

**REGISTERED COMPANY NUMBER: 03957079 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1081713**

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022  
FOR  
TAN Y MAEN LIMITED**



**TAN Y MAEN LIMITED**

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FOR THE YEAR ENDED 31 MARCH 2022**

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**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2022**

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The charity's objectives are:

1) The relief of persons experiencing mental health problems, including alcohol and drugs in the North Wales region including Gwynedd, Conwy, Wrexham, Ceredigion and North Powys; in particular but not so as to limit the generality of the foregoing, by:

a) The provision of an information and support service on mental health and related issues.

b) Promoting good practice in mental health by working together with voluntary organisations, service users, statutory authorities and carers engaged in providing mental health services.

2) The advancement of education of the public about mental health issues.

**Public benefit**

As trustees we will give due consideration to the Charity Commission's requirements for reporting on the public benefit of our activities.

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

This has been a year of consolidation of the changes made during the period of the pandemic and we have been successful in being able to secure continued funding for our core and other projects.

We continue to provide a service in the community which is strengths based and goal oriented, aiming to help clients to achieve recovery from their mental health and wellbeing issues in the shortest possible time whilst ensuring that the support given to them is delivered at the right level, in the right place and at the right time for their needs.

Our projects include:

- Community Wellbeing Projects in Blaenau Ffestiniog, Dolgellau and Tywyn
- Our App Based Support project which covers the whole of North Wales
- Our Mentoring for Mental Health project which covers Conwy Borough and South Gwynedd
- We are a partner in the Parabl Talking Therapies project and since last year we have accepted additional responsibilities and now provide CCBT introduction and ongoing telephone support across North Wales, as well as our Mindfulness and Therapeutic courses, and Counselling in South Gwynedd.
- We have been appointed as an ICAN Hub for the South Gwynedd area as part of the transformation agenda as set by the WG and implemented by the BCNUHB for Mental Health Support in N Wales and in that context operate hubs in Blaenau Ffestiniog and Dolgellau, as well as being service lead organisation for Digital Support in the BCNUHB area.

In the coming year we expect to further embed the ICAN principles of support into our practices and for the funding for this to be confirmed for a further 3 years.

Our website is available to view and register for support and there are a range of virtual support options available to clients there including, Mindfulness on Video, Fun Fit, Writing to Heal and a Podcast.

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2022**

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**FINANCIAL REVIEW**

**Financial position**

The Charity has unrestricted reserves of £155,775 at 31 March 2022 (2021: £117,307) and restricted reserves of £951 (2021: £17,396).

The accounts for the year ended 31 March 2022 showed a surplus of £22,023. (2021: £112,588)

**Reserves policy**

In line with good practice it is agreed that monies are allocated towards a reserve the purpose of which is:

- ~ To ensure cash flow
- ~ To cover any unforeseen circumstances
- ~ To provide the opportunity to attract/identify funding should existing funding be subjected to cutbacks
- ~ To ensure that, should funding cease, the organisation would be able to fulfil all of its financial and legal obligations when winding up

The level of the reserve will be reviewed annually by the Board. Unless and until otherwise agreed the organisation will maintain a minimum reserve equivalent to the current three months running costs of the organisation and endeavour to increase this amount to the equivalent of six months running costs.

**Going concern**

The trustees are of the view that there are no material uncertainties and therefore the Charity is a going concern.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, its Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**Recruitment and appointment of new trustees**

Trustees are generally recruited from related and relevant organisations. Potential trustees are invited to two or three meetings, and if suitable are elected to the board. Relevant training is provided.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

03957079 (England and Wales)

**Registered Charity number**

1081713

**Registered office**

Church Street  
Blaenau Ffestiniog  
Gwynedd  
LL41 3HB

**Trustees**

Delwyn Evans  
Simon Anderson  
Margaret Rose Gough  
Roland Peter Barnes

**Senior Management Team**

Philip Griffiths - Manager

**Company Secretary**

Philip Griffiths

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**TAN Y MAEN LIMITED (REGISTERED NUMBER: 03957079)**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2022**

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**REFERENCE AND ADMINISTRATIVE DETAILS**

**Independent Examiner**

Keith Barker (FCCA)

FCCA

Williams Denton Cyf

Chartered Certified Accountants

Glaslyn

Ffordd Y Parc

Parc Menai

Bangor

Gwynedd

LL57 4FE

**Bankers**

NatWest

72 High Street

Porthmadog

Gwynedd

LL49 PNR

Approved by order of the board of trustees on 29<sup>th</sup> Nov 2022 and signed on its behalf by:

R. P. Barnes.

Roland Peter Barnes - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
TAN Y MAEN LIMITED**

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**Independent examiner's report to the trustees of Tan Y Maen Limited ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

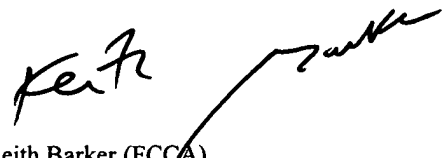
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Keith Barker (FCCA)  
FCCA  
Williams Denton Cyf  
Chartered Certified Accountants  
Glaslyn  
Ffordd Y Parc  
Parc Menai  
Bangor  
Gwynedd  
LL57 4FE

