadest way possible in terms of a PSE user's health. I realise this may involve further staff training in addition to our staff all being trained in MECC but as we are on site it is surely the most economic use of our time.

- 1. Site Visits. As stated above as our primary work is on PSE sites it was clearly important to visit/monitor every site to ensure that it is still an active one. Having done over the last two months it is now clear that we can target our work on eleven key sites. (Appendix 3) These sites will require an up-dated 'Risk Assessment' all the other sites either no longer physically exist or have fallen out of use. However, I suggest that we still use Social Media to keep an eye on some of the sites. (Appendix 4.) Some sites (Appendix 5) can be removed as they no longer physically exist or their use as PSE sites has ended in any meaningful way. By concentrating on the eleven sites which are clearly in constant use we maximise making 'every session and contact count'. Indeed, it is expected that the actual number of contacts we will have will increase as we will no longer be visiting sites that are basically now redundant.
- 2. Visibility. The Outreach Workers must be clearly visible. This can be done in three ways. Firstly, workers will need to have a uniform that easily identifies who they are. Secondly, vehicles should have clear bright signs for the dashboard and rear windows that identify that the Outreach team are on site. Thirdly, we should use our Social Media presence to advertise where our workers will be on any given day/evening.
- 3. Venues. We must look to expand the venues that we operate in. We already provide condoms for the gay-friendly Scene Public House in Lincoln, however, a regular presence, at least monthly, would be more beneficial. This will enable the clientele to ask sexual health related questions and will enable our team to publicise the work we do.
- Social Media. We should have a paid presence on the two main dating apps for men Grindr and Squirt.
 This will enable us to be contacted for condom distribution and will inform our team about which PSE sites are busy.
- Point of Care testing. As the Covid 19 pandemic fades we should plan to establish on-site testing for HIV
 Syphilis on a regular basis ie: quarterly as well as in our office base in Lincoln.
- 6. Liaison with the GU clinic. Regular liaison would allow our Outreach team to support the work of LiSH and vice versa and should form an integral part of the yearly planning. Some years ago this was a regular part of our work and was very successful. However, reorganisations and staff departures have led to a decline in this partnership. It should be re-established ASAP.
- 7. Monitoring Forms. (Appendix 2) These should be simplified in conjunction with the commissioners to capture the essential information only. Some current information that is at best a guess is meaningless.

If these proposals are accepted, they will then form the basis for a new Outreach Strategy to be prepared and then implemented from April 1st 2021.

Appendix One Current PSE Sites 2020

- 1. Legbourne
- 2. Langworth
- 3. RAF Scampton (Old Road not base)
- 4. Scampton
- 5. Bourne Woods
- 6. A17 Cranwell
- 7.
- 8. Aslackby
- 9. Stickney
- 10. Threekingham
- 11. Colsterworth

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

(continued)

- 12. Stapleford Wood(s)
- 13. Heckington
- 14. Skegness
- 15. Lincoln Stamp End
- 16. Theddlethorpe Beach (Summertime)
- 17. Lincoln Public Toilets
- 18.
- 19. Stamford
- 20. Spalding
- 21. Newton-on-Trent layby
- 22. Market Rasen, Willingham Woods
- 23.
- 24.
- 25. Louth Bus station
- 26.
- 27. Tattershall
- 28. Leverton
- 29.
- 30.
- 31. Harmston
- 32. Hartsholme Park
- 33. Lincoln Riverside Walk
- 34. Dry Doddington
- 35. Long Bennington

The numbering system refers to our current internal coding system. Gaps show where sites have been removed historically.

Appendix Two. Current PSE Monitoring Form

Appendix Three Proposal for Future PSE sites to visit to visit at least fortnightly

- 1. Legbourne
- 2. RAF Scampton (Old Road)
- 3. Scampton Viewpoint
- 4. A17 Cranwell
- 5. Aslackby
- 6. Heckington
- 7. Stapleford Wood(s)
- 8. Skegness
- 9. Theddlethorpe Beach (Summertime only)
- 10. Harmston
- 11. South Park Lincoln (Evenings only)

All these sites will have a new risk assessment completed by April 1st 2021.

Appendix Four Sites to maintain via Social Media

- 12. Newton on Trent layby
- 13. Market Rasen Willingham Woods
- 14. Hartsholme Park
- 15. Lincoln Riverside Walk

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

(continued)

- 16. Stickney
- 17. Boultham Park

The Squirt Social Media site will be used to actively monitor all the other Lincolnshire PSE sites. Active intervention should take place when the sites are clearly having regular traffic i.e., three times weekly.

Appendix 5 Sites to currently remove as they either no longer physically exist/visits have shown they are no longer active/are used very infrequently.

Bourne Woods
Threekingham
Colsterworth
Lincoln Stamp End
Lincoln Public Toilets
Stamford
Spalding
Louth Bus Station
Tattershall
Leverton
Dry Doddington
Long Bennington

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

b. Reserves policy

The Trustees have examined the charity's requirements for reserves in light of the main risks to the organisation. The Trustees agreed to retain a balance of £10,000 in the designated Training, Education & Health Promotion fund, a balance of £5,000 in the Social Care Fund and a balance of £5,000 in the Outreach fund and a further £5,000 to an ongoing marketing campaign. A policy has been established whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between oneand three-months operational costs at the start of the financial year to allow adequate cash flow. A contingency fund to continue service provision in the event of non-renewed service level agreements/contracts has been agreed at between one month plus 5% of operating costs, to be raised to a maximum of three months operating costs, one month's operating costs is currently in the working sum of £22,449. In order to ensure continuation of the Chris Cinclair benevolent fund for clients, the Trustees will designate funds with the aim of achieving a minimum reserve balance equal to the maximum grant/loan of £500 per client receiving social care support. The total of investments and cash in hand at the bank totals £222,072 to meet the requirements of the reserves policy. As the number of clients receiving support increases, so too does the amount needed to meet operating costs and satisfy the requirements of the reserves policy. Once again 2020/2021 has seen an increase in the number of people the charity is being accessed by. Due to the Covid pandemic during this year the Trustees are aware that there is no shortfall in the reserves policy for this financial year. The total funds per the balance sheet are £323,652, which includes the total value of the property and other assets of the charity. Free reserves are calculated by management by removing designated funds and calculating available cash and have been calculated as £26,358 at 31 March 2021. Obviously, the more clients that access the service, the greater the divide, and the greater the need to ensure that reserves are reviewed.

c. Material investments policy

Aside from retaining a prudent amount in reserves each year most of the Charity's funds are to be spent in the short term so there are few funds for long term investment. Having considered the options available the Trustees have decided to invest the small amount that it has available in a Barclays Business Direct Access Account to maximise interest but allow 10 days access. This amount (£31,537.80) currently forms part of the reserves; to be used to allow the organisation to continue operating should the charity become financially insecure.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

d. Principal funding

The principal funding sources for the charity are from Lincolnshire County Council Public Health and Virgin Care Limited. These contracts enable the organisation to look to the future with a sense of stability and security.

The Trustees and Chief Officer are in constant scrutiny of the service provision in meeting both the service users / clients' needs whilst keeping the charity financially sustainable in a rapidly changing climate of funding. During this financial year with the COVID19 outbreak in March 2020 and the uncertain times ahead, Positive Health (Lincolnshire) have had to respond to some challenging times to ensure everyone has had the opportunity to access our services and live a safe and healthy life. We have ensured that the staff team have been kept updated with the Governments coronavirus advice, have been supplied with relevant PPE and that the office has remained COVID secure. Emergency provisions were put in place for the Chairman and other trustees to support the organisation and clients in the event that staff members were incapacitated, although in the event this was not required. The staff team have successfully adapted to new ways of working to avoid any disruption in service provision.

All of the staff team have now received their Covid vaccines. Our priority is to ensure that our service provision is delivered in safe manner and remains of a high standard, meeting the needs of our clients and service users whilst also operating within our commissioning contracts.

