
POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2020

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POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

CONTENTS

	Page
Reference and Administrative Details of the Company, its Trustees and Advisers	1
Trustees' Report	2 - 21
Independent Examiner's Report	22
Statement of Financial Activities	23
Balance Sheet	24
Notes to the Financial Statements	25 - 36

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2020**

Trustees	Mr C F White, Chair Ms P J Calder Mr J Winmill, Treasurer Mr C F Hinton, Vice Chair Ms M Laurence
Company registered number	04176976
Charity registered number	1091677
Registered office	25 Newland Lincoln LN1 1XP
Company secretary	Mr J Winmill
Chief executive officer	J Burgwin
Independent examiner	Linda Lord FCA BSc TEP Streets LLP Tower House Lucy Tower Street Lincoln LN1 1XW
Bankers	National Westminster Bank 225 High Street Lincoln

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2020

The Trustees present their annual report together with the financial statements of the company for the year 1 April 2019 to 31 March 2020. The Annual Report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual Report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) as amended by Update Bulletin 1 (effective January 2015).

Since the company qualifies as small under section 382 of the Companies Act 2006, the Strategic Report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

Positive Health's objects and principal activities relate to the following statement, which is taken from our Memorandum of Articles of Association:

'The relief of poverty, sickness and social exclusion of persons living with and vulnerable to HIV/AIDS, and related infections, substance misuse and poor sexual health. To engage in any charitable activities which may lessen the suffering of such persons, their families, friends and carers.'

In furtherance of our objectives but not otherwise the charity may exercise the following powers:

'To target the public with information on sexual health, HIV and other STI's, through relevant campaigns and awareness events, to provide information or support around those issues to people living in Lincolnshire'

and

'To use appropriate methods to educate and inform the general public and specific target groups on the subjects of HIV/AIDS, HEP B & C, Sexual Health and the wider aims of Positive Health (Lincolnshire)'

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2020

Objectives and activities (continued)

b. Strategies for achieving objectives

Our main objectives and activities for the year continued to focus on the support for our clients, enabling people living with HIV and their carers to gain the skills, knowledge and resources to overcome the social and economic disadvantages associated with the poor health and stigma of HIV, and the prevention of further infection via our health promotion/training and sexual health outreach work, to increase individual and collective knowledge of sexual health to reduce the incidence of HIV and other sexually transmitted infections within the county of Lincolnshire. We continued to offer our Point of Care Testing sessions in Lincolnshire and our commissioned Point of Care Testing sessions in Northern Lincolnshire. We have increased our social media presence with our Facebook Page and our presence on Grindr.

In addition to the work of our salaried staff the Trustees would also like to acknowledge the work of our volunteers, who give freely of their time and without whom our work would not be as effective as we would wish it to be.

We review our aims, objectives and activities each year, to look at the achievements of each key activity in the previous 12 months to ensure beneficial outcomes for our target groups. We have referred to the Charity Commission's guidance on public benefit when reviewing or planning future activities, and always consider how planned activities will contribute to the charity's objectives.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2020

Objectives and activities (continued)

c. Achievements and Performance

Sexual Health Outreach HIV Prevention and Support Service (SHOHPS)

The SHOHPS contract is funded by Lincolnshire County Council Public Health Division.

Sexual Health Outreach Service

The aims and objectives are to provide an outreach service to public sex environments (PSE), where site users commonly include men who have sex with men (MSM), and at other venues and events where people are more vulnerable or at risk of sexual ill health, to reduce sexual risk behaviours and to provide sexual health information to increase awareness of HIV, other sexually transmitted infections, routes of transmission and encourage the uptake of testing. The service is offered free of charge to service users and is limited by the funding to MSM at PSE sites and at other venues and events where people are more vulnerable or at risk of sexual ill health within the county of Lincolnshire.

The service delivery target is for the provision of 350 outreach sessions per annum covering the 28 Public Sex Environments (PSE sites) in Lincolnshire.

Public Sex Environments (PSE sites) can include woods, car parks, parks, beaches, toilets and local beauty spots, they are usually found through local networks, local press, the Internet, and word of mouth from other PSE users. Men who have sex with men (MSM) often prefer the anonymity of sex where there's little risk of being identified and they don't need to talk. Having multiple sexual partners is common amongst MSM, yet many men engaging in casual sex do not use condoms consistently, our sexual health outreach team encourage the men on PSE sites to use a condom during sexual activity.

Condoms remain the most effective way to prevent HIV and other STI's. Our sexual health outreach team carry a variety of condoms, providing non latex, regular, large, flavoured condoms to meet the need of the individual site user. Our condom packaging includes local hard hitting sexual health messages, the packs contain two condoms, lube, instructions on how to use properly and our contact details. This year the workers gave out in excess of 2500 condoms packs to MSM.

During this year the sexual health outreach team exceeded the targets set within the SHOHPS contract, they completed 396 visits to PSE sites in Lincolnshire. The outreach team recorded 1478 men present on PSE sites in the County, and made contact with 33% of the total site users. They identified:

- 43% of the interventions were with new contacts, site users that the team had not previously spoken to.
- 62% of the contacts were aged over 50
- 38% of the contacts as married men

Many MSM using the PSE sites in Lincolnshire often frequent PSE sites in other Counties or Countries. Conversely, MSM from outside the County will travel to use the PSE sites in Lincolnshire.

Feedback from men using the sites:

I am really grateful that there is someone to talk to

If HIV testing was available here on site, I would consider having a test, I am not comfortable going to the clinic or to your office

Thank you for talking to me about HIV, I understand the transmission and will use condoms in future and I will

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2020

Objectives and activities (continued)

spread the word to encourage others to use condoms too. Thank you for providing condoms

I have seen your advert on Grindr for testing and will call into the next drop in session, it's good to see you on social media

It's great to see your organisation encouraging people to have regular tests

I don't carry condoms with me for obvious reasons, but getting them to use at site when you are here is brilliant, thanks

I really appreciated the time you have taken to chat with me, I have no one else to talk to about my sexuality.

In addition to condoms, the workers offer a wide range of sexual health support, information and resources.

- Discussed the transmission routes of HIV, the impact of late diagnosis and encouraged regular HIV testing.
- Provided information about local sexual health risks, including the risks associated with unprotected oral sex.
- Provided information on Sexually Transmitted infections
- Provided information to support national campaigns, raising awareness of HIV for World Aids Day, and promoting HIV testing during National Testing Week in November.
- Provided information on PREP
- Provided information, signposting and encouraged MSM to attend Positive Health (Lincolnshire)'s drop in service for HIV testing and sexual health screening.
- Signposted MSM to LiSH (Lincolnshire's integrated sexual health services) and other relevant services using MECC.

We have increased our social media presence aimed at MSM who prefer to remain anonymous when it comes to accessing sexual health information or condoms. We have seen a significant increase in requests for condoms and sexual health information to be sent by post to the MSM community. In October 2019 we launched our profile on the social media app Grindr to encourage MSM to access support and advice via social media. Since the service began we have received 70 contacts via the app all accessing emotional support and sexual health advice.

The team also delivered sexual health outreach sessions at our city centre based drop in to 178 members of the public who attended our drop in sessions, giving out 210 condoms packs, sexual health information and advice to raise awareness of HIV and other sexually transmitted infections. The team have an excellent working relationship with the Lincolnshire integrated Sexual Health service (LiSH) and sign-posted 132 people to LiSH for sexual health screening/testing.

