

*Please complete in typescript,
or in bold black capitals.*

Annual Return

CHFP010

Company Number

3833448

Company Name in full

THE MIND GYM LIMITED

Date of this return

The information in this return is made up
to

Day Month Year

3 1 0 8 2 0 0 3

Date of next return

If you wish to make your next return to a
date earlier than the anniversary of this
return please show the date here.

Companies House will then send a form at
the appropriate time.

Day Month Year

Registered Office

Show here the address at the date of
this return.

ST JAMES HOUSE, KENSINGTON SQUARE

Any change of
registered office **must**
be notified on form
287.

Post town

LONDON

County / Region

UK Postcode

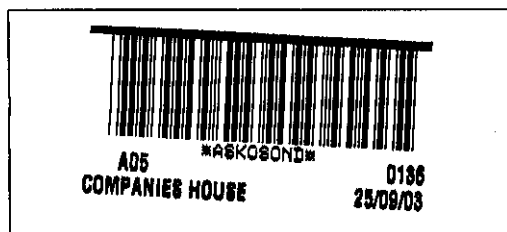
W8 5HD

Principal business activities

Show trade classification code number(s)
for the principal activity or activities.

9305

If the code number cannot be determined,
give a brief description of principal
activity.



When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ

DX 33050 Cardiff

for companies registered in England and Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

Register of members

If the register of members is not kept at the registered office, state here where it is kept.

Post town

County / Region

UK Postcode

Register of Debenture holders

If there is a register of debenture holders, or a duplicate of any such register or part of it, which is not kept at the registered office, state where it is kept.

Post town

County / Region

UK Postcode

Company type

Public limited company

Private company limited by shares

Private company limited by guarantee without share capital

Private company limited by shares exempt under section 30

Private company limited by guarantee exempt under section 30

Private unlimited company with share capital

Private unlimited company without share capital

☐☒☐☐☐☐☐

Please tick the appropriate box

Company Secretary

(Please photocopy this area to provide details of joint secretaries).

* Voluntary details.

If a partnership give the names and addresses of the partners or the name of the partnership and office address.

Usual residential address must be given. In the case of a corporation, give the registered or principal office address.

Name

* Style / Title

Forename(s)

Surname

Address

Post town

County / Region

Country

Details of a new company secretary must be notified on form 288a.

SAMANTHA

ASPINALL

FLAT 9, 55 Highbury Park

LONDON

UK Postcode N5 1TH

Directors*Please list directors in alphabetical order.***Details of new directors must be notified on form 288a**

Directors In the case of a director that is a corporate or a Scottish firm, the name is the corporate or firm name.

Name	* Style / Title			
	Day	Month	Year	
Date of birth	2	9	0	3
	1	9	7	5
Forename(s)	SEBASTIAN MARK			
Surname	BAILEY			
Address	19 CHURCHFIELD MANSIONS, 321 NEW KINGS ROAD			
Post town	LONDON			
County / Region			UK Postcode	SW6 4RA
Country			Nationality	BRITISH
Business occupation	DIRECTOR			

* Voluntary details.

Name	* Style / Title			
	Day	Month	Year	
Date of birth	0	2	0	5
	1	9	6	8
Forename(s)	OCTAVIUS ORLANDO IRVINE CASATI			
Surname	BLACK			
Address	FLAT 3, 6 PHILLIMORE GARDENS			
Post town	LONDON			
County / Region			UK Postcode	W8 7QD
Country			Nationality	BRITISH
Business occupation	DIRECTOR			

Directors*Please list directors in alphabetical order.***Details of new directors must be notified on form 288a**

Directors In the case of a director that is a corporate or a Scottish firm, the name is the corporate or firm name.

Name	* Style / Title			
	Day	Month	Year	
Date of birth	3	0	0	1
			1	9
			7	4
Forename(s)	SAMANTHA			
Surname	ASPINALL			
Address	FLAT 9, 55 Highbury Park			
Post town	LONDON			
County / Region			UK Postcode	N5 1TH
Country			Nationality	BRITISH
Business occupation	DIRECTOR			

* Voluntary details.

Name	* Style / Title			
	Day	Month	Year	
Date of birth				
Forename(s)				
Surname				
Address				
Post town				
County / Region			UK Postcode	
Country			Nationality	
Business occupation				

Issued share capital

Enter details of all the shares in issue at the date of this return.

	Class (e.g. Ordinary/Preference)	Number of shares issued	Aggregate Nominal Value (i.e. Number of shares issued multiplied by nominal value per share, or total amount of stock)
	ORDINARY	1,000	£1,000.00
Totals		1,000	1,000.00

List of past and present shareholders

(use attached schedule where appropriate)

A full list is required if one was not included with either of the last two returns.

There were no changes in the period

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on paper

in another format

A list of changes is enclosed

☐☐

A full list of shareholders is enclosed

☒☐**Certificate**

I certify that the information given in this return is true to the best of my knowledge and belief.

Signed

Date

16/09/03

† Please delete as appropriate.

† a director / secretary

When you have signed the return send it with the fee to the Registrar of Companies.

Cheques should be made payable to **Companies House**.

This return includes

2

continuation sheets.

(enter number)

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

VANTIS, 82 ST JOHN STREET, LONDON, EC1M 4JN

Tel: 020 7417 0417
Fax: 020 7417 0418

DX number 53349

DX exchange CLERKENWELL

List of past and present shareholders Schedule to form 363a

CHFP010 **Company Number** 3833448

Company Name in full THE MIND GYM LIMITED

- > Changes to shareholders particulars or details of the amount of stock or shares transferred must be completed each year
- > You must provide a "full list" of all the company shareholders on:
 - The company's first annual return following the incorporation;
 - Every third annual return after a full list has been provided
- > List the company shareholders in alphabetical order or provide an index
- > List joint shareholders consecutively

Shareholders' details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred	Date of registration of transfer
Name SEBASTIAN MARK BAILEY Address 19 CHURCHFIELD MANSIONS, 321 NEW KINGS ROAD, LONDON UK postcode SW6 4RA	£1.00 ORDINARY Shares Held 100		
Name OCTAVIUS ORLANDO IRVINE CASATI BLACK Address FLAT 3, 6 PHILLIMORE GARDENS, LONDON UK postcode W8 7QD	£1.00 ORDINARY Shares Held 845		
Name PROFESSOR GUY CLAXTON Address LOWER COBBERTON, DARTINGTON, TOTNES, DEVON UK postcode TQ9 6DS	£1.00 ORDINARY Shares Held 5		

CHFP010

List of past and present shareholders (Continued)

Company Number 3833448

Shareholders' details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred <i>(if appropriate)</i>	Date of registration of transfer
Name SAMANTHA ASPINALL Address FLAT 9, 55 Highbury Park, London UK postcode N5 1TH	£1.00 ORDINARY Shares Held 50		
Name Address UK postcode			
Name Address UK postcode			
Name Address UK postcode			