We recognise that Positive Health (Lincolnshire) provides additional value to the outcomes of the contracts and non-contractual work, using our valuable Trustees who provide skills, knowledge, and expertise at no cost, they provide an important role in supporting the staff team and we would like to pay a special thanks to all our Chairman and board of Trustees, who gave 320 hours of their time to support the work of Positive Health (Lincolnshire) during the pandemic.

e. Financial Review

Once again, this year working in partnership with our commissioners, we have made improvements and changes to the service provision and the way in which services are monitored, we have continued to encourage staff and client/service user feedback to help direct our future service provision.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Structure, governance and management

a. Constitution

The organisation is a charitable company limited by guarantee, incorporated on 9 March 2001 and registered as a charity on 14 April 2002. The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10. Prior to our incorporation in March 2001 the organisation was known as LAVG (Lincolnshire HIV & AIDS Voluntary Group) The organisation had originally been formed in 1985 and received charitable status in 1995. In 2000 the members agreed to form a company limited by guarantee and requested that we took the opportunity to change the charity name to one, which offered more confidentiality to our clientele and better reflected the work we are involved in. As a result, Positive Health was chosen. A student, following a competition at a local school, designed our logo. LAVG was formally dissolved on 1st July 2002 with all assets being transferred to Positive Health (Lincolnshire). In 2000 we purchased our current headquarters, which were completely remodelled and refurbished in 2003 to enable us to better meet the needs of our clientele.

b. Methods of appointment or election of Trustees

The directors of the company are also charity Trustees for the purposes of charity law and under the company's Articles are known as 'Trustees'. Under the requirements of the Memorandum and the Articles of Association the Trustees are elected to serve at the annual general meeting, one third of the Trustees are required to retire each year and submit themselves for re-election if they desire.

Mr C Hinton and Mr J WInmill will retire by rotation and, being eligible, offer themselves for re-election.

Due to the nature of much of the charity's work, relating to the support of those who are HIV+ or who are at risk of being so the Trustees seek to ensure that their group is diverse and contains Trustees who have a background that reflects both knowledge of and empathy for the aforementioned group.

The Trustees together bring a diverse range of skills and knowledge, and in the event of particular skills being lost due to retirements individuals are approached to offer themselves for election to the Trustees.

All Trustees give their time voluntarily and received no benefits from the charity.

c. Organisational structure and decision-making policies

Positive Health has a minimum of three Trustees, and a maximum of seven. The Trustees meet bi-monthly and are responsible for the strategic direction and policy of the charity. At present there are six Trustees. The Chief Officer also attends Trustee meetings but has no voting rights. The Trustees do not involve themselves in the day to day running of the organisation; this is delegated to the Chief Officer and Senior Management team via the formal scheme of delegation. The Chief Officer is responsible for ensuring that Positive Health delivers the services specified and the key performance indicators are met. The Chief Officer is also responsible for the individual supervision of the staff team to ensure that they are meeting the requirements of their roles and that they are able to access relevant CPD opportunities.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Structure, governance and management (continued)

d. Policies adopted for the induction and training of Trustees

Prior to taking up his appointment as Chair, Mr C White attended a detailed training course for Chairpersons provided by the Lincoln Volunteer Bureau. All new Trustees have an induction programme and are invited to spend time in the office to familiarise themselves with the work of all the departments. In addition, each Trustee is encouraged to take an interest in one aspect of the work of Positive Health. All new Trustees are briefed on our Memorandum and Articles of Association. They also receive the Charity Commission information on the responsibilities of Trustees.

e. Related party relationships

The work of Positive Health reflects both National and Local strategy in relation to HIV services. Positive Health works alongside Lincolnshire County Council Public Health, Social Services, Lincolnshire Sexual Health Services, The Police, Schools, Colleges, Housing Associations, Virgin Care Limited and local Councils. In addition, we belong to a variety of multi-agency groups.

