

115416/30

Company Name
INSIDEBIKES.COM LIMITED

Company Type
Private Company Limited By
Shares
Company Number
3984661
Information extracted from
Companies House records on
16th April 2006

# 363s Annual Return

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.

Section 1: Company details

A06	*AMNI3FCV*	557
COMPANIES	HOUSE	12/05/2006

Ref: 3984661/03/10	Current details	Amended details		
> Registered Office Address If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	Trafalgar House 110 Manchester Road Altrincham Cheshire WA14 1NU	Address  UK Postcode		
> Register of Members If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	Address where the Register is held  At Registered Office	Address  UK Postcode		
> Register of Debenture Holders If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	Not Applicable	Address		
> Principal Business Activities If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	SIC Code Description 7499 Non-trading company	SIC CODE Description		
> Please enter additional principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes.				

**Section 2: Details of Officers of the Company** 

		Current details	Amended details
> Company Secretary If any of the details for this person are wrong, strike		Name Malcolm Dennis Frederick NASH	Name
	nem inrougn and iiii in the correct details in the 'Amended details" column.	Address 1 Haslemere Avenue Halebarns Altrincham Cheshire WA15 0AU	Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723 of the Companies Act 1985.  Address  STONEMAN NEWLY
_	Particulars of a new	:	HALE BARNS
Company Secretary must be notified on form 288a.		UK Postcode WALS & BD  Date of change//	
			Date Malcolm Dennis Frederick NASH ceased to be secretary (if applicable)
•	f any of the details for this	Name Carole Mary NASH	Name
t	person are wrong, strike them through and fill in the correct details in the "Amended details" column.	Address 32 Stanhope Road Bowdon Altrincham Cheshire WA14 3JT	Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723 of the Companies Act 1985.  Address
		Date of birth 18/12/1941	L
		Nationality British	UK Postcode
r	Particulars of a new Director must be notified on form 288a.	Occupation Director	Date of birth / /
2		1	Occupation
			Date of change / /
			Date Carole Mary NASH ceased to be director (if applicable)
		1	

	Current details	Amended details
Director  If any of the details for this person are wrong, strike	Name Malcolm Dennis Frederick NASH	Name
them through and fill in the correct details in the "Amended details" column.  Address 1 Haslemere Avenue Halebarns Altrincham Cheshire WA15 0AU  Date of birth 06/04/1968	Haslemere Avenue     Halebarns     Altrincham     Cheshire	Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723E of the Companies Act 1985.  Address  STONMMAN AUXIVE  HALE BARNS
	Date c ն birth 06/04/1968	CHESHIRE
	Nationality British	UK Postcode WALS DBQ
Particulars of a new Director nust be notified on form 288a.	Occupation Director	Date of birth//
200a.		Occupation
		Date of change / /
		Date Malcolm Dennis Frederick NASH ceased to be director (if applicable)

		Current details	Amended details
>	> Issued Share Capital This table shows the total number of shares that have been issued by your company and their Nominal	Class of share Ordinary	Class of share
bee con Val are		Nominal value of each share £1.00	Nominal value of each share
	Value. If any of the details are wrong, please fill in the correct details.	Number of shares issued 2	Number of shares issued
		Aggregate Nominal Value of issued shares £2.00	Aggregate Nominal Value of issued shares
>	Total shares issued and value	Total number of shares issued 2	Total number of shares issued
	If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	Total Nominal value of shares issued \$2.00	Total Nominal value of shares issued

<sup>&</sup>gt; At the date of this Annual Return, if the company has altered or changed its share capital in any way or allotted new shares, please refer to the guidance notes for details of the appropriate form that should be sent with this Annual Return. Annual return guidance notes are available on the Companies House web site at www.companieshouse.gov.uk or by ringing 0870 3333636.

#### Section 4: Details of Shareholders

- > The details we hold on your company's shareholders and their shareholdings are printed below. These are based on your last Annual Return.
- > If any details have changed, or if any shares have been transferred, please fill in the details in the "Amended details" or "Shares transferred" column.
- > Please give details of any other shareholders in Section 5.

Current details		Amended details			Shares transferred			
>	Shareholder Name CAROLE NASH INSU CONSULTANTS LTD	IRANCE	Name					_
			Address					
	Address Trafalagar House 110 Manchester Road Altrincham Cheshire WA14 1NU		UK Postcode		W.W.	CARO	iransferred l LE NASH IN LTANTS LT	SURANCE
	Shares held Class Ordinary	Number 2	Shares held Class		Number	Class	Number	Date of transfer
	-		 			<u></u>		//

### **Section 5: Details of Other Shareholders**

- > Please fill in details of any persons or corporate bodies who are shareholders of the company at the date of this return, but whose details are not printed in Section 4.
- > Also, provide the details of any persons who became but have ceased to be shareholders of the company since the date of the last annual return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- Please copy this page if there is not enough space to enter all the company's other shareholders.

Shareholders details	Class and number	Class and number of shares or amount of stock transferred (If appropriate)	
Name			
Address			
UK Postcode			
Name			
Address			
UK Postcode			
Name			
Address			
UK Postcode			
Name			
Address			
UK Postcode			



# 363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

1. Declaration		
		urn are correct as at the made-up-date
(shown at 2 below). I enc	lose the filing fe	e of £30.
Signature (Director /	Secretary)	Date  LL/05/2006  This date must not be earlier than the
What to do now		return date at 2 below
Complete this page then a declaration to the address		of the Annual Return and the ow.
2. Date of this return		·
☐ This AR is made up to 3/5/2006	lf you are mak please give th	king this return up to an earlier date, e date here
	<u> </u>	/
	Note: The form rr	nust be delivered to CH within 28 days of this date
3. Date of next return		
	here:	a date earlier than <b>3rd May 2007</b>
4. Where to send this	form	
☐ Please return this form to:		
Registrar of Companies Companies House Crown Way Cardiff CF14 3UZ	OR	For members of the Hays Documen Exchange service DX 33050 Cardiff
Have you enclosed the f reverse of the cheque?	ïling fee with th	ne company number written on the
Contact Address		
	you if there is a c	on below, but if you do, it will help query on the form. The contact chers of the public record.
Contact Name	Tel	lephone number <i>inc code</i>
Address		number <i>if applicable</i>
	<del></del>	exchange
Postcode		