
POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

UNAUDITED

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2018



POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

CONTENTS

	Page
Reference and Administrative Details of the Charity, its Trustees and Advisers	1
Trustees' Report	2 - 17
Independent Examiner's Report	18 - 19
Statement of Financial Activities	20
Balance Sheet	21
Notes to the Financial Statements	22 - 34

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2018**

Trustees	Mr C F White, Chair Mr J Winmill, Treasurer Mr C F Hinton, Vice Chair Mr J Wolf (formerly Mr J G Bevis) (resigned 27 June 2017) Ms P J Calder Ms S Waldron
Company registered number	04176976
Charity registered number	1091677
Registered office	25 Newland Lincoln LN1 1XP
Company secretary	Mr J Winmill
Independent examiner	Linda Lord FCA BSc TEP Streets LLP Chartered Accountants Tower House Lucy Tower Street Lincoln LN1 1XW
Bankers	National Westminster Bank 225 High Street Lincoln

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2018

The Trustees present their annual report together with the financial statements of the company the charity for the year from 1 April 2017 to 31 March 2018. The Trustees confirm that the Annual Report and financial statements of the company comply with the current statutory requirements, the requirements of the company's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) as amended by Update Bulletin 1 (effective 1 January 2015).

Since the company qualifies as small under section 383, the strategic report required of medium and large companies under The Companies Act 2006 (Strategic Report and Director's Report) Regulations 2013 is not required.

Objectives and Activities

POLICIES AND OBJECTIVES

Positive Health's objectives and principal activities relate to the following statement, which is taken from our Memorandum and Articles of Association:

'The relief of poverty, sickness and social exclusion of persons living with and vulnerable to HIV/AIDS, and related infections, substance misuse and poor sexual health. To engage in any charitable activities which may lessen the suffering of such persons, their families, friends and carers.'

In furtherance of our objectives but not otherwise the charity may exercise the following powers:

'To target the public with information on sexual health, HIV and substance misuse, through relevant campaigns and awareness events, to provide information or support around those issues to people living in Lincolnshire'

and

'To use appropriate methods to educate and inform the general public and specific target groups on the subjects of HIV/AIDS, HEP B & C, Sexual Health and the wider aims of Positive Health (Lincolnshire).'

The main objectives and activities for the year continued to focus on the support for our clients, enabling people living with HIV and their carers to gain the skills, knowledge and resources to overcome the social and economic disadvantages associated with the poor health and stigma of HIV, and the prevention of further infection via our education/training and outreach work, to increase individual and collective knowledge of sexual health to reduce the incidence of HIV and other sexually transmitted infections within the county of Lincolnshire.

In addition to the work of our salaried staff the Trustees would also like to acknowledge the work of our volunteers, who give freely of their time and without whom our work would not be as effective as we would wish it to be.

We review our aims, objectives and activities each year, to look at the achievements of each key activity in the previous 12 months to ensure beneficial outcomes for our target groups. We have referred to the Charity Commission's guidance on public benefit when reviewing or planning future activities, and always consider how planned activities will contribute to the charity's objectives.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2018

Achievements and performance.

REVIEW OF ACTIVITIES

Sexual Health Outreach HIV Prevention and Support Service (SHOHPS)

The SHOHPS contract is funded by Lincolnshire County Council Public Health Division.

Sexual Health Outreach Service

The aims and objectives are to provide an outreach service to public sex environments (PSE), where site users commonly include men who have sex with men (MSM), and at other venues and events where people are more vulnerable or at risk of sexual ill health, to reduce sexual risk behaviours and to provide sexual health information to increase awareness of HIV, other sexually transmitted infections, routes of transmission and encourage the uptake of testing. The service is offered free of charge to service users and is limited by the funding to MSM at PSE sites and at other venues and events where people are more vulnerable or at risk of sexual ill health within the county of Lincolnshire.

The service delivery target is for the provision of 350 outreach sessions per annum covering the 28 PSE sites in Lincolnshire and includes sessions at venues and events.

During the year the outreach workers exceeded the targets, they completed 366 visits to PSE sites. The outreach workers recorded 1324 men present on PSE sites in the County, and made contact with 43% of the total site users. The workers identified:

- 33% of the interventions were with new contacts, site users that the workers had not previously spoken to.
- 3% of the contacts were in the 18 to 34 age range.
- 15% of the contacts were aged between 35 and 49.
- 48% of the contacts were aged between 50 and 64.
- 34% of the contacts were aged 65 and over.

The workers recorded:

- 50% of the contacts as married men
- All the contacts were White British.

The locations of PSE sites are found through local networks or via the Internet, and people using the sites in Lincolnshire often frequent sites in other Counties or Countries. Conversely, people from outside the County will travel to use the sites in Lincolnshire. Many of the men who have travelled to sites express surprise at meeting an outreach worker as they have not encountered workers in other Counties and this is often the first time that they have received information about HIV and other sexually transmitted infections. A report from Avert – Men who have sex with Men (MSM) HIV and AIDS states that due to widespread stigma, many men who have sex with men want to keep their sexual orientation secret, and may also continue to have heterosexual relationships and even get married. Having multiple sexual partners is more common among this community, and many men who have sex with men do not use condoms consistently. Through their discussion the workers can help the men recognise any risks they may have taken and also give reassurance about the benefits of having an HIV test and sexual health screening.

The workers offer a wide range of sexual health support, information and resources. They have excellent communication skills and extensive sexual health expertise. A report by Public Health England 2014 found that MSM are twice as likely to be depressed and/or anxious compared to other men, and at least 36% of older men report hiding their sexual identity throughout their lives. Therefore the workers need to be good listeners to support and promote the psychological wellbeing of the men using the sites.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2018

In addition, the workers:

- Discussed the transmission routes of HIV, the impact of late diagnosis and HIV testing.
- Provided information about local sexual health risks, including the risks associated with unprotected oral sex.
- Provided information to support national campaigns, raising awareness of HIV for World Aids Day, and promoting HIV testing during National Testing Week in November.
- Provided information on Prep trials in Lincolnshire.
- Provided information and signposted MSM to Positive Health (Lincolnshire)'s drop in service.
- Signpost MSM to sexual health services or other relevant services using MECC.
- The workers carry a variety of condoms to meet the individual needs of site users, providing non-latex or large condoms and flavoured condoms for use during oral sex. The condom packaging is printed with hard-hitting sexual health messages and the packs contain two condoms, lube and instructions on how to use them properly.

While it is difficult to evidence the positive outcomes of a service reliant on brief interventions, many site users approach the workers for condoms and some say that they have been for sexual health screening. Staff from local sexual health clinics have informed us that men do attend the clinics on the advice of an Outreach worker and men attend our monthly Drop In for an HIV test after being sign posted by a worker on a PSE site. We also have a social media presence aimed at MSM who prefer to remain anonymous when it comes to accessing sexual health information or condoms. We also provide condoms and sexual health information by post to the MSM community.

The workers also engaged with 266 people at 10 outreach sessions delivered at venues, including Framework in Lincoln, Addaction, Leap, Acis housing, Lincoln University, Lincoln County Hospital, Bishop Grosseteste, and a local theatre company. At each session the workers gave sexual health information and advice to raise awareness of HIV, other Sexually Transmitted Infections, routes of transmission including the risks associated with oral sex, distributed condoms, lube, information leaflets, and signposted people to local sexual health services.

