Report and Financial Statements
Year Ended
31 March 2015

Company Number 03833448



## Report and financial statements for the year ended 31 March 2015

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#### **Directors**

O Black

S Bailey

J Black

D Nelson

J Healey

#### Secretary and registered office

R Postlethwaite, 160 Kensington High Street, London, W8 7RG

#### Company number

03833448

#### **Auditor**

BDO LLP, 55 Baker Street, London, W1U 7EU

## Strategic report for the year ended 31 March 2015

The directors present their strategic report together with the audited financial statements for the year ended 31 March 2015.

The principal activity of the Group continued to be that of the provision of management development training and related services.

#### **Business review**

This has been another strong year in terms of operational performance and investing for the future.

We set financial targets of 20% revenue growth and increases in both gross margin and EBITDA, all of which were achieved. The business has grown by 75% over the last two years.

We set a participant feedback target of 50% scoring their experience 'Excellent' (5/5) for Q4 which, for the first time in the company's history, we achieved.

We committed to launch two new research papers with supporting products both of which have been enthusiastically embraced by clients.

- We entered a new market: diversity & inclusion. Our 'One of us' research paper and new products both brought in new clients and opened up new possibilities with existing clients. The three new D&I workouts were delivered 99 times with a wide range of clients including Unilever, Friends Provident and Met Life. We are in pitches for major D&I programs in both US and UK and believe that D&I will be a significant new source of business in FY16.
- We radically revamped our manager development offer, launching a new research paper and a new
  product category: Workout Pro. The new Workout Pros have already been delivered 151 times and
  49.1% of participants scored them as 'Excellent'. The whitepaper was launched at a symposium we
  hosted with 100 heads of L&D/OD/Talent in London.

We have invested heavily in building our own bespoke technology to deliver better quality, more consistently, for less. The first of these new innovations is 'Fast Feedback' which allows coaches to photograph and upload feedback using a Mind Gym app. This has reduced average time to deliver analysis of participant feedback to clients from 2 weeks to 48 hours. It has also removed the risk inherent in using national (and international) mail services.

As a result of this and investments in other processes and systems we now deliver up to 400 live training events a week in 40 countries smoothly and without incident. We have managed to do this whilst also reducing the cost of delivery as %age of revenue.

Another major investment has been in the Client team which has more than doubled in US and UK. This is leading to a corresponding increase in the number of meetings we have with clients which will be a significant factor in maintaining growth in FY16.

Mind Gym has been widely recognised during the year, including

- Our book 'Achieve more by thinking differently' reached no. 1 on Wall Street Journal e-book bestsellers
- No. 16 on The Sunday Times SME Export Track 100 (2015)
- HR consultancy of the year 2014 Personnel Today
- Learning company of the year 2015 Learning & Performance Institute
- Trainingindustry.com Watch List 2015
- Partnership in Learning and Development Excellence 2015 HRO Today
- Excellence in Vendor Partnership Award 2014 Chief Learning Officer
- Responsible Business Award 2014 Business in the Community

## Strategic report for the year ended 31 March 2015 (continued)

#### **Business review** (continued)

This last award is for our philanthropic programme Parent Gym, which has now been extended from London to Brighton and Ipswich. During the year we redesigned the programme based on new research and the latest feedback from parents. We also delivered 150 sets of 6-week programmes, reaching 1,500 parents. Parent Gym is funded entirely by Mind Gym and receives 1% of top line revenue.

#### Goals for next year (FY16) and beyond

Our goals for the next three years include:

- Continued annual revenue growth >20%pa and increases in EBITDA (%)
- Year-on-year increases in participant quality measured by those scoring the experience as 'Excellent'.
   FY16 target = 50%.
- Continue to launch ground breaking new research papers, solutions and products; on Performance management and Change agility (FY16) and Customer service (FY17)
- Develop new technology that enhances our clients' experience and increases efficiency including semiautomated coach selection and booking, client self-service and a range of apps and other products for participants to drive greater application of learning
- Build the capability of our front line teams to help clients solve their problems and so increase conversion rates for new business and accelerate the growth of existing clients.

Mind Gym is a disruptor in the world of Human Performance. This gives us the opportunity to transform businesses and the lives of people who work in them all over the world and to re-define an industry. It is an opportunity that we will seize even more vigorously in the years ahead.

## Strategic report for the year ended 31 March 2015 (continued)

#### Key performance

The company uses a number of key performance indicators (KPI) for its day to day operations and management review. These include, but are not limited to, the below KPI's:

		2015	2014
Revenue	£	19,834,373 £	16,464,648
Operating profit	£	1,502,340 £	822,655
EBITDA	£	1,872,453 £	1,387,665
Profit before tax	£	1,509,108 £	805,864
Net assets	£	2,669,395 £	1,790,891
Excellence rate		48.8 %	46.8 %
Error rate		9.7 %	8.6 %
Courses provided		10,318	9,361

To ensure Mind Gym is always meeting our high expectations, we collect participant feedback cards after each session. Our Excellence target increases each year as we adjust our methods and practices to deliver at a consistently high level.

