

04040941

INTERIM ASSIST LIMITED
ABBREVIATED ACCOUNTS
31 JULY 2010

MONDAY



A15

ALSCZOQC

01/11/2010

COMPANIES HOUSE

187

INTERIM ASSIST LIMITED
ABBREVIATED ACCOUNTS
YEAR ENDED 31 JULY 2010

CONTENTS	PAGE
Abbreviated balance sheet	1
Notes to the abbreviated accounts	3

INTERIM ASSIŞT LIMITED**ABBREVIATED BALANCE SHEET****31 JULY 2010**

	Note	2010		2009	
		£	£	£	£
FIXED ASSETS	2				
Tangible assets			12,197		1,244
CURRENT ASSETS					
Stocks		18,496		10,183	
Debtors		10,213		6,356	
Cash at bank and in hand		24,500		24,500	
		53,209		41,039	
CREDITORS: Amounts falling due within one year		30,681		30,750	
NET CURRENT ASSETS			22,528		10,289
TOTAL ASSETS LESS CURRENT LIABILITIES			34,725		11,533
CAPITAL AND RESERVES					
Called-up equity share capital	4		1		1
Profit and loss account			34,724		11,532
SHAREHOLDER'S FUNDS			34,725		11,533

The Balance sheet continues on the following page.

The notes on pages 3 to 4 form part of these abbreviated accounts.

INTERIM ASSIST LIMITED

ABBREVIATED BALANCE SHEET *(continued)*

31 JULY 2010

The director is satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act

The director acknowledges his responsibility for

- (i) ensuring that the company keeps adequate accounting records which comply with section 386 of the Act, and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company

These abbreviated accounts have been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006

These abbreviated accounts were approved and signed by the director and authorised for issue on 26/10/10


MR M ANTON

Company Registration Number 04040941

INTERIM ASSIST LIMITED
NOTES TO THE ABBREVIATED ACCOUNTS
YEAR ENDED 31 JULY 2010

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

The turnover shown in the profit and loss account represents amounts invoiced during the year, exclusive of Value Added Tax

In respect of long-term contracts and contracts for on-going services, turnover represents the value of work done in the year, including estimates of amounts not invoiced. Turnover in respect of long-term contracts and contracts for on-going services is recognised by reference to the stage of completion

Depreciation

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows

Computer Equipment	- 25% Straight Line
Equipment	- 25% Straight Line

Work in progress

Work in progress is valued on the basis of direct costs plus attributable overheads based on normal level of activity. Provision is made for any foreseeable losses where appropriate. No element of profit is included in the valuation of work in progress

Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities

INTERIM ASSIST LIMITED
NOTES TO THE ABBREVIATED ACCOUNTS
YEAR ENDED 31 JULY 2010

2. FIXED ASSETS

	Tangible Assets £
COST	
At 1 August 2009	9,989
Additions	<u>13,039</u>
At 31 July 2010	<u>23,028</u>
DEPRECIATION	
At 1 August 2009	8,745
Charge for year	<u>2,086</u>
At 31 July 2010	<u>10,831</u>
NET BOOK VALUE	
At 31 July 2010	<u>12,197</u>
At 31 July 2009	<u>1,244</u>

3. TRANSACTIONS WITH THE DIRECTOR

Any amounts owed to the director at the balance sheet date are disclosed in note 7 of the financial statements

4. SHARE CAPITAL

Authorised share capital:

	2010 £	2009 £
1 Ordinary shares of £1 each	<u>1</u>	<u>1</u>

Allotted, called up and fully paid:

	2010 No	£	2009 No	£
1 Ordinary shares of £1 each	<u>1</u>	<u>1</u>	<u>1</u>	<u>1</u>