Complaints

We did not receive any complaints during the last year.

f. Financial risk management

The Trustees have conducted regular reviews of the major risks to which the charity is exposed. A risk register has been established and is up-dated at least annually. Where appropriate, systems or procedures have been established to mitigate these identified risks. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to both the office premises and when staff and volunteers work away from our office base.

Plans for future periods

The contracts give the organisation the stability, our SHOHPS five-year contract came to an end in March 2021, and has been extended until 31st March 2023, with some new variations to the original five-year contract. Our contract with Virgin Care Ltd was extended by twelve months in December 2020.

Whilst the last twelve months have made many of our face-to-face services and health promotion activities difficult and we are still uncertain when this pandemic will come to end, moving into the next financial year tentatively, we shall to continue to adapt our services and to explore new ways of working to provide our clients and service users with a high-quality service, whilst keeping staff, service users and clients safe. We hope to re-start our HIV Rapid Testing Drop-In services in May 2021.

We will continue to promote and signpost to PrEp, support the Terrance Higgins "Can't Pass It On" campaign and the continue with the message that condoms remain the most effective way to prevent STI's. According to a Public Health England report Sexually transmitted infections and screening for Chlamydia in England 2018 – every 70 seconds a new STI is diagnosed in the UK and rates of syphilis and gonorrhoea are soaring.

During the summer of 2020 (see above) it was agreed to carry out a review of our Sexual Health Outreach Services and Public Sex Environments, the Chairman, Charles White completed this piece of work, which was presented to the board of Trustees for discussion. This has resulted in some innovative and exciting changes to our sexual health Outreach provision from 1st April 2021.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any
 material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees on and signed on their behalf by:

C White Chair of Trustees 10/06/2024.

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2021

Independent Examiner's Report to the Trustees of Positive Health (Lincolnshire) ('the company')

I report to the charity Trustees on my examination of the accounts of the company for the year ended 31 March 2021.

Responsibilities and Basis of Report

As the Trustees of the company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent Examiner's Statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in respect of the company as required by section 386 of the 2006 Act;
- 2. the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than
 any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of
 an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the company's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the company's Trustees those matters I am required to state to them in an Independent Examiner's Report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the company and the company's Trustees as a body, for my work or for this report.

Signed:

Dated: 30/06/2021

Linda Lord FCA BSc TEP

Streets LLP Lincoln

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2021

	Note	Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income from:					
Donations and legacies	3	-	11,724	11,724	3,609
Charitable activities	4	234,408	2,264	236,672	251,640
Investments	5	-	59	59	124
Other income	6	-	3,882	3,882	-
Total income	•	234,408	17,929	252,337	255,373
Expenditure on:	•				
Charitable activities	7	190,797	5,565	196,362	232,630
Total expenditure		190,797	5,565	196,362	232,630
Net income		43,611	12,364	55,975	22,743
Transfers between funds	16	(43,619)	43,619	-	-
Net movement in funds		(8)	55,983	55,975	22,743
Reconciliation of funds:		. 8	267 660	267 677	244.024
Total funds brought forward		_	267,669 55,093	267,677	244,934
Net movement in funds		(8)	55,983	55,975	22,743
Total funds carried forward	•	-	323,652	323,652	267,677

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 28 to 40 form part of these financial statements.

POSITIVE HEALTH (LINCOLNSHIRE)

(A Company Limited by Guarantee) REGISTERED NUMBER: 04176976

BALANCE SHEET AS AT 31 MARCH 2021

	Note		2021 £		2020 £
Fixed assets					
Tangible assets	12		70,802		71,056
Investments	13		31,655	•	31,596
		-	102,457	_	102,652
Current assets					
Debtors	14	4,871		9,870	
Cash at bank and in hand		222,072		164,053	
	-	226,943	•	173,923	
Creditors: amounts falling due within one year	15	(5,748)		(8,898)	
Net current assets	-		221,195		165,025
Total net assets		-	323,652	-	267,677
		=		=	

POSITIVE HEALTH (LINCOLNSHIRE)

(A Company Limited by Guarantee) REGISTERED NUMBER: 04176976

BALANCE SHEET (CONTINUED) AS AT 31 MARCH 2021

	Note	2021 £	2020 £
Charity funds			
Restricted funds	16	•	8
Unrestricted funds	16	323,652	267,669
Total funds		323,652	267,677

The company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on and signed on their behalf by:

Mr C F White (Chair of Trustees) 10 06 2021

The notes on pages 28 to 40 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1. General information

As set out in the Trustee's report, Positive Health (Lincolnshire) is an unincorporated registered charity registered in England and Wales. The principal office of the charity is 25 Newland, Lincoln, LN1 1XP.