**Excellence** = The *Excellent* rate is built from how many participants rated the workout as 'Excellent' (5). **Error** = Error is when fewer than 70% of the participants rated the workout 'very good' (4) or 'Excellent' (5).

EBITDA is a non statutory measure and is calculated as operating profit before depreciation and amortisation.

#### Principal risks and uncertainties

The Company recognises the potential financial risks that it faces in the current environment and the board regularly considers each in turn to ensure that they are mitigated as far as possible.

The continual focus in this area of quality improvement has the objective of diminishing operational business risk.

#### Loss of key employees

The day-to-day running of the business is now largely done by the Operating Exec, chaired by COO and on which the founders do not sit. The company is setting up more consistent procedures, systems and knowledge management infrastructure so there is less dependency on individual employees. Unwanted attrition is also at an all-time low, in part thanks to an engaging work environment and competitive reward and benefit packages. That said, there is always a risk that key employees will choose to leave and we are setting up succession planning to mitigate the risk should this happen.

#### Liquidity risk

The liquidity needs of the business are under constant review to ensure the availability of capital to fund organic investment.

#### Exchange risk

Due to the international nature of the business, a proportion of sales and costs arise in foreign currencies. The company constantly reviews its net foreign currency exposure and will where necessary protect itself against exchange risks by taking out forward exchange contracts.

# Strategic report for the year ended 31 March 2015 (continued)

### Principal risks and uncertainties (continued)

#### Reliance on key clients

Every year we aim to reduce dependency on a few clients. The following illustrates progress although there is clearly more to do.

As %age global revenue	FY15	FY14
Top 1	7.1%	15.5%
Top 5	27.1%	33.1%
Top 10	39.0%	47.2%

On behalf of the board

O Black Director

30 November 2015

## Report of the directors for the year ended 31 March 2015

The directors present their report together with the audited financial statements for the year ended 31 March 2015

#### Results and dividends

The profit and loss account is set out on page 9 and shows the profit for the year.

Interim dividends were paid to ordinary F and G shareholders during the year as per note 9. The directors do not recommend the payment of a final dividend.

#### **Principal activities**

The principal activity of the Group continued to be that of the provision of management development training and related services.

A review of the business and future developments is included in the strategic report.

#### **Directors**

The directors of the company during the year were:

O Black

S Bailey

J Black

D Nelson (appointed 2 April 2014)

J Healey (appointed 29 March 2015)

#### **Directors' responsibilities**

The directors are responsible for preparing the strategic report, the directors' report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the group and company financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the group and company and of the profit or loss of the group for that period.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## Report of the directors for the year ended 31 March 2015 (continued)

#### **Auditors**

All of the current directors have taken all the steps that they ought to have taken to make themselves aware of any information needed by the company's auditors for the purposes of their audit and to establish that the auditors are aware of that information. The directors are not aware of any relevant audit information of which the auditors are unaware.

BDO LLP were appointed as auditors during the year and have expressed their willingness to continue in office. A resolution to re-appoint them will be proposed at the annual general meeting.

On behalf of the board

Director

30 November 2015

#### Independent auditor's report

#### To the members of Mind Gym Limited

We have audited the financial statements of Mind Gym Limited for the year ended 31 March 2015 which comprise the consolidated profit and loss account, the consolidated statement of total recognised gains and losses, the consolidated and company balance sheets, the consolidated cash flow statement and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

#### Respective responsibilities of directors and auditors

As explained more fully in the statement of directors' responsibilities, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Financial Reporting Council's (FRC's) Ethical Standards for Auditors.

#### Scope of the audit of the financial statements

A description of the scope of an audit of financial statements is provided on the FRC's website at www.frc.org.uk/auditscopeukprivate.

#### Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the group's and the parent company's affairs as at 31 March 2015 and of the group's profit for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

#### Opinion on other matters prescribed by the Companies Act 2006

In our opinion the information given in the strategic report and directors' report for the financial year for which the financial statements are prepared is consistent with the financial statements.

#### Independent auditor's report (continued)

### Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept by the parent company, or returns adequate for our audit have not been received from branches not visited by us; or
- the parent company financial statements are not in agreement with the accounting records and returns;
   or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

BDO LLP

Stuart Collins (senior statutory auditor)
For and on behalf of BDO LLP, statutory auditor
London
United Kingdom

30 November 2015

BDO LLP is a limited liability partnership registered in England and Wales (with registered number OC305127).

# Consolidated profit and loss account for the year ended 31 March 2015

	Note	2015 £	2014 £
Turnover	2	19,834,373	16,464,648
Cost of sales		5,205,608	4,825,135
Gross profit		14,628,765	11,639,513
Administrative expenses	•	13,126,425	10,816,858
Group operating profit	3	1,502,340	822,655
Other interest receivable and similar income Interest payable and similar charges	6	19,582 (12,814)	2,685 (19,476)
Profit on ordinary activities before taxation		1,509,108	805,864
Taxation on profit on ordinary activities	8	346,712	251,518
Profit on ordinary activities after taxation	20	1,162,396	554,346

All amounts relate to continuing activities.

