

Please complete in typescript,
or in bold black capitals.

CHFP010

Company Number

4113107

Company Name in full

Friends Provident plc

Return of Allotment of Shares

Shares allotted (including bonus shares):

(see Guidance Booklet GBA6)

Date or period during which shares
were allotted

(if shares were allotted on one date enter that
date in the "from" box)

From

Day	Month	Year
1 1	1 2	2 0 0 7

To

Day	Month	Year

Class of shares

(ordinary or preference etc)

ORDINARY

Number allotted

5,692,982

Nominal value of each share

£0 10

Amount (if any) paid or due on each
share (including any share premium)

£0 10

List the names and addresses of the allottees and the number and class of
shares allotted to each overleaf

If the allotted shares (including bonus shares) are fully or partly paid up otherwise than in
cash please state:

% that each share is to be treated as
paid up

% (if any) that each share is to be paid
up in cash

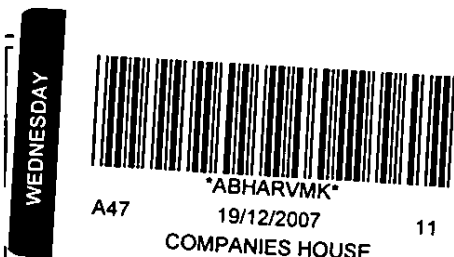
Consideration for which the shares
were allotted

(This information must be supported by the original
or a certified copy of the contract or by Form 88(3) if
the contract is not in writing)

When you have completed and signed the form please
send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland

DX 235 Edinburgh or LP - 4 Edinburgh 2



Names and addresses of the allottees

Company No 4113107

Shareholder details (list joint allottees as one shareholder)	Shares and share class allotted	
Name(s) J P Morgan Securities Limited	Class of shares allotted £0 10 ORDINARY	Number allotted 5,692,982
Address 60 Victoria Embankment, London		
UK postcode EC4Y 0JP		
Name(s)	Class of shares allotted	Number allotted
Address		
UK postcode		
Name(s)	Class of shares allotted	Number allotted
Address		
UK postcode		
Name(s)	Class of shares allotted	Number allotted
Address		
UK postcode		

Please enter the number of continuation sheets (if any) attached to this form

0

Signed  Date 17/12/07

** A director / secretary / administrator / administrative receiver / receiver / official receiver / receiver manager / voluntary arrangement supervisor

** Please delete as appropriate

Contact Details

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record

Diana Monger, Friends Provident plc, Pixham End,	
Dorking, Surrey, RH4 1QA	
Tel	
DX number	DX exchange