The principal objective of the charity is included in the trustees report. The financial statements are prepared in sterling, which is the functional currency of the charity.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Positive Health (Lincolnshire) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the company's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

2. Accounting policies (continued)

2.4 Government grants

Government grants relating to tangible fixed assets are treated as deferred income and released to the Statement of Financial Activities over the expected useful lives of the assets concerned. Other grants are credited to the Statement of Financial Activities as the related expenditure is incurred.

2.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.6 Tangible fixed assets and depreciation

Tangible fixed assets costing £NIL or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, .

Depreciation is provided on the following bases:

Freehold property

- 2% per annum straight line

Office equipment

- 20% per annum reducing balance

2.7 Investments

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance Sheet date, unless the value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and presented as 'Gains/(Losses) on investments' in the Statement of Financial Activities.

2.8 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

Accounting policies (continued)

2.10 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of Financial Activities as a finance cost.

2.11 Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.12 Pensions

The company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the company to the fund in respect of the year.

2.13 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

3.	Income from donations and legacies			
			Unrestricted funds 2021 £	Total funds 2021 £
	Government grants		11,724	11,724
			Unrestricted funds 2020 £	Total funds 2020 £
	Government grants	·	3,609	3,609
4.	Income from charitable activities			
		Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £
	Income from charitable activities - Social Care	103,128	-	103,128
	Income from charitable activities - Outreach	79,716	-	79,716
	Income from charitable activities - Training/Education	51,564	2,264	53,828
	Total 2021	234,408	2,264	236,672
		Restricted funds 2020 £	Unrestricted funds 2020 £	Total funds 2020 £
	Income from charitable activities - Social Care	103,128	-	103,128
	Income from charitable activities - Outreach	80,540	-	80,540
	Income from charitable activities - Training/Education	51,564	16,408	67,972
,	Total 2020	235,232	16,408	251,640

5.	Investment income			
			Unrestricted funds 2021 £	Total funds 2021 £
	Investment income - local cash		59	59 ————
			Unrestricted funds 2020 £	Total funds 2020 £
	Investment income - local cash		124	124
6.	Other incoming resources			
		Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
	Insurance Claim	3,882	3,882	<u>-</u>
7.	Analysis of expenditure on charitable activities			
	Summary by fund type			
			Unrestricted funds 2021 £	Total funds 2021 £
	Social Care	99,875	3,657	103,532
	Outreach	62,554	1,609	64,163
	Training/Education	28,368	299	28,667
	Total 2021	190,797	5,565	196,362

7 .	Analysis of expenditure on charitable activities	(continued)		
	Summary by fund type (continued)			
	· .	Restricted funds 2020 £	Unrestricted funds 2020 £	Total funds 2020 £
	Social Care	105,469	5,828	111,297
	Outreach	78,586	1,974	80,560
	Training/Education	40,427	346	40,773
	Total 2020	224,482	8,148	232,630
8.	Analysis of expenditure by activities			
			Activities undertaken directly 2021 £	Total funds 2021 £
	Social Care		103,532	103,532
	Outreach	••	64,163	.64,163
	Training/Education		28,667	28,667
	Total 2021		196,362	196,362
			Activities undertaken directly 2020 £	Total funds 2020 £
	Social Care		111,297	111,297
	Outreach		80,560	80,560
	Training/Education		40,773	40,773
			232,630	232,630

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

9. Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examiner fee of £2,500 (2020 - £2,500).