Drop – IN Service and Point of Care HIV Testing

The service is provided on the first Monday of every month from 2pm to 6pm. While the service is not provided within the SHOHPS contract we believe it adds significant value to the other sexual health support services we offer and aims to increase the uptake of testing and offers an alternative venue to those people who are reluctant to access main stream sexual health clinics, as many men who have sex with men hide their identity

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2020

Objectives and activities (continued)

and sexual orientation and fear stigma and discrimination and therefore are less likely to access HIV testing than heterosexuals. Working in partnership with LiSH, a nurse attends our monthly Point of Care Testing sessions to offer sexual health screening to the attendees.

The Drop In service is widely publicised by our presence on social media and by support from The Scene public house, posters in pharmacies, Accident and Emergency, sexual health clinics, GP surgeries, word of mouth and by other partner organisations.

We carried out 91 POCT tests and one result came back as reactive. The person was in a state of complete shock and extremely upset, our Social Care worker spent time offering emotional support, advice and information, the Social Care worker made an appointment at LiSH for the following morning and the Social Care Worker attended the appointment for moral and emotional support, the test result was later confirmed by LiSH and the person commenced treatment. The client continues to access support via our Social Care Team.

The World Health Organisation states around the globe approximately 21% of people with HIV are unaware of their infection. The only way to determine a person's HIV status is for them to have an HIV test. Positive Health (Lincolnshire) remain committed to breaking down barriers to HIV testing and making it easier and more convenient to test.

Feedback from people using the POCT of drop in:-

- *Positive Health is a great charity and great at everything they do, making testing so easy*
- *Coming here has allowed me to gain the knowledge and reassurance needed, I now feel comfortable and have the knowledge to be able to deal with HIV.*
- *I know to use condoms all the time and free condoms are available here.*
- *They really do care and encourage me to stay safe and use condoms.*
- *Drop in is really brilliant, staff understand and never judge.*
- *What a fabulous, speedy service, quick and easy.*
- *I will come back now I know how simple the test is.*
- *The staff were very good and gave some good advice.*
- *Free condoms is a bonus to the service.*

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2020

Objectives and activities (continued)

Sexual Health Promotion/Training and HIV Prevention Services

The aims and objectives of the services are to promote positive sexual health and well – being, to raise awareness of HIV, STI's, reduce stigma, encourage the uptake of testing and sign post to sexual health services, through events, 210 free to establishment training workshops/courses and the provision of a 24 hour telephone helpline.

Telephone Helpline (Manned 24hrs)

During this year we have noticed a significant drop in the number of 24hr helpline calls being received, we also noticed that many "helpline" calls were coming via the main office number and there had been an increase in email and messenger contact. Therefore, working with Lincolnshire County Council, Public Health Contracting and Commissioning team, it was agreed that the helpline service was no longer viable and the service was disbanded in December 2019.

Sexual Health Promotion Events

This year the Trustees made the decision to be a sponsor of the Pride event which was held in the Arboretum on Monks Road in the city of Lincoln. The team manned a stall raising awareness of Positive Health (Lincolnshire) and the services we provide. We attended the Freshers' Fayre event at Bishop Grosseteste College giving out welcome packs to the students. We had a stall at Asda in Boston for World Aids Day and also held a World Aids Day raffle and coffee morning at our offices in Lincoln City Centre raising awareness of the increasing incidence of HIV infection in the county, the importance of HIV testing, the impact of late HIV diagnosis, and raising money for the Chris Cinclear Benevolent fund, which supports county residents with HIV with access to grants or loans in times of financial hardship. We also attended the Red Ball at The Scene public house promoting the service Positive Health (Lincolnshire) offer and raising awareness of HIV. In addition to our usual planned events, our Patron Rev. George Goalby, led an up-lifting service at Lincoln Cathedral to celebrate the work of Positive Health (Lincolnshire) and to commemorate World's Aids Day. The Sexual Health Outreach team attended the LGBT Love is Love conference in Lincoln and in February 2020 one member of the team attended the HIV England Conference 2020 in London.

Sexual Health Promotion/Training

During the year, the trainers delivered 201 sessions free of charge sessions to a total of 93 organisations/schools. The sessions are offered free to a variety of schools/ organisations and youth groups to ensure the information reaches as wide an audience as possible, especially to vulnerable and at risk groups. The team were on target to deliver 210 Free of Charge sessions as commissioned within our SHOHPS contract, however on 16th March 2020 the schools began to cancel sessions booked due to the outbreak of COVID19. Since then the Government have ordered the schools to close until further notice, therefore all our sessions have now been cancelled for the foreseeable future.

All the workshops are developed by the trainers and are all updated on a regular basis, and workshops will be developed specifically to meet the needs of the target audience. The sessions are designed to be as interactive and informative as possible using resources such as beer goggles, games, and quizzes. We aim to encourage audience participation and discussion. The Trainers also work closely with schools to develop a programme of workshops to meet their PHSE needs.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

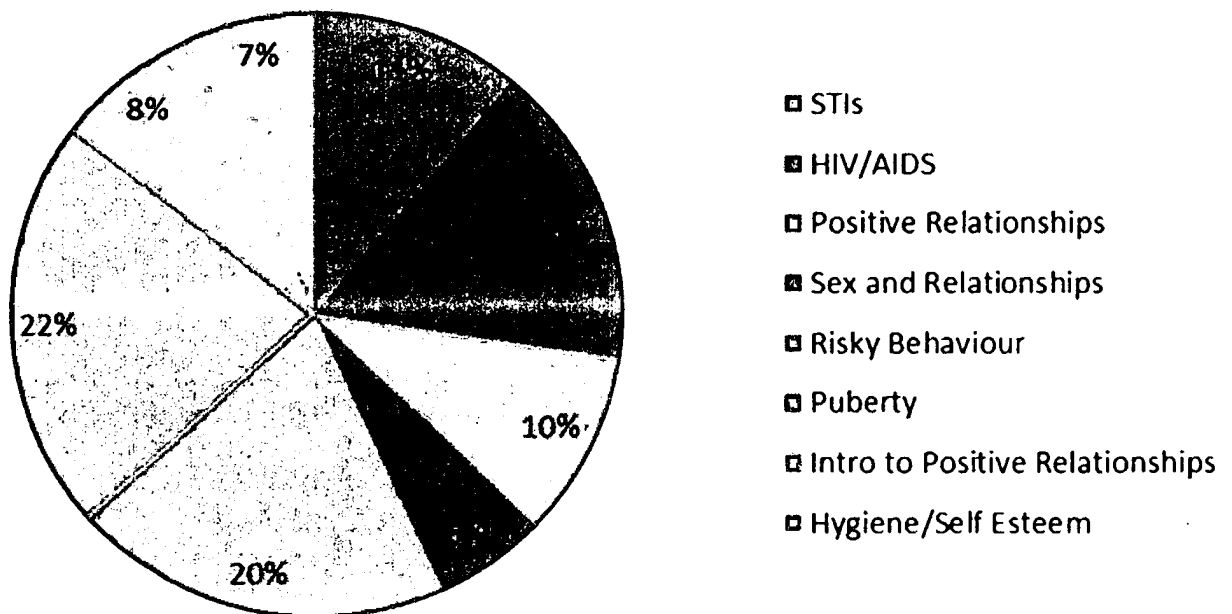
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2020

Objectives and activities (continued)

In total 5839 young people attended the workshops delivered. The free to provider sessions included:

Sexual Transmitted Infections (STIs)
HIV/AIDS Awareness
Positive Relationships
Sex and Relationships
Risky Behaviour
Introduction to Positive Relationships
Self Esteem/Hygiene
Puberty

Free Workshops



POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2020

Objectives and activities (continued)

All sessions are evaluated by the Teachers and the Young People, we use the feedback for quality control and continuing improvement.

Feedback from all the sessions is consistently good from both the staff and the pupils.

- I just wanted to feedback how great the HIV workshop was this afternoon. The students and I, got so much out of it. I should definitely be compulsory in education. It has completely expelled all the myths around HIV and was delivered in a way which made sense to the students and that they felt completely comfortable with,
- I learnt what it would be like to go to a sexual health clinic.
- *Really good explanations pitched at the right level. Good use of images, not too graphic but enough to engage and give the pupils what they needed.*
- Very open and honest session, pupils benefited from having real life discussions rather than science based information.
- I learnt what to look for if I was worried I had a STI. And I know what to do.
- The speaker was excellent and I thought they pitched it at the right level, a great mixture of humour and knowledge, I learnt a lot and came away feeling encouraged by what I had learnt.
- A brilliant session – frank and honest and to the point but did not scare the children, they really enjoyed it and have been asking lots of questions.
- The session was really useful as it made me understand what changes happen when we grow up
- The children engage much better with an outside speaker and felt at ease to ask questions.

The Trainers also delivered HIV workshops to 75 adults our sexual health trainers continue to address the need for up-to-date knowledge regarding HIV across the public service sector.

Michel Sidibé, Executive Director of UNAIDS states :The fear surrounding the emerging HIV epidemic in the 1980s largely persists in adults today. At that time, very little was known about how HIV is transmitted, which made people scared of those infected due to fear of contagion

- I found it really informative and totally awe inspiring.
- My colleagues and I have not stopped talking or thinking about it since we left yesterday.
- You are a credit and fantastic role model to the service you provide
- The trainer was very knowledgeable and I feel much better knowing this information
- I have learnt so much today, excellent session, I enjoyed all of it.
- The trainer was interesting, engaging, knowledgeable and inspiring and I feel this training should be mandatory for all social care and health care professionals.

In addition to the free to provider sessions listed, we also delivered 320 sessions to 107 venues, out of these, 9

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

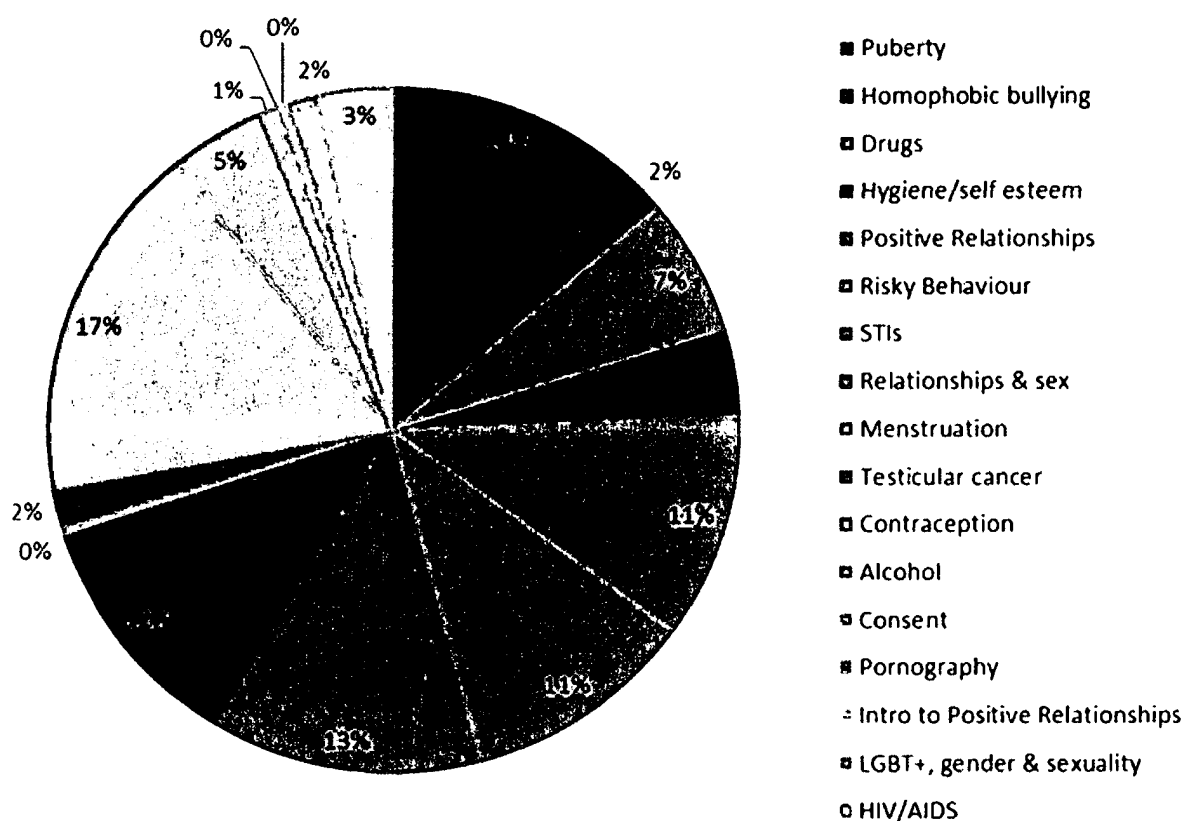
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2020

Objectives and activities (continued)

were new venues. These sessions are subsidised by the Charity and are offered at a charge to schools/organisations of £60.00 per tutor group. While these sessions are not a requirement of the SHOHPS contract it is important to acknowledge that an additional 10893 young people in the county received sexual health information to raise their awareness of HIV and STI's, risky behaviour, consent and the means to protect their sexual wellbeing and avoid unplanned pregnancies.

Unfortunately as of the 16th March 2020 all future bookings within the schools settings were cancelled until the foreseeable future due to the COVID19 outbreak.

Paid Workshops



POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2020

Objectives and activities (continued)

We continue to be members on the Stay Safe Partnership's website, resulting in several new schools accessing our training sessions. The evaluations are again extremely positive and the majority of the schools book more than one session and are booking again this year. Our sessions are evaluated by the Stay Safe Partnership Co-ordinator :-

The Trainer was extremely knowledgeable regarding the topic. Presentation is up to date. The young people were dealt with in a professional manner.

The class was rather a quiet bunch however the trainer did well to engage them, they seemed engaged well and I noticed several conversations around the topic happening with their working groups.

Fascinating and well put together, thank you for letting me come to observe.

The Health Promotion and Training department has undergone some changes of staff during this year and we now have a full time Health Promotion and Training Coordinator leading the team. We have recruited two new additional trainers to the team.

Further feedback received from staff and pupils highlight the successes of this newly established team:-

The Trainer managed the class well and the session was appropriately pitched, the students enjoyed it.

*Excellent delivery and engaging for so many of our pupils, glasses exercise was unforgettable.
Fantastic – thank you*

Thank you for presenting to our students as part of their PSHE lesson this academic year. Having Positive Health speakers in school really adds depth to their learning and enhances the programme, by adding specialist knowledge to inform and educate both staff and pupils. We will continue to work with you in the future. Thank you.

The general consensus among our sixth form students who took part were that they found the presentation both engaging and informative, which has given them a better more informed awareness of certain drugs and their dangers but also the issues that can go hand in hand with the culture of drug taking. Lastly the students felt that the presentation and how it was delivered placed no pressure or expectations on them but only served to impart sound and up to date information.

I just wanted to say a huge thank you; I have had really positive feedback from the staff members and pupils.

I would highly recommend these sessions to all schools, excellent.

HIV Support Services

Our objectives and funding limit the service we provide to people with HIV and their carers resident in the county or accessing Sexual Health Services in Lincolnshire. The integrated health, social care and floating housing related support is free to clients, who need to provide proof of diagnosis to access the service. Support is prioritised by the assessed needs of clients and support plans agreed to focus the services in promoting independence and supporting clients to make the most of their economic and social potential.

The aims and objectives are the provision of integrated health, social care and floating housing related support to people infected or affected by HIV/AIDS, which will affirm and enhance the dignity and integrity of the individuals' concerned whilst also taking into account the needs and views of carers.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2020

Objectives and activities (continued)

Service Users

During the last year we provided integrated health, social care and floating housing related support to 291 people, including 101 carers or family members affected by HIV. We closed 9 cases. At the end of the year we were supporting 181 clients living with HIV.

We received 19 new referrals during the year, 15 were referred by sexual health services in the county, 3 people referred themselves for support and 1 referral came from Lincoln County Hospital.

- 58% were White British.
- 42 % were other nationalities (including Portuguese, Latvian, Polish & Russian).
- 11% living in East Lindsey
- 57% living in Lincoln City
- 11% living in North Kesteven
- 21% living in Boston

Service Provision

The client profile data shows that the service is accessed by a diverse range of people, with a wide range of needs, from social, emotional, financial, health and sexual. The Social Care Workers continue to provide a wide range of specialist support. They deal with a vast range of issues, and often support people with complex needs and/or dual diagnosis, working in partnership with colleagues from Social Services, Mental Health, Substance Misuse, TB Nursing team, P3, Framework, Housing, CAB, Immigration, Maternity Prison or Probation to provide effective support to the client.

During the last year, the workers made 770 home visits to clients; they also supported clients at 84 appointments in our offices, and saw 48 clients during regular sessions at sexual health clinics in the county. The workers supported clients at 199 medical appointments throughout the year. They also provided 177 sessions of crisis support to 80 clients.

"Angels"

"You have restored my faith in humanity"

"My social Care worker really cheered me up when I was feeling down after my recent fall, thank you for always going above and beyond to help me."

"My social care worker helped in a time when I thought there was no way forward for me, I couldn't talk to anyone about my illness and thought I was having a break down. I feel lucky to have the support of Positive Health "

"My Social Care worker has supported me through some very dark times"

"Without you I may not have been here this year, I can't thank you enough, just being there to listen and help and guide me to get the help I needed, I will be forever grateful."

"Thanks for all the help and support you have given this past year words will never convey how much it has meant to me and how far I have come with your support."

The integrated health, social care and floating housing related service promotes independence and all people accessing the service are involved in a needs and risk assessment, which determines their support needs and forms the basis of a support plan. The support plan has key long and short-term objectives, is reviewed

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2020

Objectives and activities (continued)

regularly and is developed with the client, their advocate or carer. Consequently, all clients exercise their choice and control over the level and frequency of the support they receive, all clients' economic wellbeing is assessed with the aim of improving, maximising or maintaining their individual finances. The support provided aims to maintain or improve each client's health and the support plan reviews ensure that additional support is provided to help them recover from episodes of ill health.

During the last year the team continued to support clients with specialist housing related support, the service is provided as short term focused support to prevent homelessness and help people to maintain living in their accommodation.

During December 2019 a client began to re-engage with the support services and was supported by the social care team to move to a new area and to build up a supporting relationship with their social care worker. The social care workers assisted with PIP and housing benefits applications to secure the clients tenancy, both applications were successful, allowing the client to feel secure in their home without the constant worry of eviction. The social care worker assisted the client to move both their health and dental care to local practices and supported the client to engage with their GP on a regular basis. With continuing support the client has grown in confidence and has started to leave the house on their own for the first time in many months, they have even felt confident enough to visit friends and begin to build up a social life outside of their home. The client continues to engage with their social care worker.

A recent referral from LiSH was a client who had been living in the South of the Country and had rapidly deteriorated with their mental health after a relationship breakdown and the subsequent loss of their business, and had no income. The client had no option but to move back to Lincolnshire to stay with family. The social care worker liaised with the housing teams in order to prioritise the client for a property in Lincolnshire. The client has recently moved into a new flat and with the help of our Chris Cinclair fund was able to set up a new home. The social care worker successfully supported the client to apply for all the appropriate benefits to enable them to start to live independently. The client is now settled into their new home and continues to engage with their social care worker and the mental health teams.

We received a referral from Lincoln County Hospital with a client who had been diagnosed with PCP and HIV. The social care worker visited the client the next day in hospital. The client was extremely ill and very distressed and was in complete shock at their HIV diagnosis. The social care visited the client daily whilst in hospital to give emotional support, advice and information. After about a week the client asked the social care worker to support them to tell their partner the diagnosis. The social care worker organised a quiet room within the hospital and supported the client to disclose their status to their partner, who was completely shocked and overwhelmed with the diagnosis. The Social Care worker spent time with the partner giving emotional support and information and eventually the partner chose to visit our offices for an HIV test, the result of which was non-reactive. The client was due to start HIV treatment whilst still in hospital and the Social Care worker was able to support the hospital staff and client with the HIV medication. The client has been discharged from hospital but remains too ill to return to work, and they were worried they would be unable to pay their mortgage, however, with support from our Chris Cinclair fund the Social Care Worker was able to secure a loan to cover the mortgage costs until the client is fit to return to work. Both the client and partner continue to receive regular support from their Social Care Worker.

A 2019 report from The Terrance Higgins Trust states : People living with HIV now have excellent treatment outcomes, and can live long and healthy lives, free from the fear of passing on the virus. But many diagnosed prior to the advent of effective treatment have multiple health issues, as do those diagnosed late, after the virus has caused damage. Misinformation and myths around HIV causes stigma and self-stigma, which impacts many people living with HIV. These impacts can be felt in many areas of life, from employment and financial stability through to relationships and mental health.

A letter received from one of our clients highlights the challenges of living with HIV and mental health issues and

POSITIVE HEALTH (LINCOLNSHIRE)
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2020

Objectives and activities (continued)

how support from Positive Health's social care team has changed their life:

"I just wanted to express my gratitude and sincerest appreciation for the time and help that has been given to me. So I'm writing this letter to hopefully convey how much it has meant to me.

I've been struggling with depression and anxiety related issues for as long as I can remember. I had shut myself off from the outside world and any friends I once had and rarely left the house. At my lowest point I had not left the house for over 12 months, not interacting with anyone apart from my mother and rarely leaving my bedroom with the curtains permanently closed, I stopped attending doctors' appointments and stopped taking my ARV medication, as I had given up on life.

I contacted Positive Health and managed to see a social care worker at a time when I can only describe as being on the edge and in a terrible state of mind. When I felt I had nowhere to go or no one to talk to my social care worker and the services from Positive Health were a life line for me and I'm not exaggerating when I say life line.