# Consolidated statement of total recognised gains and losses for the year ended 31 March 2015

Note	2015 £	2014 £
•		
	1,162,396	554,346
20	1,162,396 53,741	554,346 (33,950)
	1,216,137	520,396
		1,162,396 ————————————————————————————————————

## Consolidated balance sheet at 31 March 2015

Company number 03833448	Note	2015 £	2015 £	2014 £	2014 £
Fixed assets					
Intangible assets	10		237,657		187,319
Tangible assets	11		175,844		268,711
			413,501		456,030
Current assets					
Stocks	13	263,209		102,908	
Debtors	14	4,840,797		4,063,570	•
Cash at bank and in hand		2,122,815		1,075,781	
		7,226,821	· · ·	5,242,259	
Creditors: amounts falling due within one year	15	4,835,920		3,716,416	
•			0.000.004		4 505 040
Net current assets			2,390,901		1,525,843
Total assets less current liabilities			2,804,402		1,981,873
Creditors: amounts falling due after					
more than one year	16		135,007		190,982
			2,669,395		1,790,891
Capital and reserves					
Called up share capital	19		896		896
Capital redemption reserve	20		104		104
Other reserves	20		86,425		74,058
Profit and loss account	20		2,581,970 ————		1,715,833
Shareholders' funds	21		2,669,395		1,790,891

The financial statements were approved by the board of directors and authorised for issue on 30 November 2015.

O Black

Director

The notes on pages 14 to 29 form part of these financial statements.

# Company balance sheet at 31 March 2015

Company number 03833448	Note	2015 £	2015 £	2014 £	2014 £
Fixed assets					
Intangible assets	10		237,657		187,319
Tangible assets	11		151,366		254,066
Fixed asset investments	12		59,097		59,097
			448,120		500,482
Current assets				00.044	
Stocks	13	154,283		80,041	
Debtors	14	3,498,627		2,789,205	
Cash at bank and in hand		768,913		393,162	
		4,421,823		3,262,408	
Creditors: amounts falling due within					
one year	15	3,175,846		2,496,943	
Net current assets			1,245,977		765,465
Total assets less current liabilities			1,694,097		1,265,947
Creditors: amounts falling due after					
more than one year	16	•	135,007	•	190,982
			1,559,090		1,074,965
Capital and reserves					
Called up share capital	19		896		896
Capital redemption reserve	20		104		104
Other reserves	20	•	86,425		74,058
Profit and loss account	20		1,471,665		999,907
Shareholders' funds	21		1,559,090		1,074,965
					<del></del>

The financial statements were approved by the board of directors and authorised for issue on 30 November 2015

O Black Director

The notes on pages 14 to 29 form part of these financial statements.

# Consolidated cashflow statement for the year ended 31 March 2015

Returns on investments and servicing of finance Interest received Interest received Interest paid: bank loans Interest paid: 19,582		Note	2015 £	2015 £	2014 £	2014 £
of finance Interest received Interest received Interest received Interest paid: bank loans Inter		25		1,788,455		1,248,596
Interest received Interest paid: bank loans Interest paid: Inter	<del>-</del>					
Interest paid: bank loans  (12,814)  (19,476)  Net cash inflow/(outflow) from returns on investments and servicing of finance  (23)  Capital expenditure and financial investment Payments to acquire intangible fixed assets Payments to acquire tangible fixed assets Receipts from sale of tangible fixed assets  Net cash outflow from capital expenditure and financial investment  Dividends paid  Cash inflow before use of financing  Financing Bank loan repaid  (12,814)  (19,476)  (9,594)  (23)  (277,891)  (277,891)  (277,891)  (71,764)  (71,764)  (325,810)  (34)  (34)  (350,000)  (10)  (62,785)  (63)			40.500		0.005	
Net cash inflow/(outflow) from returns on investments and servicing of finance 6,768 (16  Taxation Corporation tax paid (9,594) (236  Capital expenditure and financial investment Payments to acquire intangible fixed assets Receipts from sale of tangible fixed assets Receipts from sale of tangible fixed assets  Net cash outflow from capital expenditure and financial investment (325,810) (348  Dividends paid (350,000) (106  Cash inflow before use of financing 1,109,819 556  Financing Bank loan repaid (62,785) (63						
on investments and servicing of finance  Taxation Corporation tax paid  Capital expenditure and financial investment Payments to acquire intangible fixed assets Receipts from sale of tangible fixed assets Receipts from sale of tangible fixed assets  Net cash outflow from capital expenditure and financial investment  Dividends paid  Cash inflow before use of financing  Financing Bank loan repaid  (9,594)  (236  (277,891)  (277,891)  (71,764)  (71,764)  (277,891)  (71,764)  (277,891)  (71,764)  (277,891)  (37,854)  (71,764)  (325,810)  (349  (350,000)  (100  (350,000)  (100  (350,000)  (65,785)  (66,785)	mterest paid, bank loans		(12,014)		(19,470) ———	
Taxation Corporation tax paid  Capital expenditure and financial investment Payments to acquire intangible fixed assets Payments to acquire tangible fixed assets Receipts from sale of tangible fixed assets Receipts from sale of tangible fixed assets  Net cash outflow from capital expenditure and financial investment  Dividends paid  Cash inflow before use of financing  Financing Bank loan repaid  (100  (277,891) (277,891) (71,764) (71,764) (71,764) (71,764) (325,810) (325,810) (348) (325,810) (349) (350,000) (100) (62,785) (62)						
Capital expenditure and financial investment Payments to acquire intangible fixed assets Receipts from sale of tangible fixed assets  Net cash outflow from capital expenditure and financial investment  Dividends paid  Cash inflow before use of financing  Financing Bank loan repaid  (9,594)  (9,594)  (9,594)  (9,594)  (236  (277,891)  (71,764)  (71,764)  (71,764)  (71,764)  (325,810)  (325,810)  (346  (350,000)  (100  (52,785)  (62,785)  (62,785)				6,768		(16,791)
Capital expenditure and financial investment Payments to acquire intangible fixed assets Payments to acquire tangible fixed assets Receipts from sale of tangible fixed assets Receipts from sale of tangible fixed assets  Net cash outflow from capital expenditure and financial investment  Dividends paid  Cash inflow before use of financing  Financing Bank loan repaid  (251,956) (277,891) (71,764)  (73,854) (71,764)  (325,810) (348)  (325,810) (349)  (350,000) (100)  (400)  (52,785) (62,785)						(0.0.0 70.0)
investment Payments to acquire intangible fixed assets (251,956) (277,891) Payments to acquire tangible fixed assets (73,854) (71,764) Receipts from sale of tangible fixed assets - 468  Net cash outflow from capital expenditure and financial investment (325,810) (349) Dividends paid (350,000) (100)  Cash inflow before use of financing 1,109,819 550  Financing Bank loan repaid (62,785) (62)	Corporation tax paid			(9,594)		(230,723)
Payments to acquire intangible fixed assets Payments to acquire tangible fixed assets Payments to acquire tangible fixed assets Receipts from sale of tangible fixed assets Receipts from sale of tangible fixed assets  - 468  Net cash outflow from capital expenditure and financial investment  Dividends paid  Cash inflow before use of financing  Financing Bank loan repaid  (251,956) (73,854) (71,764) (325,810) (325,810) (349) (349) (350,000) (100) (62,785) (62,785) (63)					•	
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Payments to acquire tangible fixed assets Receipts from sale of tangible fixed assets  - 468  Net cash outflow from capital expenditure and financial investment  Dividends paid  Cash inflow before use of financing  Financing Bank loan repaid  (71,764)  (71,764)  (71,764)  (71,764)  (71,764)  (71,764)  (325,810)  (325,810)  (325,810)  (349)  (350,000)  (100)  (55)  (62,785)  (62,785)  (62,785)	• •		(251 956)		(277 891)	
Net cash outflow from capital expenditure and financial investment (325,810) (345)  Dividends paid (350,000) (100)  Cash inflow before use of financing 1,109,819 55:  Financing Bank loan repaid (62,785) (63)	Payments to acquire tangible fixed assets					
expenditure and financial investment (325,810) (349)  Dividends paid (350,000) (100)  Cash inflow before use of financing 1,109,819 550  Financing Bank loan repaid (62,785) (62,785)	•		•		468	
expenditure and financial investment (325,810) (349)  Dividends paid (350,000) (100)  Cash inflow before use of financing 1,109,819 550  Financing Bank loan repaid (62,785) (62,785)						
Cash inflow before use of financing  Financing Bank loan repaid  (350,000)  (100  (100  (350,000)  (100  (62,785)  (62,785)				(225.040)		(2/40-187)
Cash inflow before use of financing 1,109,819 55  Financing Bank loan repaid (62,785) (62,785)	expenditure and financial investment			(325,610)		(349,187)
Financing Bank loan repaid (62,785) (62,785)	Dividends paid			(350,000)		(100,000)
Bank loan repaid (62,785) (62,785) ————————————————————————————————————	Cash inflow before use of financing			1,109,819		551,895
Bank loan repaid (62,785) (62,785) ————————————————————————————————————						
				(62,785)		(62,784)
Increase in cash 26 1,047,034 489		•				<del></del> _
	Increase in cash	26		1,047,034		489,111
			•			

## Notes forming part of the financial statements for the year ended 31 March 2015

#### 1 Accounting policies

The financial statements have been prepared under the historical cost convention and are in accordance with applicable accounting standards.

