



# 169A2

Return by a public company cancelling or selling or transferring shares from treasury

Please complete in typescript,  
or in bold black capitals  
CHFP000

Company number

Company name in full

#### Note

This return must be delivered to the Registrar within a period of 28 days beginning with the first date on which shares to which it relates were cancelled or sold or transferred. Any shares sold or transferred from treasury must be "qualifying shares" as defined by section 162(4) of the Companies Act 1985

### TREASURY SHARES CANCELLED

Class of shares (ordinary or preference etc)

Number of shares cancelled

Nominal value of each share

Date(s) shares were cancelled


### TREASURY SHARES SOLD OR TRANSFERRED\*

Shares may only be transferred (as opposed to sold) from treasury for the purpose of, or pursuant to, an employees' share scheme

Class of shares (ordinary or preference etc)

Number of shares sold or transferred

Nominal value of each share

Date(s) shares were sold or transferred

Ordinary		
41,720		
£0.10		
05/06/2009		

Signature

Date

05/06/2009

\* Please delete as appropriate

~~(director / secretary / administrator / administrative receiver / receiver manager / receiver)~~

#### Contact details:

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to...

Diana Monger, Friends Provident plc	
Pixham End, Dorking, Surrey	
RH4 1QA	Tel 0845 2683448
DX number	DX exchange



A28

\*AAEQUALD\*  
10/06/2009  
COMPANIES HOUSE

24

barcode

if charge

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, Wales, CF14 3UZ.  
DX 33050 Cardiff

for companies registered in England and Wales, or

Companies House, 37 Castle Terrace, Edinburgh, Scotland, EH1 2EB  
DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (legal post)  
for companies registered in Scotland

WEDNESDAY