



Companies House
for the record

288b

Please complete in typescript,
or in bold black capitals.
CHWP000

Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number

3833448

Company Name in full

THE MIND GYM LIMITED

Date of termination of appointment

Day Month Year
01 02 2001

as director

☒

as secretary

☐

Please mark the appropriate box. If terminating
appointment as a director and secretary mark
both boxes.

NAME

*Style / Title

MR.

*Honours etc

Please insert
details as
previously
notified to
Companies House.

Forename(s)

BRINSLEY

Surname

BLACK

†Date of Birth

Day Month Year
05 11 1929

A serving director, secretary etc must sign the form below.

Signed

M. Poole-Connor

Date

26-2-2001

* Voluntary details.

† Directors only.

** Delete as appropriate

(** serving director / secretary / administrator / administrative receiver / receiver-manager / receiver)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is any query.

M. POOLE-CONNOR, FORZEFIELD HOUSE,
HORSHAM ROAD, COWROD, W. SUSSEX
RH13 8BU Tel 01403 864778
DX number / DX exchange /



A13
COMPANIES HOUSE

0558
28/02/01

Form revised 1999

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh