

**Abbreviated Unaudited Accounts**

**for the Year Ended 31 December 2013**

**for**

**The Woodlands Fitness Centre Limited**

**Contents of the Abbreviated Accounts**  
**for the Year Ended 31 December 2013**

	<b>Page</b>
<b>Company Information</b>	<b>1</b>
<b>Abbreviated Balance Sheet</b>	<b>2</b>
<b>Notes to the Abbreviated Accounts</b>	<b>3</b>

**The Woodlands Fitness Centre Limited**

**Company Information**  
**for the Year Ended 31 December 2013**

**DIRECTOR:**

G Woolhouse

**SECRETARY:**

M Mitchell

**REGISTERED OFFICE:**

Unit 29 Peak Village Estates  
Chatsworth Road  
Rowsley  
Derbyshire  
DE4 2JE

**REGISTERED NUMBER:**

03862726 (England and Wales)

**ACCOUNTANTS:**

CFC Accountancy Services Limited  
CFC House  
Woodseats Close  
Sheffield  
S8 0TB

**The Woodlands Fitness Centre Limited (Registered number: 03862726)**

**Abbreviated Balance Sheet**  
**31 December 2013**

	Notes	31.12.13 £	31.12.12 £
<b>FIXED ASSETS</b>			
Tangible assets	2	26,456	24,455
<b>CURRENT ASSETS</b>			
Debtors		-	348
Cash at bank		3,252	2,978
		<u>3,252</u>	<u>3,326</u>
<b>CREDITORS</b>			
Amounts falling due within one year		(80,718)	(68,409)
<b>NET CURRENT LIABILITIES</b>		<u>(77,466)</u>	<u>(65,083)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		(51,010)	(40,628)
<b>PROVISIONS FOR LIABILITIES</b>		-	(3,819)
<b>NET LIABILITIES</b>		<u>(51,010)</u>	<u>(44,447)</u>
<b>CAPITAL AND RESERVES</b>			
Called up share capital	3	100	100
Profit and loss account		(51,110)	(44,547)
<b>SHAREHOLDERS' FUNDS</b>		<u>(51,010)</u>	<u>(44,447)</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2013.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2013 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 23 October 2014 and were signed by:

G Woolhouse - Director

The notes form part of these abbreviated accounts

**Notes to the Abbreviated Accounts**  
**for the Year Ended 31 December 2013**

**1. ACCOUNTING POLICIES**

**Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

**Turnover**

Turnover is represented by the membership fees received and which relate to the accounting period in question, excluding value added tax.

**Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

**Hire purchase and leasing commitments**

Assets obtained under hire purchase contracts or finance leases are capitalised in the balance sheet. Those held under hire purchase contracts are depreciated over their estimated useful lives. Those held under finance leases are depreciated over their estimated useful lives or the lease term, whichever is the shorter.

The interest element of these obligations is charged to the profit and loss account over the relevant period. The capital element of the future payments is treated as a liability.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful economic life.

Improvements to property - straight line over the life of the lease

Gym equipment - 16.67% on cost

Fixtures and fittings - 8.333% on cost

**2. TANGIBLE FIXED ASSETS**

	Total £
<b>COST</b>	
At 1 January 2013	175,978
Additions	12,206
At 31 December 2013	<u>188,184</u>
<b>DEPRECIATION</b>	
At 1 January 2013	151,523
Charge for year	10,205
At 31 December 2013	<u>161,728</u>
<b>NET BOOK VALUE</b>	
At 31 December 2013	<u>26,456</u>
At 31 December 2012	<u>24,455</u>

**3. CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	31.12.13 £	31.12.12 £
100	Ordinary	£1	<u>100</u>	<u>100</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.