I had someone to talk to someone who was there to listen and give help and support without me feeling judged and being able to talk to someone about deeply personal issues that I have kept hidden for such a long time. The advice and support given was without a doubt incredibly helpful and came from a place of great knowledge and professionalism. I always took on the advice given and tried my best to use it in my everyday life. My social care worker supported me to access mental health services when I had lost all faith in services. They attended my first few appointments as I struggled quite badly to communicate at all, if you weren't there I don't know how I would of managed.

Over the past 8 months I am trying to make positive changes and taking small steps each day, such as a walk to the shop to buy food, exercising and healthy eating. I have taken my niece out to the coast twice, something I could never have coped with before. During my last meeting with my social care worker we visited a coffee shop, it may not sound like a big deal, but it's the first time I've been in a confined public space for any length of time without feeling panicked or stressed. I have also attended all my appointments and take my medication and my CD4 is now back to normal and my viral load undetectable. The services you have provided and the support given has meant the world to me. When all I had was hopelessness and despair you showed me the light where I saw none. I really do not think I would be here today if it wasn't for you. In my eyes not only do you help people you saves our lives.

I know I have a long way to go but now I see hope and not despair and I see a possible future where once there was nothing"

Chris Cinclair Benevolent Fund

The fund adds value to the SHOHPS contract and is administered by the Trustees' of the Charity. Applications for grants or loans are open to people with HIV living in the county who are experiencing financial crisis or hardship. The fund also pays for the services of an HIV experienced counsellor for clients' needing additional specialist support. The fund assisted 12 clients' during the last year.

All income from fund raising events, donations, or legacies are paid into the fund and are used to the benefit of clients'. During the last year we have raised over £1300. We would like to say thank you to everyone who raised monies and supported us on World Aids Day.

Partnership Organisations

We continue to build strong working relationships with staff at the sexual health services in the county and those in neighbouring counties, Public Health, Social Services, Occupational Therapists, Social Workers, CAB, Mental Health Crisis Teams, Housing Associations, District and County Councils, We are with you, Framework,

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2020

Objectives and activities (continued)

Edan, Lincolnshire Action Trust, Stay Safe Partnership, Lincolnshire Police, Community Safety Priority Team, TB Nursing team, Hep C Trust, Probation Services, GP Practices, Pharmacies and Maternity and Midwifery Services. This list is not exhaustive as we work with too many organisations to mention here.

Virgin Care Limited Sexual Health Outreach and Point of Care Contract
Virgin Care Limited (December 18 – November 19)

The Sexual Health Outreach service and Point of Care Testing services are commissioned by Virgin Care Services Ltd and offer sexual health information, advice, signposting, and resources to men who have sex with men. The Sexual Health Outreach service is provided for 18 hours each week, to include, 4 hours travel and 14 hours direct outreach work on public sex environments (PSE) in the Northern Lincolnshire area. The Sexual Health outreach work of the charity provides support to men who have sex with men who are vulnerable to poor sexual health. The Point of Care Testing (POCT) service is provided 2 twice a month, one session delivered at Open-door in Grimsby and one session delivered at Anvil House in Scunthorpe. The services are offered free of charge to service users. The contract commenced on 1st December 2017 and was awarded for 3 years with an option to extend yearly for the following 4 years.

The Sexual Health outreach team continue to target vulnerable and hard to reach groups of men who have sex with men, who are at risk of poor sexual health and HIV. Working in partnership Virgin Care Ltd we challenge stigma, bust myths, offer emotional support, give sexual health advice and information, provide condoms and signpost to sexual health services empowering this hard to reach group to access sexual health services, HIV testing and treatments.

The Sexual Health Outreach team are all good listeners and are able to support the psychological wellbeing of the many lonely or vulnerable men using the PSE sites, many of whom feel guilty as they are married or have partners. A report by Public Health England states that men who have sex with men are twice as likely to be depressed and anxious compared to other men and older men report hiding their sexual identity throughout their lives.

During the year (December 18 – November 19) The Sexual Health Outreach team carried out 258 visits Public Sex Environments (PSE sites) in Grimsby, Cleethorpes and Scunthorpe areas. The Sexual Health Outreach team carry out visits to the PSE sites at various times during the week, site visits are varied mornings, afternoons, evenings and weekends. There were a total of 847 men on the sites during the visits, intervention contacts were made with 42% of the men on site, 36% were new contacts that had not been seen by the team previously. 64% of the men present on site were repeat contacts, known to the team. 42% were either married or in a civil partnership.

During October 2019 we launched our presence on Grindr to encourage MSM to contact us for sexual health advice, support and condoms. We have received a total of 27 contacts via Grindr in the Northern Lincolnshire area.

During the year we gave out 765 condom packs to the men on sites, Condoms remain fundamental to the combination prevention approach of HIV and sexually transmitted infections (STIs) and are highly effective in preventing transmission, when used correctly and consistently. The Sexual Health Outreach team carry a variety of condoms to meet the individual needs of the site users, our condoms packets have been refreshed this year with local hard hitting sexual health messages; they contain two condoms, lube and instructions on how to use them correctly.

The Point of Care Testing sessions are run monthly, one session at Grimsby on the second Thursday of each month from 1pm to 5pm and one session at Scunthorpe on the third Wednesday of each month.

The POCT sessions are aimed and marketed at men who have sex with men in the local areas, by our sexual

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2020

Objectives and activities (continued)

health outreach workers on PSE sites and by using social media apps ie: Grindr. Our Facebook page has been very successful in marketing the POCT sessions and the team continue to build relationships with local community groups, LGBTQ groups, GP surgeries and local colleges to encourage other them to publicise and share our page.

During the year the team have seen 73 people for Point of Care Testing, offering both HIV and HIV/Syphilis Tests, the 55 males and 17 females attending the sessions have all received a non-reactive test result. We have an excellent working relationship with sexual health services in the areas and our POCT sessions are attended by a sexual health nurse, who can offer sexual health screening in a community setting rather than clinic setting.

A 2018 report from Public Health England recommends all men who have ever had sex with another man should have an HIV test even if they consider themselves to be heterosexual. Gay, bisexual and other men who have sex with men should have an HIV test at least annually. Gay, bisexual and other men who have sex with men should test for HIV and have an STI screen every 3 months if they are having unprotected sex with new or casual partners. The team encourage attendees to test regularly if they are putting themselves at risk, and during the year 21 people attended for regular testing. In addition to the POCT sessions the team offer sexual health advice and information including HIV Facts, late diagnosis, Transmission routes, Treatments, STIs, Prep and pep to all attendees, the team continue to promote the use of condoms and condoms packs are available at the POCT sessions.

We continue to work in partnerships with local organisations to challenge stigma and to encourage regular HIV testing and to target our work to reach those a risk of poor sexual health and HIV so they are able to access testing and early treatments.

Financial review

a. Financial Review

In 2019/2020 Positive Health (Lincolnshire) has continued to maintain its stability as a service provider of specialist HIV and Sexual Health services throughout Lincolnshire. Once again this year working in partnership with our commissioners, we have made improvements and changes to the service provision and the way in which services are monitored. We have continued to encourage client/service user feedback to help direct our future service provision. Our online donation pages and have seen a steady raise in online donations this financial year. We offer our sincere thanks to our dedicated staff team for their continued hard work supporting our SHOHPS and Virgin Care Limited contracts, evidenced in our overall outstanding grade received during our 2019 Annual Contract Review Meeting with Lincolnshire County Council Public Health Department.