Date: 7 December 2022

**TAN Y MAEN LIMITED**

**STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	Unrestricted fund £	Restricted funds £	31.3.22 Total funds £	31.3.21 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		1,101	1	1,102	8,986
<b>Charitable activities</b>					
Mental health services		190,461	35,000	225,461	272,450
Investment income	2	13	-	13	13
Other income		3,915	-	3,915	-
<b>Total</b>		<b>195,490</b>	<b>35,001</b>	<b>230,491</b>	<b>281,449</b>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Mental health services		154,289	51,446	205,735	168,861
Other		2,733	-	2,733	-
<b>Total</b>		<b>157,022</b>	<b>51,446</b>	<b>208,468</b>	<b>168,861</b>
<b>NET INCOME/(EXPENDITURE)</b>		<b>38,468</b>	<b>(16,445)</b>	<b>22,023</b>	<b>112,588</b>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		117,307	17,396	134,703	22,115
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>155,775</b>	<b>951</b>	<b>156,726</b>	<b>134,703</b>

The notes form part of these financial statements

**BALANCE SHEET**  
**31 MARCH 2022**

	Notes	Unrestricted fund £	Restricted funds £	31.3.22 Total funds £	31.3.21 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	8	915	-	915	909
<b>CURRENT ASSETS</b>					
Debtors	9	1,848	-	1,848	1,493
Cash at bank		164,295	951	165,246	135,110
		<u>166,143</u>	<u>951</u>	<u>167,094</u>	<u>136,603</u>
<b>CREDITORS</b>					
Amounts falling due within one year	10	(11,283)	-	(11,283)	(2,809)
<b>NET CURRENT ASSETS</b>		<u>154,860</u>	<u>951</u>	<u>155,811</u>	<u>133,794</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>155,775</u>	<u>951</u>	<u>156,726</u>	<u>134,703</u>
<b>NET ASSETS</b>		<u>155,775</u>	<u>951</u>	<u>156,726</u>	<u>134,703</u>
<b>FUNDS</b>	11				
Unrestricted funds				155,775	117,307
Restricted funds				951	17,396
<b>TOTAL FUNDS</b>				<u>156,726</u>	<u>134,703</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

TAN Y MAEN LIMITED (REGISTERED NUMBER: 03957079)

**BALANCE SHEET - continued**  
**31 MARCH 2022**

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These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 29 November 2022 and were signed on its behalf by:

R. P. Barnes  
Roland Peter Barnes - Trustee

S. S. Chao  
Simon Anderson - Trustee

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022**

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**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Tangible fixed assets are stated at cost less depreciation. The costs of minor additions are not capitalised.

Depreciation is provided at rates calculated to write off the cost of fixed assets over their expected useful lives on the following basis:

Office equipment	- 20% per annum on cost
Computer equipment	- 33% per annum on cost

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Operating lease commitments**

Rentals paid under operating leases are charged to the statement of financial activity on a straight line basis over the period of the lease.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**TAN Y MAEN LIMITED**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022**

**2. INVESTMENT INCOME**

	<b>31.3.22</b>	<b>31.3.21</b>
	<b>£</b>	<b>£</b>
Deposit account interest	<b>13</b>	<b>13</b>
	<u><b>13</b></u>	<u><b>13</b></u>

**3. INCOME FROM CHARITABLE ACTIVITIES**

		<b>31.3.22</b>	<b>31.3.21</b>
	Activity	<b>£</b>	<b>£</b>
Grants	Mental health services	-	41,743
BCUHB	Mental health services	<b>87,158</b>	94,954
Gwynedd Council	Mental health services	<b>10,746</b>	13,433
Parabl	Mental health services	<b>44,266</b>	25,386
Dolgellau Wellbeing	Mental health services	-	3,538
Tywyn Wellbeing	Mental health services	<b>5,965</b>	276
BCUHB - Dolgellau			
Wellbeing	Mental health services	<b>4,880</b>	12,500
BCUHB - Tywyn Wellbeing	Mental health services	-	12,500
BCUHB - Mentora	Mental health services	<b>12,446</b>	31,115
App Based Support	Mental health services	<b>35,000</b>	35,834
BCUHB - Pwllheli Wellbeing	Mental health services	<b>25,000</b>	1,171
		<u><b>225,461</b></u>	<u><b>272,450</b></u>

Grants received, included in the above, are as follows:

	<b>31.3.22</b>	<b>31.3.21</b>
	<b>£</b>	<b>£</b>
Big Lottery Fund	-	10,000
Lloyds Foundation	-	30,925
Dref Werdd	-	500
Freeman Evans	-	318
	<u><b>-</b></u>	<u><b>41,743</b></u>

**4. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	<b>31.3.22</b>	<b>31.3.21</b>
	<b>£</b>	<b>£</b>
Depreciation - owned assets	<b>678</b>	821
Other operating leases	<b>8,126</b>	7,764
	<u><b>8,804</b></u>	<u><b>8,585</b></u>

**TAN Y MAEN LIMITED**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022**

**5. TRUSTEES' REMUNERATION AND BENEFITS**

	<b>31.3.22</b>	<b>31.3.21</b>
	<b>£</b>	<b>£</b>
Trustees' salaries	<u>17,175</u>	<u>12,029</u>

Trustee Mr Simon Anderson is paid remuneration in relation to the work that he undertakes for the Charitable Company.

