# Abundant Life Housing & Property Services Limited Report and Accounts 31 March 2013

MONDAY

A18 07/04/2014 COMPANIES HOUSE

#99

## Abundant Life Housing & Property Services Ltd Report and accounts Contents

	Page
Company information	3
Directors' report	4
Profit and Loss Account	5
Balance sheet	6
Notes to the accounts	7

## Abundant Life Housing & Property Services Ltd Company Information

#### **Directors**

Mr I Odeniran

### Registered Office

9 Campbell Road Stratford London E15 1SY

### Abundant Life Housing & Property Services Ltd Directors' Report

The directors present their report and accounts for the year ended 31 March 2013

#### Principal activities

The company's principal activity during the year continues to be provision of housing services

#### Directors

The following person served as director during the year

I Odeniran

#### Directors' responsibilities

The directors are responsible for preparing the report and accounts in accordance with applicable law and regulations

Company law requires the directors to prepare accounts for each financial year. Under that law the directors have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standard and Applicable Law). Under company law the directors must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these accounts, the directors are required to

- Select suitable accounting policies and then apply them consistently,
- Make judgements and estimates that are reasonable and prudent,
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small company provisions

This report has been prepared in accordance with the provision in part 15 of the Companies Act 2006 applicable to companies subject to the small companies' regime

This report was approved by the board on the 17th December 2013 and signed on its behalf

Mr Odeniran Director

#### Abundant Life Housing & Property Services Ltd Profit and Loss Account For the year ended 31 March 2013

	Notes	2013 £
Income	2	24,396
Net Income		24,396
Administrative expenses		(43,546)
Profit / (Loss)		(19,150)

Abundant Life Housing & Property Services Balance Sheet
As at 31 March 2013

	Notes		2013 £
Fixed Assets Tangible Assets			-
			-
Current Assets			
Debtors	3	126,321	
Cash at bank and in hand		36	
		126,357	•
Creditors: Amounts falling du	e		
Within one year	4	145,493	
Net Current Assets			(19,136)
Total assets less current liabilities	es		(19,136)
Net Assets	5		(19,136)

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies act 2006

The member has not required the company to obtain an audit in accordance with section 476 of the Act

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts The accounts have been prepared in accordance with the provisions in part 15 of the Companies Act 2006 applicable to companies subject to the small companies' regime

Mr I Odeniran

Director

Approved by the board on 17<sup>th</sup> December 2013

#### Abundant Life Housing & Property Services Ltd Notes to the Accounts For the year ended 31 March 2013

#### 1 Accounting policies

#### Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the financial Reporting Standard for Smaller Entities (effective April 2008)

#### Income

Income represents the value, net of value added tax and discounts, of services provided to customers and work carried out in respect of services provided to customers

2	Income	2013
	Income attributable to geographical markets outside the UK	0 0%
3	Debtors	2013 £
		L
Tra	ade debtors	126,321
4	Creditors amounts falling due within one year	2013
		£
	Trade creditors	£ 515
	Trade creditors Other creditors	<del></del>
		515
5		515 144,978
5	Other creditors	515 144,978 145,493
	Other creditors  Net Asset	515 144,978 145,493 2013
Ca	Other creditors	515 144,978 145,493 2013