Drop – In Service and Point of Care HIV Testing

The service is provided on the first Monday of every month from 2pm to 7pm. While the service is not provided within the SHOHPS contract we believe it adds value to the other sexual health support services we offer and aims to increase the uptake of testing and offers an alternative venue to those people who are reluctant to access main stream sexual health clinics. A report from Avert Men who Have Sex with Men HIV and Aids states that community based testing at pop up clinics or mobile vans is also favoured among MSM, it means they can access testing in a setting they are comfortable in. The service is widely publicised by our presence on social media and by support from The Scene public house, posters in pharmacies, Accident and Emergency, sexual health clinics, GP surgeries and by local organisations. Since November 2017 we have been working in partnership with Lincolnshire Integrated Sexual Health Services(LISH) and are pleased to have a Nurse from the LISH service attending our POCT Drop In to offer full sexual health screening to anyone attending the sessions.

Since April 2017, 134 people have attended the drop in for an HIV test, a further 65 people called in for sexual health advice and condoms.

- 75% were male.
- 25% were female.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2018

All 199 people received advice and information about HIV, STI's and local sexual health services, 609 condom packs were distributed. The service is confidential and it can be difficult to gain personal information from those just dropping in for condoms or a sexual health leaflet, but for people wanting HIV tests then we are able to record more information during the short sexual history taking questionnaire and they self-identified as:

- 28% heterosexual.
- 12% bi-sexual.
- 60% LGBTQ.

They heard about the service through:

- 13% word of mouth.
- 33% social media.
- 23% The Scene- public house and LGBTQ venue
- 10% PSE Outreach Worker- flyers or posters
- 5% self-referral
- 2% referred by Sexual health Services

We carried out 3 HIV tests and 131 HIV/Syphilis tests, three tested positive for syphilis and appointments were made at the LISH service. One test was reactive for HIV, the attendee had been visiting the drop in for regular HIV testing and was shocked to receive a reactive result, the worker spent time offering emotional support, advice and information and they made an appointment for the person at the sexual health clinic for the following morning, the worker attended the appointment for moral and emotional support, the test result was later confirmed by the clinic and the person commenced medication immediately. The client continues to access support via the social care team.

We have received positive feedback from people attending the Point of Care Drop In sessions:

"It's good to have a test in a non-clinical setting"

"Reassuring knowing I can come for regular HIV tests"

"Cannot thank the two ladies enough for the emotional support they gave to me during my visit, I don't know what I would've done if I had not come in for a test and been given support and information on HIV. Thank you"

Sexual Health Promotion/Training and HIV Prevention Services

The aims and objectives of the services are to promote positive sexual health and well-being, to raise awareness of HIV, STI's, reduce stigma, encourage the uptake of testing and sign post to sexual health services, through events, 210 free to establishment Training workshops/courses and the provision of a 24 hour telephone helpline.

Telephone Helpline (Manned 24hrs)

During the year we received 258 enquires for sexual health advice, 6 were via email, 83 via social media and 169 were telephone calls. The majority of calls are from people wanting advice because of a sexual health risk; many just need reassurance that their activity has not put them at risk of contracting an infection. We can only advise them of transmission routes or symptoms and encourage them to have a sexual health check-up. In addition, the helpline also offers a 24-hour emergency contact for our social care clients.

While it is not possible to ascertain the exact age of callers we are vigilant about our safeguarding responsibilities and would always further question any caller we deemed to be vulnerable or young. However all 169 callers were over 18 years of age.

We sign posted people to the sexual health services and gave alternative contact numbers for those having difficulty making appointments. We signposted people to our Point of Care Drop In Service, posted condoms, gave HIV and sexual health advice to callers, we also ensure that the Social Care Workers respond to any social care clients who ring the helpline for support or information.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2018

Sexual Health Promotion Events

We attended the Fresher Fayre, National Testing week and World Aids Day events at Bishop Grosseteste College. We distributed condom packs, provided information on sexual health services and distributed leaflets about different sexually transmitted infections and offered a Point of Care Testing Session for the Students during National HIV Testing Week.

We distributed information leaflets and 1610 packs of condoms to attendees at Lincoln Pride in September, which was a really well attended event and provided an opportunity for networking with agencies.

We had a stall at Asda in Boston for World Aids Day and also held street collections in Lincoln City Centre raising awareness of the increasing incidence of HIV infection in the county, the importance of HIV testing, the impact of late HIV diagnosis, and raising money for the Chris Cinclear Benevolent fund, which supports county residents with HIV with access to grants or loans in times of financial hardship. We also attended an event at The Scene public house promoting the service Positive Health (Lincolnshire) offer and raising awareness of HIV.

We had stalls at the Sexual Health conference and the LGBT conference. In total we distributed 7035 packs of condoms throughout the year, we ensure that people know how to use them properly and enclose instructions to reinforce the information. The condom packs are printed with sexual health messages to raise awareness of HIV, Sexually Transmitted Infections and risky behaviour.

Sexual Health Promotion/Training

During the year, the trainers delivered 210 sessions free of charge to 42 different organisations/schools. The sessions are offered to a variety of schools/ organisations and youth groups to ensure the information reaches as wide an audience as possible, especially to vulnerable and at risk groups. The venues receiving the sessions included Special Schools, LGBT Youth Group, Sleaford Secure Unit, Pupil Referral Units, Positive Futures, Colleges, Primary and Secondary Schools.

The sessions included:

- 16 Sexual Transmitted Infections
- 78 HIV/AIDS Awareness
- 25 Positive Relationships
- 19 Sex and Relationships
- 8 Risky Behaviour
- 33 Puberty
- 7 Intro to Positive Relationships
- 24 Hygiene/Self Esteem

In total 5,540 young people attended the workshops delivered.

All the workshops are developed by the trainers and are all updated on a regular basis, and workshops will be developed specifically to meet the needs of the target audience. The sessions are designed to be as interactive and informative as possible using resources such as beer goggles, games, and quizzes. We aim to encourage audience participation and discussion. The Trainers also work closely with schools to develop a programme of workshops to meet their PHSE needs. All sessions are evaluated by the Teachers and the Young People, we use the feedback for quality control and continuing improvement. Feedback from all the sessions is consistently good from both the staff and the course participants.

The Trainers also delivered HIV workshops to 399 adults, our sexual health trainers continue to address the need for up-to-date knowledge regarding HIV across the public service sector. Often the need is identified by the social care team, a recent example of this was a client was having a short stay in hospital for health issues not related to HIV, experiencing discrimination from the nursing team on the ward, who refused to let the client to have a bath until the end of the day as infection control had instructed ward staff the risk was too high and the bath would need to be disinfected after being used by the client. They were also banned from using the general

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2018

toilets on the ward and instead had a designated toilet, with a sign on the door informing patients, staff and visitors that only the named patient was permitted to use the toilet. We were able to work alongside our social care workers and negotiate a training package for the hospital staff, we delivered a two day training course on HIV, transmission routes, and the impact of discrimination on patients, as well as reaffirming the NICE guidelines regarding patient care and confidentiality and clarifying the hospitals legal responsibility in meeting those guidelines, when dealing with HIV positive patients. A consultant who attended the training emailed to express their appreciation and booked further training sessions for other departments in the hospital.