We remain committed to making improvements in HIV support and sexual health services within the Counties of Lincolnshire and Northern Lincolnshire.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2020

Strategic report (continued)

Financial review (continued)

b. Principal funding

The principal funding sources for the charity are from Lincolnshire County Council Public Health and Virgin Care Limited. These contracts enable the organisation to look to the future with a sense of stability and security.

The Trustees and Chief Officer are in constant scrutiny of the service provision in meeting both the service users / clients' needs whilst keeping the charity financially sustainable in a rapidly changing climate of funding. During this next financial year with the COVID19 outbreak in March 2020 and the uncertain times ahead, Positive Health (Lincolnshire) will have to respond to some challenging times and will have some decisions to make to ensure that our services remain of a high standard; meeting the needs of our clients and service users whilst also operating within our commissioning contracts. .

We recognise that Positive Health (Lincolnshire) provides additional value to the outcomes of the contracts and non-contractual work, through the use of volunteers and Trustees who provide skills, knowledge and expertise at no costs. Volunteers play an important role in supporting the staff team and we would like to pay a special thanks to all our volunteers, Patron and Trustees, who gave 232 hours of their time at no cost to support the work of Positive Health (Lincolnshire).

We would also like to offer our grateful thanks to the Scene Public House for their ongoing support and for continuing to raise funds for, and awareness of the charity. Thanks to the Red Runners, Jack and Rob for supporting and raising funds for us. All funds and donations raised go directly to client care and are held in a separate account (Chris Cinclair Benevolent Fund) from the daily running of the charity. Funds raised this year were just over £1,300.00. Charitable donations have continued, particularly around World AIDS Day, which hopefully implies that the public are themselves becoming more aware of the issues surrounding HIV and AIDS.

c. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2020

Strategic report (continued)

Financial review (continued)

d. Reserves policy

The Trustees have examined the charity's requirements for reserves in light of the main risks to the organisation. The Trustees agreed to retain a balance of £10,000 in the designated Training, Education & Health Promotion fund, a balance of £7,500 in the Social Care Fund and a balance of £7500 in the Outreach fund. A policy has been established whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between one and two months operational costs at the start of the financial year to allow adequate cash flow. A contingency fund to continue service provision in the event of non-renewed service level agreements/contracts has been agreed at between one month plus 5% of operating costs, to be raised to a maximum of three months operating costs, one month's operating costs is currently in the working sum of £22,449. In order to ensure continuation of the Chris Cinclair benevolent fund for clients, the Trustees will designate funds with the aim of achieving a minimum reserves balance equal to the maximum grant/loan of £500 per client receiving social care support. The total of investments and cash in hand at the bank totals £173,923 to meet the requirements of the reserves policy. As the number of clients receiving support increases, so too does the amount needed to meet operating costs and satisfy the requirements of the reserves policy. Once again 2019/20 has seen an increase in the number of people the charity is being accessed by and the Trustees are aware that as yet we are approximately £41,475 short of the reserves policy. Obviously, the more clients that access the service, the greater the divide, and the greater the need to ensure that reserves are reviewed.

e. Material investments policy

Aside from retaining a prudent amount in reserves each year most of the Charity's funds are to be spent in the short term so there are few funds for long term investment. Having considered the options available the Trustees have decided to invest the small amount that it has available in a Barclays Business Direct Access Account to maximise interest but allow 10 days access. This amount (£31,537.80) currently forms part of the reserves; to be used to allow the organisation to continue operating should the charity become financially insecure.

Structure, governance and management

a. Constitution

Positive Health (Lincolnshire) is registered as a charitable company limited by guarantee and was set up by a Trust deed. The organisation was incorporated on 9 March 2001 and registered as a charity on 14 April 2002. The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10. Prior to our incorporation in March 2001 the organisation was known as LAVG (Lincolnshire HIV & AIDS Voluntary Group) The organisation had originally been formed in 1985 and received charitable status in 1995. In 2000 the members agreed to form a company limited by guarantee and requested that we took the opportunity to change the charity name to one, which offered more confidentiality to our clientele and better reflected the work we are involved in. As a result Positive Health was chosen. A student, following a competition at a local school, designed our logo. LAVG was formally dissolved on 1st July 2002 with all assets being transferred to Positive Health (Lincolnshire). In 2000 we purchased our current headquarters, which were completely remodelled and refurbished in 2003 to enable us to better meet the needs of our clientele.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2020

Structure, governance and management (continued)

b. Methods of appointment or election of Trustees

The directors of the company are also charity Trustees for the purposes of charity law and under the company's Articles are known as 'Trustees'. Under the requirements of the Memorandum and the Articles of Association the Trustees are elected to serve at the annual general meeting, one third of the Trustees are required to retire each year and submit themselves for re-election if they desire.

Mr C F White and Ms M Laurence will retire by rotation and, being eligible, offer themselves for re-election.

Due to the nature of much of the charity's work, relating to the support of those who are HIV+ or who are at risk of being so the Trustees seek to ensure that their group is diverse and contains Trustees who have a background that reflects both knowledge of and empathy for the aforementioned group.

The Trustees together bring a diverse range of skills and knowledge, and in the event of particular skills being lost due to retirements individuals are approached to offer themselves for election to the Trustees.

All Trustees give their time voluntarily and received no benefits from the charity.

c. Organisational structure and decision-making policies

Positive Health has a minimum of three Trustees, and a maximum of seven. The Trustees meet bi-monthly and are responsible for the strategic direction and policy of the charity. At present there are six Trustees. The Chief Officer also attends Trustee meetings but has no voting rights. The Trustees do not involve themselves in the day to day running of the organisation; this is delegated to the Chief Officer and Senior Management team via the formal scheme of delegation. The Chief Officer is responsible for ensuring that Positive Health delivers the services specified and the key performance indicators are met. The Chief Officer is also responsible for the individual supervision of the staff team to ensure that they are meeting the requirements of their roles and that they are able to access relevant CPD opportunities.

d. Policies adopted for the induction and training of Trustees

Prior to taking up his appointment as Chair, Mr C White attended a detailed training course for Chairpersons provided by the Lincoln Volunteer Bureau. All new Trustees have an induction programme and are invited to spend time in the office to familiarise themselves with the work of all the departments. In addition each Trustee is encouraged to take an interest in one aspect of the work of Positive Health. All new Trustees are briefed on our Memorandum and Articles of Association. They also receive the Charity Commission information on the responsibilities of Trustees.

e. Related party relationships

The work of Positive Health reflects both National and Local strategy in relation to HIV services. Positive Health works alongside Lincolnshire County Council Public Health, Social Services, Lincolnshire Sexual Health Services, The Police, Schools, Colleges, Housing Associations, Virgin Care Limited and local Councils. In addition we belong to a variety of multi-agency groups.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2020

Structure, governance and management (continued)

f. Financial risk management

The Trustees have conducted regular reviews of the major risks to which the charity is exposed. A risk register has been established and is up-dated at least annually. Where appropriate, systems or procedures have been established to mitigate these identified risks. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to both the office premises and when staff and volunteers work away from our office base.

Plans for future periods

The contracts give the organisation the stability, our SHOHPS 5 year contract will be coming to an end in March 2021, there is an option to extend the contract for 1 year plus 1 year and we will be contacting Lincolnshire County Council to discuss their commissioning intentions for our SHOHPS contract. We will also have discussions with our Virgin Care commissioning team with regard to our contracts in Northern Lincolnshire as these will end in December 2020 with an option to extend for 1 year plus a further 3 years.