The following principal accounting policies have been applied:

Basis of consolidation

The consolidated financial statements incorporate the results of Mind Gym Limited and all of its subsidiary undertakings as at 31 March 2015 using the acquisition or merger method of accounting as required. Where the acquisition method is used, the results of subsidiary undertakings are included from the date of acquisition.

Turnover

Turnover represents amounts receivable for goods and services net of value added tax and trade discounts. Revenue is recognised at the date training courses are completed or delivery of goods made. Where payments are received from customers in advance of services provided, the amounts are recorded as deferred income and included as part of creditors due within one year.

Intangible assets

Intangible fixed assets comprise trademark rights and software development capital expenditure. These are shown in the financial statements at cost.

Intangible assets are amortised through the profit and loss account in equal installments over the estimated useful life of the asset. The estimated useful life for trademark rights is 5 years and for capitalised software development it is 2 years.

Software development

Software development expenditure is written off to the profit and loss account unless the directors are satisfied as to the technical, commercial and financial viability of individual projects. In this situation, the expenditure is deferred as an intangible asset and amortised over the period during which the group is expected to benefit, being 2 years.

#### Depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost, less estimated residual values, of all tangible fixed assets evenly over their expected useful lives. It is calculated at the following rates:

Land and buildings leasehold Fixtures, fittings and equipment

- Over the period of the lease
- 50% straight line

Investments

Fixed asset investments are stated at cost less provision for diminution in value.

Stocks

Stocks are valued at the lower of cost and net realisable value. Cost is based on the cost of purchase on a first in, first out basis. Net realisable value is based on estimated selling price less additional costs to completion and disposal.

## Notes forming part of the financial statements for the year ended 31 March 2015 (continued)

#### 1 Accounting policies (continued)

#### Foreign currency

Foreign currency transactions of individual companies are translated at the rates ruling when they occurred. Foreign currency monetary assets and liabilities are translated at the rates ruling at the balance sheet date. Any differences are taken to the profit and loss account.

The results of overseas operations are translated at the average rates of exchange during the year and the balance sheet translated into sterling at the rates of exchange ruling on the balance sheet date. Exchange differences which arise from translation of the opening net assets and results of foreign subsidiary undertakings are taken to reserves.

#### Deferred taxation

Deferred tax balances are recognised in respect of all timing differences that have originated but not reversed by the balance sheet date.

The directors provide for deferred tax asset on carry forward trading losses to the extent that it is regarded as more likely than not they will be recovered.

Deferred tax balances are not discounted.

#### Leasina

Rentals applicable to operating leases where substantially all of the benefits are risks of ownership remain with the lessor are charged to the profit and loss account on the straight line basis over the lease term.

All the incentives for the agreement of new or renewed operating leases are recognised as an integral part of net payment agreed for the use of the leased asset, irrespective of the incentives' nature or form or the timing of the payments.

#### Pension

The Group provides a defined contribution scheme, the assets of which are held separately from those of the group in an independently administered fund. Contributions to the scheme are charged to the profit and loss account in the year in which they become payable.

# Notes forming part of the financial statements for the year ended 31 March 2015 *(continued)*

<b>2</b> .	Turnover		
		2015 £	2014 . £
	Analysis by geographical market:	L	. <b>L</b>
	United Kingdom	8,366,610	7,163,810
	Europe (excluding United Kingdom)	1,490,845	1,142,167
	United States Middle East	6,576,792 1,519,962	5,121,492 1,214,966
	Singapore	207,909	178,523
	Rest of the World	1,672,255	1,643,690
			10.404.040
		19,834,373	16,464,648
•	Turnover is wholly attributable to the principal activity of the group.		
3	Operating profit		
		2015	2014
	This is arrived at after charging/(crediting):	£	£
	Depreciation of tangible fixed assets	168,495	215,853
	Amortisation of other intangible fixed assets	201,618	349,157
	Hire of other assets - operating leases	345,044	339,763
	Fees payable to the company's auditor for the auditing of the company's annual accounts	17,500	14,500
	Fees payable to the company's auditor for other non-audit services	25,500	5,000
	Exchange differences	(117,426)	195,529
	Share-based payment (see note 18)	12,367	12,367
		<del></del>	<del></del>
4	Employees		
	Staff costs (including directors) consist of:		
		Group	Group
		2015 £	2014 £
	Wages and salaries	7,784,939	6,071,080
	Social security costs	776,659	614,092
	Other pension costs	166,492 ————	115,825
		8,728,090	6,800,997

## Notes forming part of the financial statements for the year ended 31 March 2015 (continued)

### 4 Employees (continued)

5

The average number of employees (including directors) during the year was as follows:

Group	Group
2015	2014
Number	Number
155	108
15	15
170	123
2015	2014
£	£
412,557	450,341
25,986	18,000
12,000	-
	2015 Number 155 15 170 2015 £ 412,557 25,986

There were 2 directors in the group's defined contribution pension scheme during the year (2014 - 2).