10. Staff costs

	2021 £	2020 £
Wages and salaries	144,432	151,465
Social security costs	6,941	365
Contribution to defined contribution pension schemes	3,686	3,974
· - <u>-</u>	155,059	155,804
The average number of persons employed by the company during the year was	s as follows:	
	2021 No.	2020 No.
Social Care	3	3

 Social Care
 3
 3

 Outreach
 2
 2

 Health Promotion & training
 3
 3

 Administrative
 2
 2

 10
 10
 10

No employee received remuneration amounting to more than £60,000 in either year.

The aggregate amount of remuneration and benefits paid to 2 members of key management personnel during the year (including employer's national insurance contributions) was £69,845 (2020: £64,156).

11. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2020 - £N/L).

During the year ended 31 March 2021, expenses totalling £208.30 were reimbursed or paid directly to 1 Trustee (2020 - £nil). The expenditure was to reimburse out of pocket expenses incurred when the trustee assisted with the charity's outreach work.

12.	Tangible fixed assets			
	· .	Freehold property £	Office equipment £	Total £
	Cost or valuation			
	At 1 April 2020	95,127	45,607	140,734
	Additions	-	3,300	3,300
	At 31 March 2021	95,127	48,907	144,034
	Depreciation			
	At 1 April 2020	33,672	36,006	69,678
	Charge for the year	1,903	1,651	3,554
	At 31 March 2021	35,575	37,657	73,232
	Net book value			
	At 31 March 2021	59,552 —————	11,250	70,802
	At 31 March 2020	61,455	9,601	71,056
13.	Fixed asset investments			
				Trade investments £
	Cost or valuation			~
	At 1 April 2020			31,655
	At 31 March 2021			31,655
	Net book value			
	At 31 March 2021			31,655
	At 31 March 2020			31,655

14.	Debtors		
		2021 £	2020 £
	Due within one year		
	Trade debtors	45	2,879
	Other debtors	2,414	3,701
	Prepayments and accrued income	2,412	3,290
		4,871	9,870
15.	Creditors: Amounts falling due within one year		
15.	Creditors: Amounts falling due within one year	2021 . £	2020 £
15.	Creditors: Amounts falling due within one year Trade creditors		
15.		. ε	£
15.	Trade creditors	£ 228	£ 1,022
15.	Trade creditors Other taxation and social security	£ 228 1,809	£ 1,022 2,335

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

16. Statement of funds

Statement of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2021 £
Unrestricted funds					
Designated funds					
Chris Cinclair Fund	39,710	59	(2,644)	•	37,125
Training, Education and	10.000	40.046		/40 046\	40.000
Health Promotion	10,000	10,916	- (4.000)	(10,916)	10,000
Property Fund	61,455		(1,903)	-	59,552
Outreach services	7,500	-	•	(2,500)	5,000
Social Care	7,500	•	-	(2,500)	5,000
Marketing fund	•	•	•	5,000	5,000
	126,165	10,975	(4,547)	(10,916)	121,677
General funds					
General Funds	141,504	6,954	(1,018)	54,535	201,975
Total Unrestricted funds	267,669	17,929	(5,565)	43,619	323,652
Restricted funds					
Training equipment	8	-	(8)	-	-
Training, Education and Health Promotion	_	51,564	(29,673)	(21,891)	_
Social Care	_	103,128	(97,979)	(5,149)	_
Outreach	_	79,716	(63,137)	(16,579)	
Outreach		73,710	(03,137)	(10,579)	
	8	234,408	(190,797)	(43,619)	-
Total of funds	267,677	252,337	(196,362)	-	323,652

