



Companies House
— for the record —

AR01 (ef)

Annual Return



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Received for filing in Electronic Format on the: **11/11/2010**

Company Name: **ABSOLUTELY NATURAL LIMITED**

Company Number: **04103694**

Date of this return: **08/11/2010**

SIC codes: **7487**

Company Type: **Private company limited by shares**

Situation of Registered Office: **12 SAINT GEORGES ROAD
LONDON
NW11 0LR**

Officers of the company

Company Secretary 1

Type: **Person**

Full forename(s): **LOUISE**

Surname: **WALLS**

Former names:

Service Address: **FLAT 5 97 DARTMOUTH PARK HILL
LONDON
N19 5HY**

Company Director **1**

Type: **Person**
Full forename(s): **DR HELENA**

Surname: **BENSON**

Former names:

Service Address: **12 ST GEORGES ROAD**
 LONDON
 NW11 0LR

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **14/01/1962** *Nationality:* **BRITISH**
Occupation: **COMPANY DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	2
		<i>Aggregate nominal value</i>	2
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0

Prescribed particulars

FULL ORDINARY RIGHTS AS TO RECEIPT OF NOTICE, ATTENDANCE AND VOTING AT GENERAL MEETING

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	2
		<i>Total aggregate nominal value</i>	2

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 08/11/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1 : **2 ORDINARY shares held as at 2010-11-08**
Name: **HELENA BENSON**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.