REGISTERED NUMBER 3844439

ABBEY COURT LEISURE LIMITED

REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 SEPTEMBER 2008

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FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2008

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COMPANY INFORMATION AT 30 SEPTEMBER 2008

DIRECTOR

L Woods

SECRETARY

S Westerman

REGISTERED OFFICE

27 North Street Wetherby W Yorkshire LS22 6NU

DIRECTOR'S REPORT

The director presents her annual report with the financial statements of the company for the year ended 30 SEPTEMBER 2008

PRINCIPAL ACTIVITIES

The principal activity of the company in the year under review was the operation of franchised Health and Fitness Clubs.

DIRECTOR AND HER INTERESTS

The director in office in the year had the following beneficial interest in the company at the balance sheet date.

	Number of sh	Number of shares	
	2008	2007	
Lynn Woods	1	1	

The above report has been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

Signed by:

L Woods
Director

30/06/09

PROFIT AND LOSS ACCOUNT FOR THE YEAR ENDED 30 SEPTEMBER 2008

	Notes	2008 £	2007 £
TURNOVER Cost of sales		0	1653 0
GROSS PROFIT		0	1653
Distribution costs Administration expenses		0 <u>1697</u>	0 <u>1735</u>
OPERATING PROFIT /LOSS		(1697)	(82)
Investment Income and Interest receivable Interest Payable and Similar charges	e	0 <u>2502</u>	0 <u>2702</u>
PROFIT /LOSS ON ORDINARY ACT BEFORE TAXATION	IVITIES	(4199)	(2784)
Tax on profit on ordinary activities	4	_0_	_0
PROFIT /LOSS ON ORDINARY ACT AFTER TAXATION	IVITIES	(4199) ====	(2784)

BALANCE SHEET FOR THE YEAR ENDED 30 SEPTEMBER 2008

	Notes	200	8		2007
		£	£	£	£
FIXED ASSETS Tangible Assets			0		0
CURRENT ASSETS Debtors	5	0		<u>0</u> 0	
CREDITORS : amounts falling due within one year	6	<u>193407</u>		189208	
NET CURRENT LIABILITIES		193407		189208	
CREDITORS: amounts falling due after one year	7	<u>(1</u>	93407)		(189208)
TOTAL NET ASSETS LESS CURR	ENT LIABS	(1	93407)		(189208)
LIABILITIES			====		
CAPITAL AND RESERVES					
Called up share capital Profit and loss account	8	(1)	l 93408)		1 (189209)
TOTAL SHAREHOLDER'S FUND	S	(1	9340 7)		(189208)

The director has taken advantage of the exemption conferred by section 249A(1) not to have these financial statements audited and confirms that no notice has been deposited under section 249B(2) of the Companies Act 1985. The director acknowledges her responsibilities for ensuring that:

- The company keeps accounting records, which comply with section 221 of the Companies act 1985;
- ii) The financial statements give a true and fair view of the state of affairs of the company as at 30 April 2008 and of its profit and loss for the period year then ended in accordance with the requirements of section 226, and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies and with the Financial reporting Standard for Smaller entities (effective March 1999).

Approved on	30106109	and signed by
L. L	Joods	
L Woods		
Director		

The notes on pages 6 to 8 form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2008

1. STATEMENT OF ACCOUNTING POLICIES

The financial statements have been prepared under the historical cost convention.

Turnover

Turnover represents the total invoice value, excluding value added tax, of goods sold and services rendered during the year.

Depreciation of tangible fixed assets

There are no fixed assets

2. OPERATING PROFIT

Operating profit is stated After charging: Depreciation of fixed assets	2008 ₤ nil	2007 £ nil
3. INFORMATION ON DIRECTOR Director's emoluments	2008 £	2007 £
Emoluments, including pension contributions to money purchase (defined contribution) schemes	nil	nil

4. TAX ON PROFIT ON ORDINARY ACTIVITIES

	£	£
The taxation charge comprises:		
Corporation tax	nil	nil
•		

2007

2008

5. DEBTORS	2008 £	2007 £
Other Debtors	nil	nil

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2008

6. CREDITORS: amounts falling due within one year

	2008	2007
	£	£
Bank overdraft	3383	2856
Bank Loan	25014	28214
Trade creditors	140248	140248
Owed to director	11560	10555
Other creditors	<u>13202</u>	<u>7355</u>
	193407	189208

7. CREDITORS: amounts falling due after one year

7. CIEDII Oldo, amounto raning due arror one juni			
	2008 £ nil	2007 £ nil	
8. SHARE CAPITAL	2008 £	2007 £	
Authorised:			
Equity interests:			
100 Ordinary Shares of £1 each	100	100	
Allotted, Called up and fully paid: Equity interests:			
1 Ordinary share of £1 each	1	1	
9. PROFIT AND LOSS ACCOUNT	2008 £	2007 £	
Loss for the period	4199	2784	
Accumulated loss at 30 SEPTEMBER 2008	193408	189209	

10. REVENUE COMMITMENTS

At the year end the company was not committed to any operating leases.

11. TRANSACTIONS WITH DIRECTORS

	2008	2008
Amounts owed to Directors	.	.
L Woods	nil	nil