REGISTERED NUMBER: 03862726 (England and Wales)

Unaudited Financial Statements

for the Year Ended 31 December 2022

for

The Woodlands Fitness Centre Limited

Contents of the Financial Statements for the Year Ended 31 December 2022

The Woodlands Fitness Centre Limited

Company Information
for the Year Ended 31 December 2022

DIRECTOR:	G Woolhouse
SECRETARY:	M Mitchell
REGISTERED OFFICE:	Unit 27 Molyneux Business Park Darley Dale Matlock Derbyshire DE4 2HJ
REGISTERED NUMBER:	03862726 (England and Wales)
ACCOUNTANTS:	CFC Accountancy Services Limited CFC House Woodseats Close Sheffield S8 0TB

Balance Sheet
31 December 2022

	Notes	31.12.22 £	31.12.21 £
FIXED ASSETS			
Tangible assets	4	18,421	24,738
CURRENT ASSETS			
Stocks		7,500	7,500
Cash at bank		4,383	2,836
		11,883	10,336
CREDITORS			
Amounts falling due within one year	5	(95,113)	(98,387)
NET CURRENT LIABILITIES		(83,230)	(88,051)
TOTAL ASSETS LESS CURRENT LIABILITIES		(64,809)	(63,313)
CAPITAL AND RESERVES			
Called up share capital		100	100
Retained earnings	6	(64,909)	(63,413)
SHAREHOLDERS' FUNDS		(64,809)	(63,313)

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2022 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:
(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the director and authorised for issue on 28 September 2023 and were signed by:

G Woolhouse - Director

1. STATUTORY INFORMATION

The Woodlands Fitness Centre Limited is a private company, limited by shares , registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements
These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover
Turnover is represented by the membership fees received and which relate to the accounting period in question, excluding value added tax.

Stocks
Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation
Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax
Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful economic life.

Gym equipment - 16.67% on cost
Fixtures and fittings - 8.333% on cost

3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was 1 (2021 - 1) .

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4. TANGIBLE FIXED ASSETS

	Plant and machinery £	Fixtures and fittings £	Totals £
COST			
At 1 January 2022	185,360	48,981	234,341
Additions	995	366	1,361
At 31 December 2022	186,355	49,347	235,702
DEPRECIATION			
At 1 January 2022	161,682	47,921	209,603
Charge for year	7,400	278	7,678
At 31 December 2022	169,082	48,199	217,281
NET BOOK VALUE			
At 31 December 2022	17,273	1,148	18,421
At 31 December 2021	23,678	1,060	24,738

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.22 £	31.12.21 £
Social security and other taxes	70	-
VAT	5,320	4,441
Directors' current accounts	88,223	92,446
Accrued expenses	1,500	1,500
	95,113	98,387

6. RESERVES

	Retained earnings £
At 1 January 2022	(63,413)
Deficit for the year	(1,496)
At 31 December 2022	(64,909)

7. ULTIMATE CONTROLLING PARTY

The Director G Woolhouse is the ultimate controlling party by virtue of owning 100% of the issued share capital.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.