Looking forward, we are braced for some challenging times with the outbreak of COVID19. Our main aim will be to continue to adapt our services to enable us to provide our clients and service users with a high quality service, whilst keeping staff, service users and clients as safe as possible during the COVID19 outbreak.

We will continue to raise awareness and highlight the importance of early testing, as not testing for HIV means that many people do not know their HIV status and may be unaware of the need to take protective measures to prevent onward transmission to others.

Most importantly as in previous years, we will continue to promote the message that condoms remain the most effective way to prevent HIV and STI's.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2020

Statement of Trustees' responsibilities

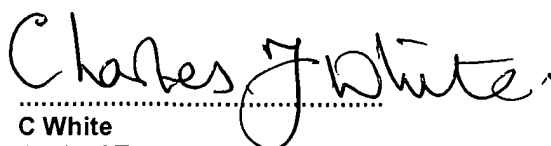
The Trustees (who are also the directors of the company for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees on 13 May 2020 and signed on their behalf by:



C White
Chair of Trustees

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2020

Independent Examiner's Report to the Trustees of Positive Health (Lincolnshire) ('the company')

I report to the charity Trustees on my examination of the accounts of the company for the year ended 31 March 2020.

Responsibilities and Basis of Report

As the Trustees of the company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent Examiner's Statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the company's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the company's Trustees those matters I am required to state to them in an Independent Examiner's Report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the company and the company's Trustees as a body, for my work or for this report.

Signed:



Dated: 21/05/2020

Linda Lord FCA BSc TEP,
Streets LLP
Lincoln

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2020**

	Note	Restricted funds 2020 £	Unrestricted funds 2020 £	Total funds 2020 £	Total funds 2019 £
Income from:					
Donations and legacies	3	-	3,609	3,609	3,608
Charitable activities	4	235,232	16,408	251,640	248,030
Investments	5	-	124	124	92
Total income		235,232	20,141	255,373	251,730
Expenditure on:					
Charitable activities	6	224,482	8,148	232,630	232,577
Total expenditure		224,482	8,148	232,630	232,577
Net income		10,750	11,993	22,743	19,153
Transfers between funds	15	(10,762)	10,762	-	-
Net movement in funds		(12)	22,755	22,743	19,153
Reconciliation of funds:					
Total funds brought forward		20	244,914	244,934	225,781
Net movement in funds		(12)	22,755	22,743	19,153
Total funds carried forward		8	267,669	267,677	244,934

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 25 to 36 form part of these financial statements.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)
REGISTERED NUMBER: 04176976

BALANCE SHEET
AS AT 31 MARCH 2020

	Note	2020 £	2019 £
Fixed assets			
Tangible assets	11	71,056	75,170
Investments	12	31,596	31,538
		<u>102,652</u>	<u>106,708</u>
Current assets			
Debtors	13	9,870	10,647
Cash at bank and in hand		164,053	136,439
		<u>173,923</u>	<u>147,086</u>
Creditors: amounts falling due within one year	14	(8,898)	(8,860)
Net current assets		<u>165,025</u>	<u>138,226</u>
Total net assets		<u><u>267,677</u></u>	<u><u>244,934</u></u>
Charity funds			
Restricted funds	15	8	20
Unrestricted funds	15	267,669	244,914
Total funds		<u><u>267,677</u></u>	<u><u>244,934</u></u>

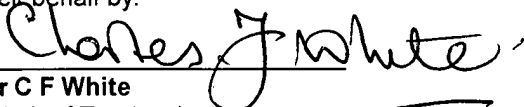
The company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on 13 May 2020 and signed on their behalf by:


Mr C F White
 (Chair of Trustees)

The notes on pages 25 to 36 form part of these financial statements.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2020

1. General information

As set out in the Trustee's report, Positive Health (Lincolnshire) is an unincorporated registered charity registered in England and Wales. The principal office of the charity is 25 Newland, Lincoln, LN1 1XP.

The principal objective of the charity is included in the trustees report. The financial statements are prepared in sterling, which is the functional currency of the charity.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The company has elected to apply all amendments to FRS 102, as set out in the Financial Reporting Council's triennial review published in December 2017, and included in Update Bulletin 2 to the Charities SORP (FRS 102), prior to mandatory adoption for accounting periods beginning on or after 1 January 2019.

Positive Health (Lincolnshire) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2020

2. Accounting policies (continued)

2.3 Expenditure (continued)

Expenditure on charitable activities is incurred on directly undertaking the activities which further the company's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.4 Government grants

Government grants relating to tangible fixed assets are treated as deferred income and released to the Statement of Financial Activities over the expected useful lives of the assets concerned. Other grants are credited to the Statement of Financial Activities as the related expenditure is incurred.

2.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.6 Tangible fixed assets and depreciation

Tangible fixed assets costing £NIL or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, .

Depreciation is provided on the following bases:

Freehold property	- 2% per annum straight line
Office equipment	- 20% per annum reducing balance

2.7 Investments

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance Sheet date, unless the value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and presented as 'Gains/(Losses) on investments' in the Statement of Financial Activities.

2.8 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2020

2. Accounting policies (continued)

2.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.10 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of Financial Activities as a finance cost.

2.11 Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.12 Pensions

The company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the company to the fund in respect of the year.

2.13 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2020**

3. Income from donations and legacies

	Unrestricted funds 2020 £	Total funds 2020 £	Total funds 2019 £
Government grants	3,609	3,609	3,577
Similar incoming resources	-	-	31
Total 2020	3,609	3,609	3,608
<i>Total 2019</i>	<i>3,608</i>	<i>3,608</i>	

4. Income from charitable activities

	Restricted funds 2020 £	Unrestricted funds 2020 £	Total funds 2020 £
Income from charitable activities - Social Care	103,128	-	103,128
Income from charitable activities - Outreach	80,540	-	80,540
Income from charitable activities - Training/Education	51,564	16,408	67,972
Total 2020	235,232	16,408	251,640

	Restricted funds 2019 £	Unrestricted funds 2019 £	Total funds 2019 £
Income from charitable activities - Social Care	103,128	-	103,128
Income from charitable activities - Outreach	79,716	-	79,716
Income from charitable activities - Training/Education	51,564	13,622	65,186
<i>Total 2019</i>	<i>234,408</i>	<i>13,622</i>	<i>248,030</i>

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2020**

5. Investment income

	Unrestricted funds 2020 £	Total funds 2020 £	Total funds 2019 £
Investment income - local cash	124	124	92

6. Analysis of expenditure on charitable activities

Summary by fund type

	Restricted funds 2020 £	Unrestricted funds 2020 £	Total funds 2020 £
Social Care	105,469	5,828	111,297
Outreach	78,586	1,974	80,560
Training/Education	40,427	346	40,773
Total 2020	224,482	8,148	232,630

	Restricted funds 2019 £	Unrestricted funds 2019 £	Total funds 2019 £
Social Care	105,944	7,007	112,951
Outreach	78,417	1,377	79,794
Training/Education	39,160	672	39,832
Total 2019	223,521	9,056	232,577

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2020**

7. Analysis of expenditure by activities

	Activities undertaken directly 2020 £	Total funds 2020 £	Total funds 2019 £
Social Care	111,297	111,297	112,951
Outreach	80,560	80,560	79,794
Training/Education	40,773	40,773	39,832
Total 2020	232,630	232,630	232,577
<i>Total 2019</i>	<i>232,577</i>	<i>232,577</i>	

8. Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examiner fee of £2,500 (2019 - £2,500).