The team have also delivered sexual health awareness sessions to vulnerable young people at Leap housing, focusing on safe sex and consent, recognising the signs and symptoms of STIs, condom use and sign posting to sexual health services. The team also delivered HIV awareness training to the support staff at Leap Housing.

We provided sexual health awareness sessions to ACIS housing in Gainsborough, during their operation Firecracker week, a six week intervention programme which aims to keep young people off the streets, increase engagement with services and lower anti-social behaviours.

We have provided HIV and STI awareness training with the staff at the Scene public house.

In addition to the free to provider sessions list, we also delivered 319 sessions to 33 different venues. These sessions are subsidised by the Charity and are offered at a charge to schools/organisations of £52.50 per tutor group. While these sessions are not a requirement of the SHOHPS contract it is important to acknowledge that an additional 11,090 young people in the county received sexual health information to raise their awareness of HIV and STI's, risky behaviour, consent and the means to protect their sexual wellbeing and avoid unplanned pregnancies.

The sessions included:

- 38 Sexually Transmitted Infections.
- 1 Consent
- 35 Risky Behaviour sessions.
- 24 Sex and Relationship sessions.
- 19 HIV/AIDS Awareness
- 31 Positive Relationships / self esteem
- 2 Introduction to Positive Relationships
- 36 Puberty
- 85 Contraception
- 7 Homophobic Bullying
- 15 Introduction to Drugs
- 9 Hygiene / Self Esteem
- 1 Breast and Testicular Awareness
- 16 E Safety

We continue to be members on the Stay Safe Partnership's website, resulting in several new schools accessing our training sessions. The evaluations are again extremely positive and the majority of the schools book more than one session and are booking again this year. The Stay Safe Partnership have observed the Trainers delivering workshops and provided the following comments on a Contraception workshop delivered in a secondary school:

"It was excellent, well presented and the person delivering the session was someone who the students felt they could ask questions."

"Although there was a lot of information given, there were practical activities and things for the students to look at."

"It was excellent and the students were very engaged."

The Health Promotion and Training department have placed great emphasis on professional development this

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2018

year and the team have completed the safeguarding children, and safeguarding adults training which built on existing knowledge and training. One member of the team attended the Assist training course, the LGBT Conference and the Public Health England conference for HIV and STIs, any information and knowledge gained is cascaded to the staff team. The team have received training from the Amy Winehouse Foundation around drugs, alcohol and resilience. They have also received training from Kooth, an online emotional well-being and counselling platform for children and young people, in order for the team to signpost young people to the services Kooth offer. In addition to staff training and development the team continue to work in partnership with other agencies, to both strengthen the skill base of the team and promote the work of Positive Health (Lincolnshire).

HIV Support Services

Our objects and funding limit the service we provide to people with HIV and their carers resident in the county or accessing Sexual Health Services in Lincolnshire. The integrated health, social care and floating housing related support is free to clients, who need to provide proof of diagnosis to access the service. Support is prioritised by the assessed needs of clients and support plans agreed to focus the services in promoting independence and supporting clients to make the most of their economic and social potential.

The aims and objectives are the provision of integrated health, social care and floating housing related support to people infected or affected by HIV/AIDS, which will affirm and enhance the dignity and integrity of the individuals' concerned whilst also taking into account the needs and views of carers.

Service Users

During the last year we provided integrated health, social care and floating housing related support to 277 people, including 96 carers or family members affected by HIV. We closed 17 cases. At the end of the year we were supporting 164 clients living with HIV.

The majority of the people receiving support are male. They represent 66% of all the clients with HIV, females represent 34%. The majority, 60% of all the clients with HIV were heterosexual, with 40% identifying as gay men.

A wide range of people access the service:

- 61% being White British,
- 14% were Black African,
- 4% were Latvian,
- 7% were Portuguese
- 14% Were other Nationalities (including Lithuanian, Polish, Romanian, Spanish)

We offer a county wide service and the client base is widely dispersed,

- 10% living in East Lindsey,
- 11% living in West Lindsey,
- 40% living in the Lincoln area,
- 7% living in North Kesteven,
- 8% living in South Kesteven,
- 10% living in South Holland,
- 14% living in the Boston area

We received 19 new referrals during the year, 10 were referred by sexual health services in the county, 1 person was referred by Pilgrim Hospital at Boston, 7 people referred themselves for support, 1 referral came from the TB Nursing team.

- 2 were aged between 19 and 29.
- 15 were aged between 30 and 49.
- 2 were aged between 50 and 59.
- 11 were White British.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2018

- 1 was Portuguese.
 - 2 were Latvian.
 - 1 was Romanian
 - 1 was Polish.
 - 3 were other Nationalities
-
- 3 live in East Lindsey.
 - 3 live in West Lindsey.
 - 4 live in the Lincoln area.
 - 6 live in the Boston area.
 - 2 live in South Kesteven.
 - 1 live in South Holland

Service Provision

The client profile data shows that the service is accessed by a diverse range of people, with a wide range of needs, from social, emotional, financial, health and sexual. The Social Care Workers continue to provide a wide range of specialist support. They deal with a vast range of issues, and often support people with complex needs and/or dual diagnosis, working in partnership with colleagues from Mental Health, Substance Misuse, TB Nursing team, or Probation to provide effective support to the client.

During the last year, the workers made 838 home visits to clients; they also supported clients at 41 appointments in our offices, and saw 35 clients during 39 sessions at sexual health clinics in the county. The workers also provided 40 sessions of crisis support to 29 clients and responded to 23 calls to the 24 hour helpline.

The integrated health, social care and floating housing related service promotes independence and all people accessing the service are involved in a needs and risk assessment, which determines their support needs and forms the basis of a support plan. The support plan has key long and short-term objectives, is reviewed regularly and is developed with the client, their advocate or carer. Consequently, all clients exercise their choice and control over the level and frequency of the support they receive, all clients' economic wellbeing is assessed with the aim of improving, maximising or maintaining their individual finances. The support provided aims to maintain or improve each client's health and the support plan reviews ensure that additional support is provided to help them recover from episodes of ill health.

During the last year they supported 12 clients with specialist housing related support, the service is provided as short term focused support to prevent homelessness and help people to maintain living in their accommodation. The workers provided intensive support over a 3 month period to new client who was referred to us by sexual health services. The client was a late diagnosis of HIV, was very poorly and had spent a year in denial of their diagnosis. They were suffering with suspected pneumonia and had to give up work, had no income and were fearful they would lose their tenancy. With support from the Chris Cinclair fund the worker was able to offer emergency funds to help with food shopping and travel costs. The worker supported the client to apply for Housing Benefit and Employment Support Allowance. The client is now in receipt of full housing benefit, which has covered their rent arrears and continues to pay the rent on their accommodation. They are in receipt of Employment Support Allowance so are now financial stable. The worker accompanies them to medical appointments and their health is slowly beginning to improve. The client has commented on the support they have received and has stated they don't know how they would manage without the support of Positive Health (Lincolnshire) Social Care team.

HIV stigma and discrimination are still common and can often adversely impact on a person's ability to come to terms with their diagnosis. It also contributes to their feelings of social isolation, especially around fears of disclosing their status to family or friends, who may have provided a supporting network. Tackling discrimination and reducing isolation is a continual challenge for the workers, and they actively encourage and support clients to attend groups. The workers facilitated 22 'roving' or office based support groups, attended by 59 clients during the last year. They also arranged social events, enabling clients' to meet together for a day trip to the

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2018

coast and for a meal in December.