**Trustees' expenses**

No expenses were paid to Trustees during the year (2021: £478).

**6. STAFF COSTS**

	<b>31.3.22</b>	<b>31.3.21</b>
	<b>£</b>	<b>£</b>
Wages and salaries	<b>85,086</b>	50,924
Social security costs	<b>2,187</b>	-
Other pension costs	<b>3,418</b>	2,517
	<u><b>90,691</b></u>	<u>53,441</u>

The average monthly number of employees during the year was as follows:

<b>31.3.22</b>	<b>31.3.21</b>
<u>£</u>	<u>£</u>

No employees received emoluments in excess of £60,000.

The charity considers its key management personnel to comprise of Philip Griffiths, Manager. Total emoluments for the year were £25,182 (2018 - £24,688).

**7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	8,986	-	8,986
<b>Charitable activities</b>			
Mental health services	236,616	35,834	272,450
Investment income	13	-	13
<b>Total</b>	<u>245,615</u>	<u>35,834</u>	<u>281,449</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Mental health services	<u>150,423</u>	<u>18,438</u>	<u>168,861</u>
<b>NET INCOME</b>	95,192	17,396	112,588

**TAN Y MAEN LIMITED**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	22,115	-	22,115
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>117,307</u>	<u>17,396</u>	<u>134,703</u>

**8. TANGIBLE FIXED ASSETS**

	Improvements to property £	Office equipment £	Computer equipment £	Totals £
<b>COST</b>				
At 1 April 2021	31,732	15,203	6,236	53,171
Additions	-	226	458	684
At 31 March 2022	<u>31,732</u>	<u>15,429</u>	<u>6,694</u>	<u>53,855</u>
<b>DEPRECIATION</b>				
At 1 April 2021	31,732	15,163	5,367	52,262
Charge for year	-	85	593	678
At 31 March 2022	<u>31,732</u>	<u>15,248</u>	<u>5,960</u>	<u>52,940</u>
<b>NET BOOK VALUE</b>				
At 31 March 2022	<u>-</u>	<u>181</u>	<u>734</u>	<u>915</u>
At 31 March 2021	<u>-</u>	<u>40</u>	<u>869</u>	<u>909</u>

**9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.22 £	31.3.21 £
Prepayments	<u>1,848</u>	<u>1,493</u>

**TAN Y MAEN LIMITED**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.22	31.3.21
	£	£
Accruals and deferred income	<u>11,283</u>	<u>2,809</u>

**11. MOVEMENT IN FUNDS**

	At 1.4.21	Net movement in funds	At 31.3.22
	£	£	£
<b>Unrestricted funds</b>			
General fund	117,307	38,468	155,775
<b>Restricted funds</b>			
App Based Support Project	17,396	(16,445)	951
<b>TOTAL FUNDS</b>	<u>134,703</u>	<u>22,023</u>	<u>156,726</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	195,490	(157,022)	38,468
<b>Restricted funds</b>			
App Based Support Project	35,001	(51,446)	(16,445)
<b>TOTAL FUNDS</b>	<u>230,491</u>	<u>(208,468)</u>	<u>22,023</u>

**Comparatives for movement in funds**

	At 1.4.20	Net movement in funds	At 31.3.21
	£	£	£
<b>Unrestricted funds</b>			
General fund	22,115	95,192	117,307
<b>Restricted funds</b>			
App Based Support Project	-	17,396	17,396
<b>TOTAL FUNDS</b>	<u>22,115</u>	<u>112,588</u>	<u>134,703</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**11. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	245,615	(150,423)	95,192
<b>Restricted funds</b>			
App Based Support Project	35,834	(18,438)	17,396
<b>TOTAL FUNDS</b>	<u>281,449</u>	<u>(168,861)</u>	<u>112,588</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	22,115	133,660	155,775
<b>Restricted funds</b>			
App Based Support Project	-	951	951
<b>TOTAL FUNDS</b>	<u>22,115</u>	<u>134,611</u>	<u>156,726</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	441,105	(307,445)	133,660
<b>Restricted funds</b>			
App Based Support Project	70,835	(69,884)	951
<b>TOTAL FUNDS</b>	<u>511,940</u>	<u>(377,329)</u>	<u>134,611</u>

**12. RELATED PARTY DISCLOSURES**

Due to the nature of the charity's operations and the composition of the board of trustees it is inevitable that transactions will take place with organisations in which a member may have an interest.

The company Prime Response in Mental Health Emergency CIC ("Prime") is defined as a related party due to significant influence or control being held over this company by the wife of Tan y Maen Senior Management Team member Phil Griffiths. Prime provided mental health mentoring and support services at a cost of £73,661 (2021: £71,729) during the accounting period. These costs are included in expenditure on mental health services in the financial statements.