

**REGISTERED NUMBER: 3873589 (England and Wales)**

**ABBREVIATED ACCOUNTS**  
**FOR THE YEAR ENDED 30 NOVEMBER 2005**  
**FOR**  
**DIET NORTH LIMITED**



A51 \*ALUCRFCJ\* 333  
COMPANIES HOUSE 12/05/2006

**DIET NORTH LIMITED**

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For The Year Ended 30 November 2005**

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**DIET NORTH LIMITED**  
**COMPANY INFORMATION**  
**For The Year Ended 30 November 2005**

**DIRECTOR:** Dr. S.O.M. Reynolds

**SECRETARY:** D.S. Cowper

**REGISTERED OFFICE:** 32 Brenkley Way  
Bleazard Business Park  
Seaton Burn  
Newcastle upon Tyne  
NE13 6DS

**REGISTERED NUMBER:** 3873589 (England and Wales)

**ACCOUNTANTS:** Brennan Neil & Leonard  
Chartered Accountants  
32 Brenkley Way  
Seaton Burn  
Newcastle upon Tyne  
NE13 6DS

**DIET NORTH LIMITED**

**ABBREVIATED BALANCE SHEET**

**30 November 2005**

	Notes	2005 £	2004 £
<b>FIXED ASSETS</b>			
Intangible assets	2	1,136	1,424
Tangible assets	3	7,773	8,213
		<u>8,909</u>	<u>9,637</u>
<b>CURRENT ASSETS</b>			
Stocks		515	500
Debtors		6,263	19,782
Cash at bank and in hand		1,399	282
		<u>8,177</u>	<u>20,564</u>
<b>CREDITORS</b>			
Amounts falling due within one year		<u>19,141</u>	<u>12,691</u>
<b>NET CURRENT (LIABILITIES)/ASSETS</b>		<u>(10,964)</u>	<u>7,873</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>(2,055)</u>	<u>17,510</u>
<b>PROVISIONS FOR LIABILITIES AND CHARGES</b>		<u>330</u>	<u>430</u>
<b>NET (LIABILITIES)/ASSETS</b>		<u><u>(2,385)</u></u>	<u><u>17,080</u></u>
<b>CAPITAL AND RESERVES</b>			
Called up share capital	4	1	1
Profit and loss account		<u>(2,386)</u>	<u>17,079</u>
<b>SHAREHOLDERS' FUNDS</b>		<u><u>(2,385)</u></u>	<u><u>17,080</u></u>

The company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the year ended 30 November 2005.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 November 2005 in accordance with Section 249B(2) of the Companies Act 1985.

The director acknowledges her responsibilities for:

- ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company.

The notes form part of these abbreviated accounts

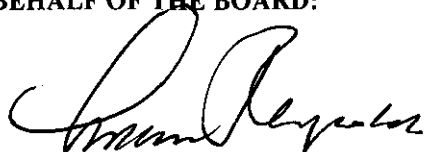
**DIET NORTH LIMITED**

**ABBREVIATED BALANCE SHEET - *continued***

**30 November 2005**

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective June 2002).

**ON BEHALF OF THE BOARD:**

A handwritten signature in black ink, appearing to read 'Dr. S.O.M. Reynolds', written in a cursive style.

Dr. S.O.M. Reynolds - Director

Approved by the Board on 9 May 2006

The notes form part of these abbreviated accounts

# DIET NORTH LIMITED

## NOTES TO THE ABBREVIATED ACCOUNTS For The Year Ended 30 November 2005

### 1. ACCOUNTING POLICIES

#### Accounting convention

The accounts have been prepared on a Going Concern basis.

#### Turnover

Turnover represents invoiced sales of goods and services.

#### Goodwill

Goodwill, being the amount paid in connection with the acquisition of a business in 1999, is being amortised evenly over its estimated useful life of ten years.

#### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 15% on cost
Computer equipment	- 25% on cost

#### Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

#### Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

### 2. INTANGIBLE FIXED ASSETS

	Total £
<b>COST</b>	
At 1 December 2004 and 30 November 2005	2,875
<b>AMORTISATION</b>	
At 1 December 2004	1,451
Charge for year	288
At 30 November 2005	1,739
<b>NET BOOK VALUE</b>	
At 30 November 2005	1,136
At 30 November 2004	1,424

# DIET NORTH LIMITED

## NOTES TO THE ABBREVIATED ACCOUNTS - continued For The Year Ended 30 November 2005

### 3. TANGIBLE FIXED ASSETS

	Total £
<b>COST</b>	
At 1 December 2004	13,829
Additions	1,978
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At 30 November 2005	15,807
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<b>DEPRECIATION</b>	
At 1 December 2004	5,616
Charge for year	2,418
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At 30 November 2005	8,034
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<b>NET BOOK VALUE</b>	
At 30 November 2005	7,773
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At 30 November 2004	8,213
	<hr/>

### 4. CALLED UP SHARE CAPITAL

Authorised:				
Number:	Class:	Nominal value:	2005	2004
			£	£
100,000	Ordinary	£1	100,000	100,000
			<hr/>	<hr/>
Allotted, issued and fully paid:				
Number:	Class:	Nominal value:	2005	2004
			£	£
1	Ordinary	£1	1	1
			<hr/>	<hr/>

### 5. TRANSACTIONS WITH DIRECTOR

The following loan to directors subsisted during the year ended 30 November 2005:

	£
<b>Dr. S.O.M. Reynolds</b>	
Balance outstanding at start of year	15,374
Balance outstanding at end of year	-
Maximum balance outstanding during year	17,819
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