Chris Cinclair Benevolent Fund

The fund adds value to the SHOHPS contract and is administered by the Trustees' of the Charity. Applications for grants or loans are open to people with HIV living in the county who are experiencing financial crisis or hardship. The fund also pays for the services of an HIV experienced counsellor for clients' needing additional specialist support. The fund assisted 21 clients' during the last year.

All income from fund raising events, donations, or legacies go into the fund and are used to the benefit of clients'. During the last year, the Scene Public House gave a donation of £941.38 which they raised on our behalf from World Aids Day events (WAD). All monies raised during World Aids Days events are also deposited in the fund. We would like to say thank you to everyone who raised monies and supported us on World Aids Day.

Partnership Organisations

We continue to build strong working relationships with staff at the sexual health services in the county and those in neighbouring counties, Social Services, Occupational Therapists, Social Workers, CAB, Mental Health Crisis Teams, Housing Associations, District and County Councils, Addaction, Framework, Nacro, Lincolnshire Action Trust, Stay Safe Partnership, Lincolnshire Police, Community Safety Priority Team, TB Nursing team, Probation Services, GP Practices, Pharmacies and Maternity Services. This list is not exhaustive as we work with too many organisations to mention here.

Sexual Health Service (North Lincolnshire Council)

Sexual Health Service to Men who have sex with men

1st April 2017 – 30th November 2017

The Outreach service was commissioned by North Lincolnshire Council and offers sexual health information, advice, signposting, and resources to men who have sex with men. The service is provided for 12 hours each week, to include, 2 hours travel and 10 hours direct outreach work on public sex environments in the Scunthorpe area. The outreach work of the charity provides support to men who have sex with men who are vulnerable to poor sexual health. The service is offered free of charge to service users.

The service commenced in September 2016 and was commissioned for a 12 month pilot study, The contract was due to end on 31st August 2017 but was extended until 30th November 2017, as all sexual health services went out to tender.

Sex Environments (PSE Sites)

The outreach team made 125 PSE site from 1st April 2017 until 30th November 2017. To monitor activity on PSE sites, the team varied the times the sites were visited, 44 visits were made during the mornings, 64 visits during the afternoon, 2 visits during the evening and 15 visits were made at a weekend.

PSE Site Users

During the year the outreach team made contact with 136 (35.32%) of the 385 site users, 83(61%) of the site users were new contacts. The outreach team are now building relationships with the men on sites and 53(39%) contacts were repeat contacts with site users.

PSE Site Services

The workers offer a wide range of sexual health information and advice to PSE site users. The workers raise awareness of the importance of regular testing for HIV and STIs.

In addition:-

The workers advice site users that the consistent and correct use of condoms can significantly reduce the incidences of STI or HIV infection, they gave out 308 condom packs from 1st April 17 until 30th November

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2018

2017. They carry a variety of condoms to meet the individual needs of site users, providing non-latex or large condoms and flavoured condoms for use during oral sex.

The contract ended on the 30 November 2017, as all sexual health services in Northern Lincolnshire went out to tender.

Sexual Health Services – North East Lincolnshire Council
Sexual Health Service to Men who have sex with men

1st April 2017 – 30th November 2017

The Outreach service is commissioned by NEL Borough Council and offers sexual health information, advice, signposting, and resources to men who have sex with men. The service is provided for 8 hours on one day each week, to include, 2 hours travel and 6 hours direct outreach work on public sex environments in the Grimsby and Cleethorpes area. The Service ended on 30th November 2017. The service was offered free to services users.

Public Sex Environments (PSE sites)

The workers made 83 PSE sites visits during the year. To monitor the activity on PSE sites, the team of three outreach workers varied the times the sites were visited, they carried out 22 morning visits, 57 visits during the afternoon and early evening, and 4 visits were made at the weekend.

PSE Site Users

During the year the workers made contact with 167(55.66%) of the 300 Site users, 46 (27.54%) of the site users were men the workers had not had any contact with previously. All of the men on sites were identified as White British, 85 (50.89%) of the men were married, and 9(5.38%) were in civil partnerships, the men had a varying age range .

PSE Site Services

The British Association of Sexual Health and HIV (BASHH) recommends that MSM should test annually for HIV and every three months for STIs if having condomless sex with new or casual partners. Prevention efforts should include ensuring open access to sexual health services, focusing on groups highest at risk, including young adults, men who have sex with men (MSM) and black ethnic minorities. Regular testing for HIV and STIs is essential for good sexual health.

The workers offer a wide range of sexual health information and advice to PSE site users. The workers raise awareness of the importance of regular testing for HIV and STIs, they signposted 57 (34.13%) men to local sexual health services.

- The workers advise site users that the consistent and correct use of condoms can significantly reduce the incidences of STI or HIV infection, they gave out 433 condom packs during the year. They carry a variety of condoms to meet the individual needs of site users, providing non-latex or large condoms and flavoured condoms for use during oral sex. The condom packaging is printed with hard-hitting sexual health messages and the packs contain two condoms, lube and instructions on how to use them properly. They also discuss the prevalence and transmission routes of sexually transmitted infections, and Hepatitis B & C with the men using the sites.
- They discussed the importance of HIV testing and the impact of late HIV Diagnosis with 120 (71.85%) of the men on site.
- The workers have all taken part in Making Every Contact Count (MECC) training and offer support and promote the psychological wellbeing of the many lonely or vulnerable men using the sites. They provided emotional support to 106 (63.47%) site users, many of whom feel guilty as they are married or have partners.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2018

- Discussed the personal safety risks associated with PSE sites with 125 (74.85%) men.

The outreach team continued to work closely with the staff at Stirling Medical Centre (Sexual Health North East Lincolnshire).

The contract was due to end on 31st March 2017 and was extended until 30th November 2017, as all sexual health services went out for tender.

In May 2017 we began a pilot POCT project, commissioned by North East Lincolnshire Council. Working in partnership with sexual health services in Grimsby, who provided a sexual health advisor to attend the sessions for anyone wishing to have screening, or if test gave a reactive result the sexual health advisor could take follow up bloods immediately. We ran a session every 2nd Thursday of the month at Opendoor in Grimsby and with very limited marketing, we felt the pilot proved valuable in targeting people that would not normally attend a sexual health clinic, with 12 attendees over the 7 month period, having 9 dual HIV and Syphilis tests and 3 HIV tests, all of the tests were non-reactive, and all the attendees were referred to the sexual health advisor for screening. We were advised by The Sexual Health Services that one of the attendees visited the clinic for further tests and this may have lead on to a HIV positive contact trace.

MSM Services in Northern Lincolnshire commissioned by Virgin Care Services Limited

Our contracts with North Lincolnshire Council and North East Lincolnshire Borough Council came to an end on 30th November 2017, all services in Northern Lincolnshire were put out to tender, we were invited to submit a proposal to subcontract the sexual health outreach service to men who have sex with men and the Point of Care testing sessions to Virgin Care Services Ltd, who were awarded the contract for sexual health services in Northern Lincolnshire. The contract commenced on 1st December 2017 and was awarded for 3 years with an option to extend yearly for the following 4 years.

