



Companies House

— for the record —

Please complete in typescript,  
or in bold black capitals.

CHFP000

# 288a

## APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

3819370

Company Name in full

ASSOCIATED STRESS CONSULTANTS  
LIMITED

Date of  
appointment

Day Month Year  
3 1 08 2000

†Date of  
Birth

Day Month Year

### Appointment form

Appointment as director

as secretary

☒

Please mark the appropriate box. If appointment is  
as a director and secretary mark both boxes.

NAME

\*Style / Title

\*Honours etc

Notes on completion  
appear on reverse.

Forename(s)

DEBORAH

Surname

LANIADO

Previous  
Forename(s)

Previous  
Surname(s)

Usual residential  
address

FLAT 2 192 GOLDHURST TERRACE

Post town

LONDON

Postcode

NW6 3HN

County / Region

Country

†Nationality

†Business occupation

†Other directorships  
(additional space overleaf)

Consent signature

Deborah Laniado

Date

19 SEP 2000

\* Voluntary details.

† Directors only.

\*\*Delete as appropriate

I consent to act as ~~\*\*director~~ / secretary of the above named company

A director, secretary etc must sign the form below.

Signed

[Signature]

Date

19 SEP 2000

(\*a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,  
telephone number and, if available,  
a DX number and Exchange of  
the person Companies House should  
contact if there is any query.



A29  
COMPANIES HOUSE

0075  
21/09/00

Form revised July 1998

Euro-Industrial Securities Limited  
6th Floor, Walmar House  
288 / 292 Regent Street  
London W1R 5HE  
Tel: 0171 323 2131  
DX number Fax: 0171 323 0133 exchange

When you have completed and signed the form please send it to the  
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff  
for companies registered in England and Wales or  
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB  
for companies registered in Scotland DX 235 Edinburgh

**Company Number**

† Directors only.

† Other directorships


**NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

**Other directorships.**

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.