9. Staff costs

	2020 £	2019 £
Wages and salaries	151,465	150,423
Social security costs	365	13,795
Contribution to defined contribution pension schemes	3,974	2,444
	155,804	166,662

The average number of persons employed by the company during the year was as follows:

	2020 No.	2019 No.
Social Care	3	3
Outreach	2	2
Health Promotion & training	3	3
Administrative	2	2
	10	10

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2020

9. Staff costs (continued)

No employee received remuneration amounting to more than £60,000 in either year.

The aggregate amount of remuneration and benefits paid to 2 members of key management personnel during the year (including employer's national insurance contributions) was £64,156 (2019: £61,656).

10. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2019 - £NIL).

During the year ended 31 March 2020, no Trustee expenses have been incurred (2019 - £NIL).

11. Tangible fixed assets

	Freehold property £	Office equipment £	Total £
Cost or valuation			
At 1 April 2019	95,127	45,443	140,570
Additions	-	164	164
At 31 March 2020	95,127	45,607	140,734
Depreciation			
At 1 April 2019	31,769	33,631	65,400
Charge for the year	1,903	2,375	4,278
At 31 March 2020	33,672	36,006	69,678
Net book value			
At 31 March 2020	61,455	9,601	71,056
At 31 March 2019	63,358	11,812	75,170

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2020**

12. Fixed asset investments

	Trade investments £
Cost or valuation	
At 1 April 2019	31,538
Additions	58
At 31 March 2020	<u>31,596</u>
Net book value	
At 31 March 2020	31,596
At 31 March 2019	<u>31,538</u>

13. Debtors

	2020 £	2019 £
Due within one year		
Trade debtors	2,879	5,016
Other debtors	3,701	-
Prepayments and accrued income	3,290	5,631
	<u>9,870</u>	<u>10,647</u>

14. Creditors: Amounts falling due within one year

	2020 £	2019 £
Trade creditors	1,022	388
Other taxation and social security	2,335	2,717
Other creditors	2,670	2,722
Accruals and deferred income	2,871	3,033
	<u>8,898</u>	<u>8,860</u>

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2020**

15. Statement of funds

Statement of funds - current year

	Balance at 1 April 2019 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2020 £
Unrestricted funds					
Designated funds					
Chris Cinclair Fund	44,563	55	(4,908)	-	39,710
Training, Education and Health Promotion	10,000	16,408	-	(16,408)	10,000
Property Fund	63,358	-	(1,903)	-	61,455
Outreach services	7,500	-	-	-	7,500
Social Care	7,500	-	-	-	7,500
	<u>132,921</u>	<u>16,463</u>	<u>(6,811)</u>	<u>(16,408)</u>	<u>126,165</u>
General funds					
General Funds - all funds	<u>111,993</u>	<u>3,678</u>	<u>(1,337)</u>	<u>27,170</u>	<u>141,504</u>
Total Unrestricted funds	<u>244,914</u>	<u>20,141</u>	<u>(8,148)</u>	<u>10,762</u>	<u>267,669</u>
Restricted funds					
Training equipment	20	-	(12)	-	8
Training, Education and Health Promotion	-	51,564	(40,755)	(10,809)	-
Social Care	-	103,128	(103,149)	21	-
Outreach	-	80,540	(80,566)	26	-
	<u>20</u>	<u>235,232</u>	<u>(224,482)</u>	<u>(10,762)</u>	<u>8</u>
Total of funds	<u>244,934</u>	<u>255,373</u>	<u>(232,630)</u>	<u>-</u>	<u>267,677</u>

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2020**

15. Statement of funds (continued)

Statement of funds - prior year

	<i>Balance at 1 April 2018 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>As restated Transfers in/out £</i>	<i>Balance at 31 March 2019 £</i>
Unrestricted funds					
Designated funds					
Chris Cinclair Fund	48,706	2,792	(6,935)	-	44,563
Training, Education and Health Promotion	10,000	13,622	-	(13,622)	10,000
Property Fund	65,261	-	(1,903)	-	63,358
Outreach services	7,500	-	-	-	7,500
Social Care	7,500	-	-	-	7,500
	<u>138,967</u>	<u>16,414</u>	<u>(8,838)</u>	<u>(13,622)</u>	<u>132,921</u>
General funds					
General Funds - all funds	<u>86,782</u>	<u>908</u>	<u>(972)</u>	<u>25,275</u>	<u>111,993</u>
Total Unrestricted funds	<u>225,749</u>	<u>17,322</u>	<u>(9,810)</u>	<u>11,653</u>	<u>244,914</u>
Restricted funds					
Training equipment	32	-	(12)	-	20
Training, Education and Health Promotion	-	51,564	(39,836)	(11,728)	-
Social Care	-	103,128	(103,130)	2	-
Outreach	-	79,716	(79,789)	73	-
	<u>32</u>	<u>234,408</u>	<u>(222,767)</u>	<u>(11,653)</u>	<u>20</u>

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2020

15. Statement of funds (continued)

DESIGNATED FUNDS:

Chris Cinclair Fund: - This fund relates to unrestricted funds which have been set aside by the trustees for client care in the form of loans and grants. These funds are held in separate bank accounts and in the investment with Barclays bank. Income to the Chris Cinclair fund is generated through donations and fundraising.

Training, Education & Health Promotion: - This fund relates to unrestricted funds which have been set aside by the trustees to meet the employment associated costs of education training workers where not currently funded from other sources. A reserve of £10,000 at the year end is considered adequate for the charity's needs.

Property Reserve: - The Trustees have decided to show a separate Property Reserve which represents the written down value of the charity's freehold property.

Outreach Services: - The Trustees have decided that a balance of £7,500 should be designated for forthcoming outreach work.

Social Care: - The Trustees have decided that a balance of £7,500 should be designated for forthcoming social care work.

UNRESTRICTED FUNDS:

Unrestricted fund: - This represents the charity's free reserves.

RESTRICTED FUNDS:

Training Equipment: - Money received to purchase a display unit. Depreciation is being charged to the fund, over the asset's expected useful economic life.

Outreach Contract: - Providing a service in North East Lincs, North Lincolnshire and Lincolnshire.

Training, Education & Health Promotion: Providing a service in North East Lincs, North Lincolnshire and Lincolnshire.

Social Care: - Lincolnshire County Council: - Providing support for people infected or affected by HIV.

The Transfer from unrestricted general funds is to cover the cost of the programme not covered by amounts received from the donor.

POSITIVE HEALTH (LINCOLNSHIRE)
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2020**

16. Analysis of net assets between funds

Analysis of net assets between funds - current period

	Restricted funds 2020 £	Unrestricted funds 2020 £	Total funds 2020 £
Tangible fixed assets	8	71,048	71,056
Trade investments	-	31,596	31,596
Current assets	-	173,923	173,923
Creditors due within one year	-	(8,898)	(8,898)
Total	8	267,669	267,677

Analysis of net assets between funds - prior period

	<i>Restricted funds 2019 £</i>	<i>Unrestricted funds 2019 £</i>	<i>Total funds 2019 £</i>
Tangible fixed assets	20	75,150	75,170
Trade investments	-	31,538	31,538
Current assets	-	147,086	147,086
Creditors due within one year	-	(8,860)	(8,860)
Total	20	244,914	244,934

17. Related party transactions

No related party transactions as are required to be disclosed under SORP 2015 were undertaken in the year.