The total amount payable to the highest paid director in respect of emoluments was £210,127 (2014 - £248,124). Company pension contributions of £8,000 (2014 - £8,000) were made to a money purchase scheme on their behalf.

#### 6 Interest payable and similar charges

	2015 £	2014 £
Interest payable on bank loans	12,814	19,476

#### 7 Profit for the financial year

The company has taken advantage of the exemption allowed under section 408 of the Companies Act 2006 and has not presented its own profit and loss account in these financial statements. The group profit for the year includes a profit after tax of £821,758 (2014 - £567,133) which is dealt with in the financial statements of the parent company.

Notes forming part of the financial statements for the year ended 31 March 2015 (continued)

8	Taxation on profit on ordinary activities		
		2015 £	2014 £
		L	L
	UK Corporation tax	00.504	
	Current tax on profits for the year Adjustment in respect of previous periods	69,501 6,544	-
		76,045	
	Foreign tax		
	Current tax on profits for the year	129,877	76,940
	Adjustment in respect of previous periods	53,427	168,795
		183,304	245,735
	Total current tax	259,349	245,735
	Deferred tax	07 262	E 702
	Origination and reversal of timing differences	87,363 ———	5,783
	Taxation on profit on ordinary activities	346,712	251,518
	The tax assessed for the year is lower than the standard rate of corporation to before tax. The differences are explained below:	ax in the UK app	lied to profit
		2015 £	2014 £
		_	_
	Profit on ordinary activities before tax	1,509,108	805,864
	Profit on ordinary activities at the standard rate of corporation tax in the UK		
	of 21% (2014 - 23%) Effect of:	316,913	185,349
	Expenses not deductible for tax purposes	10,319	9,363
	Depreciation for period in excess of capital allowances	4,656	16,484
	Foreign tax adjustments  Adjustment to tax charge in respect of provious periods	- 59,971	29,545 168,795
	Adjustment to tax charge in respect of previous periods Utilisation of brought forward tax losses	(128,920)	(138,975)
	Overseas profits taxed at a higher rate	11,937	(22,105)
	Other tax adjustment	(15,527)	(2,721)
	Current tax charge for the year	259,349	245,735
	•		

# Notes forming part of the financial statements for the year ended 31 March 2015 (continued)

### 8 Taxation on profit on ordinary activities (continued)

The Company had estimated trading losses of £530,000 available in the prior year to carry forward against future trading profits, subject to agreement with HM Revenue and Customs. These losses have been utilised in the current year.

#### 9 Dividends

	2015 £	2014 £
Ordinary F shares Interim paid of 423.7p (2014 - 84.7p) per share	250,000	50,000
Ordinary G shares Interim paid of 169.5p (2014 - 84.7p) per share	100,000	50,000
	350,000	100,000

### 10 Intangible fixed assets

#### Group and company

	Development costs £	Trademarks £	Total £
Cost At 1 April 2014 Additions Disposals	1,023,557 251,956 (337,232)	63,370	1,086,927 251,956 (337,232)
At 31 March 2015	938,281	63,370	1,001,651
Amortisation At 1 April 2014 Provided for the year Disposals	836,238 201,618 (337,232)	63,370	899,608 201,618 (337,232)
At 31 March 2015	700,624	63,370	763,994
Net book value At 31 March 2015	237,657	-	237,657
At 31 March 2014	187,319		187,319

Notes forming part of the financial statements for the year ended 31 March 2015 (continued)

### 11 Tangible fixed assets

### Group

	Leasehold land and buildings £	Fixtures, fittings and equipment £	Total £
Cost At 1 April 2014 Additions Exchange adjustments	231,191	635,361 73,854 3,430	866,552 73,854 4,570
At 31 March 2015	232,331	712,645	944,976
Depreciation At 1 April 2014 Provided for the year Exchange adjustments	75,282 54,476 1,141	522,559 114,019 1,655	597,841 168,495 2,796
At 31 March 2015	130,899	638,233	769,132
Net book value At 31 March 2015	101,432	74,412	175,844
At 31 March 2014	155,909	112,802	268,711

# Notes forming part of the financial statements for the year ended 31 March 2015 (continued)

### 11 Tangible fixed assets (continued)

### Company

	Leasehold land and buildings £	Fixtures fittings and equipment £	Total £
Cost At 1 April 2014 Additions	226,976	539,977 51,398	766,953 51,398
At 31 March 2015	226,976	591,375	818,351
Depreciation At 1 April 2014 Provided for the year	71,069 54,476	441,818 99,622	512,887 154,098
At 31 March 2015	125,545	541,440	666,985
Net book value At 31 March 2015	101,431	49,935	151,366
At 31 March 2014	155,907	98,159	254,066

Notes forming part of the financial statements for the year ended 31 March 2015 (continued)

#### 12 Fixed asset investments

#### Company

Group undertakings

Cost

At 1 April 2014 and 31 March 2015

59,097

Subsidiary undertakings

The undertakings in which the company's interest at the year end is 20% or more are as follows:

	Country of incorporation or registration	Class of share capital held	Proportion of share capital held
Subsidiary undertakings Mind Gym (USA) Inc	USA	Common stock	100%
Mind Gym Performance (Asia) Pte Ltd	<b></b>	Ordinary shares	100%
Mind Gym Middle East FZ-LLC	Dubai	Ordinary shares	100%

The nature of all subsidiaries' business' is the provision of management and development training, and related services.

