

or

ADDOINTMENT of director or secretary 9

	All of the bull of the color of secretary
lease complete in typescript, r in bold black capitals.	(NOT for resignation (use Form 288b) or change
HFP000	of particulars (use Form 288c))

CHFP000	or particulars (use Form 288c))						
Company Number	03819370						
Company Name in full	ASSOCIATED STRESS CONSULTANTS						
Date of	Day Month Year Day Month Year						
appointment	[16012002] Birth						
Appointment Appointment as director orm	as secretary Please mark the appropriate box. If appointment as a director and secretary mark both boxes.						
NAME *Style / Title lotes on completion	MRS *Honours etc						
ppear on reverse. Forename(s)	NATHALIE						
Surname	LANIADO						
Previous Forename(s)	Previous COLDIO						
Usual residential address	19 GREENAWAY CARDENS						
Post town	LONDON Postcode NW37DH						
County / Region	Country UK						
†Nationality	BRITISH †Business occupation						
†Other directorships (additional space overleaf)							
Consent signature	Consent to act as **_director / secretary of the above named company Date 2//0//0/						
Voluntary details.	A director, secretary etc must sign the form below.						
*Delete as appropriate	Date 2./2./2.						
Signed	(**a director / secretary / administrative receiver / reseiver / reseiver						
Please give the name, address,	EURO-INDUSTRIAL SECURITIES LTD.						
elephone number and, if available, a DX number and Exchange of	GTAROCE, WALMARMOUSE 288 RECENT ST						
the person Companies House should	LONDON WIBSALTEI 0207323 2131						
	DX number DX exchange						
A09 *A9Y3U7YJ*	When you have completed and signed the form please send it to the Registrar of Companies at:						
COMPANIES HOUSE 01/02/02 COMPANIES HOUSE 24/01/02	Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff for companies registered in England and Wales or						

for companies registered in Scotland

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

DX 235 Edinburgh

Form revised July 1998

	Company Number			
† Directors only.	†Other directorships			

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.