

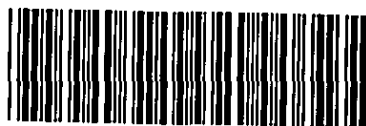
Registered number
4045496

AA EXPRESS FOOD DISTRIBUTION LIMITED

Abbreviated Accounts

31 August 2010

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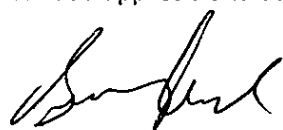
AA EXPRESS FOOD DISTRIBUTION LIMITED
Abbreviated Balance Sheet
as at 31 August 2010

	Notes	2010 £	2009 £
Fixed assets			
Tangible assets	2	7,599	7,282
Current assets			
Stocks		51,118	80,110
Debtors		58,831	78,730
Cash at bank and in hand		6,817	49,919
		<u>116,766</u>	<u>208,759</u>
Creditors: amounts falling due within one year		(70,689)	(144,222)
Net current assets		<u>46,077</u>	<u>64,537</u>
Net assets		<u>53,676</u>	<u>71,819</u>
Capital and reserves			
Called up share capital	3	100	100
Profit and loss account		53,576	71,719
Shareholders' funds		<u>53,676</u>	<u>71,819</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 and that members have not required the company to obtain an audit in accordance with section 476 of the Act

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime



S Ahmed
Director

Approved by the board on 31 March 2011

AA EXPRESS FOOD DISTRIBUTION LIMITED

Notes to the Abbreviated Accounts

for the year ended 31 August 2010

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives

Plant and machinery	20% straight line
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Stocks

Stock is valued at the lower of cost and net realisable value

AA EXPRESS FOOD DISTRIBUTION LIMITED

Notes to the Abbreviated Accounts

for the year ended 31 August 2010

2 Tangible fixed assets £

Cost

At 1 September 2009	41,152
Additions	2,850

At 31 August 2010	<u>44,002</u>
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Depreciation

At 1 September 2009	33,870
Charge for the year	2,533

At 31 August 2010	<u>36,403</u>
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Net book value

At 31 August 2010	<u>7,599</u>
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At 31 August 2009	<u>7,282</u>
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3 Share capital	2010 No	2009 No	2010 £	2009 £
Allotted, called up and fully paid Ordinary shares of £1 each	100	100	<u>100</u>	<u>100</u>