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

16. Statement of funds (continued)

Statement of funds - prior year

Balance at 1 April 2019 £	Income £	Expenditure £	As restated Transfers in/out £	Balance at 31 March 2020 £
44,563	55	(4,908)	-	39,710
•	16,408	-	(16,408)	10,000
63,358	-	(1,903)	-	61,455
7,500	-	-	-	7,500
7,500	-	-	-	7,500
132,921	16,463	(6,811)	(16,408)	126,165
111,993	3,678	(1,337)	27,170	141,504
244,914	20,141	(8,148)	10,762	267,669
20	-	(12)	-	8
		•		
•	51,564	(40,755)	(10,809)	-
-	103,128	(103,149)	21	-
-	80,540	(80,566)	26	-
20	235,232	(224,482)	(10,762)	8
	1 April 2019 £ 44,563 10,000 63,358 7,500 7,500 132,921 111,993 244,914	1 April 2019	1 April 2019 £ Income £ £ 44,563 55 (4,908) 10,000 16,408 - 63,358 - (1,903) 7,500 7,500 132,921 16,463 (6,811) 111,993 3,678 (1,337) 244,914 20,141 (8,148) 20 - (12) - 51,564 (40,755) - 103,128 (103,149) - 80,540 (80,566)	Balance at 1 April 2019 Income £ Expenditure £ Transfers in/out £ 44,563 55 (4,908) - 10,000 16,408 - (16,408) 63,358 - (1,903) - 7,500 - - - 7,500 - - - 132,921 16,463 (6,811) (16,408) 111,993 3,678 (1,337) 27,170 244,914 20,141 (8,148) 10,762 20 - (12) - - 51,564 (40,755) (10,809) - 103,128 (103,149) 21 - 80,540 (80,566) 26

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

16. Statement of funds (continued)

DESIGNATED FUNDS:

Chris Cinclair Fund: - This fund relates to unrestricted funds which have been set aside by the trustees for client care in the form of loans and grants. These funds are held in separate bank accounts and in the investment with Barclays bank. Income to the Chris Cinclair fund is generated through donations and fundraising.

Training, Education & Health Promotion: -This fund relates to unrestricted funds which have been set aside by the trustees to meet the employment associated costs of education training workers where not currently funded from other sources. A reserve of £10,000 at the year end is considered adequete for the charity's needs.

Property Reserve: - The Trustees have decided to show a seperate Property Reserve which represents the written down value of the charity's freehold property.

Outreach Services: - The Trustees have decided that a balance of £7,500 should be designated for forthcoming outreach work.

Social Care: - The Trustees have decided that a balance of £7,500 should be designated for forthcoming social care work.

UNRESTRICTED FUNDS:

Unrestricted fund: - This represents the charity's free reserves.

RESTRICTED FUNDS:

Training Equipment: - Money received to purchase a display unit. Depreciation is being charged to the fund, over the asset's expected useful economic life.

Outreach Contract: - Providing a service in North East Lincs, North Lincolnshire and Lincolnshire.

Training, Education & Health Promotion: Providing a service in North East Lincs, North Lincolnshire and Lincolnshire.

Social Care: - Lincolnshire County Council: - Providing support for people infected or affected by HIV.

The Transfer to unrestricted general funds is permitted under the funding agreement. The cost of the programme has always previously exceeded funding received but due to a number of factors the in year the spend to 31 March 2021 was less than the funding received and as a result the surplus has been transferred to the unrestricted funds of the charity.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

17. Analysis of net assets between funds

 $(\mathbf{e}_{i,m})_{i=1}^{m}(\mathbf{e}_{i,m})_{i=1}^{$

Analysis of net assets between funds - current year

Analysis of het assets between funds - current year			
		Unrestricted funds 2021 £	Total funds 2021 £
Tangible fixed assets		70,802	70,802
Trade investments		31,655	31,655
Current assets		226,943	226,943
Creditors due within one year		(5,748)	(5,748)
Total		323,652	323,652
Analysis of net assets between funds - prior year			
Restri	cted	Unrestricted	Total
	inds	funds	funds
	2020 £	2020 £	2020 £
Tangible fixed assets	8	71,048	71,056
Trade investments	-	31,596	31,596
Current assets	-	173,923	173,923
Creditors due within one year	-	(8,898)	(8,898)

18. Related party transactions

Total

No related party transactions as are required to be disclosed under SORP 2015 were undertaken in the year.

8

267,669

267,677