

Company Registration No. 03972242 (England and Wales)

UK COLLEGE OF NUTRITION & HEALTH LIMITED
ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31 AUGUST 2010

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UK COLLEGE OF NUTRITION & HEALTH LIMITED

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UK COLLEGE OF NUTRITION & HEALTH LIMITED

ABBREVIATED BALANCE SHEET

AS AT 31 AUGUST 2010

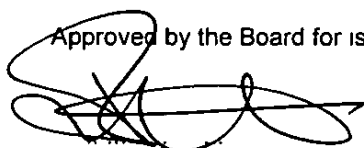
		2010		2009 as restated	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	2		7,685		8,606
Current assets					
Debtors		28,603		24,227	
Investments		37,500		32,500	
Cash at bank and in hand		91,245		104,153	
		157,348		160,880	
Creditors' amounts falling due within one year		(162,113)		(167,338)	
Net current liabilities			(4,765)		(6,458)
Total assets less current liabilities			2,920		2,148
Capital and reserves					
Called up share capital	3		2		2
Profit and loss account			2,918		2,146
Shareholders' funds			2,920		2,148

For the financial year ended 31 August 2010 the company was entitled to exemption from audit under section 477 Companies Act 2006. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements under the requirements of the Companies Act 2006.

The director acknowledges her responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

Approved by the Board for issue on 12/4/11



Breda Gajsek
Director

UK COLLEGE OF NUTRITION & HEALTH LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 31 AUGUST 2010

1 Accounting policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

1.2 Compliance with accounting standards

The financial statements are prepared in accordance with applicable United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), which have been applied consistently (except as otherwise stated)

1.3 Turnover

Turnover represents amounts receivable for goods and services net of VAT and trade discounts

1.4 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows

Fixtures, fittings & equipment 25% per annum reducing balance

1.5 Investments

Current asset investments are stated at the lower of cost and net realisable value

2 Fixed assets

	Tangible assets £
Cost	
At 1 September 2009 & at 31 August 2010	42,305
Depreciation	
At 1 September 2009	33,699
Charge for the year	921
At 31 August 2010	34,620
Net book value	
At 31 August 2010	7,685
At 31 August 2009	8,606

UK COLLEGE OF NUTRITION & HEALTH LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2010

3	Share capital	2010 £	2009 £
	Authorised		
	100 Ordinary shares of £1 each	<u>100</u>	<u>100</u>
	Allotted, called up and fully paid		
	2 Ordinary shares of £1 each	<u>2</u>	<u>2</u>