



Companies House  
for the record

Please complete in typescript,  
or in bold black capitals.

CHFP000

Change in situation or address of Registered Office

Company Number

4059347  
HEALTH AND PRESS SOLUTIONS LTD

Company Name in full

HEALTH AND STRESS  
SOLUTIONS LTD

New situation of registered office

NOTE:

The change in the situation of the registered office does not take effect until the Registrar has registered this notice.

For 14 days beginning with the date that a change of registered office is registered, a person may validly serve any document on the company at its previous registered office.

PO Box numbers only are not acceptable.

Address

386 GREEN LANE

ILFORD

Post town

IG3 9JU

County / Region

UK

Postcode

IG3 9JU

Signed

*Substance*

Date

13 / 4 / 06

† Please delete as appropriate.

† a director / secretary / administrator / administrative receiver / liquidator / receiver manager / receiver

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tel

DX number

DX exchange



A26  
COMPANIES HOUSE  
19/04/2006

code

charge

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ

DX 33050 Cardiff

for companies registered in England and Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

DX 235 Edinburgh

for companies registered in Scotland

or LP - 4 Edinburgh 2