



Companies House
— for the record —

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Annual Return



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Company Name: **ABSOLUTE ESSENTIALS LTD**

Company Number: **03975395**

Company Details

Period Ending: **18/04/2009**

Company Type: **PRIVATE COMPANY LIMITED BY SHARES**

Principal Business Activities:

SIC codes:

9999

*Registered Office
Address:*

*Register of
Members Address:*

*Register of Debenture
Holders Address:*

**41 VAN ALLOYS
BUSINESS PARK
STOKE ROW
HENLEY ON THAMES
OXFORDSHIRE
RG9 5QW**

Details of Officers of the Company

Company Secretary 1:

Name: **MRS HELEN MICHELE
LESTER**

Address: **- THE KENNELS MAGPIES
NETTLEBED COMMON
OXFORD
RG9 5BE**

Director 1 :

Name: **MRS HELEN MICHELE
LESTER**

Address: **- THE KENNELS MAGPIES
NETTLEBED COMMON
OXFORD
RG9 5BE**

Date of Birth:

30/09/1966

Nationality:

CANADIAN

Occupation:

**FINANCIAL AND
COMMERCIAL MANAG**

Director 2 :

Name: **MICHAEL GEOFFREY
LESTER**

Address: **- THE KENNELS MAGPIES
NETTLEBED COMMON
OXFORD
RG9 5BE**

Date of Birth:

25/08/1954

Nationality:

BRITISH

Occupation:

MANAGER

Share Capital

Issued Share Capital Details:

<i>Class of Share</i>	<i>Number of Shares issued</i>	<i>Aggregate Nominal value of issued Shares</i>
ORDINARY	501	GBP501
<i>TOTALS</i>		
	501	GBP501.000

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 18/04/2009 or that had ceased to be shareholders since the made up date of the previous Annual Return

Shareholding 1:

501 ORDINARY Shares held as at 18/04/2009

Name: **HELEN MICHELE LESTER**

Address:

Authorisation

Authoriser Designation: **director**

Date Authorised: **05/10/2009**

Authenticated: **Yes**