

COMPANY REGISTRATION NUMBER 04103694

**ABSOLUTELY NATURAL LIMITED**  
**ABBREVIATED ACCOUNTS**  
**FOR**  
**31 MARCH 2008**



**GERALD KREDITOR & CO.**

Chartered Accountants  
Hallswelle House  
1 Hallswelle Road  
London  
NW11 0DH

# **ABSOLUTELY NATURAL LIMITED**

## **ABBREVIATED ACCOUNTS**

**YEAR ENDED 31 MARCH 2008**

<b>CONTENTS</b>	<b>PAGE</b>
Abbreviated balance sheet	<b>1</b>
Notes to the abbreviated accounts	<b>2</b>

# ABSOLUTELY NATURAL LIMITED

## ABBREVIATED BALANCE SHEET

31 MARCH 2008

	Note	2008 £	2007 £
<b>FIXED ASSETS</b>	<b>2</b>		
Tangible assets		<u>1,844</u>	<u>3,918</u>
<b>CURRENT ASSETS</b>			
Stocks		9,710	7,108
Debtors		-	5,269
Cash at bank and in hand		-	726
		<u>9,710</u>	<u>13,103</u>
<b>CREDITORS: Amounts falling due within one year</b>		<u>11,533</u>	<u>16,808</u>
<b>NET CURRENT LIABILITIES</b>		<b>(1,823)</b>	<b>(3,705)</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u><b>21</b></u>	<u><b>213</b></u>
<b>CAPITAL AND RESERVES</b>			
Called-up equity share capital	<b>3</b>	2	2
Profit and loss account		<u>19</u>	<u>211</u>
<b>SHAREHOLDERS' FUNDS</b>		<u><b>21</b></u>	<u><b>213</b></u>

The director is satisfied that the company is entitled to exemption from the provisions of the Companies Act 1985 (the Act) relating to the audit of the financial statements for the year by virtue of section 249A(1), and that no member or members have requested an audit pursuant to section 249B(2) of the Act.

The director acknowledges her responsibility for:

- (i) ensuring that the company keeps proper accounting records which comply with section 221 of the Act, and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 226, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the special provisions for small companies under Part VII of the Companies Act 1985.

These abbreviated accounts were approved and signed by the director and authorised for issue on 16/01/2009.

H BENSON  
Director



The notes on pages 2 to 3 form part of these abbreviated accounts.

**ABSOLUTELY NATURAL LIMITED**  
**NOTES TO THE ABBREVIATED ACCOUNTS**  
**YEAR ENDED 31 MARCH 2008**

**1. ACCOUNTING POLICIES**

**Basis of accounting**

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007).

**Turnover**

The turnover shown in the profit and loss account represents amounts invoiced during the year, exclusive of Value Added Tax.

In respect of long-term contracts and contracts for on-going services, turnover represents the value of work done in the year, including estimates of amounts not invoiced. Turnover in respect of long-term contracts and contracts for on-going services is recognised by reference to the stage of completion.

**Fixed assets**

All fixed assets are initially recorded at cost.

**Depreciation**

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Plant & Machinery	-	25 % on cost
Fixtures & Fittings	-	25 % on cost
Office equipment	-	25 % on cost

**Stocks**

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

**Financial instruments**

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

**ABSOLUTELY NATURAL LIMITED**  
**NOTES TO THE ABBREVIATED ACCOUNTS**  
**YEAR ENDED 31 MARCH 2008**

**2. FIXED ASSETS**

	<b>Tangible Assets £</b>
<b>COST</b>	
At 1 April 2007	14,954
Additions	<u>662</u>
<b>At 31 March 2008</b>	<b><u>15,616</u></b>
<b>DEPRECIATION</b>	
At 1 April 2007	11,036
Charge for year	<u>2,736</u>
<b>At 31 March 2008</b>	<b><u>13,772</u></b>
<b>NET BOOK VALUE</b>	
<b>At 31 March 2008</b>	<b><u>1,844</u></b>
At 31 March 2007	<u>3,918</u>

**3. SHARE CAPITAL**

**Authorised share capital:**

	<b>2008 £</b>	<b>2007 £</b>
1,000 Ordinary shares of £1 each	<b><u>1,000</u></b>	<u>1,000</u>

**Allotted, called up and fully paid:**

	<b>2008</b>		<b>2007</b>
	No	£	No
Ordinary shares of £1 each	<u>2</u>	<u>2</u>	<u>2</u>