

BLUEPRINT

2000

288a

APPOINTMENT of director or secretary

Please complete in typescript,
or in bold black capitals.

CHFP010

Company Number

4096141

Company Name in full

Friends Provident Life and Pensions Limited

Appointment form

Notes on completion
appear on next page.

Appointment as director

Date of appointment

Day Month Year

0 1 0 1 2 0 0 7

† Date of Birth

Day Month Year

0 6 0 3 1 9 6 0

X as secretary

Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes.

NAME * Style / Title

* Honours etc MBA, B.Com, CPFA, FCCA

Forename(s)

James Ramsay

Surname

Smart

Previous forename(s)

Previous surname(s)

†† Tick this box if the
address shown is a
service address for
the beneficiary of a
Confidentiality Order
granted under the
provisions of section
723B of the
Companies Act 1985

†† Usual residential address

X

1 Thane Road West

Post town

Nottingham

Postcode

NG90 1BS

County / Region

Country

† Nationality

British

† Business occupation

Group Finance Director

† Other directorships
(additional space next page)

See attached schedule

I consent to act as ** director / secretary of the above named company

Consent signature

JRS

Date

12 January 2007

* Voluntary details.

† Directors only.

** Please delete as appropriate

A director, secretary etc must sign the form below.

Signed

RC

Date

12 January 2007

(** a director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact
information in the box opposite but if you
do, it will help Companies House to
contact you if there is a query on the form.
The contact information that you give will
be visible to searchers of the public

Diana Monger, Friends Provident plc, Pixham End,

Dorking, Surrey, RH4 1QA

Tel

DX number

DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ
for companies registered in England and Wales

DX 33050 Cardiff

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland

DX 235 Edinburgh

FRIDAY



A05 02/02/2007 688

COMPANIES HOUSE

COMPANIES HOUSE

Form 288a 2007

Company Number

4096141

† Directors only.

† Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years.

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

List of other directorships Schedule to form 288a

Please complete in typescript,
or in bold black capitals.

CHFP010

Company Number

4096141

Company Name in full

Friends Provident Life and Pensions Limited

Name

James Ramsay Smart

Company Name	Resignation
1st National Group Plc	28/02/2002
A N Claims Plc	28/02/2002
Abbey National Alpha Investments	14/03/2003
Abbey National Baker Street Investments	14/03/2003
Abbey National Beta Investments Limited	14/03/2003
Abbey National Business Asset Leasing Limited	28/02/2002
Abbey National Business Cashflow Finance Leasing Limited	28/02/2002
Abbey National Business Commercial Lending Limited	28/02/2002
Abbey National Business Equipment Leasing Limited	28/02/2002
Abbey National Business Finance Services Limited	28/02/2002
Abbey National Business Office Equipment Leasing Limited	28/02/2002
Abbey National Business Sales Aid Leasing Limited	28/02/2002
Abbey National Business Vendor Plan Leasing Limited	28/02/2002
Abbey National Charitable Trust Ltd	14/03/2003
Abbey National Continental Investments	14/03/2003
Abbey National Employees' Trustees Ltd	14/03/2003
Abbey National Funded Unapproved Retirement Benefits Scheme Trustees Limited	14/03/2003
Abbey National Global Investments	14/03/2003
Abbey National Group Pension Schemes Trustees Limited	14/03/2003
Abbey National Growth Investments	14/03/2003
Abbey National Independent Investments	14/03/2003
Abbey National Investments Holdings Limited	14/03/2003
Abbey National Investments Limited	14/03/2003
Abbey National Life Plc	14/03/2003
Abbey National Property Investments	14/03/2003
Abbey National Share Participation Scheme Trustee Limited	14/03/2003
Abbey National UK Investments	14/03/2003
Alliance Boots Plc	31/07/2006
BKI Finance Ltd	31/01/2006
Boots Card Handling Ltd	31/07/2006

List of other directorships Schedule to form 288a

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or in bold black capitals.

CHFP010

Company Number

4096141

Company Name in full

Friends Provident Life and Pensions Limited

Name

James Ramsay Smart

Company Name	Resignation
Boots Healthcare Finance Ltd	31/01/2006
Boots Holdings (International Retail) Limited	31/07/2006
Boots Investments Ltd	31/07/2006
Boots Optincal (Holdings) Ltd	31/07/2006
Boots Pensions Ltd	31/07/2006
BootsPhoto.com Ltd	31/07/2006
Cavendish Growth No. 1 Plc	28/02/2002
Cavendish Growth No. 2 Plc	28/02/2002
Cavendish Growth No. 3 Plc	28/02/2002
Charterfield Finance Ltd	28/02/2002
Courtdore Properties Ltd	28/02/2002
Duchess Parade Investment Ltd	14/03/2003
Financial Receivables For Securitised Transactions No. 4 Plc	28/02/2002
First 3 Plc	28/02/2002
First National Bank Plc	13/03/2003
First National Corporate Director Ltd	28/02/2002
First National Developments Plc	28/02/2002
First National Finance Corporation Ltd	28/02/2002
First National Financial Services Ltd	28/02/2002
First National Home Loans Ltd	28/02/2002
First National Insurance Services Plc	28/02/2002
First National Leisure Services Ltd	28/02/2002
First National Lending Ltd	28/02/2002
First National Management Ltd	28/02/2002
First National Mortgage Corporation Plc	28/02/2002
First National Motor Business Ltd	28/02/2002
First National Motor Contracts Ltd	28/02/2002
First National Motor Facilities Ltd	28/02/2002
First National Motor Finance Ltd	28/02/2002
First National Motor Leasing Ltd	28/02/2002

List of other directorships Schedule to form 288a

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Company Number

4096141

Company Name in full

Friends Provident Life and Pensions Limited

Name

James Ramsay Smart

Company Name	Resignation
First National Retail Finance Ltd	28/02/2002
First National Trinity Finance Ltd	28/02/2002
First National Trust Ltd	28/02/2002
First Trinity Finance Ltd	28/02/2002
FN Nominees Ltd	28/02/2002
FN Services Ltd	28/02/2002
G B Britton & Sons (Holdings) Ltd	31/07/2006
Get Motoring Plc	28/02/2002
HMC Group Plc	28/02/2002
L C P Group Pensions Ltd	31/07/2006
L C P Works Pensions Ltd	31/07/2006
LC P Executive Pensions Ltd	31/07/2006
Leasing Equipment Ltd	28/02/2002
LOF Ltd	28/02/2002
Lowpine Developments Ltd	31/07/2006
Lowpine Properties Ltd	31/07/2006
Pepperpower Ltd	31/07/2006
Pepperworld Ltd	31/07/2006
PSA Finance Plc	01/05/2002
Rental Collections Ltd	28/02/2002
Rushborough Investments Ltd	31/07/2006
Scottish Mutual Assurance Plc	14/03/2003
State Securities Plc	28/02/2002
Steam Bros Ltd	31/07/2006
The Boots Company (Nominees) Ltd	31/07/2006
The National & Provincial Building Soc	14/03/2003
The Wagon Finance Corporation Plc	28/02/2002
Ward White Finance Company Ltd	31/07/2006
Ward White Inc	31/07/2006
Ward White International Ltd	31/07/2006