On 7 October 2015, the Company incorporated a new wholly owned subsidiary, Mind Gym (Canada) Inc.

#### 13 Stocks

	Group	Group	Company	Company
	2015	2014	2015	2014
	£	£	£	£
Finished goods	263,209	102,908	154,283	80,041

# Notes forming part of the financial statements for the year ended 31 March 2015 *(continued)*

14	Debtors				
		Group 2015 £	Group 2014 £	Company 2015 £	Company 2014 £
	Trade debtors Amounts owed by group undertakings Corporation tax recoverable Other debtors Prepayments and accrued income Deferred taxation	2,951,439 35,619 212,719 1,605,674 35,346 	2,455,637 - 184,070 192,586 1,108,568 122,709 	1,790,184 854,720 39,550 778,827 35,346	1,031,140 916,846 103,941 67,874 546,695 122,709
•					
	All amounts shown under debtors fall due fo	r payment within	one year.		
				Group Deferred taxation £	Company Deferred taxation £
•	At 1 April 2014 Credited to profit and loss account Utilised in year			122,709 35,346 (122,709)	122,709 35,346 (122,709)
	At 31 March 2015			35,346	35,346
	Deferred taxation				
	The amount of deferred tax provided for is a	s follows:	•	Group 2015 £	Group 2014 £
	Decelerated capital allowances			29,051	13,492
	Deferred tax asset on trading losses Other short term timing differences			6,29 <b>5</b>	109,217 -
				35,346	122,709

Notes forming part of the financial statements for the year ended 31 March 2015 (continued)

	Group 2015	Group 2014	Company 2015	Company 2014
	£	£	£	£
Bank loans (secured)	68,496	75,306	68,496	75,306
Trade creditors	1,109,211	1,107,272	587,893	670,261
Amounts owed to group under		-	213,414	95,299
Corporation tax	32,860	047.000	49,200	245.440
Other taxation and social secu	rity 462,427	217,390	462,347	215,446
Other creditors	62,893	61,076	59,822	54,332
Accruals and deferred income	3,100,033	2,255,372 ———	1,734,674	1,386,299 ————
	4,835,920	3,716,416	3,175,846	2,496,943
				<del></del>
			Group and company	Group and
			. 2015 £	company 2014 £
Bank loans (secured)			2015	2014
Bank loans (secured)  Maturity of debt			. 2015 £	2014 £
· · · · · · · · · · · · · · · · · · ·			. 2015 £ 135,007 ———————————————————————————————————	2014 £ 190,982 ————————————————————————————————————
Maturity of debt			. 2015 £ 135,007	2014 £ 190,982
Maturity of debt	and		. 2015 £ 135,007 ———————————————————————————————————	2014 £ 190,982 ————————————————————————————————————
Maturity of debt  Group and Company  In one year or less, or on demand			2015 £ 135,007 ———————————————————————————————————	2014 £ 190,982 Loans 2014 £ 75,306
Maturity of debt  Group and Company	more than two years		. 2015 £ 135,007 ———————————————————————————————————	2014 £ 190,982 ————————————————————————————————————

The bank loan is secured by a fixed and floating charge over the assets of the company.

#### 17 Pensions

The group operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the group in an independently administered fund. The pension cost charge represents contributions payable by the group to the fund. Contributions payable by the group for the year amounted to £166,492 (2014 - £115,825). Contributions totalling £31,475 (2014 - £16,490) were payable to the fund at the year end and are included in other creditors.

Notes forming part of the financial statements for the year ended 31 March 2015 (continued)

#### 18 Share-based payments

The group operates several Enterprise Management Incentive plans for certain employees. In accordance with the provision of the plans, employees may acquire shares in the parent company ("Company"), options vest on the occurrence of certain events such as a listing or sale of the company or after certain performance or market conditions are met. No amounts are paid or payable by the recipient on receipt of the option. The options carry neither rights to dividends nor voting rights.

	2015 Weighted average exercise price (pence)	2015 Number	2014 Weighted average exercise price (pence)	2014 Number
Outstanding at the beginning of the year Granted during the year	0.1403	1,612,306 - 	0.1403 0.0001	1,280,000 332,306
Outstanding at the end of the year	0.1403	1,612,306	0.1403	1,612,306
No options were exercisable at the year end.				
The share-based remuneration expense (note	e 3) comprises:			
			2015 £	2014 £
Equity-settled schemes			12,367	12,367

The group did not enter into any share-based payment transactions with parties other than employees during the current or prior year.

