



Companies House
— for the record —

AR01 (ef)

Annual Return



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Received for filing in Electronic Format on the: **09/11/2010**

Company Name: **Diet North Limited**

Company Number: **03873589**

Date of this return: **09/11/2010**

SIC codes: **8512**

Company Type: **Private company limited by shares**

Situation of Registered Office: **32 BRENKLEY WAY
BLEZARD BUSINESS PARK
SEATON BURN
NEWCASTLE UPON TYNE
ENGLAND
NE13 6DS**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **DAVID SCOTT**

Surname: **COWPER**

Former names: **COWPER**

Service Address: **SAVILLE CHAMBERS 5 NORTH STREET
NEWCASTLE UPON TYNE
TYNE AND WEAR
ENGLAND
NE1 8DF**

Company Director ***I***

Type: **Person**

Full forename(s): **DR. SUSANNA OI MAY**

Surname: **REYNOLDS**

Former names: **REYNOLDS**

Service Address: **26 BRANDLING PLACE SOUTH
JESMOND
NEWCASTLE UPON TYNE
ENGLAND
NE2 4RU**

Country/State Usually Resident: **ENGLAND**

Date of Birth: **30/11/1961** *Nationality:* **BRITISH**

Occupation: **MEDICAL PRACTITIONER**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	1
		<i>Aggregate nominal value</i>	1
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	1

Prescribed particulars

EACH SHARE IS ENTITLED TO ONE VOTE IN ANY CIRCUMSTANCES. EACH SHARE IS ENTITLED PARI PASSU TO DIVIDEND PAYMENTS OR ANY OTHER DISTRIBUTION. EACH SHARE IS ENTITLED PARI PASSU TO PARTICIPATE IN A DISTRIBUTION ARISING FROM A WINDING UP OF THE COMPANY.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1
		<i>Total aggregate nominal value</i>	1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 09/11/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1 : 1 ORDINARY shares held as at 2010-11-09
Name: DR. S.O.M. REYNOLDS

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.