The Outreach service and Point of Care Testing services are commissioned by Virgin Care Services Ltd and offer sexual health information, advice, signposting, and resources to men who have sex with men. Then Outreach service is provided for 18 hours each week, to include, 4 hours travel and 14 hours direct outreach work on public sex environments (PSE) in the Northern Lincolnshire area. The outreach work of the charity provides support to men who have sex with men who are vulnerable to poor sexual health. The Point of Care Testing (POCT) service is provided 2 times a month, one session delivered at Open-door in Grimsby and one session delivered at Anvil House in Scunthorpe. The services are offered free of charge to service users.

To date the outreach workers have made 46 site visits to PSE sites in the Grimsby and Cleethorpes area and made 40 visits to PSE sites in the Scunthorpe area. The workers have seen a total of 244 PSE site users in Northern Lincolnshire and were able to make contact with 90 men on the sites. Since December the workers have distributed 182 condom packs to PSE site users.

The Point of Care Testing sessions are run monthly from 3pm until 7pm, one session at Grimsby on the second Thursday of each month and one session at Scunthorpe on the third Wednesday of each month. To date the workers have seen 19 people for Point of Care Testing, offering both HIV and HIV/Syphilis tests, the 12 males and 7 females attending the sessions have all received a non-reactive test results. The workers gave sexual health and HIV advice to all 19 attendees and gave out 60 condoms packs.

The POCT sessions are aimed and marketed at men who have sex with men in the local areas, by our outreach workers on PSE sites and by using social media apps ie: Grindr. A Facebook page has been launched and the workers encourage other agencies to publicise and share our page to encourage onward referrals to the POCT sessions. With increased marketing and partnership working with local community groups, LGBTQ groups, Sexual Health Clinics, GP surgeries and the local colleges, we aim to increase the uptake of POCT.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2018

Financial review

GOING CONCERN

After making appropriate enquiries, the trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future, being at least the next 12 months. For this reason they continue to adopt the going concern basis in preparing the financial statements.

RESERVES POLICY

The Trustees have examined the charity's requirements for reserves in light of the main risks to the organisation. The Trustees agreed to retain a balance of £10,000 in the designated Training, Education & Health Promotion fund, a balance of £7,500 in the Social Care Fund and a balance of £7,500 in the Outreach fund. A policy has been established whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between one and two months operational costs at the start of the financial year to allow adequate cash flow. A contingency fund to continue service provision in the event of non-renewed service level agreements/contracts has been agreed at between one month plus 5% of operating costs, to be raised to a maximum of three months operating costs, one month's operating costs is currently in the working sum of £26,422.

In order to ensure continuation of the Chris Cinclair benevolent fund for clients, the Trustees will designate funds with the aim of achieving a minimum reserves balance equal to the maximum grant/loan of £500 per client receiving social care support. The total of investments and cash in hand at the bank totals £147,578 to meet the requirements of the reserves policy. As the number of clients receiving support increases, so too does the amount needed to meet operating costs and satisfy the requirements of the reserves policy. Once again 2017/2018 has seen an increase in the number of people the charity is being accessed by and the Trustees are aware that as yet we are approximately £89,057 short of the reserves policy. Obviously, the more clients that access the service, the greater the divide, and the greater the need to ensure that reserves are reviewed.

OVERVIEW

Positive Health (Lincolnshire) has continued to maintain its stability as a service provider of specialist HIV and Sexual Health services throughout Lincolnshire. Effective monitoring and evaluation of service provision continues to be at the core of the charity's operations enabling the organisation to respond to the changing needs of both the service users and the funding bodies. Whilst maintaining good working relationships with colleagues in the statutory sectors of Health, Social Care and Education, Positive Health (Lincolnshire) has been able to consistently demonstrate the need for provision of the services currently being offered; sensitive to the needs of the rural nature of Lincolnshire and the needs of individuals. It is perhaps, the challenge of providing a range of services across a large geographical area, mainly rural in nature, with transient summer populations and no major city focus, that has enabled Positive Health (Lincolnshire) to develop and manage its services uniquely rather than adopting those that follow a city based trend. Whilst the number of service users has continued to increase, Positive Health (Lincolnshire) have again been able to meet the demands of an expanding and developing need. The major financial change in this current year has been the restructuring leading to a redundancy. This was anticipated as part of an ongoing restructuring over the past two years but will enable Positive Health (Lincolnshire) to work more effectively in the coming years.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2018

PRINCIPAL FUNDING

The principal funding sources for the charity are from Lincolnshire County Council Public Health. The contract we hold with Virgin Care Limited commenced on 1st December 2017, and was awarded for the next three years with an option for an extra four years. This enables the organisation to look to the future with a sense of stability and security. Due to the ongoing stigma attached to HIV/AIDS, alternative funding sources, which meet the objectives of the charity, can often be difficult to identify. The management are, however, in constant scrutiny of the service provision in meeting both the clients' needs whilst keeping the charity financially sustainable in a rapidly changing climate of funding.

Volunteers play an important role in supporting the staff team and we would like to pay a special thanks to all our volunteers. We would also like to offer our grateful thanks to the Scene Public House for their ongoing support and for continuing to raise funds for, and awareness of the charity. All funds and donations raised go directly to client care and are held in a separate account (Chris Sinclair Benevolent Fund) from the daily running of the charity. Charitable donations have continued, particularly around World AIDS Day, which hopefully implies that the public are themselves becoming more aware of the issues surrounding HIV and AIDS.

MATERIAL INVESTMENTS POLICY

Aside from retaining a prudent amount in reserves each year most of the Charity's funds are to be spent in the short term so there are few funds for long term investment. Having considered the options available the Trustees have decided to invest the small amount that it has available in a Barclays Business Direct Access Account to maximise interest but allow 10 days access. This amount (£31,479) currently forms part of the reserves; to be used to allow the organisation to continue operating should the charity become financially insecure.

Structure, governance and management

CONSTITUTION

The organisation is a charitable company limited by guarantee, incorporated on 9 March 2001 and registered as a charity on 14 April 2002. The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10. Prior to our incorporation in March 2001 the organisation was known as LAVG (Lincolnshire HIV & AIDS Voluntary Group) The organisation had originally been formed in 1985 and received charitable status in 1995. In 2000 the members agreed to form a company limited by guarantee and requested that we took the opportunity to change the charity name to one, which offered more confidentiality to our clientele and better reflected the work we are involved in. As a result Positive Health was chosen. A student, following a competition at a local school, designed our logo. LAVG was formally dissolved on 1st July 2002 with all assets being transferred to Positive Health (Lincolnshire). In 2000 we purchased our current headquarters, which were completely remodelled and refurbished in 2003 to enable us to better meet the needs of our clientele.

METHOD OF APPOINTMENT OR ELECTION OF TRUSTEES

The directors of the company are also charity Trustees for the purposes of charity law and under the company's Articles are known as 'Trustees'. Under the requirements of the Memorandum and the Articles of Association the Trustees are elected to serve at the annual general meeting, one third of the Trustees are required to retire each year and submit themselves for re-election if they desire.

Mr C Hinton will retire by rotation and, being eligible, offer himself for re-election.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2018

Due to the nature of much of the charity's work, relating to the support of those who are HIV+ or who are at risk of being so the Trustees seek to ensure that their group is diverse and contains Trustees who have a background that reflects both knowledge of and empathy for the aforementioned group.

The Trustees together bring a diverse range of skills and knowledge, and in the event of particular skills being lost due to retirements individuals are approached to offer themselves for election to the Trustees.

All Trustees gave their time voluntarily and received no benefits from the charity.

