

Registered Number 03862726

The Woodlands Fitness Centre Limited

Abbreviated Accounts

31 December 2011

The Woodlands Fitness Centre Limited

Registered Number 03862726

Company Information

Registered Office:

Unit 29 Peak Village Estates
Chatsworth Road
Rowsley
Derbyshire
DE4 2JE

The Woodlands Fitness Centre Limited

Registered Number 03862726

Balance Sheet as at 31 December 2011

	Notes	2011 £	2010 £
Fixed assets			
Tangible	2	24,841	26,793
		<u>24,841</u>	<u>26,793</u>
Current assets			
Cash at bank and in hand		6,053	5,163
Total current assets		<u>6,053</u>	<u>5,163</u>
Creditors: amounts falling due within one year		(53,793)	(58,908)
Net current assets (liabilities)		(47,740)	(53,745)
Total assets less current liabilities		<u>(22,899)</u>	<u>(26,952)</u>
Creditors: amounts falling due after more than one year		(870)	(2,611)
Provisions for liabilities		(3,652)	(2,033)
Total net assets (liabilities)		<u>(27,421)</u>	<u>(31,596)</u>
Capital and reserves			
Called up share capital	3	100	100
Profit and loss account		(27,521)	(31,696)
Shareholders funds		<u>(27,421)</u>	<u>(31,596)</u>

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- a. For the year ending 31 December 2011 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
 - b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
 - c. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
 - d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 25 September 2012

And signed on their behalf by:

G Woolhouse, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the Abbreviated Accounts

For the year ending 31 December 2011

1 Accounting policies**Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover is represented by the membership fees received and which relate to the accounting period in question, excluding value added tax.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Assets obtained under hire purchase contracts or finance leases are capitalised in the balance sheet. Those held under hire purchase contracts are depreciated over their estimated useful lives. Those held under finance leases are depreciated over their estimated useful lives or the lease term, whichever is shorter. The interest element of these obligations is charged to the profit and loss account over the relevant period. The capital element of the future payments is treated as a liability.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful economic life. Improvements to property - straight line over the life of the leaseGym equipment - 16.67% on costFixtures and fittings - 8.333% on cost

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Improvements to property 0%Over period of the lease

2 Tangible fixed assets

	Total
Cost	£
At 01 January 2011	161,838
Additions	6,186
At 31 December 2011	<u>168,024</u>
 Depreciation	
At 01 January 2011	135,045
Charge for year	8,138
At 31 December 2011	<u>143,183</u>

Net Book Value

At 31 December 2011

24,841

At 31 December 2010

26,793

3 **Share capital**

2011

2010

£

£

**Allotted, called up and fully
paid:**

100 Ordinary shares of £1
each

100

100