

**Unaudited Financial Statements for the Year Ended 31 March 2017**

**for**

**Lifetrain Community Interest Company**



**Lifetrain Community Interest Company (by guarantee)**

**Contents of the Financial Statements  
for the Year Ended 31 March 2017**

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	<b>Page</b>
<b>Company Information</b>	<b>1</b>
<b>Balance Sheet</b>	<b>2</b>

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**Lifetrain Community Interest Company (by guarantee)**

**Company Information  
for the Year Ended 31 March 2017**

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**DIRECTORS:**

N Smith  
C HOLBURN  
R Cotterill

**SECRETARY:**

N Smith

**REGISTERED OFFICE:**

The Brambles  
Bramley Road  
Yew Tree Estate  
Walsall  
West Midlands  
WS5 4LE

**REGISTERED NUMBER:**

04078574 (England and Wales)

**ACCOUNTANTS:**

Vaughan Davies & Co (Accountants) Ltd  
Post Office House  
100 Long Street  
Atherstone  
Warwickshire  
CV9 1AP

**Lifetrain Community Interest Company (by guarantee)**  
(Registered number: 04078574)

**Balance Sheet**  
**31 March 2017**

	31.3.17		31.3.16
	£	£	£
<b>FIXED ASSETS</b>		<b>544</b>	<b>760</b>
<b>CURRENT ASSETS</b>	<b>3,669</b>		<b>31,770</b>
<b>CREDITORS</b>			
Amounts falling due within one year	<u>(1,071)</u>		<u>(2,627)</u>
<b>NET CURRENT ASSETS</b>		<u><b>2,598</b></u>	<u><b>29,143</b></u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u><u><b>3,142</b></u></u>	<u><u><b>29,903</b></u></u>
<b>RESERVES</b>		<u><u><b>3,142</b></u></u>	<u><u><b>29,903</b></u></u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2017.

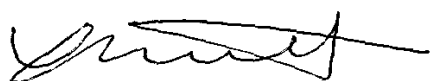
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2017 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 22 December 2017 and were signed on its behalf by:



R Cotterill - Director

001120/15

# CIC 34

## Community Interest Company Report

For official use  
(Please leave blank)

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*Please  
complete in  
typescript, or  
in bold black  
capitals.*

Company Name in  
full


Lifetrain C.I.C.

Company Number

04078574

Year Ending

March 2017



This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

**(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)**

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## **PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT**

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

In what will be Lifetrain's final year of operation, there has been a further reduction in activities. The organisation has been hugely impacted by the reduction in funding available from statutory funders, primarily Health and Social Care. Changes to the nature and specification of tenders, have prevented us from being able to answer advertised opportunities.

Initially, we were able to minimise this impact by changing the team structure and generating income by charging for services on a spot purchase basis. This is not a sustainable long-term strategy.

We have successfully delivered a number of our programmes to individual settings in the Sandwell area.

### **E.L.F.S. (Early Learning for Safety) programme.**

This course is delivered to children between the ages of 3 and 5 who attend a local Early Years setting. Educational work around the 5 most common unintentional injuries for that age group is delivered. A resource book is also provided to parents to support the lessons through activities delivered at home.

### **I.M.P.S. programme (Injury Minimization Programme for Schools).**

This programme aims to reduce childhood death and disability as a result of accidents. It also aims to reduce inappropriate visits to Accident & Emergency departments by developing childhood skills around triage and first aid. This year Schools have had to self-fund this programme as funding could not be identified. A School in a neighbouring borough has also bought-in this programme.

We have not been able to deliver 'Community I.M.P.S.' parents workshops or our level one award accredited by the Open College Network (O.C.N.) this year.

As a deprived borough, Sandwell has a higher prevalence of unintentional injury than less deprived neighbourhoods. Our work therefore aims to directly reduce a local health inequality.

*(If applicable, please just state "A social audit report covering these points is attached").*

*(Please continue on separate continuation sheet if necessary.)*

**PART 2 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

Our stakeholders consist of funders, local schools and voluntary sector partners and service users. We consult with stakeholders using a variety of mechanisms. This is done on an on-going basis to inform service delivery.

Funders are usually consulted with via regular reporting which outlines our performance in line with funding application milestones. This is consolidated by an annual meeting where aims, objectives and milestones are set for the forthcoming year and staff members are encouraged to table proposals for development. As Lifetrain has not received funding this year, we have instead engaged with potential funders to raise awareness of our organisation and what we can offer to funders.

Local schools are consulted through a practitioner questionnaire that is completed by the class Teacher or Learning Support Practitioner. This allows us to gather feedback about our service and identify areas for improvement which is discussed at monthly team meetings. In addition to this we ask each child to evaluate the programme via an online quiz and a draw and write activity. Again this allows us to understand the areas of the programme that are least liked and which key messages are retained most successfully post visit.

Consultation and participation with stakeholders has been key in order to continue the delivery of our programmes and inform them of changes to our offer and funding situation.

Voluntary sector partners are consulted and involved via regular network meetings.

*(If applicable, please just state "A social audit report covering these points is attached").*

**PART 3 – DIRECTORS' REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

During this term, Robert Cotterill received a salary for the role of Project Lead. No payments were made to him for his role on Lifetrain's board.

There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed



**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that “no transfer of assets other than for full consideration has been made” below.


No transfer of assets other than for full consideration has been made.

*(Please continue on separate continuation sheet if necessary.)*

## PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed



Date

21/12/17

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Robert Cotterill

51 Walsall Road

West Bromwich, West Midlands

B71 3HE

Tel 0121 4132048

DX Number

DX Exchange

**When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:**

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139  
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38  
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

**(N.B. Please enclose a cheque for £15 payable to Companies House)**