POLICIES ADOPTED FOR THE INDUCTION AND TRAINING OF TRUSTEES

Prior to taking up his appointment as Chair, Mr C White attended a detailed training course for Chairpersons provided by the Lincoln Volunteer Bureau. All new Trustees have an induction programme and are invited to spend time in the office to familiarise themselves with the work of all the departments. In addition each Trustee is encouraged to take an interest in one aspect of the work of Positive Health. All new Trustees are briefed on our Memorandum and Articles of Association. They also receive the Charity Commission information on the responsibilities of Trustees.

ORGANISATIONAL STRUCTURE AND DECISION MAKING

Positive Health has a minimum of three Trustees, there is no maximum number. The Trustees meet bi-monthly and are responsible for the strategic direction and policy of the charity. At present there are six Trustees. The Chief Officer also attends Trustee meetings but have no voting rights. The Trustees do not involve themselves in the day to day running of the organisation; this is delegated to the Chief Officer and Senior Management team via the formal scheme of delegation. The Chief Officer is responsible for ensuring that Positive Health delivers the services specified and the key performance indicators are met. The Chief Officer is also responsible for the individual supervision of the staff team to ensure that they are meeting the requirements of their roles and that they are able to access relevant CPD opportunities.

RELATED PARTY RELATIONSHIPS

The work of Positive Health reflects both National and Local strategy in relation to HIV services. Positive Health works alongside Lincolnshire County Council Public Health, Social Services, Lincolnshire Sexual Health Services, The Police, Schools, Colleges, Housing Associations, Virgin Care Limited and local Councils. In addition we belong to a variety of multi-agency groups.

RISK MANAGEMENT

The Trustees have conducted regular reviews of the major risks to which the charity is exposed. A risk register has been established and is updated at least annually. Where appropriate, systems or procedures have been established to mitigate these identified risks. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to both the office premises and when staff and volunteers work away from our office base.

COMPLAINTS

We did not receive any complaints during the last year.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2018

Plans for future periods

FUTURE DEVELOPMENTS

The contracts have given the organisation the stability to look forward to a secure future which in turn is enabling us to identify opportunities to develop the services.

During the year the Trustees and Managers carried out a SWOT (Strengths, Weakness, Opportunities, and Threats) analysis on the organisation, the outcome of which was an organisational restructure to strengthen the staff team and avoid the depletion of any reserves held over the coming years. The new staff structure came into effect on 1st November 2017, with a new management team consisting of The Chief Officer, Senior Support Services Officer and Senior Administration and Finance Officer. The three lead roles have defined responsibilities; The Chief Officer leads the organisation and oversees all of the organisations activities. The Senior Administration and Finance Officer supports the whole staff team with reception, administration, monitoring, invoicing and payroll. The Senior Support Officer leads the social care department and the Point of Care Testing Service. There is much optimism and drive from the staff team to take Positive Health (Lincolnshire) into an exciting future. The Trustees and Staff team are extremely proud of our Outstanding Award received this year from Lincolnshire County Council, Public Health Department for our Lincolnshire Sexual Health Outreach, HIV Prevention and Support Service. We have also instigated changes to the application of the Chris Cinclair Benevolent Fund, to enable a more streamlined approach for our clients, and to acknowledge the changing and sometimes more complex needs of some of our service users.

The Trustees would like to say a sincere thank you to Caroline Wilkinson for her dedication and commitment in leading Positive Health (Lincolnshire) during in her time employed as Manager.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2018

TRUSTEES' RESPONSIBILITIES STATEMENT

The Trustees (who are also directors of Positive Health (Lincolnshire) for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Trustees, on 19 May 2018 and signed on their behalf by:


.....
C Hinton, Vice Chair

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2018

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF POSITIVE HEALTH (LINCOLNSHIRE)

I report to the charity Trustees on my examination of the accounts of the company for the year ended 31 March 2018.

This report is made solely to the company's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the company's Trustees those matters I am required to state to them in an Independent Examiner's Report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the company and the company's Trustees as a body, for my work or for this report.

RESPONSIBILITIES AND BASIS OF REPORT

As the Trustees of the company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

INDEPENDENT EXAMINER'S REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2018

INDEPENDENT EXAMINER'S STATEMENT

I have completed my examination. I can confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Dated: 12 June 2018

Linda Lord Bsc FCA TEP

Streets LLP
Tower House
Lucy Tower Street
Lincoln
LN1 1XW

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES INCORPORATING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2018**

	Note	Restricted funds 2018 £	Unrestricted funds 2018 £	Total funds 2018 £	Total funds 2017 £
INCOME FROM:					
Donations and legacies	2	-	1,516	1,516	3,861
Charitable activities	3	233,176	14,478	247,654	237,473
Investments	4	-	33	33	121
TOTAL INCOME		233,176	16,027	249,203	241,455
EXPENDITURE ON:					
Charitable activities	5,6	233,590	68,383	301,973	237,536
TOTAL EXPENDITURE	7	233,590	68,383	301,973	237,536
NET INCOME / (EXPENDITURE) BEFORE TRANSFERS					
Transfers between Funds	14	(414) 400	(52,356) (400)	(52,770) -	3,919 -
NET INCOME / (EXPENDITURE) BEFORE OTHER RECOGNISED GAINS AND LOSSES					
		(14)	(52,756)	(52,770)	3,919
NET MOVEMENT IN FUNDS		(14)	(52,756)	(52,770)	3,919
RECONCILIATION OF FUNDS:					
Total funds brought forward		46	278,505	278,551	274,632
TOTAL FUNDS CARRIED FORWARD		32	225,749	225,781	278,551

The notes on pages 22 to 34 form part of these financial statements.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)
REGISTERED NUMBER: 04176976

BALANCE SHEET
AS AT 31 MARCH 2018

	Note	£	2018 £	£	2017 £
FIXED ASSETS					
Tangible assets	10		74,255		76,959
Investments	11		31,479		31,454
			105,734		108,413
CURRENT ASSETS					
Debtors	12	11,188		11,212	
Cash at bank and in hand		116,099		167,474	
		127,287		178,686	
CREDITORS: amounts falling due within one year	13	(7,240)		(8,548)	
NET CURRENT ASSETS			120,047		170,138
NET ASSETS			225,781		278,551
CHARITY FUNDS					
Restricted funds	14		32		46
Unrestricted funds	14		225,749		278,505
TOTAL FUNDS			225,781		278,551

The company's financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The Trustees consider that the company is entitled to exemption from the requirement to have an audit under the provisions of section 477 of the Companies Act 2006 ("the Act") and members have not required the company to obtain an audit for the year in question in accordance with section 476 of the Act.

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements were approved and authorised for issue by the Trustees on 19 May 2018 and signed on their behalf, by



C Hinton, Vice Chair

The notes on pages 22 to 34 form part of these financial statements.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2018

1. ACCOUNTING POLICIES

1.1 General Information

As set out in the Trustee's report, Positive Health (Lincolnshire) is an unincorporated registered charity registered in England & Wales. The principal office of the charity is 25 Newland, Lincoln, LN1 1XP.

The principle objective of the charity is

"The relief of poverty, sickness and social exclusion of persons living with and vulnerable to HIV/AIDS, and related infections, substance misuse and poor sexual health. To engage in any charitable activities which may lessen the suffering of such persons, their families, friends and carers."

The financial statements are prepared in sterling, which is the functional currency of the charity.

