



Companies House
— for the record —

AR01 (ef)

Annual Return



XJLDPKNA

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Company Name: **ABSOLUTE ESSENTIALS LTD**

Company Number: **03975395**

Date of this return: **18/04/2010**

SIC codes: **9999**

Company Type: **Private company limited by shares**

Situation of Registered Office: **41 VAN ALLOYS BUSINESS PARK
STOKE ROW
HENLEY ON THAMES
OXFORDSHIRE
RG9 5QW**

Officers of the company

Company Secretary *1*

Type: **Person**
Full forename(s): **MRS HELEN MICHELE**
Surname: **LESTER**
Former names:
Service Address: **THE KENNELS MAGPIES**
 NETTLEBED COMMON
 OXFORD
 RG9 5BE

Company Director *1*

Type: **Person**
Full forename(s): **MRS HELEN MICHELE**
Surname: **LESTER**
Former names:
Service Address: **THE KENNELS MAGPIES**
 NETTLEBED COMMON
 OXFORD
 RG9 5BE

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **30/09/1966** *Nationality:* **CANADIAN**
Occupation: **FINANCIAL AND**
 COMMERCIAL MANAG

Company Director **2**

Type: **Person**
Full forename(s): **MICHAEL GEOFFREY**
Surname: **LESTER**
Former names:
Service Address: **THE KENNELS MAGPIES**
 NETTLEBED COMMON
 OXFORD
 RG9 5BE

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **25/08/1954** *Nationality:* **BRITISH**
Occupation: **MANAGER**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	501
		<i>Aggregate nominal value</i>	501
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>	ORDINARY VOTING SHARES		

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	501
		<i>Total aggregate nominal value</i>	501

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 18/04/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding : 1

501 ORDINARY Shares held as at 18/04/2010

Name: **HELEN MICHELE LESTER**

Address:

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.