19	Share capital	2015 £	2014 £
	Allotted, called up and fully paid	•	
	8,960,000 Ordinary shares of 0.01p each	896	896
-			
	6,710,000 A Ordinary shares of 0.01p each	671	671
	970,000 B Ordinary shares of 0.01p each	97	97
	100,000 D Ordinary shares of 0.01p each	10	10
	590,000 F Ordinary shares of 0.01p each	59	59
	590,000 G Ordinary shares of 0.01p each	59	59
-		896	896

All classes of share rank pari pasu.

Notes forming part of the financial statements for the year ended 31 March 2015 *(continued)* 

### 20 Reserves

Group			
	Capital redemption reserve £	Other reserves £	Profit and loss account
At 1 April 2014 Translation differences on foreign currency net investments	104	74,058	1,715,833
in subsidiary undertakings	-	_	53,741
Profit for the year	-	-	1,162,396
Dividends Share option charge	<u>-</u>	12,367	(350,000)
At 31 March 2015	104	86,425	2,581,970
Company			
	Capital redemption reserve	Other reserves £	Profit and loss account £
At 1 April 2014	104	74,058	999,907
Profit for the year	-	· -	821,758
Dividends Share option charge	-	12,367	(350,000)
At 31 March 2015	104	86,425	1,471,665

Notes forming part of the financial statements for the year ended 31 March 2015 (continued)

	Group 2015 £	Group 2014 £	Company 2015 £	Company 2014 £
Profit for the year Dividends	1,162,396 (350,000)	554,346 (100,000)	821,758 (350,000)	567,133 (100,000)
Other net recognised gains and losses relating to the year - Exchange translation differences on	812,396	454,346	471,758	467,133
consolidation  Movement in share option reserve	53,741 12,367	(33,950) 12,367	12,367	12,367
Net additions to shareholders' funds	878,504	432,763	484,125	479,500
Opening shareholders' funds	1,790,891	1,358,128	1,074,965	595,465
Closing shareholders' funds	2,669,395	1,790,891	1,559,090	1,074,965

### 22 Commitments under operating leases

The group had annual commitments under non-cancellable operating leases as set out below:

Operating leases which expire:	Land and buildings 2015 £	Other 2015 £	Land and buildings 2014 £	Other 2014 £
Within one year In two to five years	377,889	4,203 20,133	3,288 377,889	30,730
	377,889	24,336	381,177	30,730

The company had annual commitments under non-cancellable operating leases as set out below:

	Land and buildings 2015 £	Other 2015 £	Land and buildings 2014 £	Other 2014 £
Operating leases which expire:		•		
In two to five years	330,000	13,068	330,000	27,083

Notes forming part of the financial statements for the year ended 31 March 2015 (continued)

#### 23 Related party disclosures

Controlling parties

The company is controlled by O Black by virtue of his shareholding.

The company has taken advantage of the exemption conferred by Financial Reporting Standard 8 'Related party disclosures' not to disclose transactions with its wholly owned subsidiaries.

Group and Company

During the year the company paid dividends to J Black and J Bailey as holders of F and G shares, respectively, as per note 9.

#### 24 Contingent liabilities

The Company has received tax determinations from HMRC for approximately £260,000 relating to Company share arrangements. These determinations are in the process of being appealed and the directors, on the basis of external advice received, do not believe that the Company has a liability. Should any tax ultimately be found to be due, the company is entitled to recover some or all of this from third parties.

#### 25 Reconciliation of operating profit to net cash inflow from operating activities

	2015 £	2014 £
Operating profit	1,502,340	822,656
Amortisation of intangible fixed assets	201,618	349,157
Depreciation of tangible fixed assets	168,495	215,853
Increase in stocks	(160,301)	(66,207)
Increase in debtors	(1,081,485)	(1,832,326)
Increase in creditors	1,093,454	1,787,866
Other recognised gains and losses	51,967	(40,770)
Transfer to share based reserve	12,367	12,367
Net cash inflow from operating activities	1.788.455	1,248,596
Net cash innow norn operating activities	======	

Notes forming part of the financial statements for the year ended 31 March 2015 (continued)

26	Reconciliation of net cash flow to movement i	n net funds		
			2015 £	2014 £
	Increase in cash		1,047,034	489,111
	Cash inflow from changes in debt		62,785	62,784
	Movement in net funds		1,109,819	551,895
	Opening net funds		809,493	257,598
	Closing net funds	•	1,919,312	809,493
27	Analysis of net funds			
		At 1 April 2014 £	Cash flow	At 31 March 2015 £
	Cash at bank and in hand	1,075,781	1,047,034	2,122,815
	Debt due within one year Debt due after one year	(75,306) (190,982)	6,810 55,975	(68,496) (135,007)
•	Total	809,493	1,109,819	1,919,312