1.2 Basis of preparation of financial statements

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102) as amended by update bulletin 1), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Positive Health (Lincolnshire) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

1.3 Company status

The company is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to £10 per member of the company.

1.4 Income

All income is recognised once the company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

For legacies, entitlement is taken as the earlier of the date on which either: the company is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the Trust that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the company has been notified of the executor's intention to make a distribution. Where legacies have been notified to the company, or the company is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2018

1. ACCOUNTING POLICIES (continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Governance costs are those incurred in connection with administration of the company and compliance with constitutional and statutory requirements.

Charitable activities and Governance costs are costs incurred on the company's educational operations, including support costs and costs relating to the governance of the company apportioned to charitable activities.

1.6 Tangible fixed assets and depreciation

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of Financial Activities incorporating Income and Expenditure Account.

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Freehold property	- 2% per annum straight line
Office equipment	- 20% per annum reducing balance

1.7 Investments

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance Sheet date, unless fair value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and shown in the heading 'Gains/(losses) on investments' in the Statement of Financial Activities incorporating Income and Expenditure Account.

1.8 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the bank.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2018

1. ACCOUNTING POLICIES (continued)

1.9 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.10 Cash at Bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.11 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised within interest payable and similar charges.

1.12 Pensions

The company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the company to the fund in respect of the year.

1.13 Cashflow

The Charity has taken advantage of the exemption specified in SORP 2015 (and the subsequent update bulletin) from the requirement to produce a cash flow statement on the grounds that it is a small charity.

1.14 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2018**

1. ACCOUNTING POLICIES (continued)

1.15 Value Added Tax

Value Added Tax is not recoverable by the charitable company and as such is included in the relevant costs in the SOFA.

2. INCOME FROM DONATIONS AND LEGACIES

	Restricted funds 2018 £	Unrestricted funds 2018 £	Total funds 2018 £	Total funds 2017 £
Legacies	-	-	-	624
Donations	-	1,491	1,491	3,134
Similar incoming resources	-	25	25	103
Total donations and legacies	-	1,516	1,516	3,861
<i>Total 2017</i>	<i>-</i>	<i>3,861</i>	<i>3,861</i>	

3. INCOME FROM CHARITABLE ACTIVITIES

	Restricted funds 2018 £	Unrestricted funds 2018 £	Total funds 2018 £	Total funds 2017 £
Social Care	103,129	-	103,129	103,129
Outreach	78,483	-	78,483	69,058
Training/Education	51,564	14,478	66,042	65,286
	233,176	14,478	247,654	237,473
<i>Total 2017</i>	<i>223,751</i>	<i>13,722</i>	<i>237,473</i>	

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2018**

4. INVESTMENT INCOME

	Restricted funds 2018 £	Unrestricted funds 2018 £	Total funds 2018 £	Total funds 2017 £
Investment income	-	33	33	121
<i>Total 2017</i>	-	121	121	

5. EXPENDITURE ON CHARITABLE ACTIVITIES

	Social Care £	Outreach £	Training/ Education £	Total 2018 £	Total 2017 £
Grants to clients	442	-	-	442	647
Staff training, travel etc	5,572	13,626	10,018	29,216	25,064
Social activities & meetings	934	-	-	934	1,934
Condoms, lubricants and test kits	-	3,450	-	3,450	3,111
Premises	2,078	1,314	2,140	5,532	6,285
General office & finance	2,917	1,843	2,994	7,754	8,967
Advertising & publicity	706	446	727	1,879	2,251
Volunteer training and travel	11	7	11	29	-
Therapies	300	-	-	300	380
Building/Machine Maintenance	7,736	1,339	2,183	11,258	2,267
Legal & Professional	167	105	172	444	413
Dep'n net of profit on disposal	1,481	936	1,539	3,956	3,536
Wages and salaries	81,014	51,330	84,712	217,056	164,953
National insurance	6,372	3,874	5,311	15,557	13,549
Pension cost	528	334	544	1,406	1,479
	110,258	78,604	110,351	299,213	234,836
<i>Total 2017</i>	<i>105,138</i>	<i>69,288</i>	<i>60,410</i>	<i>234,836</i>	

6. GOVERNANCE COSTS

	Restricted funds 2018 £	Unrestricted funds 2018 £	Total funds 2018 £	Total funds 2017 £
Accountancy Fees	-	2,760	2,760	2,700

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2018**

7. ANALYSIS OF EXPENDITURE BY EXPENDITURE TYPE

	Staff costs	Other costs	Total	Total
	2018	2018	2018	2017
	£	£	£	£
Social Care	87,914	22,344	110,258	105,138
Outreach	55,538	23,066	78,604	69,288
Training/Education	90,567	19,784	110,351	60,410
Charitable activities	234,019	65,194	299,213	234,836
Expenditure on governance	-	2,760	2,760	2,700
	234,019	67,954	301,973	237,536
<i>Total 2017</i>	<i>179,981</i>	<i>57,555</i>	<i>237,536</i>	

8. NET INCOME/(EXPENDITURE)

This is stated after charging:

	2018	2017
	£	£
Depreciation of tangible fixed assets:		
- owned by the charity	3,955	3,535
Accountancy Fees	2,700	2,640

During the year, no Trustees received any remuneration (2017 - £NIL).

During the year, no Trustees received any benefits in kind (2017 - £NIL).

During the year, no Trustees received any reimbursement of expenses (2017 - £NIL).

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2018

9. STAFF COSTS

Staff costs were as follows:

	2018	2017
	£	£
Wages and salaries	217,056	164,953
Social security costs	15,557	13,549
Other pension costs	1,406	1,479
	<u>234,019</u>	<u>179,981</u>

During the year ended 31 March 2018, redundancy payments amounting to £30,000 (in addition to normal salary in lieu of notice and outstanding leave entitlement) were paid to one employee.

The average number of persons employed by the company during the year was as follows:

	2018	2017
	No.	No.
Social Care & Supporting People	3	3
Outreach	2	2
Health Promotion & Training	3	3
Administrative	2	2
	<u>10</u>	<u>10</u>

No employee received remuneration amounting to more than £60,000 in either year.

The aggregate amount of compensation paid to 2 members of key management personnel in the year (including employer's national insurance contributions) was £106,786 (2017: £74,104). This included redundancy payments as notified above.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2018**

10. TANGIBLE FIXED ASSETS

	Freehold property £	Office equipment £	Total £
Cost			
At 1 April 2017	95,127	39,450	134,577
Additions	-	1,251	1,251
At 31 March 2018	95,127	40,701	135,828
Depreciation			
At 1 April 2017	27,963	29,655	57,618
Charge for the year	1,903	2,052	3,955
At 31 March 2018	29,866	31,707	61,573
Net book value			
At 31 March 2018	65,261	8,994	74,255
At 31 March 2017	67,164	9,795	76,959

11. FIXED ASSET INVESTMENTS

	Trade investments £
At 1 April 2017	31,454
Additions	25
At 31 March 2018	31,479
Historical cost	20,000
Investments comprise:	
	2018 £
Barclays deposit account	31,479
	2017 £
	31,454

All the fixed asset investments are held in the UK

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2018

12. DEBTORS

	2018	2017
	£	£
Trade debtors	6,593	6,145
Stock	-	750
Prepayments and accrued income	4,595	4,317
	<u>11,188</u>	<u>11,212</u>

13. CREDITORS: Amounts falling due within one year

	2018	2017
	£	£
Trade creditors	87	-
Other creditors	1,331	2,887
Accruals and deferred income	5,822	5,661
	<u>7,240</u>	<u>8,548</u>

14. STATEMENT OF FUNDS

STATEMENT OF FUNDS - CURRENT YEAR

	Balance at 1 April 2017 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2018 £
Designated funds					
Chris Sinclair Fund	54,047	1,507	(6,848)	-	48,706
Training, Education & Health Promotion	10,000	14,478	(58,783)	44,305	10,000
Property Reserve	67,164	-	(1,903)	-	65,261
Outreach services	7,500	-	-	-	7,500
Social care	7,500	-	-	-	7,500
	<u>146,211</u>	<u>15,985</u>	<u>(67,534)</u>	<u>44,305</u>	<u>138,967</u>
General funds					
General Funds - all funds	132,294	42	(849)	(44,705)	86,782
Total Unrestricted funds	<u>278,505</u>	<u>16,027</u>	<u>(68,383)</u>	<u>(400)</u>	<u>225,749</u>

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2018**

14. STATEMENT OF FUNDS (continued)

Restricted funds

	Balance at 1 April 2017 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2018 £
Training Equipment	46	-	(14)	-	32
Outreach Services	-	78,483	(78,602)	119	-
Training, Education & Health Promotion	-	51,564	(51,564)	-	-
Social Care	-	103,129	(103,410)	281	-
	<u>46</u>	<u>233,176</u>	<u>(233,590)</u>	<u>400</u>	<u>32</u>
Total of funds	<u>278,551</u>	<u>249,203</u>	<u>(301,973)</u>	<u>-</u>	<u>225,781</u>

DESIGNATED FUNDS:

Chris Cinclair Fund: - This fund relates to unrestricted funds which have been set aside by the trustees for client care in the form of loans and grants. These funds are held in separate bank accounts and in the investment with Barclays bank. Income to the Chris Cinclair fund is generated through donations and fundraising.

Training, Education & Health Promotion: - This fund relates to unrestricted funds which have been set aside by the trustees to meet the employment associated costs of education training workers where not currently funded from other sources. A reserve of £10,000 at the year end is considered adequate for the charity's needs.

Property Reserve: - The Trustees have decided to show a separate Property Reserve which represents the written down value of the charity's freehold property.

Outreach Services: - The Trustees have decided that a balance of £7,500 should be designated for forthcoming outreach work.

Social Care: - The Trustees have decided that a balance of £7,500 should be designated for forthcoming social care work.

UNRESTRICTED FUNDS:

Unrestricted fund: - This represents the charity's free reserves.

RESTRICTED FUNDS:

Training Equipment: - Money received to purchase a display unit. Depreciation is being charged to the fund, over the asset's expected useful economic life.

Outreach Contract: - Providing a service in North East Lincs, North Lincolnshire and Lincolnshire.

Training, Education & Health Promotion: Providing a service in North East Lincs, North Lincolnshire and Lincolnshire.

Social Care: - Lincolnshire County Council: - Providing support for people infected or affected by HIV.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2018

14. STATEMENT OF FUNDS (continued)

The Transfer from unrestricted general funds is to cover the cost of the programme not covered by amounts received from the donor.

STATEMENT OF FUNDS - PRIOR YEAR

	<i>Balance at 1 April 2016 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers in/out £</i>	<i>Balance at 31 March 2017 £</i>
Designated funds					
Chris Cinclair Fund	52,687	3,218	(1,858)	-	54,047
Training, Education & Health Promotion	10,000	13,722	(8,834)	(4,888)	10,000
Property Reserve	69,067	-	(1,903)	-	67,164
Outreach services	7,500	-	-	-	7,500
Social care	7,500	-	-	-	7,500
	<u>146,754</u>	<u>16,940</u>	<u>(12,595)</u>	<u>(4,888)</u>	<u>146,211</u>
General funds					
General Funds	127,820	764	(797)	4,507	132,294
Total Unrestricted funds	<u>274,574</u>	<u>17,704</u>	<u>(13,392)</u>	<u>(381)</u>	<u>278,505</u>
Restricted funds					
	<i>Balance at 1 April 2016 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers in/out £</i>	<i>Balance at 31 March 2017 £</i>
Training Equipment	58	-	(12)	-	46
Outreach Services	-	69,058	(69,288)	230	-
Training, Education & Health Promotion	-	51,564	(51,564)	-	-
Social Care	-	103,129	(103,280)	151	-
	<u>58</u>	<u>223,751</u>	<u>(224,144)</u>	<u>381</u>	<u>46</u>
Total of funds	<u>274,632</u>	<u>241,455</u>	<u>(237,536)</u>	<u>-</u>	<u>278,551</u>

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2018**

SUMMARY OF FUNDS - CURRENT YEAR

	Balance at 1 April 2017 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2018 £
Designated funds	146,211	15,985	(67,534)	44,305	138,967
General funds	132,294	42	(849)	(44,705)	86,782
	<u>278,505</u>	<u>16,027</u>	<u>(68,383)</u>	<u>(400)</u>	<u>225,749</u>
Restricted funds	46	233,176	(233,590)	400	32
	<u>278,551</u>	<u>249,203</u>	<u>(301,973)</u>	<u>-</u>	<u>225,781</u>

SUMMARY OF FUNDS - PRIOR YEAR

	Balance at 1 April 2016 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2017 £
Designated funds	146,754	16,940	(12,595)	(4,888)	146,211
General funds	127,820	764	(797)	4,507	132,294
	<u>274,574</u>	<u>17,704</u>	<u>(13,392)</u>	<u>(381)</u>	<u>278,505</u>
Restricted funds	58	223,751	(224,144)	381	46
	<u>274,632</u>	<u>241,455</u>	<u>(237,536)</u>	<u>-</u>	<u>278,551</u>

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

ANALYSIS OF NET ASSETS BETWEEN FUNDS - CURRENT YEAR

	Restricted funds 2018 £	Unrestricted funds 2018 £	Total funds 2018 £
Tangible fixed assets	32	74,223	74,255
Barclays deposit account	-	31,479	31,479
Current assets	-	127,287	127,287
Creditors due within one year	-	(7,240)	(7,240)
	<u>32</u>	<u>225,749</u>	<u>225,781</u>

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2018

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS (continued)

ANALYSIS OF NET ASSETS BETWEEN FUNDS - PRIOR YEAR

	<i>Restricted funds 2017 £</i>	<i>Unrestricted funds 2017 £</i>	<i>Total funds 2017 £</i>
Tangible fixed assets	46	76,913	76,959
Standard Life Deposit Account	-	31,454	31,454
Current assets	-	178,686	178,686
Creditors due within one year	-	(8,548)	(8,548)
	<u>46</u>	<u>278,505</u>	<u>278,551</u>

16. PENSION COMMITMENTS

The charity contributed to a group personal pension plan on behalf of its employees. The pension cost charge represents contributions payable by the charity throughout the year and amounted to £1,406 (2017: £2,593.) No contributions were payable by the charity at 31 March 2018 (2017: Nil).

17. RELATED PARTY TRANSACTIONS

No related party transactions as are required to be disclosed under SORP 2015 were undertaken in the year.

18. TAXATION

As a charity, Positive Health (Lincolnshire) is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.